# **Interview questions**

#### Before the interview

Before the recording begins, the patients are informed about the following points and they received a consent form for the interview:

- Introduction of each other
- Duration of the interview
- Content of the interview
- Type of the interview
- Handling of the collected data
- Clarification of open questions

### **Opening question**

- What is your general impression of the app?

# Questions regarding the evaluation of the app

- How satisfied are you with the app?
- How satisfied are you with the exercises of the app?
- How satisfied are you with the usability of the app?

### Questions regarding the use of the app

- How did you use the app?
- When and in which situations did you use or not use the app?
- At the beginning of the study, did you have any idea on how you would like to use the app?

# Questions regarding the evaluation of the app and suggestions for improvement

- How do you think the app can be improved?
- What should be retained in the app?
- What should be improved in the app?
- In such an app, do you wish more exercises or less exercises, or are the three available exercises just right?
- Would you like getting a statistical feedback, where you can keep track about how often you have practiced per week?

#### Closure of the interview

- Is there anything else that you would like to add or anything we have not talked about, but that you find important to mention?

Thank you for the interview.