

**S1 Table** Characteristics of the subjects analyzed in this study at the start of oral care**Lifestyle independence**

	Subjects with follow-up data one year before and after oral care (N=27)		Subjects who underwent oral care (N=72)		Subjects with more than one year of follow-up(N=57)						P-value	
					Start of oral care		After 6 months		After 12 months			
	n	%	n	%	n	%	n	%	n	%		
<b>Certification of the need for long-term care</b>												
1	0	0	1	1.4								0.003
2	3	11.1	5	6.9	5	9.4	4	7.5	1	1.9		
3	9	33.3	20	27.8	16	30.2	17	32.1	12	22.6		
4	11	40.7	26	36.1	22	41.5	24	45.3	27	54.0		
5	4	14.8	20	27.8	10	18.9	8	15.1	10	20.0		
<b>The degree of independence in everyday life</b>												
A	5	18.5	9	12.5	9	17.0	10	18.9	10	18.9	0.513	
B	19	70.4	53	73.6	37	69.8	36	67.9	36	71.7		
C	2	7.4	6	8.3	3	5.7	4	7.5	3	5.7		
J	1	3.7	4	5.6	4	7.5	3	5.7	2	3.8		
<b>Dementia degree of autonomy</b>												
Independent	0	0.0	4	5.6	3	5.7	2	4.7	0	0	0.097	
I	1	3.7	3	4.2	3	5.7	3	7.0	2	5.3		
II a	0	0.0	4	5.6	3	5.7	2	4.7	2	5.3		
II b	6	22.2	13	18.3	11	20.8	9	20.9	8	21.1		
III a	9	33.3	23	32.4	18	34.0	10	23.3	12	31.6		
III b	3	11.1	6	8.5	5	9.4	8	18.6	8	21.1		
IV	7	25.9	16	22.5	9	17.0	9	20.9	6	15.8		
M	1	3.7	2	2.8	1	1.9	0	0	0	0		

**Meal and food factors**

	Subjects with follow-up data from one year before and after oral care (N=27)		Subjects who underwent oral care (N=72)		Subjects with more than one year of follow-up (N=57)						P-value	
					Start of oral care		After 6 months		After 12 months			
	n	%	n	%	n	%	n	%	n	%		
<b>Meal care</b>												
Independent	18	66.7	45	62.5	37	69.8	35	66.0	22	41.5	0.022	
Needs care	4	14.8	9	12.5	7	13.2	7	13.2	9	17.0		
Dependent	5	18.5	18	25.0	9	17.0	10	18.9	21	39.6		
<b>Food prescription</b>												
Ordinary food	12	44.4	29	40.3	22	41.5	19	35.8	19	35.8	0.761	
Sliced food	3	11.1	9	12.5	9	17.0	9	17.0	7	13.2		
Pureed food	12	44.4	32	44.4	21	39.6	23	43.4	22	41.5		
Liquid food	0	0	0	0	1	1.9	2	3.8	3	5.7		
<b>Arousal during the meal</b>												
+	24	88.9	59	81.9	50	94.3	50	94.3	45	84.9	0.074	
-	3	11.1	13	18.1	3	5.7	2	3.8	6	11.3		

## Oral function, oral health status and independence

	Subjects with follow-up data from one year before and after oral care (N=27)		Subjects who underwent oral care (N=72)		Subjects with more than one year of follow-up(N=57)						P-value	
	n	%	n	%	Start of oral care		After 6 months		After 12 months			
					n	%	n	%	n	%		
<b>Swallowing difficulty</b>												
Residue -	44	81.5	52	72.2	40	75.5	48	90.6	45	84.9	0.999<	
Residue +	8	14.8	8	11.1	6	11.3	2	3.8	2	3.8		
Unable to swallow	2	3.7	1	1.4	1	1.9	3	5.7	6	11.3		
<b>Dentures</b>												
-	28	51.9	35	48.6	23	43.4	22	41.5	21	39.6	0.197	
+	26	48.1	37	51.4	30	56.6	30	56.6	30	56.6		
<b>Need care or attention for tooth brushing</b>												
Independent	18	33.3	27	37.5	24	45.3	20	37.7	15	28.3	<0.001	
Needs care	14	25.9	16	22.2	12	22.6	10	18.9	7	13.2		
Dependent	22	40.7	29	40.3	17	32.1	22	41.5	29	54.7		
<b>Candida</b>												
<750 cfu	36	66.7	40	55.6	15	28.3	21	39.6			0.162	
>=750 cfu	18	33.3	22	30.6	33	62.3	16	30.2				

Fifty-seven subjects had more than one year of follow-up data. Changes in parameters were analyzed by Friedman test.

**S2 Table** Effects of oral care independence on fever according to participation in the oral care program and number of functional teeth  
(A) With or without dentures, (B) Assistance with tooth brushing, (C) Food test (swallowing function)

	Model S2 (A)				Model S2 (B)				Model S2 (C)				Model S2 (D)				
	Coefficient	95% CI		P-value	Coefficient	95% CI		P-value	Coefficient	95% CI		P-value	Coefficient	95% CI		P-value	
		Lower	Upper			Lower	Upper			Lower	Upper			Lower	Upper		
<b>Intercept</b>	0.285	-0.211	0.780	0.254	0.689	0.161	1.217	0.012	0.205	-0.133	0.543	0.229	0.066	-0.197	0.33	0.615	
<b>Oral care</b>	-	Reference			Reference				Reference			Reference					
	+	0.724	0.176	1.273	0.011	0.636	0.106	1.166	0.020	0.675	0.069	1.280	0.030	0.935	0.324	1.547	0.003
<b>Number of functional teeth</b>		0.030	-0.005	0.064	0.087	0.018	-0.009	0.044	0.185	0.035	<0.001	0.070	0.052	0.045	0.011	0.079	0.010
<b>Interaction with number of functional teeth</b>																	
<b>Oral care</b>	-	Reference			Reference				Reference			Reference					
	+	-0.054	-0.099	-0.009	0.020	-0.04	-0.076	-0.004	0.028	-0.050	-0.096	-0.004	0.034	-0.064	-0.114	-0.015	0.012
<b>Dentures</b>																	
	-	Reference															
	+	-0.237	-0.706	0.232	0.315												
<b>Needs assistance with tooth brushing</b>																	
Independent					Reference												
Needs attention					-0.622	-1.16	-0.084	0.024									
Dependent					-0.647	-1.158	-0.136	0.014									
<b>Swallowing ability</b>																	
Possible								Reference									
Impossible								-0.435	-0.816	-0.054	0.026						
<b>Meal support</b>																	
Independent											Reference						
Needs support											-0.312	-0.622	-0.002	0.048			

