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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Abstract:

<u>Objectives</u>: To examine family planning practices among women in military camps in Kinshasa, Democratic Republic of Congo, and compare with a representative sample of non-military women in Kinshasa.

<u>Participants</u>: Women of reproductive ages, 15 to 49. We compare two populations: women living in military camps and the general (non-military) population in Kinshasa.

<u>Study Design</u>: For sampling, we used a two-stage cluster sampling design, where we first randomly selected enumeration areas (EA), and then randomly selected women within each EA (separately for each of the two populations). Selected women were administered a survey on contraceptive use and family planning. We use bivariate and multivariate analysis to compare these populations for a range of family planning outcomes, including fertility, contraceptive use (overall, modern and traditional), obtaining desired family planning method, whether the last birth was unintended, desire for an additional child, family planning knowledge, and exposure to family planning messages.

<u>Results</u>: We find many strong and highly statistically significant differences between the military and general population of Kinshasa. Although they do not have more children, the military are less likely to be using contraception and less knowledgeable about many family planning methods, while at the same time they are more likely to want to limit their births and less likely to have obtained their preferred family planning method.

<u>Conclusions</u>: The military in Kinshasa appears to be an important and underserved population with regards to family planning. Our results suggest that women in military camps have limited access to modern family planning methods.

Article Summary:

Strengths and limitations of this study:

- Examine family planning outcomes for an important but understudied population, women in military camps in a high-fertility setting;
- Use representative data for both military camp and general population in Kinshasa;
- Lacking some measures importantly related to family planning in this environment.

Key words:

Military, fertility, family planning, contraceptive use, Kinshasa, Democratic Republic of Congo.

Word count: 2847

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Introduction

In order to increase knowledge and use of contraceptive methods, programs often target specific sub-populations that have lower contraceptive use and access, such as poor, urban, or adolescent female populations (e.g., Ahmed et al. 2010; Creanga et al. 2011; Wood and Jewkes 2006). These populations then become the subjects for targeted family planning programs, in order to improve overall population-level fertility and family planning outcomes. However, some groups that may differ in family planning outcomes are seldom examined; the military is one such population.

There is reason to believe that the military population is highly relevant for family planning research and programs. In some settings, the military population composes a non-negligible percentage of the overall population and may therefore have a noticeable impact on aggregate family planning measures. The military also may have different family planning practices than the general population: research in the United States has shown that the military population has relatively higher fertility and earlier family formation (Hickes Lundquist and Smith 2005).

The relationship between military participation and fertility is ambiguous. Some research has shown that the military is an environment that promotes family formation, and military members marry earlier and higher fertility (Hickes Lundquist and Smith 2005). Benefits offered for military families can facilitate childbearing (Hickes Lundquist and Smith 2005). As a result, it's perhaps not surprising that most studies show high rates of pregnancy and low contraceptive use among military in the United States (Erickson et al. 2017; Goyal, Borrero, and Schwarz 2012; Harrington, Shaw, and Shaw 2017; Holt et al. 2011).

On the other hand, there are also reasons why one might expect lower fertility and greater contraceptive use among female members of the military. Pregnancy inhibits the ability to train for and serve in active duty (Enewold et al. 2010), and has led to evacuation from military activity for female troops (Gehlbach 1996). Military activity may separate spouses for extended periods, thereby limiting opportunity for childbearing (Karney and Crown 2007). Military service can also cause stress within marriage, which may impact fertility (Karney and Crown

2007). Some studies have found higher use of oral contraceptive in the military (Enewold et al.2010).

Existing literature on family planning practices for the military in a developing country context is particularly limited. During the HIV/AIDS epidemic, the military was seen as a population at particular risk of infection and was therefore the topic of HIV-related research (e.g., Djoko et al. 2011; Grillo et al. 2017; Miles 2003; Nwokoji and Ajuwon 2004; Tarimo et al. 2013). But research on family planning among the military in developing settings is limited to few geographic areas, such as India (Hiremath et al. 2017), and Nigeria (Abdulrazaq et al. 2014; Chimah et al. 2016; Hussain et al. 2013; Dogo 1998). The scant existing research has important limitations, such as the lack of a comparison group from the general population, so it's often not known if the military population is at particular need of family planning programs (Abdulrazaq et al. 2014; Hiremath et al. 2017; Chimah et al. 2016; Hussain et al. 2013; Dogo 1998).

In this research we examine family planning-related outcomes among women in military camps in Kinshasa, Democratic Republic of Congo. We focus on a range of family planning outcomes, such as fertility, contraceptive use (overall, modern and traditional), whether the last birth was unintended, desire for an additional child, family planning knowledge, and exposure to family planning messages. We compare family planning outcomes for the military camp population in Kinshasa with a comparable survey of that is representative of the general, non-military population in Kinshasa.

Methods

Setting

The DRC is Africa's fourth most-populous and one of the region's fastest growing countries (United Nations, 2015). DRC has one of the highest fertility rates in the world: the most recent Demographic and Health Survey (DHS) from 2013-14 estimated a country-level TFR of 6.6, a slight increase since the 6.3 TFR estimated from the 2007 DHS (Ministère du Plan et Macro International 2008; Ministère du Plan et Suivi de la Mise en oeuvre de la Révolution de la Modernité (MPSMRM), Ministère de la Santé Publique (MSP) et ICF International 2014). At the same time, contraceptive use is low in DRC: the modern contraceptive prevalence rate

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(mCPR) among women age 15-49 who are married or in union is 7.8% for the country as a whole, 19.0% in Kinshasa and 17.2% in Kongo Central (Ministère du Plan et Suivi de la Mise en oeuvre de la Révolution de la Modernité (MPSMRM), Ministère de la Santé Publique (MSP) et ICF International 2014).

Military camps are located throughout the city of Kinshasa. According to government documents obtained by the authors, there are 17 military camps in Kinshasa, in which both enlisted military and their families reside. According to 2016 estimates, the total population of these camps is 305,405, which represents approximately 3% of the population of Kinshasa. The vast majority of enlisted military are male; only 4% of military members are women. Military camps are closed environments and difficult to access by the civilian population, as such they are often not targeted by mass health activities. Although the majority of enlisted military reside there; officers in the military often live outside. All military camps have a health center, which can be used by military members and their families.

<u>Data</u>

We use two sources of data for this analysis. Our first source is the Performance Monitoring and Accountability 2020 Project (PMA2020), which was established in part to measure uptake of contraceptive use in many of the world's most populous countries (<u>http://www.pma2020.org/</u>). To achieve this aim, PMA2020 collects representative data in eleven countries on an annual basis for a range of fertility and family planning-related measures.

To date, PMA2020 has collected data from two provinces in DRC, six rounds of data in Kinshasa (2013-2017), and three rounds in Kongo Central (2015-2017), a province to the west of Kinshasa. The sampling framework uses a two-stage cluster sampling approach, in which the study first randomly selects census enumeration areas within each province, then conducts a listing of all households in these EAs, and randomly selects 33 households within each EA. PMA2020 first administers a household survey to the head of household, and then all resident women of reproductive age (15-49 years) within the household are selected for interview. The PMA2020 female survey includes basic demographic information and extensive information on fertility history and preferences, and contraceptive use. In 2016, PMA2020 interviewed 2,607 women in its fifth round of data collection in Kinshasa. Interviews were conducted only with female interviewers.

Data collection for the military sample also took place in 2016. In sampling this population, we used a similar two-stage cluster design approach. Out of the 17 military camps in Kinshasa, ten were randomly drawn, proportionate to population size. These ten military camps were then divided into enumeration areas (or EAs), and one EA was randomly drawn in each of the ten camps. As with PMA2020, interviewers first conducted a listing of households in each EA, after which 33 households in each EA were selected for interview (with all residing women aged 15-49 sought for interview). A total of 514 women were interviewed in the military sample. Of these women, the majority were spouses of men in the military (78.6%), while 16.6% were military members themselves. The remaining women were mothers of a military member.

For the DRC, this study has received approval to collect data from Institutional Review Boards at Johns Hopkins University, Tulane University, and the University of Kinshasa.

Measures

We focus on several categories of family planning outcomes, starting with four fertility-related outcomes: the number of lifetime births, whether the woman experienced the death of one of her children do not want another child, and whether the last birth was unintended. Next we turn to family planning use, measured as overall contraceptive use, then separated into modern and traditional methods. Among those using contraception, we examine whether women obtained their desired method, phrased as "During that visit, did you obtain the method you wanted to delay or avoid getting pregnant?" Finally, we measure family planning awareness and exposure; whether the respondent had heard of injectables, implants, condoms, withdrawal, and rhythm methods; and whether the woman had visited a health facility in the past 12 months, heard about family planning on the radio, read about family planning in the newspaper, or saw family planning billboard.

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We also examine demographic characteristics for our military camp and general population in Kinshasa, including age, number of lifetime births, marital status, level of education, and household wealth. Household wealth is measured using a constructed wealth index based on ownership of 25 household durable assets, house and roof material, livestock ownership and water source. A wealth index was created using principal component analysis (Filmer and Pritchett 2001), which is then converted into quintiles.

Analysis

First, we tabulate background and family planning characteristics for the military and nonmilitary populations. To do so, we account for the sampling design from data collection, using weights and accounting for clustering within enumeration areas.

Then we examine whether family planning differences persist, after controlling for background characteristics that may differ between military and non-military populations. To do so, we use multivariate regressions where the dependent variables are measures of interest for family planning, including number of lifetime births, use of contraception (overall contraceptives, modern contraceptives, traditional methods), not wanting another child, experiencing child mortality, and last birth unintended. Independent variables include age, a quadratic term for age, level of education, marital status, and household wealth quintile. To account for the study design, we cluster standard errors by enumeration area. Missing values are considered missing at random.

Results

Background characteristics (weighted) for women from both rounds of PMA2020 are shown in Table 1, including statistical tests for differences between military and non-military populations. Generally, characteristics of the military and non-military populations are similar. Women in the military population are significantly younger (27.0 years compared to 28.1), but there are no other statistically significant differences in background characteristics.

Although the populations are similar in demographic characteristics, they are very different in family planning-related outcomes (Table 1). Women in the military population are significantly

less likely to use contraception. Women in military camps are also significantly less likely to obtain their desired contraceptive method. At the same time, as shown in Table 1, the military are more likely to not want another child, and to claim that their last birth was unintended. The military are less informed of family planning methods; they are significantly less likely to have heard of implants, injectables, condoms, withdrawal, and rhythm. However, results for exposure to family planning programs are mixed: they are less likely to have visited a health facility in the past 12 months but more likely to have heard about FP on the radio, read about it in a newspaper, and saw a family planning billboard.

