

Other people might not understand you can't see faces well.

You might worry they think you are being rude or unfriendly.

Social situations can be difficult and you might:

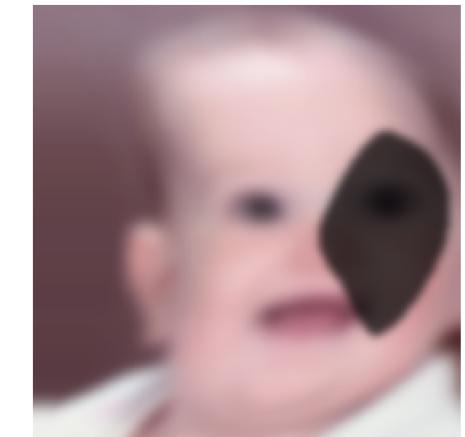
- Feel like you are missing out or can't join in
- Feel less confident
- Feel tempted to avoid social situations, or experience isolation

If you want to know more

- Look at our information sheet that describes real-life experiences of people living with AMD
- Get our conversation starter. This helps people with AMD and their family, friends and carers learn more about their specific problems with seeing faces and what others can do to help.
- **Get these from:**
Lane, J. (2018) article in PLOS ONE (free access)

Faces and social life in age-related macular degeneration

AMD can make it hard to see faces



How can family, friends
and carers help?

With AMD has
problems seeing
faces

Say your name
when you walk in
the room or the
name of other
people in the room

Understand the
person with AMD is

Vision loss
not faking their

AMD please go to:
For further information on
www.mdfoundation.com.au

- Ask if the person
with AMD has
problems seeing
faces
- Tell others you can't see
faces well
that might help:
- Ask people to move
closer so you can see
their faces better
- Ask people to tell you
where other people are
in the room and what
are
their facial expressions

This brochure is based on a
study by researchers at the
ANU Research
School of
Psychology
Australian
National
University

talking.

- When it is hard to see
faces you might make
some common
mistakes including:
 - Ignoring someone
you know, when you
don't recognise
them
 - Accidentally saying
hi to people you
don't know
 - Misreading facial
expressions and
emotions
 - You might also find
crowds hard because
you can't see who is in
a room or who is in