With or without dentures was not statistically significant. Needs attention and dependent for tooth brushing were statistically significant. Their coefficients were negative. Inability to swallow was statistically significant.

The results indicate that the oral care program was effective for subjects who were not fully independent during tooth brushing and for those with dysphagia. The effect of the oral care program was not associated with denture use. This may be because dedicated attention was paid to denture wearers and because detailed denture care instructions were provided for the nurses and caregivers.

**S3 Table** Effects of the interaction of dietary or meal factors with the oral care program and the number of functional teeth on the incidence of fever

<b>Model S3 (A)</b>					
		Coefficient	95% CI		P-value
			Lower	Upper	
<b>Intercept</b>		0.222	-0.002	0.446	0.052
<b>Interaction with oral care and meal care</b>					
<b>Oral care (+)</b>	<b>Independent</b>	Reference			
	<b>Needs attention</b>	2.028	0.5	3.556	0.010
	<b>Needs assistance</b>	-0.222	-0.446	0.002	0.052
<b>Oral care (-)</b>	<b>Independent</b>	0.167	-0.205	0.538	0.371
	<b>Needs attention</b>	1.778	0.335	3.220	0.017
	<b>Needs assistance</b>	0.178	-0.435	0.790	0.562

<b>Model S3 (B)</b>					
		Coefficient	95% CI		P-value
			Lower	Upper	
<b>Intercept</b>		0.417	0.042	0.791	0.030
<b>Interaction with oral care and food prescription</b>					
<b>Oral care (+)</b>	<b>Ordinary</b>	Reference			
	<b>Sliced</b>	1.250	-0.295	2.795	0.110
	<b>Pureed</b>	-0.167	-0.641	0.307	0.483
<b>Oral care (-)</b>	<b>Ordinary</b>	-0.083	-0.586	0.419	0.740
	<b>Sliced</b>	0.917	-0.475	2.308	0.192
	<b>Pureed</b>	0.333	-0.294	0.960	0.290

<b>Model S3 (C)</b>					
		Coefficient	95% CI		P-value
			Lower	Upper	
<b>Intercept</b>		0.500	0.210	0.790	0.001
<b>Interaction with oral care and food prescription</b>					
<b>Oral care (+)</b>	<b>Arousal(+)</b>	Reference			
	<b>Arousal(-)</b>	-0.167	-0.896	0.563	0.648
<b>Oral care (-)</b>	<b>Arousal(+)</b>	-0.167	-0.541	0.208	0.375
	<b>Arousal(-)</b>	2.500	0.471	4.529	0.017

<b>Model S3 (D)</b>				
	Coefficient	95% CI		P-value
		Lower	Upper	
<b>Intercept</b>	1.193	-4392.762	4395.148	0.999<
<b>Interaction with number of functional teeth and meal care</b>				
<b>Independent</b>	-0.017	-411.164	411.13	0.999<
<b>Needs attention</b>	0.033	-507.696	507.763	0.999<
<b>Needs assistance</b>	-0.056	-587.035	586.923	0.999<

<b>Model S3 (E)</b>				
	Coefficient	95% CI		P-value
		Lower	Upper	
<b>Intercept</b>	<0.001	<0.001	<0.001	0.999<
<b>Interaction with number of functional teeth and food prescription</b>				
<b>Ordinary</b>	0.033	0.011	0.055	0.004
<b>Sliced</b>	0.136	0.045	0.228	0.004
<b>Pureed</b>	<0.001	<0.001	<0.001	0.999<

<b>Model S3 (F)</b>				
	Coefficient	95% CI		P-value
		Lower	Upper	
<b>Intercept</b>	-0.102	-0.373	0.169	0.451
<b>Interaction with number of functional teeth and arousal at meal time</b>				
<b>Arousal(+)</b>	0.024	-0.002	0.049	0.067
<b>Arousal(-)</b>	0.047	-0.017	0.111	0.148

The interactions between the need for attention at meal time and participation/nonparticipation in the oral care program and between nonarousal during the meal and no oral care program had statistically significant effects on the incidence of fever. The interactions between dietary prescription and oral care program were not statistically significant. In contrast, the interaction between the number of functional teeth and ordinary and sliced food prescriptions had significant effects on the risk of fever. The coefficient for the prescription of sliced food was higher for the prescription of ordinary food.

**S4 Table** Effect of the interactions of *Candida* and oral care and candida and number of functional teeth on fever

<b>Model S4 (A)</b>					
		Coefficient	95% CI		P-value
			Lower	Upper	
<b>Intercept</b>		0.389	0.094	0.684	0.011
<b>Interaction with oral care and oral levels of <i>Candida</i></b>					
<b>Oral care (-)</b>	<i>Candida</i> <750 cfu	Reference			
	<i>Candida</i> ≥750 cfu	0.278	-0.344	0.899	0.373
<b>Oral care (+)</b>	<i>Candida</i> <750 cfu	-0.167	-0.537	0.203	0.370
	<i>Candida</i> ≥750 cfu	1.056	0.198	1.913	0.017

<b>Model S4 (B)</b>					
		Coefficient	95% CI		P-value
			Lower	Upper	
<b>Intercept</b>		0.389	0.094	0.684	0.011
<b>Interaction with number of functional teeth and oral levels of <i>Candida</i></b>					
<b><i>Candida</i></b>	<750 cfu	0.030	0.002	0.059	0.038
	≥750 cfu	0.071	0.028	0.114	0.002

Coefficient of interaction of oral *Candida* ≥750 cfu and oral care (+) was statistically significant and its coefficient was positive. The results indicated that the risk of pyrexia may increase by the oral care for the subjects with higher levels of *Candida*. And interactions of *Candida* and number of functional teeth had statistically significant coefficient. Coefficient of *Candida* levels ≥750 cfu was higher than that of <750 cfu.