After controlling for demographic characteristics, the multivariate results are similar to the bivariate differences between military and non-military populations. As shown in Table 2, there is no statistically significant difference in number of lifetime births between military and non-military populations. However, the military are significantly less likely to have experienced child mortality than the non-military (OR 0.53, 95% CI 0.326-0.871). The military are significantly more likely to report that they do not want another child (OR 5.17, 95% CI 2.521, 10.619), and to report that their last birth was unintended (OR 5.19, 95% CI 2.314, 11.621).

Results in Table 3 confirm the differences in contraceptive use for these populations, in which the military are significantly less likely to be using contraception of all types, modern methods, and traditional methods (all methods OR 0.24, 95% CI 0.107-0.534; modern methods OR 0.25, 95% CI 0.080-0.789; traditional methods OR 0.41, 95% CI 0.238-0.709). As in the bivariate analysis, women in military camps were also significantly less likely to have obtained their desired family planning method (OR 0.14, 95% CI 0.032, 0.638).

We also find consistent differences in knowledge of various contraceptive methods (Table 4), both modern and traditional. The military women are significantly less likely to have heard of implants (OR 0.23, 95% CI 0.111-0.484), injectables (OR 0.19, 95% CI 0.083-0.438), condoms (OR 0.23, 95% CI 0.117-0.470), withdrawal (OR 0.05, 95% CI 0.016-0.172), and rhythm (OR 0.12, 95% CI 0.033-0.439) methods.

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Results for exposure to family planning are shown in Table 5. Military women are less likely to have visited a health facility in the past 12 months (OR 0.28, 95% CI 0.143-0.552). However, they are significantly more likely to have heard about family planning on the radio (OR 2.81, 95% CI 1.337-5.922), read about family planning in a newspaper or magazine (OR 7.72, 95% CI 3.131-19.042), and saw a family planning billboard (OR 9.71, 95% CI 3.632-25.203).

Discussion

Although the female population in military camps is similar to the general population of women in Kinshasa in background characteristics, we find many strong and highly statistically significant differences in family planning-related outcomes. Overall, these results suggest that the military population is an important, underserved population in Kinshasa: the female population in military camps are more likely to want to limit births but are less likely to be using contraception, and less likely to have obtained their preferred family planning method. The military are more likely to be exposed to family planning messages (radio, billboard, newspaper/magazine), but are less knowledgeable about many family planning methods.

These results suggest that women in military camps have limited access to modern family planning methods. Lack of access would explain why they are less likely to use despite being more likely to want to limit births. Access limitations are also evident in the fact that women in military camps are less likely to have obtained their preferred family planning method, and are less likely to have visited a health facility in the past 12 months. Prior to this study, leadership in the DRC military (co-authors on this paper) recognized a lack of access to and limited use of modern contraception among the military population. They actively sought out a research partner to document this trend and a service delivery organization that could work with them in improving contraceptive services within the military that contraceptive use is lower among the military, due at least in part to limited access to modern family planning.

The lack of access does not, however, explain the lower use or traditional methods and the greater exposure to family planning messaging among the military camp population. This may be explained by the timing of family planning programs. According to our authors, new family

planning programs were advertised in military camps recently prior to our data collection, but this was not yet matched by supply of family planning methods in military camp clinics.

This study also serves as a baseline for a programmatic initiative that started shortly after the survey in Kinshasa, which consisted of training clinical personnel at the military health center in all contraceptive methods, including Implanon NXT (highly popular in Kinshasa); training and supplying community-health workers with a non-medical profile to distribute pills, condoms and Cyclebeads at the community level; and placing billboards promoting FP near military camps that showed the father in uniform. A follow-up survey is scheduled for 2018 to assess change in FP access and use.

The strengths of this study are the rare opportunity to learn more about a neglected, but important, population for family planning; and the representative data for residents of military camps and general population of Kinshasa. However, there remain some limitations. Several measures of interest are not included in our survey instrument. Many military members and their families are likely in-migrants to Kinshasa from elsewhere in DRC; research in this setting has shown that migrants differ from Kinshasa-born residents in many characteristics related to family planning (Anglewicz, Corker, and Kayembe 2017). This study, unfortunately, did not measure migration status, birthplace, or duration resided in Kinshasa. Similarly, measures of access to a facility that provides family planning, such as distance to the nearest family planning clinic or pharmacy that has modern methods in stock, were not measured for the military camp population, but may differ from the general population- as suggested by our results.

Contributors: PA, PA and JB initially conceived the manuscript. PA and PA conducted the statistical analysis and wrote the first draft of the paper. HNE, GKK, JH, PK, and JB reviewed the paper before submission and provided comments and edits.

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Competing interests statement: the authors declare no competing interests.

Data sharing statement: All data collected under PMA2020 is made publically-available. More details on data access for PMA2020 is available here: <u>http://www.pma2020.org/data-use</u>.

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Figures and Tables

	Non-military	Military
Mean age	28.1	27.0*
Level of education		
No education	2.1%	4.3%
Primary	18.6%	13.5%
Middle secondary school	63.6%	66.8%
Advanced secondary or higher	15.7%	15.4%
Marital status		
Married/partnered	47.0%	48.2%
Separated/divorced/widowed	5.3%	4.8%
Never married	47.7%	47.0%
Wealth index		
Quintile 1 (lowest)	15.1%	26.4%
Quintile 2	19.3%	27.0%
Quintile 3	21.3%	20.7%
Quintile 4	21.3%	15.1%
Quintile 5 (highest)	23.0%	10.8%
Fertility and children		
Number lifetime births	1.8	1.7
Experienced child mortality	19.7%	12.4%*
Do not want another child	18.0%	46.7%**
Last birth unintended	7.4%	26.3%**
Family planning use		
Contraceptive use	42.3%	17.4%**
Traditional contraceptive use	21.4%	6.6%*
Modern contraceptive use	20.9%	10.9%**
Obtained desired the FP method	92.4%	68.3%**
Family planning knowledge		
Heard of implants	83.3%	55.8%**
Heard of injectables	87.8%	60.9%**
Heard of condoms	94.7%	81.9%**
Heard of withdrawal	80.8%	46.9%**
Heard of rhythm	91.5%	44.6%**
Family planning exposure		
Visited health facility in past 12 months	55.2%	28.8%**
Heard about FP on the radio	34.7%	58.6%*
Read about FP in a magazine/newspaper	13.1%	50.8%**
Saw FP billboard advertisement	46.1%	89.3%**
N=	2607	514

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	Numb	er of births	Child	mortality	Do not	want another	Last birt	th unintended
	Coef	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	-0.05	-0.310, 0.215	0.53*	0.326, 0.871	5.17**	2.521, 10.619	5.19**	2.314, 11.621
Number of births			1.16**	1.048, 1.292	1.55**	1.313, 1.840	1.43**	1.225, 1.661
Age	0.33**	0.280, 0.373	1.03**	1.011, 1.056	1.02*	0.999, 1.050	0.99	0.961, 1.026
Age squared	-0.01**	-0.004, -0.003						
Level of education								
No education (ref.)		·						
Primary	0.13	-0.125, 0.381	1.05	0.501, 2.204	0.57	0.140, 1.067	1.01	0.140, 1.067
Middle secondary school	0.03	-0.276, 0.334	0.81	0.344, 1.925	0.48	0.198, 1.157	0.51	0.193, 1.321
Advanced secondary or higher	-0.37*	-0.729, -0.019	0.43	0.157, 1.177	0.39	0.140, 1.067	0.67	0.228, 1.977
Marital status								
Married/partnered (ref.)			(· · · ·				
Separated/divorced/widowed	-0.16**	-0.278, -0.051	0.72	0.404, 1.294	0.88	0.509, 1.529	2.82**	1.467, 5.416
Never married	-1.06**	-1.318, -0.795	1.03	0.669, 1.593	1.06	0.643, 1.745	2.81*	1.186, 6.661
Household wealth								
Quintile 1 (lowest, ref.)								
Quintile 2	-0.13	-0.272, 0.011	0.85	0.480, 1.502	0.94	0.515, 1.628	0.54	0.197, 1.479
Quintile 3	-0.16*	-0.312, -0.007	0.88	0.568, 1.372	0.92	0.187, 1.258	0.69	0.262, 1.827
Quintile 4	-0.12	-0.286, 0.040	0.67	0.410, 1.096	0.48	0.307, 1.216	1.01	0.470, 2.158
Quintile 5 (highest)	-0.23**	-0.401, -0.063	0.77	0.438, 1.345	0.61	0.499, 1.644	0.82	0.296, 2.266
N=		3085		1795		2830		1813

Notes: * $p \le 0.05$; ** $p \le 0.01$; child mortality and last birth unintended are limited to women who have ever given birth.

Table 3: Weighted logistic regression results for differences in family planning use for military, Kinshasa 2	2016
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	Using	Contraception	Modern	Contraception	Tradition	nal Contraception	Obtained	desired method
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	0.24**	0.107, 0.534	0.25*	0.080, 0.789	0.41**	0.238, 0.709	0.14**	0.032, 0.638
Number of births	1.29**	1.165, 1.431	1.16**	1.048, 1.281	1.22**	1.130, 1.322	0.98	0.798, 1.195
Age	1.53**	1.426, 1.639	1.23**	1.138, 1.321	1.60**	1.459, 1.752	0.99	0.770, 1.276
Age quadratic	0.99**	0.992, 0.994	0.99**	0.996, 0.998	0.99**	0.991, 0.994	1.00	0.997, 1.004
Level of education								
No education (ref.)								
Primary	1.68	0.748, 3.781	0.70	0.351, 1.408	3.41*	1.243, 9.330	1.59	0.253, 9.952
Middle secondary school	2.33*	1.031, 5.273	1.16	0.551, 2.453	3.42*	1.298, 9.003	1.69	0.269, 10.627
Advanced secondary or higher	3.16**	1.326, 7.528	1.55	0.649, 3.709	3.98**	1.441, 11.020	1.13	0.159, 8.002
Marital status								
Married/partnered (ref.)								
Separated/divorced/widowed	0.45**	0.269, 0.751	0.41*	0.203, 0.812	0.74	0.455, 1.194	0.77	0.352, 1.707
Never married	1.52*	1.102, 2.110	1.16	0.825, 1.630	1.55**	1.119, 2.134	1.34	0.750, 2.391
Household wealth								
Quintile 1 (lowest, ref.)								
Quintile 2	0.91	0.451, 1.830	1.27	0.698, 2.296	0.73	0.409, 1.304	0.46	0.126, 1.698
Quintile 3	0.82	0.405, 1.656	1.17	0.573, 2.381	0.68	0.405, 1.140	0.45	0.114, 1.773
Quintile 4	0.99	0.469, 2.109	1.29	0.598, 2.794	0.81	0.495, 1.325	0.28	0.065, 1.183
Quintile 5 (highest)	0.68	0.343, 1.341	0.96	0.480, 1.934	0.62	0.360, 1.071	0.32*	0.082, 0.915
N=		3072		3072		3072		1322

Notes: $*p \le .05$; $**p \le .01$; analysis for obtaining desired method is limited to women currently using contraception.

