

**Table A1.** Survey Questions

Question
1. Age
2. Date of birth
3. Nationality
4. How many siblings do you have?
5. How many of your siblings play professional sports? Please specify sport and what level.
6. Did either of your parents play professional level sport. Please specify which parent, sport, and what level.
7. How many children do you have?
8. At what age did you begin to play organized sports?
9. Please list sports you participated in as a child or adolescent and specify at what ages you participated.
10. At what age did you decide to stop playing other sports competitively and only focus on ice hockey?
11. How many years have you played in the following professional leagues: National Hockey League, Kontinental Hockey League, American Hockey League, East Coast Hockey League, other (please specify)?
12. Please rank the major motivation(s) behind your choice to focus exclusively on ice hockey (1 = highest motivation, 5 = lowest motivation): self, peer/friend, parent, coach, other (please specify).
13. During your career, have you had any injury or problem with any of the following areas of your body? Please state problem/injury, games/practice missed, and age(s) at which it occurred. If you do not know, please estimate. Concussion, neck, shoulder, elbow, wrist, hand, back, hip, knee, leg, ankle, foot, or other.