# S1 File Model Specification

## Model 1

Multilevel random slope and random intercept model for the incidence of fever.

Below, fixed effects (random effects or error terms) are denoted by Greek letters (alphabet).

Model 1 Subjects and oral care are indexed by  $ij$ .

$$P_o(X_o) = \pi_{0i} + \pi_{1i}(\text{Number of functional teeth})_i + \varepsilon_{1ij} \sum_{m=1}^2 \pi_{2i}^{(m)} (\text{Oral care})_i \\ + \sum_{m=1}^2 \pi_{2i}^{(m)} (\text{Oral care})_{ij} \times (\text{Number of functional teeth})_i + \varepsilon_{2ij}$$

where  $e_i \sim N(0, \delta_e^2)$  and  $e_{ij} \sim N(0, \delta_e^2)$

Data structure: Subjects, oral care

Random effects

Oral care level: Intercept, random slope for oral care

Random effect covariance: variance component

Where  $X_0$ : Fever,  $X_1$ : Hospitalization,  $X_2$ : Hospitalization for pneumonia for Model 1(A),(B) and (C), respectively

## SPSS Syntax

\*Generalized Linear Mixed Models.

GENLINMIXED

/DATA\_STRUCTURE SUBJECTS=Subjects

/FIELDS TARGET=X<sub>0</sub> TRIALS=NONE OFFSET=NONE

/TARGET\_OPTIONS DISTRIBUTION=POISSON LINK=IDENTITY

/FIXED EFFECTS=Oralcare Numberoffunctionalteeth Oralcare \*Numberoffunctionalteeth USE\_INTERCEPT=TRUE

/RANDOM EFFECTS=Oralcare USE\_INTERCEPT=TRUE SUBJECTS=Subjects COVARIANCE\_TYPE=VARIANCE\_COMPONENTS

/BUILD\_OPTIONS TARGET\_CATEGORY\_ORDER=ASCENDING INPUTS\_CATEGORY\_ORDER=ASCENDING MAX\_ITERATIONS=100

CONFIDENCE\_LEVEL=95 DF\_METHOD=RESIDUAL COVB=MODEL PCONVERGE=0.000001(ABSOLUTE) SCORING=0

SINGULAR=0.000000000001

/EMMEANS\_OPTIONS SCALE=ORIGINAL PADJUST=LSD.



## Models 2, 3

Multilevel random slope and random intercept model for the incidence of fever according to dietary or meal factors and *Candida*.

Below, fixed effects (random effects or error terms) are denoted by Greek letters (alphabet).

Model 1 Subjects and oral care are indexed by  $ij$ .

$$P_o(\text{Fever}) = \pi_{0i} + \pi_{1i}(\text{Number of functional teeth})_i + \varepsilon_{1ij} \sum_{m=1}^2 \pi_{2i}^{(m)}(\text{Oral care})_i \\ + \sum_{m=1}^2 \pi_{2i}^{(m)}(\text{Oral care})_{ij} \times (\text{Number of functional teeth})_i + \sum_{m=1}^2 \pi_{2i}^{(m)}(X_o)_i + \varepsilon_{2ij}$$

where  $e_i \sim N(0, \delta_e^2)$  and  $e_{ij} \sim N(0, \delta_e^2)$

Data structure: Subjects, Oral care

Random effects

Oral care level: Intercept, random slope for oral care

Random effect covariance: Variance component

Where  $X_0$ : Meal care,  $X_1$ : Food prescription,  $X_2$ : Arousal during meals, and  $X_4$ : Oral levels of *Candida* for Model 2(A), (B), (C) and (D), respectively

## SPSS Syntax

\*Generalized Linear Mixed Models.

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/FIELDS TARGET=Pyrexia TRIALS=NONE OFFSET=NONE

/TARGET\_OPTIONS DISTRIBUTION=POISSON LINK=IDENTITY

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/RANDOM EFFECTS=Oralcare USE\_INTERCEPT=TRUE SUBJECTS=Subjects COVARIANCE\_TYPE=VARIANCE\_COMPONENTS

/BUILD\_OPTIONS TARGET\_CATEGORY\_ORDER=ASCENDING INPUTS\_CATEGORY\_ORDER=ASCENDING MAX\_ITERATIONS=100

CONFIDENCE\_LEVEL=95 DF\_METHOD=RESIDUAL COVB=MODEL PCONVERGE=0.000001(ABSOLUTE) SCORING=0

SINGULAR=0.000000000001

/EMMEANS\_OPTIONS SCALE=ORIGINAL PADJUST=LSD.

### Model 3

Generalized linear model for the incidence of fever according to the number of functional teeth, dietary or meal factors and *Candida*.

Below, error terms are denoted by Greek letters (alphabet).