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-	Table 4. Waishted legistic very second a second for differences in femily planning becould be success military. Kinchese 2010
	Table 4: Weighted logistic regression results for differences in family planning knowledge among military, Kinshasa 2016
6	ruble 4. Weighted logistic regression results for amerenees in family planning knowledge among minitary, knowledge

7	Heard	of implants	Heard	of injectables	Heard	l of condoms	Heard	of withdrawal	Heard	d of rhythm
8	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
⁹ Military	0.23**	0.111, 0.484	0.19**	0.083, 0.438	0.23**	0.117, 0.470	0.05**	0.016, 0.172	0.12**	0.033, 0.439
11 Number of births	1.06	0.949, 1.191	1.27**	1.077, 1.500	0.83*	0.719, 0.965	1.09	0.906, 1.317	1.11	0.925, 1.337
12 Age	1.49**	1.314, 1.695	1.31**	1.203, 1.434	1.47**	1.262, 1.717	1.27**	1.115, 1.451	1.57**	1.389, 1.767
¹³ Age squared	0.99**	0.992, 0.996	0.99**	0.995, 0.997	0.99**	0.993, 0.998	0.99**	0.995, 0.999	0.99**	0.992, 0.996
14 15 Level of education										
16 No education (ref.)										
17 Primary	3.01**	1.401, 6.450	1.12	0.641, 1.954	0.36	0.069, 1.901	3.14**	1.579, 6.242	2.40**	1.304, 4.407
¹⁸ Middle secondary school	5.51**	2.316, 13.091	3.15**	1.595, 6.216	0.97	0.132, 7.183	7.85**	3.107, 19.848	4.29**	1.973, 9.306
Advanced secondary or higher	10.85**	4.110, 28.624	6.23**	2.344, 16.556	6.57	0.547, 78.843	27.43**	5.770, 130.444	12.80**	3.739, 43.806
21 Marital status										
22 Married/partnered (ref.)				·						
²³ Separated/divorced/widowed	1.18	0.557, 2.479	0.96	0.394, 2.359	0.97	0.244, 3.868	1.21	0.629, 2.343	1.44	0.567, 3.635
24 25 Never married	0.65*	0.456, 0.938	0.89	0.562, 1.412	1.27	0.582, 2.751	0.95	0.675, 1.331	0.63	0.369, 1.075
26 Household wealth										
27 Quintile 1 (lowest, ref.)										
28 Quintile 2	0.95	0.484, 1.879	0.83	0.450, 1.541	0.75	0.272, 2.073	0.38**	0.180, 0.788	0.41*	0.182, 0.921
29 30 Quintile 3	0.79	0.386, 1.624	0.86	0.419, 1.745	0.99	0.380, 2.604	0.45*	0.203, 0.980	0.48	0.205, 1.142
31 Quintile 4	0.68	0.325, 1.427	0.86	0.440, 1.689	0.65	0.274, 1.531	0.77	0.305, 1.928	0.60	0.264, 1.378
32 Quintile 5 (highest)	0.72	0.302, 1.706	0.64	0.281, 1.480	1.06	0.372, 3.007	0.60	0.245, 1.474	0.41*	0.185, 0.925
³³ N= 3 4		3078		3077		3080		3079		3077

 $^{34}_{35}$ Notes: *p \leq 0.05; **p \leq 0.01.

	Visited h	ealth facility	Heard ab	out FP- radio	Read	d about FP	FP	billboard
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	0.28**	0.143, 0.552	2.81**	1.337, 5.922	7.72**	3.131, 19.042	9.71**	3.632, 25.203
Number of births	1.07	0.999, 1.148	0.96	0.900, 1.029	0.86*	0.767, 0.966	0.97	0.897, 1.046
Age	1.11**	1.042, 1.172	1.11*	1.026, 1.199	1.12	0.996, 1.252	1.11**	1.046, 1.178
Age squared	0.99**	0.997, 0.999	1.00	0.998, 1.000	1.00	0.997, 1.000	0.99**	0.998, 1.000
Level of education								
No education (ref.)								
Primary	1.21	0.604, 2.420	3.30**	1.520, 7.181	3.17	0.956, 10.495	1.22	0.602, 2.558
Middle secondary school	1.36	0.673, 2.764	6.00**	2.330, 15.477	6.05**	1.800, 20.335	1.34	0.747, 2.484
Advanced secondary or higher	1.91	0.850, 4.284	13.93**	4.884, 39.738	15.99**	4.262, 59.995	2.18*	1.122, 4.298
Marital status								
Married/partnered (ref.)								
Separated/divorced/widowed	1.05	0.624, 1.756	0.89	0.574, 1.382	1.00	0.554, 1.801	0.94	0.557, 1.659
Never married	0.53**	0.415, 0.679	0.84	0.591, 1.182	0.82	0.548, 1.242	1.03	0.738, 1.417
Household wealth								
Quintile 1 (lowest, ref.)								
Quintile 2	0.52**	0.328, 0.828	1.05	0.550, 2.000	0.81	0.357, 1.848	1.03	0.622, 1.692
Quintile 3	0.55*	0.345, 0.882	0.86	0.432, 1.722	0.58	0.249, 1.364	1.08	0.630, 1.942
Quintile 4	0.48**	0.312, 0.753	0.84	0.430, 1.660	0.47	0.182, 1.204	0.85	0.529, 1.487
Quintile 5 (highest)	0.59*	0.370, 0.950	0.71	0.300, 1.690	0.73	0.243, 2.202	0.91	0.502, 1.766
N=		3079		3072		3042		3072

Notes: *p ≤ 0.05; **p ≤ 0.01.

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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Abstract:

<u>Objectives</u>: To examine family planning outcomes among women living in military camps in Kinshasa, Democratic Republic of Congo, and compare these outcomes with a representative sample of non-military women in Kinshasa.

<u>Participants</u>: Women of reproductive ages, 15 to 49. We compare two populations: women living in military camps and the general (non-military) population in Kinshasa.

<u>Study Design</u>: For sampling, we used a two-stage cluster sampling design, where we first randomly selected enumeration areas (EA), and then randomly selected women within each EA (separately for each of the two populations). We administered a survey on contraceptive use and family planning to all participating women. We use bivariate and multivariate analysis to compare these populations for a range of family planning outcomes.

<u>Results</u>: We find many statistically significant differences between women in military camps and general female population of Kinshasa. Although they do not have more children, women in military camps are less likely to be using contraception (all methods OR 0.24, 95% CI 0.11-0.53; modern methods OR 0.25, 95% CI 0.08-0.79; traditional methods OR 0.41, 95% CI 0.24-0.71) and less knowledgeable about many family planning methods (less likely to have heard of implants (OR 0.23, 95% CI 0.11-0.48), injectables (OR 0.19, 95% CI 0.08-0.44), condoms (OR 0.23, 95% CI 0.12-0.47), withdrawal (OR 0.05, 95% CI 0.02-0.17), and rhythm (OR 0.12, 95% CI 0.03-0.44) methods), while at the same time they are more likely to want to limit their births (OR 5.17, 95% CI 2.52, 10.62), and less likely to have obtained their preferred family planning method (OR 0.14, 95% CI 0.03, 0.64).

<u>Conclusions</u>: Women in military camps in Kinshasa appear to be an important and underserved population with regards to family planning. Our results suggest that women in military camps have limited access to modern family planning methods.

Article Summary:

Strengths and limitations of this study:

- Examine family planning outcomes for an important but understudied population, women in military camps in a high-fertility setting;
- Use representative data for both military camp and general population in Kinshasa;
- Lacking some measures importantly related to family planning in this environment.

Key words:

Military, fertility, family planning, contraceptive use, Kinshasa, Democratic Republic of Congo.

Word count: 2922

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Introduction

Research on family planning practices among the military population in developing countries is limited. During the HIV/AIDS epidemic, the military was seen as a population at particular risk of infection and was therefore the topic of HIV-related research (e.g., [1–8]). But research on family planning among the military in developing settings has been conducted in few geographic areas, such as India,[9] and Nigeria.[8,10–13] Furthermore, the scant existing research has important limitations, such as the lack of a comparison group from the general population, so it's often not known if the military population is at particular need of family planning programs.[8-13]

In order to increase knowledge and use of contraceptive methods, programs often target specific sub-populations that have lower contraceptive use and access, such as poor, urban, or adolescent female populations (e.g., [14–16]). These populations then become the subjects for targeted family planning programs, in order to improve overall population-level fertility and family planning outcomes. However, some groups that may differ in family planning outcomes are seldom examined; the military is one such population.

There is reason to believe that the military population is highly relevant for family planning research and programs. In some settings, the military population composes a non-negligible percentage of the overall population and may therefore have a noticeable impact on aggregate family planning measures. The military also may have different family planning practices than the general population: research in the United States has shown that the military population has relatively higher fertility and earlier family formation.[17]

The relationship between military participation and fertility is ambiguous. Some research has shown that the military is an environment that promotes family formation, and military members marry earlier and higher fertility.[17] Benefits offered for military families can facilitate childbearing.[17] As a result, it's perhaps not surprising that most studies show high rates of pregnancy and low contraceptive use among military in the United States.[18–21]

There are also reasons why one might expect lower fertility and greater contraceptive use among female members of the military. Pregnancy inhibits the ability to train for and serve in active duty,[22] and has led to evacuation from military activity for female troops.[23] Military activity may separate spouses for extended periods, thereby limiting opportunity for childbearing.[24] Military service can also cause stress within marriage, which may impact fertility.[24] Some studies have found higher use of oral contraceptive in the military.[22]

In this research we examine family planning-related outcomes among women in military camps in Kinshasa, Democratic Republic of Congo. We focus on a range of family planning outcomes, such as fertility, contraceptive use (overall, modern and traditional), whether the last birth was unintended, desire for an additional child, family planning knowledge, and exposure to family planning messages. We compare family planning outcomes for the female military camp population in Kinshasa with a comparable survey of that is representative of the general, nonmilitary female population in Kinshasa.

Methods

Setting

The DRC is Africa's fourth most-populous and one of the region's fastest growing countries.[25] DRC has one of the highest fertility rates in the world: the most recent Demographic and Health Survey (DHS) from 2013-14 estimated a country-level TFR of 6.6, a slight increase since the 6.3 TFR estimated from the 2007 DHS.[26-27] At the same time, contraceptive use is low in DRC: the modern contraceptive prevalence rate (mCPR) among women age 15-49 who are married or in union is 7.8% for the country as a whole, 19.0% in Kinshasa and 17.2% in Kongo Central.[27]

Military camps are located throughout the city of Kinshasa. According to government documents obtained by the authors, there are 17 military camps in Kinshasa, in which both enlisted military and their families reside. According to 2016 estimates, the total population of these camps is 305,405, which represents approximately 3% of the population of Kinshasa. The vast majority of enlisted military are male; only 4% of military members are women. Military camps are closed environments and difficult to access by the civilian population, as such they are often not targeted by mass health activities. Although the majority of enlisted military live in

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camps, because housing and other services are free, not all members of the military reside there; officers in the military often live outside. All military camps have a health center, which can be used by military members and their families.

