Supporting Table 1: Analysis of Satellite Cell (SC) proliferation and differentiation in single muscle fiber cultures in the presences and absents of MLIP exon 1a. Mean \pm StDev, (n).* Holm-Bonferroni.

Time in Culture (hrs)	Control, SC/fiber	Exon 1a Nulls, SC/fiber	p-value*
0	5.3±4.1 (179)	4.5±2.8 (187)	NS
48	12.2±6.7(134)	9.5±4.5 (112)	0.0033
72	21.4±10.1(110)	20.7±10.1	NS
Time in Culture (hrs)	Control, %Pax7 ⁺	Exon 1a Nulls, %Pax7 ⁺	p-value*
0	91.3±20.4 (173)	95.6±15.8 (183)	NS
48	14.6±12.7 (133)	16.6±14.8 (112)	NS
72	33.1±16 (110)	26.4±17.3 (119)	0.0173
Time in Culture (hrs)	Control,	Exon 1a Nulls,	p-value*
	%Pax7+MyoD	%Pax7+MyoD	
0	7.77±18.9 (173)	8.22±25.2 (183)	NS
48	79.2±16.7 (133)	80.4±15.6 (112)	NS
72	30.7±18 (110)	43.3±21.7 (119)	2.66x10 ⁻⁵
Time in Culture (hrs)	Control, %MyoD ⁺	Exon 1a Nulls, %MyoD ⁺	p-value*
0	0.35±2.62 (173)	0.11±1.48 (183)	NS
48	6.19±10.5 (133)	2.98±5.64 (112)	NS
72	36.2±18.3 (110)	30.3±16 (119)	0.0006



Supporting Figure 1: Increased prevalence of centralized nuclei in skeletal muscle fibers of mice lacking MLIP exon1a.

A. Loss of Mlip protein expression in skeletal muscle isolated from MLIP-/- mice. Equal total protein (70ug/well) was resolved by SDS-PAGE with specific proteins (MLIP, Lamin A/C and Lamin were detected by western analysis. B. Hind leg muscles of 8 week old mice of Wildtype (+/+) and MLIP-/- genotype. B. MLIP null skeletal muscle exhibited increased prevalence of Centralized nuclei. 91 WT fibers had 3 centralized nuclei (White arrow) (3.3%) as compared to 82 MLIP null fibers having 19 centralized nuclei, 23.2%. MLIP (red), wheatgerm agglutinin (green), DAPI (Blue). C. Quantification of the number of satellite cell's expressing early fate decision markers, Pax7 and/or MyoD on single muscle fibers in culture, expressed as a percentage of the total number of SCs (>30 fibers per treatment per mouse; n = 4 mice).