Subjects are indexed by  $i$ .

$$P_o(\text{Fever}) = \alpha_1(\text{Number of functional teeth})_i + \alpha_2 \sum_{m=1}^n (\text{Meal care})_i + \alpha_3 \sum_{m=1}^n (\text{Food prescripton})_i + \alpha_4 \sum_{m=1}^n (\text{Apousal})_i + \alpha_5 \sum_{m=1}^n (\text{Candida})_i + \varepsilon_i$$

### SPSS Syntax

```
GENLIN Pyrexia BY Mealcare Foodprescription Arousal Candida (ORDER=ASCENDING) WITH Functionalteeh
```

```
/MODEL Mealcare Foodprescription Arousal Candida Functionalteeh INTERCEPT=YES
```

```
DISTRIBUTION=POISSON LINK=LOG
```

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/CRITERIA METHOD=FISHER(1) SCALE=1 COVB=MODEL MAXITERATIONS=100 MAXSTEPHALVING=5
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PCONVERGE=1E-006(Absolute) SINGULAR=1E-012 ANALYSISTYPE=3(WALD) CILEVEL=95 CITYPE=WALD
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LIKELIHOOD=FULL
```

```
/MISSING CLASSMISSING=EXCLUDE
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```
/PRINT CPS DESCRIPTIVES MODELINFO FIT SUMMARY SOLUTION.
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## Model 4

Cox's proportional hazard model for the time between the start of the oral care program and the incidence of fever according to the number of functional teeth, dietary and meal factors and *Candida*.

$$h(t|x) = h_0(t)\exp(a_1x_1 + a_2x_2 + a_3x_3 + a_4x_4 + a_5x_5)$$

### SPSS Syntax

BOOTSTRAP

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/CRITERIA CILEVEL=95 CITYPE=PERCENTILE NSAMPLES=1000

/MISSING USERMISSING=EXCLUDE.

COXREG OT1

/STATUS=O1(1)

/CONTRAST (v12)=Indicator

/CONTRAST (v26)=Indicator

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/CONTRAST (v08)=Indicator

/METHOD=ENTER vc06 v07 v08 v12 v26

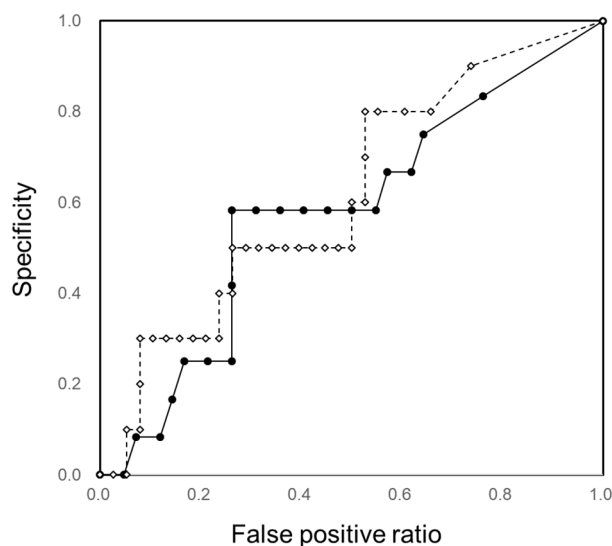
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/CRITERIA=PIN(.05) POUT(.10) ITERATE(20).

## S2 File

Colony counts of *Candida* depend on the number of samples. With swab sampling, it is impossible to obtain a uniform number of samples. Therefore, we dichotomized the colony count of *Candida* using the following methodology.

(A) ROC curves were used to set the cutoff point of oral levels of *Candida* for fever.



The solid line indicates the 27 subjects who did and did not receive the oral care intervention. The dotted line indicates the data for 53 subjects for one year after receiving oral care. The optimal cut off points were between 700 cfu and 785 cfu for the 27 subjects who did and did not receive oral care and between 735 cfu and 785 cfu for the 53 subjects with data for one year after receiving oral care. Therefore, in this study, the cut-off point was conventionally set as 750 cfu.

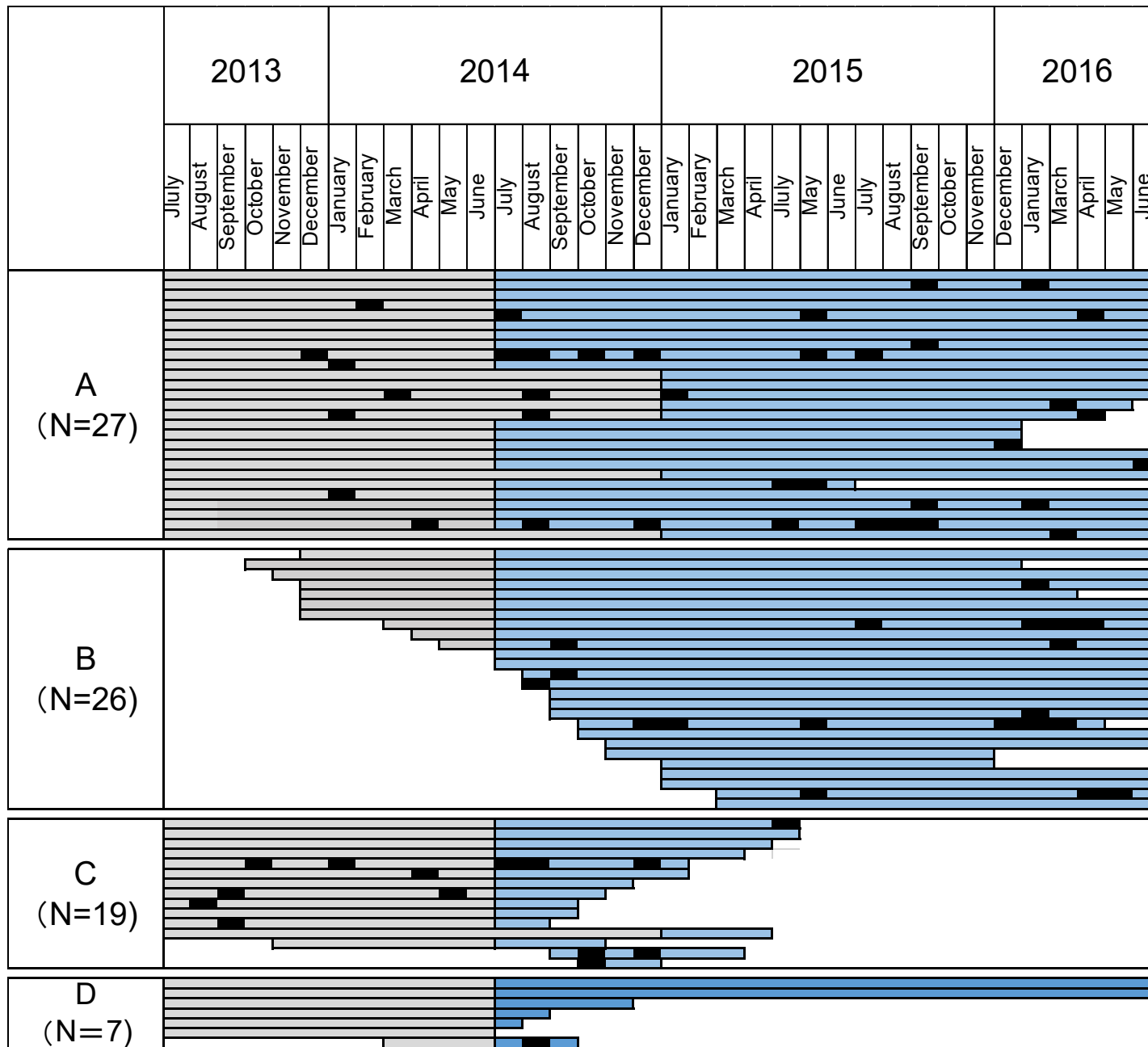
(B) Cross tabulations of oral levels of *Candida* and fever