Data

We use two sources of data for this analysis. Our first source is the Performance Monitoring and Accountability 2020 Project (PMA2020), which was established in part to measure uptake of contraceptive use in many of the world's most populous countries (<u>http://www.pma2020.org/</u>). To achieve this aim, PMA2020 collects representative data in eleven countries on an annual basis for a range of fertility and family planning-related measures.

PMA2020 has collected data from two provinces in DRC, six rounds of data in Kinshasa (2013-2017), and three rounds in Kongo Central (2015-2017), a province to the west of Kinshasa. The sampling framework uses a two-stage cluster sampling approach, in which the study first randomly selects census enumeration areas within each province, then conducts a listing of all households in these EAs, and randomly selects 33 households within each EA. PMA2020 first administers a household survey to the head of household, and then all resident women of reproductive age (15-49 years) within the household are selected for interview. The PMA2020 female survey includes basic demographic information and extensive information on fertility history and preferences, and contraceptive use. In 2016, PMA2020 interviewed 2,607 women in its fifth round of data collection in Kinshasa. Interviews were conducted only with female interviewers.

Data collection for the military sample also took place in 2016. In sampling this population, we used a similar two-stage cluster design approach. Out of the 17 military camps in Kinshasa, ten were randomly drawn, proportionate to population size. These ten military camps were then divided into enumeration areas (or EAs), and one EA was randomly drawn in each of the ten camps. As with PMA2020, interviewers first conducted a listing of households in each EA, after which 33 households in each EA were selected for interview (with all residing women aged 15-49 sought for interview). A total of 514 women were interviewed in the military sample. Of

these women, the majority were spouses of men in the military (78.6%), while 16.6% were military members themselves. The remaining women were mothers of a military member.

This study has received approval to collect data from Institutional Review Boards at Johns Hopkins University, Tulane University, and the University of Kinshasa. All participating women provided written and informed consent to take part in this study. In this setting, individuals aged 15-17 are considered adults, so parental consent was not necessary to interview women of these ages.

Measures

We focus on several categories of family planning outcomes, starting with four fertility-related outcomes: the number of lifetime births, whether the woman experienced the death of one of her children, whether the women does not want another child, and whether the last birth was unintended. Next, we turn to family planning use, measured as overall contraceptive use, then separated into modern and traditional methods (rhythm, withdrawal, and other traditional method (folkloric methods like amulets, herbs, etc...)). Among those using contraception, we examine whether women obtained their desired method, phrased as "During that visit, did you obtain the method you wanted to delay or avoid getting pregnant?" Finally, we measure family planning awareness and exposure; whether the respondent had heard of injectables, implants, condoms, withdrawal, and rhythm methods; and whether the woman had visited a health facility in the past 12 months, heard about family planning on the radio, read about family planning in the newspaper, or saw family planning billboard.

We also examine demographic characteristics for women in military camps and general female population in Kinshasa, including age, number of lifetime births, marital status, level of education, and household wealth. Household wealth is measured using a constructed wealth index based on ownership of 25 household durable assets, house and roof material, livestock ownership and water source. A wealth index was created using principal component analysis,[28] which is then converted into quintiles. Survey instruments are included as supplementary files (Supplementary file 1 Female survey- English and Supplementary file 2 Household survey- English).

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Analysis

First, we tabulate background and family planning characteristics for women in military camps and the female non-military population of Kinshasa. We account for the sampling design from data collection, using weights and accounting for clustering within enumeration areas.

Next, we examine whether family planning differences persist, after controlling for background characteristics that may differ between women in military camps and the non-military population. We use multivariate regressions where the dependent variables are measures of interest for family planning, including number of lifetime births, use of contraception (overall contraceptives, modern contraceptives, traditional methods), not wanting another child, experiencing child mortality, and last birth unintended. Independent variables include age, a quadratic term for age, level of education, marital status, and household wealth quintile. To account for the study design, we cluster standard errors by enumeration area. Missing values are considered missing at random.

Patient and Public Involvement

Patients or public were not involved in the study design, development of the research question, recruitment into or conduct of the study, or outcome measures. Results will not be distributed to the participants themselves.

Results

Background characteristics (weighted) for women from both rounds of PMA2020 are shown in Table 1, including statistical tests for differences between women in military camps and the non-military population. Generally, women in military camps and the non-military population are similar in their demographic profile, there are no statistically significant differences in background characteristics.

Although the populations are similar in demographic characteristics, they are very different in family planning-related outcomes (Table 1). Women in military camps are significantly less likely to use contraception, and are significantly less likely to obtain their desired contraceptive

method. As shown in Table 1, women in military camps are more likely to not want another child, and to claim that their last birth was unintended. Women in military camps are less informed of family planning methods; they are significantly less likely to have heard of implants, injectables, condoms, withdrawal, and rhythm. However, results for exposure to family planning programs are mixed: they are less likely to have visited a health facility in the past 12 months but more likely to have heard about FP on the radio, read about it in a newspaper, and saw a family planning billboard.

After controlling for demographic characteristics, the multivariate results are similar to the bivariate differences between women in military camps and the non-military population. As shown in Table 2, there is no statistically significant difference in number of lifetime births between women in military camps and the non-military population. However, women in military camps are significantly less likely to have experienced child mortality than the non-military (OR 0.53, 95% CI 0.33-0.87). Women in military camps are significantly more likely to report that they do not want another child (OR 5.17, 95% CI 2.52, 10.62), and to report that their last birth was unintended (OR 5.19, 95% CI 2.31, 11.62).

Results in Table 3 confirm the differences in contraceptive use for these populations, in which women in military camps are significantly less likely to be using contraception of all types, modern methods, and traditional methods (all methods OR 0.24, 95% CI 0.11-0.53; modern methods OR 0.25, 95% CI 0.08-0.79; traditional methods OR 0.41, 95% CI 0.24-0.71). Women in military camps were also significantly less likely to have obtained their desired family planning method (OR 0.14, 95% CI 0.03, 0.64).

We also find consistent differences in knowledge of various contraceptive methods (Table 4), both modern and traditional. Women in military camps are significantly less likely to have heard of implants (OR 0.23, 95% CI 0.11-0.48), injectables (OR 0.19, 95% CI 0.08-0.44), condoms (OR 0.23, 95% CI 0.12-0.47), withdrawal (OR 0.05, 95% CI 0.02-0.17), and rhythm (OR 0.12, 95% CI 0.03-0.44) methods.

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Results for exposure to family planning are shown in Table 5. Women in military camps are less likely to have visited a health facility in the past 12 months (OR 0.28, 95% CI 0.14-0.55). However, they are significantly more likely to have heard about family planning on the radio (OR 2.81, 95% CI 1.34-5.92), read about family planning in a newspaper or magazine (OR 7.72, 95% CI 3.13-19.04), and saw a family planning billboard (OR 9.71, 95% CI 3.63-25.20).

Discussion

Although the female population in military camps is similar to the general population of women in Kinshasa in background characteristics, we find many strong and highly statistically significant differences in family planning-related outcomes. Overall, these results suggest that the population residing in military camps is an important, underserved population in Kinshasa: the female population in military camps are more likely to want to limit births but are less likely to be using contraception, and less likely to have obtained their preferred family planning method. Women in military camps are more likely to be exposed to family planning messages (radio, billboard, newspaper/magazine), but are less knowledgeable about many family planning methods.

These results suggest that women in military camps have limited access to modern family planning methods. Lack of access would explain why they are less likely to use despite being more likely to want to limit births. Access limitations are also evident in the fact that women in military camps are less likely to have obtained their preferred family planning method, and are less likely to have visited a health facility in the past 12 months. Prior to this study, leadership in the DRC military (co-authors on this paper) recognized a lack of access to and limited use of modern contraception among the military population. They actively sought out a research partner to document this trend and a service delivery organization that could work with them in improving contraceptive services within the military that contraceptive use is lower among women in military camps, due at least in part to limited access to modern family planning.

The lack of access does not, however, explain the lower use or traditional methods and the greater exposure to family planning messaging among the military camp population. This may

be explained by the timing of family planning programs. According to our authors, new family planning programs were advertised in military camps recently prior to our data collection, but this was not yet matched by supply of family planning methods in military camp clinics.

This study also serves as a baseline for a programmatic initiative that started shortly after the survey in Kinshasa, which consisted of training clinical personnel at the military health center in all contraceptive methods, including Implanon NXT (highly popular in Kinshasa); training and supplying community-health workers with a non-medical profile to distribute pills, condoms and Cyclebeads at the community level; and placing billboards promoting FP near military camps that showed the father in uniform. A follow-up survey is scheduled for 2018 to assess change in FP access and use.

The strengths of this study are the rare opportunity to learn more about a neglected, but important, population for family planning; and the representative data for residents of military camps and general population of Kinshasa. However, there remain some limitations. Several measures of interest are not included in our survey instrument. Many military members and their families are likely in-migrants to Kinshasa from elsewhere in DRC; research in this setting has shown that migrants differ from Kinshasa-born residents in many characteristics related to family planning.[29] This study, unfortunately, did not measure migration status, birthplace, or duration resided in Kinshasa. Similarly, measures of access to a facility that provides family planning, such as distance to the nearest family planning clinic or pharmacy that has modern methods in stock, were not measured for the military camp population, but may differ from the general population- as suggested by our results.

Contributors: PA, PA and JB initially conceived the manuscript. PA and PA conducted the statistical analysis and wrote the first draft of the paper. HNE, GKK, JH, PK, and JB reviewed the paper before submission and provided comments and edits.

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Data sharing statement: All data collected under PMA2020 is made publically-available. More details on data access for PMA2020 is available here: <u>http://www.pma2020.org/data-use</u>.

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Figures and Tables

	Non-military	Milita
Age groups		
15-20	21.6%	24.5%
21-25	21.0%	20.0%
26-30	16.7%	18.4%
31-35	14.4%	15.9%
36-40	11.5%	10.5%
41-45	8.5%	5.9%
46-49	6.3%	4.8%
Level of education		
No education	2.1%	4.3%
Primary	18.6%	13.5%
Middle secondary school	63.6%	66.89
Advanced secondary or higher	15.7%	15.49
Marital status		
Married/partnered	47.0%	48.29
Separated/divorced/widowed	5.3%	4.8%
Never married	47.7%	47.0%
Wealth index		
Quintile 1 (lowest)	15.1%	26.4%
Quintile 2	19.3%	27.0%
Quintile 3	21.3%	20.7%
Quintile 4	21.3%	15.1%
Quintile 5 (highest)	23.0%	10.8%
Fertility and children		
Number lifetime births	1.8	1.7
Experienced child mortality	19.7%	12.4%
Do not want another child	18.0%	46.7%
Last birth unintended	7.4%	26.3%
Family planning use		
Contraceptive use	42.3%	17.4%
Traditional contraceptive use	21.4%	6.6%
Modern contraceptive use	20.9%	10.9%
Obtained desired the FP method	92.4%	68.3%
Family planning knowledge		
Heard of implants	83.3%	55.8%
Heard of injectables	87.8%	60.9%
Heard of condoms	94.7%	81.9%
Heard of withdrawal	80.8%	46.9%
Heard of rhythm	91.5%	44.6%
Family planning exposure		
Visited health facility in past 12 months	55.2%	28.8%
		58.6%

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	Read about FP in a magazine/newspaper	13.1%	50.8%**				
 2	Saw FP billboard advertisement	46.1%	89.3%**				
3	N=	2607	514				
4	Notes: Difference between military and non-military significant at *p \leq 0.05; **p \leq 0.01.						

