

Table S1: Studies excluded with reason.

Author and year	Reason of exclusion
Arthur et al., 2018 Ronco et al., 2016 Bhoo-Pathy et al., 2015 Oh et al., 2015 Touvier et al., 2012 Fagherazzi et al., 2011 Boggs et al., 2010 Luo et. al., 2010 Luo et al., 2012 Pathy et al., 2010 Michels et al., 2002 Kumar et al., 2009 Ganmaa et al., 2008 Zheng et al., 1996 McLaughlin et al., 1991 Wang et al., 2014	No differentiation between green tea and others
Crew et al., 2012 Crew et al., 2015 Lazzeroni et al., 2017 Samavat et al., 2015 Samavat et al., 2017	No food dietary intake but extract supplementation
Chen et al., 2010 Stendell-Hollis et al., 2010 Zhu et al., 2016	Different outcome
Mayo Clinic, 2008	Full text not available
Iwasaki et al., 2010 Zhang et al., 2009	Data not available