Data			<i>Candida</i>	
			<750 cfu	750 cfu<=
With or without oral care	Fever	+	5	7
		-	31	11
Oral care	Fever	+	5	5
		-	10	28

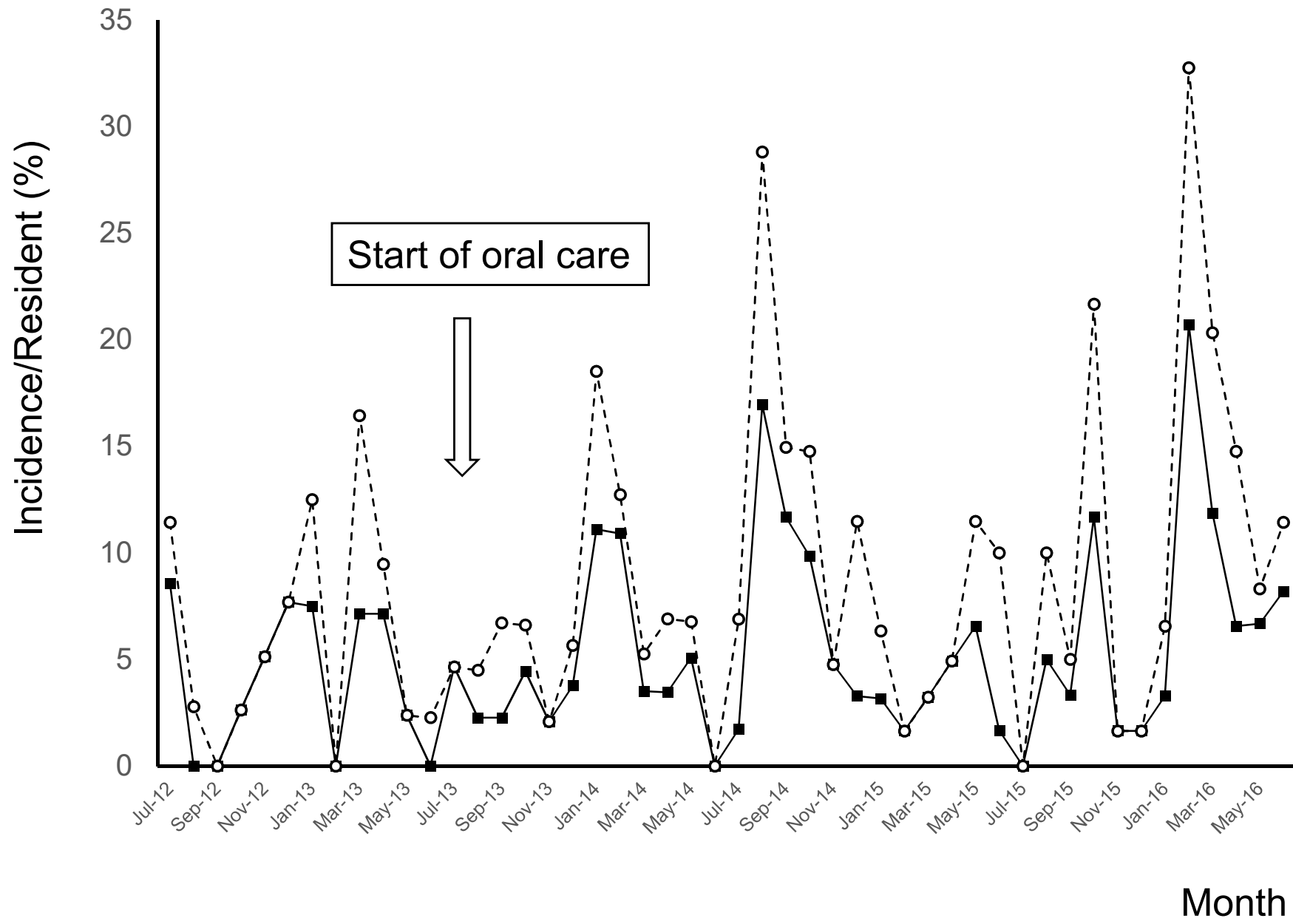
(C) Precision of the cut-off point

Data	Sensitivity	Specificity	Positive predictive vale	Negative predictive vale	AUR	Likelihood ratio
With or without oral care	0.58	0.74	0.39	0.86	0.58	1.77
Oral care	0.50	0.74	0.33	0.85	0.62	1.47