Notes: Difference between military and non-military significant at $p \le 0.05$; $p \le 0.01$.
Notes: Difference between military and non-military significant at *p \leq 0.05; **p \leq 0.01.
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	Number of births		Child mortality		Do not want another		Last birth unintended	
	Coef	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	-0.05	-0.31, 0.22	0.53*	0.33, 0.87	5.17**	2.52, 10.62	5.19**	2.31, 11.62
Number of births			1.16**	1.05, 1.29	1.55**	1.31, 1.84	1.43**	1.23, 1.66
Age	0.33**	0.28, 0.37	1.03**	1.01, 1.06	1.02*	1.00, 1.05	0.99	0.96, 1.03
Age squared	-0.01**	-0.00, -0.00						
Level of education								
No education (ref.)								
Primary	0.13	-0.13, 0.38	1.05	0.50, 2.20	0.57	0.14, 1.07	1.01	0.14, 1.07
Middle secondary school	0.03	-0.28, 0.33	0.81	0.34, 1.93	0.48	0.20, 1.16	0.51	0.19, 1.32
Advanced secondary or higher	-0.37*	-0.73, -0.02	0.43	0.16, 1.18	0.39	0.14, 1.07	0.67	0.23, 1.98
Marital status								
Married/partnered (ref.)			C	· · · · ·				
Separated/divorced/widowed	-0.16**	-0.28, -0.05	0.72	0.40, 1.29	0.88	0.51, 1.53	2.82**	1.47, 5.42
Never married	-1.06**	-1.32, -0.80	1.03	0.67, 1.59	1.06	0.64, 1.75	2.81*	1.19, 6.66
Household wealth								
Quintile 1 (lowest, ref.)								
Quintile 2	-0.13	-0.27, 0.01	0.85	0.48, 1.50	0.94	0.52, 1.63	0.54	0.20, 1.48
Quintile 3	-0.16*	-0.31, -0.01	0.88	0.57, 1.37	0.92	0.19, 1.26	0.69	0.26, 1.83
Quintile 4	-0.12	-0.29, 0.04	0.67	0.41, 1.10	0.48	0.31, 1.22	1.01	0.47, 2.16
Quintile 5 (highest)	-0.23**	-0.40, -0.06	0.77	0.44, 1.35	0.61	0.50, 1.64	0.82	0.30, 2.27
N=	3085		1795		2830		1813	

Notes: $p \le 0.05$; $p \le 0.01$; child mortality and last birth unintended are limited to women who have ever given birth.

	Using Contraception		Modern Contraception		Traditional Contraception		Obtained desired method	
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	0.24**	0.11, 0.53	0.25*	0.08, 0.79	0.41**	0.24, 0.71	0.14**	0.03, 0.64
Number of births	1.29**	1.17, 1.43	1.16**	1.05, 1.28	1.22**	1.13, 1.32	0.98	0.80, 1.20
Age	1.53**	1.43, 1.64	1.23**	1.14, 1.32	1.60**	1.46, 1.75	0.99	0.77, 1.28
Age quadratic	0.99**	0.99, 0.99	0.99**	0.99 <i>,</i> 0.99	0.99**	0.99, 0.99	1.00	0.99, 1.00
Level of education								
No education (ref.)								
Primary	1.68	0.75, 3.78	0.70	0.35, 1.41	3.41*	1.24, 9.33	1.59	0.25, 9.95
Middle secondary school	2.33*	1.03, 5.27	1.16	0.55, 2.45	3.42*	1.30, 9.00	1.69	0.27, 10.63
Advanced secondary or higher	3.16**	1.33, 7.53	1.55	0.65, 3.71	3.98**	1.44, 11.02	1.13	0.16, 8.00
Marital status								
Married/partnered (ref.)			C					
Separated/divorced/widowed	0.45**	0.27, 0.75	0.41*	0.20, 0.81	0.74	0.46, 1.19	0.77	0.35, 1.71
Never married	1.52*	1.10, 2.11	1.16	0.83, 1.63	1.55**	1.12, 2.13	1.34	0.75, 2.39
Household wealth								
Quintile 1 (lowest, ref.)				6				
Quintile 2	0.91	0.45, 1.83	1.27	0.70, 2.30	0.73	0.41, 1.30	0.46	0.13, 1.70
Quintile 3	0.82	0.41, 1.66	1.17	0.57, 2.38	0.68	0.41, 1.14	0.45	0.11, 1.77
Quintile 4	0.99	0.47, 2.11	1.29	0.60, 2.79	0.81	0.50, 1.33	0.28	0.07, 1.18
Quintile 5 (highest)	0.68	0.34, 1.34	0.96	0.48, 1.93	0.62	0.36, 1.07	0.32*	0.08, 0.92
N=	N= 3072		3072		3072		1322	

Notes: $*p \le .05$; $**p \le .01$; analysis for obtaining desired method is limited to women currently using contraception.

Table 4: Weighted logistic regression results for differences in family planning knowledge among military, Kinshasa 2016

7	Heard	of implants	Heard	of injectables	Heard	l of condoms	Heard	of withdrawal	Heard	of rhythm
8	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
9 10 Military	0.23**	0.11, 0.48	0.19**	0.08, 0.44	0.23**	0.12, 0.47	0.05**	0.02, 0.17	0.12**	0.03, 0.44
11 Number of births	1.06	0.95, 1.19	1.27**	1.08, 1.50	0.83*	0.72, 0.97	1.09	0.91, 1.32	1.11	0.93, 1.34
12 Age	1.49**	1.31, 1.70	1.31**	1.20, 1.43	1.47**	1.26, 1.72	1.27**	1.12, 1.45	1.57**	1.39, 1.77
¹³ Age squared	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99
Level of education										
No education (ref.)										
17 Primary	3.01**	1.40, 6.45	1.12	0.64, 1.95	0.36	0.07, 1.90	3.14**	1.58, 6.24	2.40**	1.30, 4.41
⁸ Middle secondary school	5.51**	2.32, 13.10	3.15**	1.60, 6.22	0.97	0.13, 7.18	7.85**	3.11, 19.85	4.29**	1.97, 9.31
Advanced secondary or higher	10.85**	4.11, 28.62	6.23**	2.34, 16.56	6.57	0.55, 78.84	27.43**	5.77, 130.44	12.80**	3.74, 43.81
21 Marital status										
22 Married/partnered (ref.)										
²³ Separated/divorced/widowed	1.18	0.56, 2.48	0.96	0.39, 2.36	0.97	0.24, 3.87	1.21	0.63, 2.34	1.44	0.57, 3.64
Never married	0.65*	0.46, 0.94	0.89	0.56, 1.41	1.27	0.58, 2.75	0.95	0.68, 1.33	0.63	0.37, 1.08
26 Household wealth										
27 Quintile 1 (lowest, ref.)										
²⁸ Quintile 2	0.95	0.48, 1.88	0.83	0.45, 1.54	0.75	0.27, 2.07	0.38**	0.18, 0.79	0.41*	0.18, 0.92
29 Quintile 3	0.79	0.39, 1.62	0.86	0.42, 1.75	0.99	0.38, 2.60	0.45*	0.20, 0.98	0.48	0.21, 1.14
31 Quintile 4	0.68	0.33, 1.43	0.86	0.44, 1.70	0.65	0.27, 1.53	0.77	0.31, 1.93	0.60	0.26, 1.38
32 Quintile 5 (highest)	0.72	0.30, 1.71	0.64	0.28, 1.48	1.06	0.37, 3.01	0.60	0.25, 1.47	0.41*	0.19, 0.93
³³ N=		3078		3077		3080		3079		3077

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 $^{34}_{35}$ Notes: *p \leq 0.05; **p \leq 0.01.

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	Visited he	ealth facility	Heard ab	out FP- radio	Read	about FP	FP I	billboard
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
Military	0.28**	0.14, 0.55	2.81**	1.34, 5.92	7.72**	3.13, 19.04	9.71**	3.63, 25.20
Number of births	1.07	1.00, 1.15	0.96	0.90, 1.03	0.86*	0.77, 0.97	0.97	0.90, 1.05
Age	1.11**	1.04, 1.17	1.11*	1.03, 1.20	1.12	1.00, 1.25	1.11**	1.05, 1.18
Age squared	0.99**	0.99, 0.99	1.00	0.99, 1.00	1.00	0.99, 1.00	0.99**	0.99, 1.00
Level of education								
No education (ref.)								
Primary	1.21	0.60, 2.42	3.30**	1.52, 7.18	3.17	0.96, 10.50	1.22	0.60, 2.56
Middle secondary school	1.36	0.67, 2.76	6.00**	2.33, 15.48	6.05**	1.80, 20.34	1.34	0.75, 2.48
Advanced secondary or higher	1.91	0.85, 4.28	13.93**	4.88, 39.74	15.99**	4.26, 60.00	2.18*	1.12, 4.30
Marital status								
Married/partnered (ref.)			` (
Separated/divorced/widowed	1.05	0.62, 1.76	0.89	0.57, 1.38	1.00	0.55, 1.80	0.94	0.56, 1.66
Never married	0.53**	0.42, 0.68	0.84	0.59, 1.18	0.82	0.55, 1.24	1.03	0.74, 1.42
Household wealth								
Quintile 1 (lowest, ref.)								
Quintile 2	0.52**	0.33, 0.83	1.05	0.55, 2.00	0.81	0.36, 1.85	1.03	0.62, 1.69
Quintile 3	0.55*	0.35, 0.88	0.86	0.43, 1.72	0.58	0.25, 1.36	1.08	0.63, 1.94
Quintile 4	0.48**	0.31, 0.75	0.84	0.43, 1.66	0.47	0.18, 1.20	0.85	0.53, 1.49
Quintile 5 (highest)	0.59*	0.37, 0.95	0.71	0.30, 1.69	0.73	0.24, 2.20	0.91	0.50, 1.77
N=	3	079	3	3072		3042		3072

Notes: *p ≤ 0.05; **p ≤ 0.01.

