**Supplementary table 1. Characteristics of focus group participants (n=88)**

| Group | Number of participants | Gender | Age group (years) | Language(s) spoken in the focus group | Country of birth |
|---|---|---|---|---|---|
| **1. Mixed** | 11 | Female = 5<br>Male = 6 | 18-25 = 3<br>26-35 = 5<br>36-50 = 2<br>51-60 = 1 | English with Arabic translation for some participants | Lebanon = 6<br>Australia = 3<br>Bahrain = 1<br>Iraq =1 |
| **2. Young men** | 9 | Male = 9 | 18-25 = 6<br>26-35 = 3 | Mainly English with some Arabic | Australia = 7<br>Iraq = 1<br>Lebanon = 1 |
| **3. Young adults** | 9 | Female = 1<br>Male =8 | 18-25 = 8<br>Not reported = 1 | Arabic and English | Australia = 9 |
| **4. Mixed** | 9 | Female = 6<br>Male = 2<br>Not reported = 1 | 18-25 = 4<br>26-35 = 3<br>36-50 = 2 | Arabic and English | Lebanon = 6<br>Australia = 2<br>Syria = 1 |
| **5. Mixed** | 8 | Female = 5<br>Male= 3 | 26-35 = 4<br>36-50 = 3<br>60+ = 1 | Arabic and English | Australia = 6<br>Lebanon = 2 |
| **6. Young adults** | 8 | Female = 5<br>Male = 3 | 18-25 = 4<br>26-35 = 4 | English | Australia = 8 |
| **7. Women** | 8 | Female = 8 | 26-35 = 3<br>36-50 = 5 | English | Lebanon = 4<br>Australia = 3<br>Egypt = 1 |
| **8. Young women** | 6 | Female = 6 | 18-25 = 4<br>26-35 = 2 | English | Australia = 6 |
| **9. Young adults** | 16 | Female = 6<br>Male = 10 | 18-25 = 10<br>26-35= 6 | English | Australia = 12<br>Egypt = 1<br>Libya = 1<br>Nepal = 1<br>Sudan = 1 |
| **10. BCRA** | 4 | Female = 3<br>Male = 1 | 18-25 = 1<br>26-35 = 1<br>36-50 = 2 | English | Australia = 3<br>Lebanon = 1 |
| **TOTAL** | 88 | Female = 45<br>Male = 42<br>Not recorded = 1 | 18-25 = 40<br>26-35 = 31<br>36-50 = 14<br>51-60 = 1<br>60+ = 1<br>Not recorded = 1 | English = 5<br>Arabic and English = 5 | Australia = 59<br>Lebanon = 20<br>Egypt = 2<br>Iraq = 2<br>Bahrain = 1<br>Libya = 1<br>Nepal = 1<br>Sudan = 1<br>Syria = 1 |