AUR: Area under the ROC curve

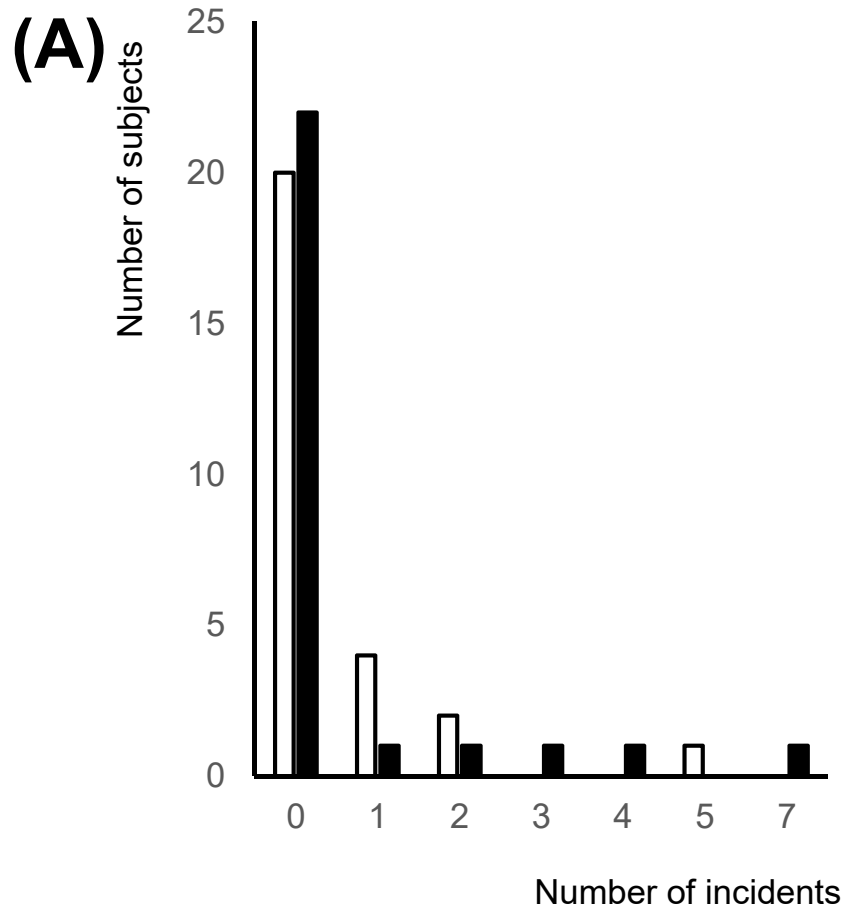


S1 Figure

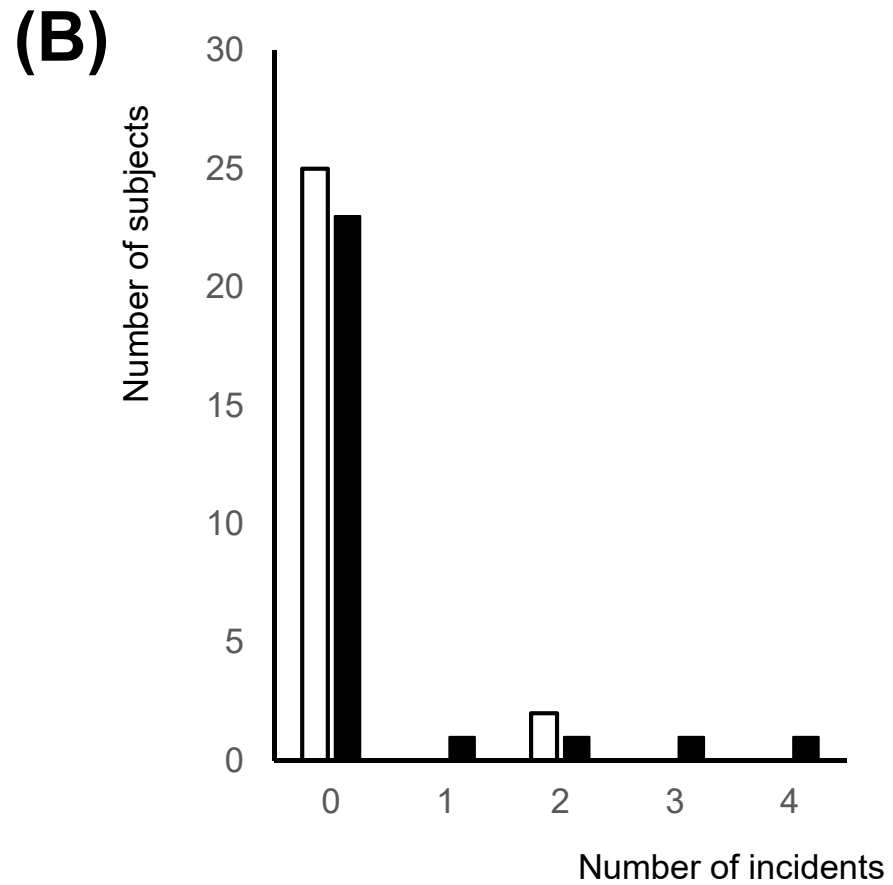


S2 Figure

Distribution of the incidence of fever, hospitalization and hospitalization for pneumonia with or without oral care intervention