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- [29] P. Anglewicz, J. Corker, and P. Kayembe, "The fertility of internal migrants to Kinshasa," *Genus*, vol. 1, no. 73, pp. 1–18, 2017.

NO	QUESTIONS AND FILTERS	CODING C	ATEGORIES	5	SKIF
IDEN.	TIFICATION	ł			
	Are you in the correct household?				
	This is the picture of the front of the home taken during the Household Questionnaire.	Vee			
A	IF NOT, RETURN TO INTERVIEW THE CORRECT HOUSEHOLD.				
	[ODK will display the photo attached to the linked Household Questionnaire]				
	Your name: [Interviewer name from Female Questionnaire]				
В	Is this your name?	110		0	
	Enter your name below. Please record your name	Interviewe	r's Name		
С	Current date and time. [ODK will display on screen]	100			Skip E if
0	Is this date and time correct?	No		0	Yes
	Record the correct date and time.	Day	Month	Year	
D					
D		Hours	Min	AM/PM	
	The following information is from the Female Questionnaire. Please review to make sure you are interviewing the correct respondent.	0			
Е	[ODK will display the province, city, commune, and quartier for Kinshasa EAs and the province, district, <i>aire de santé</i> , and village for Kongo Central EAs. In addition, the Enumeration Area, Structure Number, and Household Number entered into the Household Questionnaire linked to this Female Questionnaire will be displayed.]	Yes1 No0			
	Is the above information correct?				
	CHECK: You should be attempting to interview [Respondent's Name]. Is that correct?				
	If misspelled, select "yes" here and update the name in question "L."			٨	
	If this is the wrong person, you have two options:				
	(1) exit and ignore changes to this form. Open the correct form. Or				
	(2) find and interview the person whose name appears above.				
F	Is the respondent present and available to be	Yes		1	Skip

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Female Questionnaire

G	How well acquainted are you with the respondent?	Very well acquainted1 Well acquainted2 Not well acquainted3 Not acquainted4
G2	Has the respondent participated in a PMA2020 survey before?	Yes1 No0 Don't know88 No response99

INFORMED CONSENT

Find the woman between the ages of 15-49 associated with this Female Follow Up Questionnaire. The interview must have auditory privacy. Read the following greeting:

Hello. My name is _______ and I am working for the Kinshasa School of Public Health in collaboration with the Ministry of Health. We are conducting a survey in Kinshasa and Kongo Central that asks women about various reproductive health issues. We would very much appreciate your participation in this survey. This information will help us inform the government to better plan health services. The survey usually takes between 15 and 20 minutes to complete. Whatever information you provide will be kept strictly confidential and will not be shown to anyone other than members of our survey team. Participation in this survey is voluntary, and if we should come to any question you don't want to answer, just let me know and I will go on to the next question; or you can stop the interview at any time. However, we hope that you will participate in this survey since your views are important. At this time, do you want to ask me anything about the survey?

Η	Provide a paper copy of the Consent Form to the respondent and explain it. Then, ask: May I begin the interview now?	Yes1 No0	Skip to K if No
	Respondent's signature	GATHER SIGNATURE:	
	Please ask the respondent to sign or check the box in agreement of their participation.	Check box: 🗆	
Ι	Interviewer's name: [Interviewer name from Household Questionnaire]		
	Mark your name as a witness to the consent process.	4	
J	Respondent's name		
	[ODK will display the Respondent's name from linked Household Roster]		
	You may correct the spelling here if it is not correct, but you must be interviewing the person whose name appears below.		
Now	Section 1 – Respondent's Background, Ma I would like to ask about your background and socioect		
0	In what month and year were you born? The age in the household roster is [AGE].	Month	
		Year	
1	How old were you at your last birthday?		
1	How old were you at your last birthday? Must be more than 14. Must agree with FQ0.	Age	

		No response99	
3	Are you currently married or living together with a man as if married? Probe: If no, ask whether the respondent is divorced, separated, or widowed.	No, never in union0 Yes, currently married1 Yes, living with a man2 Not currently in union: Divorced / separated	Skip to 8 if No never in union
4	Have you been married or lived with a man only once or more than once?	Only once1 More than once2 No response	Skip to 5b if Only once
5a	In what month and year did you start living with your FIRST husband / partner?	Month	
	Enter Jan 2020 for no response.	Year	
	[If ≤15 years old at marriage date ODK will display:] CHECK: Based on the response you entered in FQ5a, the respondent was possibly 15 years old or younger at the time of her first marriage. Did you enter FQ5a correctly?	Yes1 No0	
5b	Now I would like to ask about when you started living with your CURRENT or MOST RECENT husband / partner. In what month and year was that?	Month Year	
	Enter Jan 2020 for no response.		
	[If ≤15 years old at marriage date ODK will display:] CHECK: Based on the response you entered in FQ5b, the respondent was possibly 15 years old or younger at the time of her first marriage. Did you enter FQ5b correctly?	Yes1 No0	
	CHECK 3: Currently married/cohabitating?	Yes1 No0	Skip to 8 if No
6	Does your husband / partner have other wives or does he live with other women as if married?	Yes	
7	Is your husband / partner living with you now or is he staying elsewhere?	Living with respondent1 Staying elsewhere2 No response	
Now	Section 2 – Reproduction, Pregnan I would like to ask about all the births you have had dur		F
8a	How many times have you given birth?		Skip to
	Enter -99 for no response. 0 is a possible answer.	Number	13 if C
	Were all of those live births?	Yes1	Skip to
	If no, go back and change FQ8 to record only live birth events.	No0	9 if 8 was 1
8b	How many sons and daughters have you given birth to and who were born alive?		

		Number	
8c	Have you ever given birth to a boy or girl who was born alive but later died?	Yes1 No0	Skip to 8e if No
	IF NO, PROBE: Any baby who cried or showed signs of life but did not survive?		NO
8d	How many have died?	Number	
	Enter -88 for do not know and -99 for No response.		
	Change FQ8c to 'No' if zero deaths.		
	READ THIS CHECK OUT LOUD: Just to make sure I have this right: you had a total of birth(s) during your life, resulting in son(s) or daughter(s) born alive.	Yes1 No0	If no, go back and probe
	Is that correct?		to correc 8a-c.
8e	When was your FIRST birth?	Month	
	Please record the date of the first live birth. Date should be found by calculating forward or backward from memorable events if needed. Enter Jan 2020 for no response.	Year	
9	When was your MOST RECENT birth?		Skip te 11 if
	Please record the date of the MOST RECENT live birth. The date should be found by calculating backwards from memorable events if needed. Enter Jan 2020 for no response.	Month Year	not in last year and/o Q8 is
10	When did you give birth before the most recent one?	Month	
	Please record the date of the birth before the last. The date should be found by calculating backwards	Year	
	from memorable events if needed. Enter Jan 2020 for no response.		
11	Is your last baby / child still alive?	Yes1 No0	Skip to 13 if
		Don't know	Yes
12	When did your last baby / child die?	M 4	
	Please record the date of the child's death. The date should be found by calculating backwards from memorable events if needed. Enter Jan 2020 for no response.	Month Year	
13	When did your last menstrual period start?	days ago	
	If you select days, weeks, months or years, you will enter a number for x on the next screen.	weeks ago	
	Enter 0 days for today, not 0 weeks/months/years.	months ago	
		years ago	

		Menopausal / Hysterectomy5 Before last birth6 Never menstruated7 No response	
14	Are you pregnant now?	Yes	Skip to 16 if No or Unsure
15	How many months pregnant are you? The most recent birth was: [Date of most recent birth]	Number of months	
	Please record the number of completed months. Enter -88 for do not know, -99 for no response.		
	CHECK 14: Currently pregnant?	Yes1 No0	16a if no 16b if yes
16a	Now I have some questions about the future. Would you like to have a/another child or would you prefer not to have any / any more children?	Have a/another child	Skip to 17a if 1 and 18 for all other
16b	Now I have some questions about the future. After the child you are expecting now, would you like to have another child, or would you prefer not to have any more children?	Have a/another child1 No more/prefer no children2 Says she can't get pregnant3 Undecided / Don't know	Skip to 17b if 1 and 18 for all other
17a	How long would you like to wait from now before the birth of a/another child?	Months	
	If you select months or years, you will enter a number for x on the next screen.	Years	
	Select "Years" if more than 36 months.	Soon / now	
17b	After the birth of the child you are expecting now, how long would you like to wait before the birth of another child?	Months	
	If you select months or years, you will enter a number for x on the next screen.	Years1	
	Select "Years" if more than 36 months.	Says she can't get pregnant2 Other3 Don't know88 No response	
	CHECK 8: Number of births	Number of births	Skip to 19 if 0 births and 14:

Female Questionnaire

	CHECK 14: Currently pregnant?		Yes1 No0	No. Skip to 18a if 14: no and 18b if 14: yes
18a	 Now I would like to ask a question about your birth. At the time you became pregnant, did you wan become pregnant then, did you want to wait un later, or did you not want to have any / any mo children at all? 	nt to ntil	Then1 Later2 Not at all3 No response	
18b	 Now I would like to ask a question about your current pregnancy. At the time you became pregnant, did you want become pregnant then, did you want to wait un later, or did you not want to have any / any mo children at all? 	ntil	Then1 Later2 Not at all3 No response	
avoi An ii	<u>Section 3A – Ca</u> I would like to talk about family planning - the variou d a pregnancy. mage will appear on the screen for some methods. I food or if she hesitates to answer, read the probe alo	us wa f the	ays or methods that a couple can use t respondent says that she has not hear	
19	Have you ever heard of female sterilization? PROBE: Women can have an operation to avoid having any more children.	Yes No .	nd show her the image, if available. 	
19	[NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid having any more children.	No .	1 	
	[NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid	No No Yes	0	
	 [NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid having any more children. [NO IMAGE] Have you ever heard of the contraceptive implant? PROBE: Women can have one or several small rods placed in their upper arm by a doctor or nurse, which can prevent pregnancy for one or more years. 	Yes No No		

	PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months.	No response99
	[IMAGE OF SAYANA PRESS AND DEPO	
	PROVERA WILL APPEAR ON SCREEN]	
19	Have you ever heard of the (birth control) pill?	Yes1
	PROBE: Women can take a pill every day to avoid becoming pregnant.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	
19	Have you ever heard of emergency contraception?	Yes1 No0
	PROBE: As an emergency measure after unprotected sexual intercourse women can take special pills at any time within five days to prevent pregnancy.	No response99
	[NO IMAGE]	
19	Have you ever heard of condoms?	Yes1
	PROBE: Men can put a rubber sheath on their penis before sexual intercourse.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	C.
19	Have you ever heard of female condoms?	Yes1 No0
	PROBE: Women can put a sheath in their vagina before sexual intercourse.	No response
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	2/
19	Have you ever heard of the diaphragm?	Yes1
	PROBE: Women can place a thin flexible disk in their vagina before sexual intercourse.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	
19	Have you ever heard of foam or jelly as a	Yes1
	contraceptive method?	No0 No response99
	PROBE: Women can place a suppository, jelly, or cream in their vagina before sexual intercourse	
	to prevent pregnancy.	

