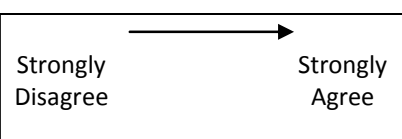
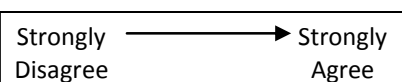


The Multimorbidity Illness Perceptions Scale (MULTIPLEs)

These questions are about the thoughts and feelings that people with multiple long-term conditions sometimes experience. Please indicate how much you agree with each statement by circling one number.



1	One of my conditions is more serious than the others.	0	1	2	3
2	Time spent managing my conditions has made it more difficult to carry out my usual activities.	0	1	2	3
3	I feel so overwhelmed by the treatment for one condition it is hard to manage any others.	0	1	2	3
4	The causes of my conditions are linked.	0	1	2	3
5	It is difficult to take all my medications the way I am supposed to.	0	1	2	3
6	Time spent managing my condition has limited my activities.	0	1	2	3
7	One of my conditions is more worrying than the others.	0	1	2	3
8	Taking different medications for each of my conditions has caused me problems.	0	1	2	3
9	I don't like mixing medications for different conditions.	0	1	2	3
10	Having more than one condition makes my treatments less effective.	0	1	2	3
11	One of my conditions has caused another.	0	1	2	3
12	One of my conditions dominates the others.	0	1	2	3
13	My conditions interact with each other.	0	1	2	3
14	Having more than one condition makes it difficult to get the best available treatment.	0	1	2	3
15	Time spent managing my conditions has reduced my social life.	0	1	2	3
16	One of my conditions has more of an impact on my life.	0	1	2	3



17	Having more than one condition makes me unhappy.	0	1	2	3	4	5
18	Having more than one condition makes me more anxious.	0	1	2	3	4	5
19	Having more than one condition makes me angry or frustrated.	0	1	2	3	4	5
20	Having more than one health problem makes me feel sad.	0	1	2	3	4	5
21	Having more than one condition makes me more irritable.	0	1	2	3	4	5
22	If I feel sad or depressed, managing my conditions is a struggle.	0	1	2	3	4	5