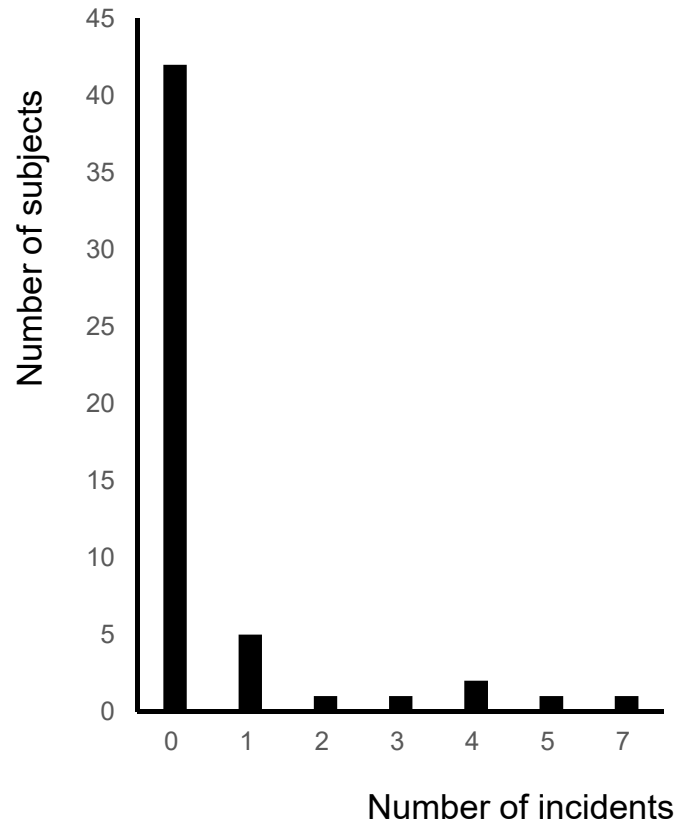
Fever



Hospitalization for pneumonia

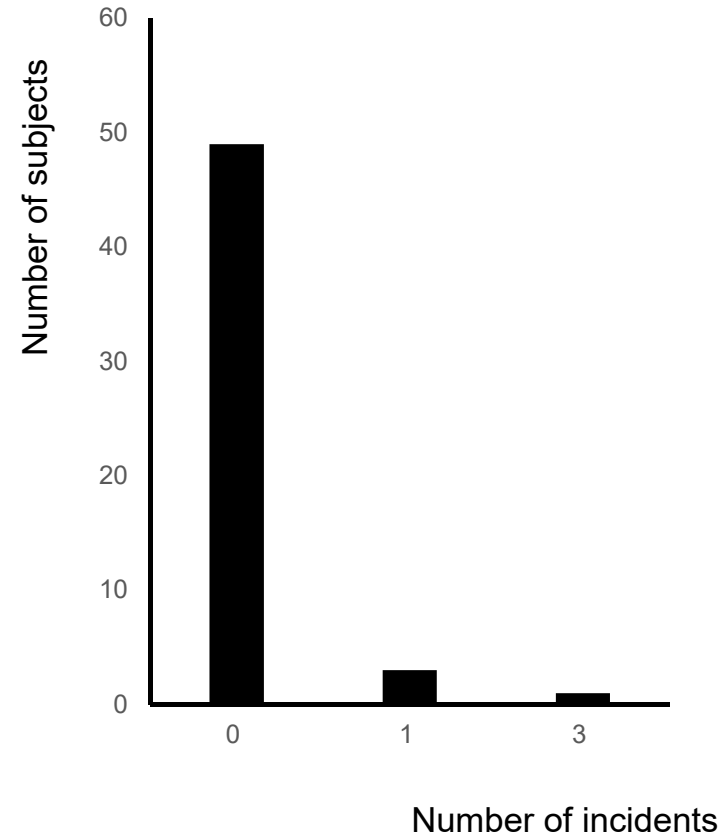
Distribution of incidence of fever, hospitalization and hospitalization for pneumonia during the 1-year follow-up period