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	[IMAGE OF METHOD WILL APPEAR ON SCREEN]		
19	Have you ever heard of the standard days method or Cycle Beads? PROBE: A Woman can use a string of colored beads to know the days she can get pregnant. On the days she can get pregnant, she and her partner use a condom or do not have sexual intercourse.	Yes1 No0 No response99	
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]		
19	Have you ever heard of the Lactational Amenorrhea Method or LAM? [NO DESCRIPTION; NO IMAGE]	Yes1 No0 No response99	
19	Have you ever heard of the rhythm method? PROBE: Women can avoid pregnancy by not having sexual intercourse on the days of the month they think they can get pregnant.	Yes1 No0 No response99	
19	Have you ever heard of the withdrawal method? PROBE: Men can be careful and pull out before	Yes1 No0 No response99	
	climax. [NO IMAGE]	0	
19	Have you ever heard of any other ways or methods that women or men can use to avoid pregnancy?	Yes1 No0 No response	
	CHECK 14: Currently pregnant?	Yes1 No0	Skip to 2 if yes
20	Are you or your partner currently doing something or using any method to delay or avoid getting pregnant?	Yes1 No0	Skip to 2 if No

21	Which method or methods are you using?	Female sterilization	1	Skip based
	Probe: Anything else?	Male sterilization	2	on most effective
	Select all methods mentioned. Be sure to scroll to	Implant	3 4	method only
	bottom to see all choices.	Injectable	5	If injectable
		Pill	7	is selected,
		Emergency Contraception	8	skip to FQ21a
		Male Condom	9	
		Female Condom	10	If LAM is selected but
		Diaphragm	11	not
		Foam/Jelly	12 13	injectables,
		LAM 1	13	skip to 21b
			30	If FS or MS
		Withdrawal	31	was selected
		Other traditional method	39	without
		No response	-99	injectables
				or LAM, skip to 22
				If LAM, FS, MS, and
				injectables
				are not
				selected, skip to 26b
21a	PROBE: Was the injection administered via syringe	Syringe	1	Skip to
	or small needle?	Small needle (Sayana Press)	2	CHECK FQ21
		Both		1 0(21
		No response9	99	
	Show the image to the respondent.			
	•			
	[IMAGES OF BOTH INJECTION SYSTEMS WILL			
	APPEAR ON SCREEN]			
		4		
21b		Yes		
	becoming pregnant?	No No Response		
	CHECK FQ21: Using Female Sterilization and/or Male	Female Sterilization	<u>N</u> 0	Skip to 26b if -77
	Sterilization?	Male Sterilization	0	200 11 -77
		None of the above	Ũ	
22	Did the provider tell you or your partner that	Yes		Skip to
	this method was permanent?	No		26b
		No response9	99	
23	Do you know of a place where you can obtain	Yes		
	a method of family planning?	No		
		No response9	99	
	CHECK 14: Currently pregnant?	Yes	1	Skip to
		No	0	24b if yes
				1
24a	You said that you are not currently using a	Yes	1	
24a	You said that you are not currently using a contraceptive method. Do you think you will	Yes No		
24a			0	

24b	Do you think you will use a contraceptive method to delay or avoid getting pregnant at any time in the future?	Yes	
25	In the last 12 months, have you ever done something or used a method to delay or avoid getting pregnant?	Yes	Skip to 47 if No
26	Which method did you use most recently?		
	Probe: Anything else?		
	Select most effective method (highest method on list). Scroll to bottom to see all choices.	Implant3IUD4Injectable5Pill7Emergency Contraception8Male Condom9Female Condom10Diaphragm11Foam/Jelly12Std. Days/Cycle beads13LAM14Rhythm method30Withdrawal31Other traditional method39No response-99	Skip to FQ26b unless injectable selected
26a	PROBE: Was the injection administered via syringe or small needle? Show the image to the respondent.	Syringe1 Small needle (Sayana Press)2	
204	[IMAGES OF BOTH INJECTION SYSTEMS WILL	Both	
	APPEAR ON SCREEN]	2	
26b	Before you started using [MOST RECENT / CURRENT METHOD], did you talk with your husband / partner about using a contraceptive method?	Yes	
27	When did you begin using your [MOST RECENT / CURRENT METHOD]?	Month	
	Calculate backwards from memorable events if needed.	Year	
	Age at first use: [Age from FQ20] Most Recent Birth: [mm-yyyy] Current Marriage: [mm-yyyy]		
	Must be at least the ages she started using a contraceptive method (FQ20).		

1 2 3 4 5	
6 7 8 9 10	
11 12 13 14 15	
16 17 18 19 20 21	
22 23 24 25 26	
27 28 29 30 31	
32 33 34 35 36 37	
38 39 40 41 42	
43 44 45 46 47	
48 49 50 51 52	
53 54 55 56 57	
58 59 60	

	CHECK 20: Currently using contraceptives?	Yes	Skip to 30 if Yes
28	When did you stop using your [MOST RECENT METHOD]?	Month	
	Please record the date.	Year	
	The date should be found by calculating backwards from memorable events if needed. Must be after FQ27.		
	Enter Jan 2020 for no response.		
29	Why did you stop using your (MOST RECENT METHOD)?	Infrequent sex / husband away1Became pregnant while using2Wanted to become pregnant3Husband / partner disapproved4Wanted more effective method5No method available6Health concerns7Fear of side effects8Lack of access / too far9Costs too much10Inconvenient to use11Fatalistic12Difficult to get pregnant /menopausal13Interferes with body's processes14Other	
30	You first started using [CURRENT/MOST RECENT METHOD] in [DATE FROM FQ27]. Where did you get it at that time? Scroll to bottom to see all choices.	PUBLIC SECTOR: NATIONAL HOSPITAL 11 FAMILY PLANNING CLINIC 12 HEALTH CENTRE/POSTE DE SANTE 13 MATERNITY 14 COMMUNITY HEALTH VOLUNTEER 15 REGIONAL HOSPITAL 16 PRIVATE MEDICAL SECTOR: 21 PHARMACY 22 NGO 23 PRIVATE HEALTH CENTER 24 PRIVATE PRACTICE 25 PRIVATE DOCTOR 26 MOBILE NURSE 27 Community health worker (ASC) 28 Community-based medical 31 student 29 OTHER SOURCE: 31 BOUTIQUE 31 RELIGIOUS INSTITUTION 32 FRIEND/RELATIVE 33 BAR/NIGHT CLUB 34 LIGABLO/KIOSK 35 CHAYEUR 36 OTHER 37 NO RESPONSE -99	

31	When you obtained your [MOST RECENT / CURRENT METHOD], were you told by the provider about side effects or problems you might have with a method to delay or avoid getting pregnant?	Yes1 No0 No response99	Skip to 33 if No
32	Were you told what to do if you experienced side effects or problems?	Yes	
33	At that time, were you told by the family planning provider about methods of family planning other than the [MOST RECENT/CURRENT METHOD] that you could use?	Yes	
34	During that visit, did you obtain the method you wanted to delay or avoid getting pregnant?	Yes	Skip to 36 if yes
35	Why didn't you obtain the method you wanted?	Method out of stock that day	
36	During that visit, who made the final decision about what method you got?	You alone1Provider2Partner3You and provider4You and partner5Other6No response-99	

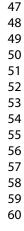


	CHECK 30: You first started using	PUBLIC SECTOR:	Skip to
	[CURRENT/MOST RECENT METHOD] in [DATE	NATIONAL HOSPITAL	41 if 30 i
	FROM FQ27]. Where did you get it at that	FAMILY PLANNING CLINIC	33 OR
	time?	HEALTH CENTRE/POSTE DE SANTE	37
		MATERNITY	57
		COMMUNITY HEALTH VOLUNTEER15	
		REGIONAL HOSPITAL16	
		PRIVATE MEDICAL SECTOR:	
		PRIVATE HOSPITAL/CLINIC	
		PHARMACY	
		NGO23	
		PRIVATE HEALTH CENTER24	
		PRIVATE PRACTICE25	
		PRIVATE DOCTOR26	
		MOBILE NURSE27	
		Community health worker (ASC)28	
		Community-based medical	
		student29	
	A		
		OTHER SOURCE:	
		BOUTIQUE31	
		RELIGIOUS INSTITUTION	
		FRIEND/RELATIVE	
		BAR/NIGHT CLUB	
		LIGABLO/KIOSK35 CHAYEUR	
		CHAYEUR	
		NO RESPONSE	
37	Would you return to this provider?	Yes1	
0.	······	No0	
	Provider: [Type of Provider from FQ30]	No response99	
38	Would you refer your relative or friend to this	Yes1	
	provider / facility?	No 0	
		No response99	
39	In the last 12 months, have you paid any fees	Yes 1	Skip to
	for family planning services (including the	No 0	41 if No
	most current method)?		
40	How much did you pay?		
40	How much did you pay? Enter all prices in Congolese Francs. Enter -88 if	Fee	

40a		PUBLIC SECTOR: NATIONAL	
		HOSPITAL11	
		FAMILY PLANNING CLINIC 12	
		HEALTH CENTRE/POSTE DE SANTE13	
		MATERNITE14	
		COMMUNITY HEALTH VOLUNTEER	
		REGIONAL	
		HOSPITAL	
		PRIVATE MEDICAL SECTOR:	
		PRIVATE HOSPITAL/CLINIC	
		PHARMACY	
		NGO	
		PRIVATE HEALTH CENTER24	
		PRIVATE PRACTICE	
		25	
	Where did you obtain [CURRENT METHOD] the	PRIVATE DOCTOR	
	last time?	26	
		MOBILE	
	Scroll to bottom to see all choices.	NURSE27	
	Scron to bottom to see an choices.	FIELDWORKER28	
		Community health worker (ASC)	
	\sim	Community-based medical	
		student	
		OTHER SOURCE:	
		BOUTIQUE	
		1	
		RELIGIOUS INSTITUTION	
		FRIEND/RELATIVE	
		BAR/NIGHT	
		CLUB	
		LIGABLO/KIOSK	
		CHAYEUR	
		OTHER	
		37	
		NO RESPONSE	
41	Have you ever done anything or tried in any wa	/ Yes1	Skip to 43
	to delay or avoid getting pregnant?	No0	•
	te actay of a tota gotting programmer	No response	if No
41b	How old were you when you first used a metho		
	delay or avoid getting pregnant?	Age	
	The respondent said she was [age from FQ1]		
	years old at her last birthday.		
	Enter the age in years.		
	Enter -88 if respondent does not know.		
	Enter -99 if there is no response.		
	Cannot be younger than 9.		
<i>4</i> 1c	How many living children did you have at that		
410	time, if any?	Number	
	Note: the respondent said that she gave birth [number of live births] times in FQ8.		
	Enter -99 for no response		