**(A)**



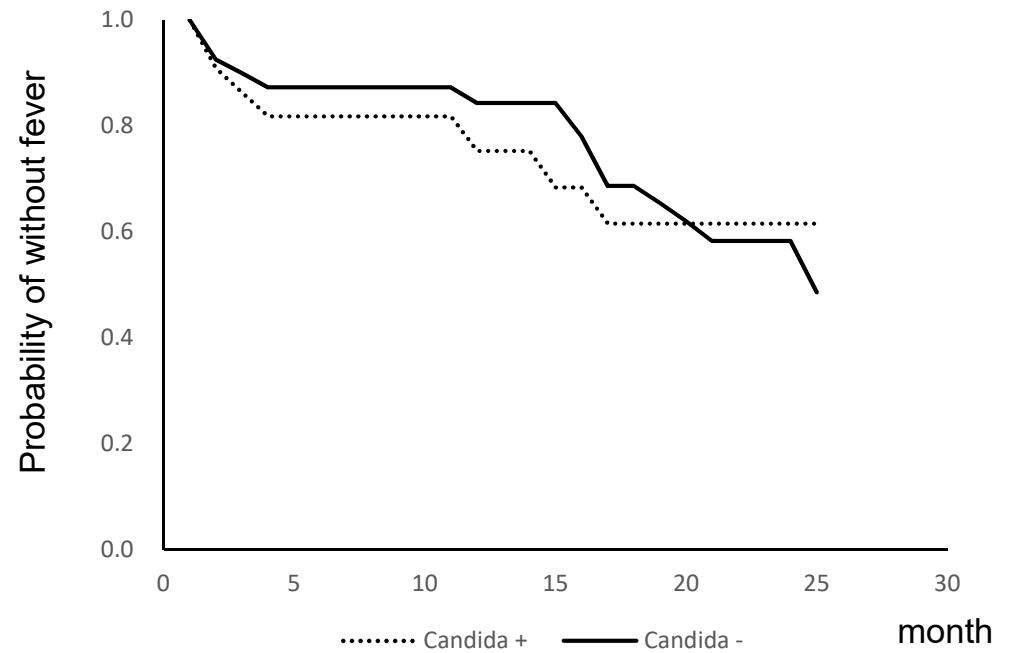
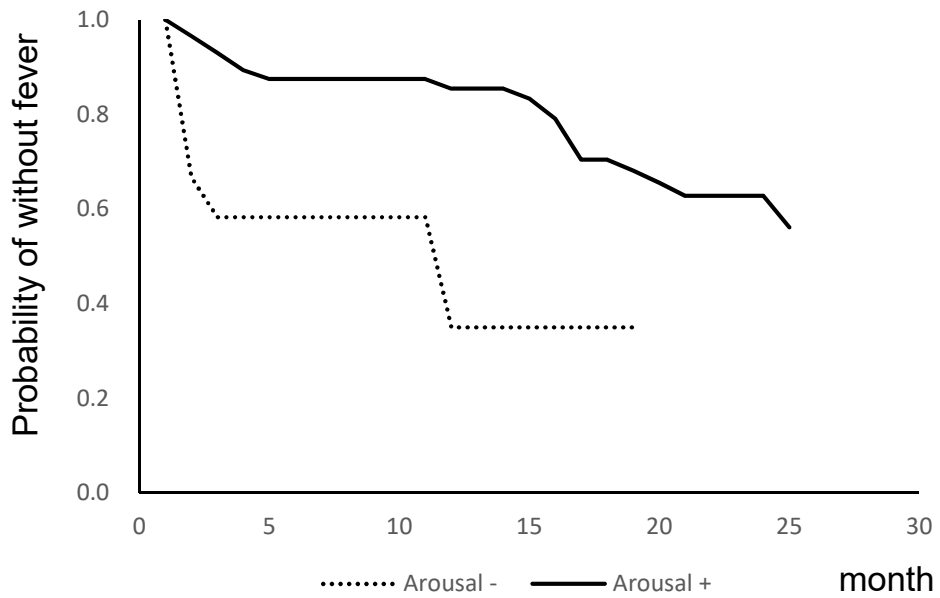
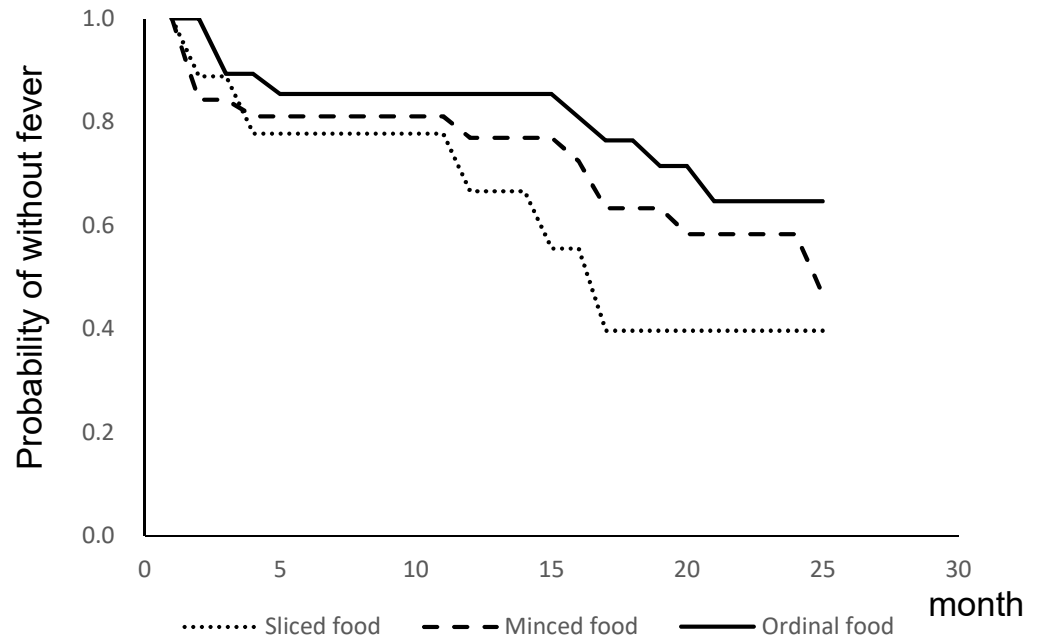
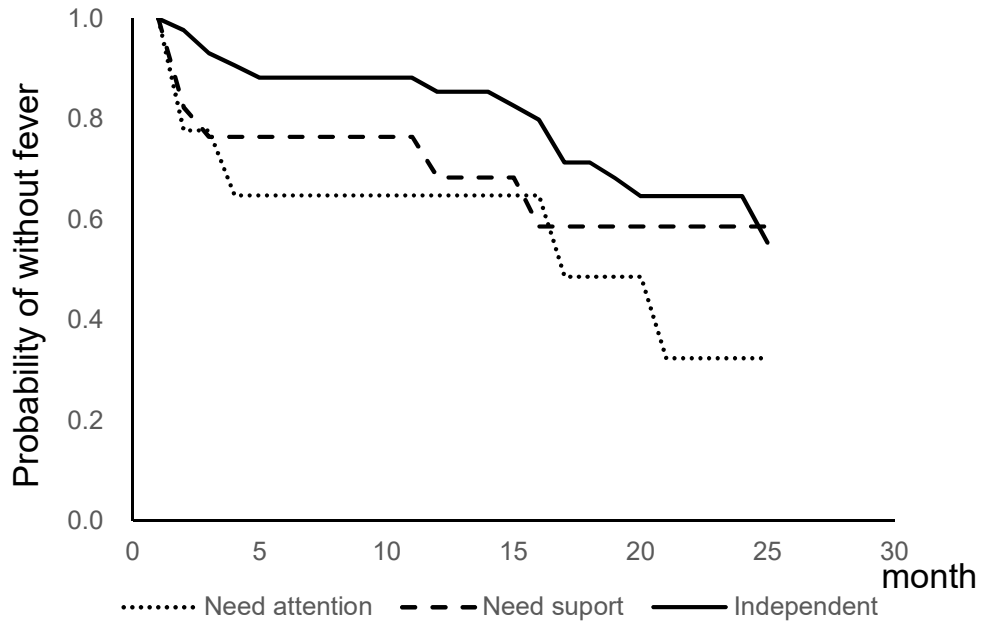
Fever

**(B)**



Hospitalization for pneumonia





S5 Figure