42	Which method did you first use to delay or avoid getting pregnant?	Male sterilization 2	
	Do not read the method choices. Be sure to scroll to	Implant 3	
	bottom to see all choices.	10D 4	
		Injectable 5 Pill 7	lf
		Emergency Contraception	Injectables
		Male Condom	is selected,
		Female Condom 10	go to 42a
		Diaphragm 11	0
		Foam/Jelly 12	
		Std. Days/Cycle beads 13	
		LAM	
		Rhythm method	
		Withdrawal	
		No response	
		No response	
	PROBE: Was the injection administered via syringe or small needle?		
	Observative interests to the mean sector to	Syringe1	
42a		Small needle (Sayana Press)	
42a		Both3	
	[IMAGES OF BOTH INJECTION SYSTEMS WILL	No response99	
	APPEAR ON SCREEN]		
	6		
	CHECK 16: Desire for future shild?	Have a/another child1	Ask 43 to
	CHECK 16: Desire for future child?	No more/none	
		Says she can't get pregnant	(current or
	6	Undecided / Don't know88	
	CHECK 17: 2 or more years before next child?	No more/none1	want a/another
		Less than 2 years	
		2 or more years	before 2
	CHECK 20: Currently using contraceptive method?	Yes, using contraceptive1	years.
	CHECK 20. Currently using contraceptive method?	No, not using contraceptive	
43	You said that you do not want any / anymore	Not married1	
	children and that you are not using a method to	Infrequent sex / husband away2	
	avoid pregnancy.	Menopausal/Hysterectomy	6
	Can you tell me the reason why you are not usin	Subfecund / infecund	
	a method to prevent pregnancy?	- INOL MENSULATED SINCE TAST DITUR	
	PROBE: Any other reason?	Breastfeeding6 Husband away for many days7	
		Up to God / fatalistic	
	RECORD ALL REASONS MENTIONED.	Respondent opposed	
	Cannot select "Do Not Know" or "No response" with	Husband / partner opposed10	
	other options.	Others opposed	
	Cannot select "Not married" if FQ3 is "Yes, currently	Religious prohibition12 Knows no method	
	married".	Knows no source14	
	Scroll to the bottom to see all choices.	Fear of side effects15	
		Health concerns	
		Lack of access / too far17	
		Costs too much18Preferred method r	
		No method available20)
		Inconvenient to use	

			Interferes with b Takes too much regular duties / t one2 Intention to use chance to go to yet24 Mother-in-law op Other Don't know No response	time av oo busy 23 one but the clin	way fron y to go g : did not ic	n get get a 25 36 88	
	In the last 12 months, were you visited by a community health worker who talked to you abo family planning?	out	Yes No No response			0	
44a	In the last 12 months, did you participate in a group talk at the community level about family planning?	No	response			. 0	
	In the last 12 months, have you visited a health facility for care for yourself or your children? For any health services	No	response			. 0	Skip to 47 if no
46	Did any staff member at the health facility speak to you about family planning methods?	No	response			. 0	
47	In the last few months have you:			Yes	<u>No</u>	<u>NR</u>	
	Heard about family planning on the radio? Seen anything about family planning on the television?			1 1	0 0	-99 -99	
	Read about family planning in a newspaper or magazine?			1	0	-99	
47b	Have you seen this image before?		3				Skip to 47d if 0, -
	Show the logo to the respondent.	Dor	n't know/Don't red response	call	8	88	88, or -99
47b 1	Where did you see this image?	-	health center				
I	PROBE: Anywhere else?	In a On	h pharmacy a billboard			. 3 .4	
	Select all that apply.	On	the TV a leafleta a community hea			6	



		Other	
		Don't know/Don't recall88 No response99	
		10 response	
47c	What is this image trying to say?	Family planning1	
		Birth spacing2	
		Reproductive health	
	Select all that apply.	The family unit4	
		Other	
		No response99	
47d	Have you seen the billboard that states "How	Yes 1	Skip to
	many children do you want?", and shows the	No 0	48 if 0, -
	FP logo ?	Don't know/Don't recall	88 or -99
	Show a photo of the billboard to the	No response99	
	respondent.		
	Combien d'enfants souhaitez-vous ?		
	Is naissances		
	pour l'harmonie et la stabilité de		
	ta famille		
	Constant structure for services	•	
	MAX 122 Programme (Model and Science, Brack House) (Model)		
47e	What is this image trying to say?	Family planning1	
		Birth spacing2	
	Colored all that any bu	Reproductive health	
	Select all that apply.	The family unit	
		Other5 Don't know / Don't recall	
		No response	
	CHECK FOR THE PRESENCE OF OTHERS. BEI	FORE CONTINUING, MAKE EVERY	
	EFFORT TO ENSURE PRIVACY.		
	Verbally prepare the respondent for sexual acti	vity questions.	
48	How old were you when you first had sexual		Skip to
	intercourse?	Age	MM_1 if -
	The respondent said she was [age from FQ1]		77
	years old at her last birthday.		
	[She has had x live births.]		
	Enter the age in years.		
	Enter -77 if she never had sex.		
	Enter -88 if respondent does not know.		
	Enter -99 for no response.		

49	 [If age at first sex <10 years:] You have entered that the respondent was X years old when she first had sexual intercourse. Is this what she said? Go back and correct FQ48 if it is not correct. When was the last time you had sexual intercourse? If less than 12 months ago, answer must be recorded in months, weeks, or days. 	Yes1 No0	
	Enter 0 days for today.	months ago	
	You will enter a number for X on the next screen.	years ago	

$\begin{array}{c} 16\\ 17\\ 18\\ 9\\ 21\\ 22\\ 3\\ 24\\ 25\\ 26\\ 27\\ 28\\ 9\\ 31\\ 32\\ 33\\ 34\\ 35\\ 67\\ 89\\ 41\\ 42\\ 34\\ 45\\ 46\\ 78\\ 9\\ 0\\ 51\\ 52\\ 54\\ 55\\ 56\\ 78\\ 9\end{array}$	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	
 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 56 57 58 	18	
45 46 47 48 49 50 51 52 53 54 55 56 57 58	 33 34 35 36 37 38 39 40 41 42 43 	
	45 46 47 48 49 50 51 52 53 54 55 56 57 58	

MM_1	Did you watch the television show 'Libala Ya Bosembo' within the past 6 months?	Yes1 No0 No response	Skip to MM_6 if 0 or - 99	
MM_2	At the end of each libala ya bosembo show a message is given. The last time you watched the show, what messages had the greatest impression on you? ? PROBE: What else? Select all that apply.	Couple communication		
MM_3	Did they talk about using family planning methods during the show?	Yes		
MM_4	Did you speak with someone about the family planning messages from the television show 'Libala Ya Bosembo?'	Yes	Skip te MM_6 if 0, -88 or -99	
MM_5	With whom did you speak? PROBE: Anyone else? <i>Select all that apply.</i>	Medical provider 1 Spouse 2 Other relatives 3 Friends/neighbors 4 Pharmacist/pharmacist's aid 5 Outreach worker 6 People at a seminar/community meeting		
MM_6	Have you ever watched the mini-television show called "Elengi"?	Yes1 No0 No response	Skip to MM_8 if 0 or 99	
MM_7	Last time you watched the mini-television show Elengi, what was it about?	Couple communication1 Harmony in the family2 Family planning methods3 Antenatal care4		
	PROBE: What else? Select all that apply.	Care for mother and child's health in the postpartum period		

		Other9 Don't know / don't recall88 No response99	
MM_8	Have you ever called the telephone hotline '3-2- 1'?	Yes1 No0 No response	Skip to SE_1 if 0 or - 99
MM_9	The last time you called the hotline 3-2-1, what did you want information about?	Family planning service locations1 Information about family planning methods2	
	PROBE: Anything else?	Side-effects of FP methods3 Post-abortion care4	
	Select all that apply.	Post intimate partner violence care5 HIV/AIDS	

	<u>Section 5 – Perceived self-efficacy in contraceptive use</u> Now I would like to talk about your level of confidence in your ability to access and use family plannin methods. If you are not currently married or have a regular partner, try to imagine how you would res							
	you were currently in union. How confident are you that:	Very Confident	Confident	Somewhat confident	Not very confident	Not at all confident		
SE_1	You can start a conversation with your husband/spouse/partner about family planning/birth spacing?	5	4	3	2	1		
SE_2	You can convince your husband/spouse/partner to use a method of family planning/birth spacing?	5	4	3	2	1		
SE_3	You can go to a site where methods of family planning / birth spacing are available if you decide to use one?	5	4	3	2	1		
SE_4	You can get a method of family planning / birth spacing if you decide to use one?	5	4	3	2	1		
SE_5	You could use a method of family planning / birth spacing, even if your husband/partner does not want to?	5	4	3	2	1		
SE_6	You can use a method of family planning / birth spacing, even if none of your friends or neighbors use one?	5	4	3	2	1		
SE_7	You can use a method of family / child spacing planning, even if your religious leader does not think you should use it?	5	4	3	2	1		
SE_8	You will continue to use a method of family planning / birth spacing, even if you experience side effects?	5	4	3	2	1		

Female Questionnaire	è
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	I would like to ask about your water practices.				
50	How many children under age 5, if any, live in this household for which you are the primary caregiver?	is Number			
	Starting with the youngest child, I'd like to ask you som	ne questions.			
	[ODK Will repeat the FQ51-FQ53 each child under a	age 5.]			
51	In what month and year was this child born? ENTER JAN 2020 FOR NO RESPONSE.	Month Year			
52	The last time this child passed stools, what was done to dispose of the stools? FOR ALL FECES, NORMAL OR DIARRHEA. Children use a latrine / toilet Leave waste where it is Bury waste in field / yard Dispose of waste in latrine / toilet Dispose of waste with rubbish / garbage Dispose of waste with waste water Use it as manure Burn it No response	1 1 1 1 1 1	No 0 0 0 0 0 0 0 0 0 0		
53	In the past 7 days, has this child had diarrhea? Diarrhea is determined as perceived by mother/ caretaker. If the respondent is not sure what we mean by diarrhea, tell her it means "three or more runny stools per day."	Yes No No Response	0		
54	Is it you or your spouse who is military/police personnel?	1) Myself 2) Spouse 3) Son 4) Daughter 5) Other (specify):			
55	In total how many members of your immediate family are part of the FARDC?	Number			

56	What is your/his rank in this service?	1	Soldier 1 st class
		2	Soldier 2 nd class
		3	Corporal
		4	Sargent
		5	Sargent major
		6	1 st Sargent
		7	1 st Sargent Adjoint
		8	Adjudant de 2 ^{eme} classe
		9	Adjudant
		10	Adjudant in chef
		11	Second Lieutenant
		12	Lieutenant
		13	Captain
		14	Major
		15	Lieutenant Colonel
		16	Colonel
		17	General Bragadier
		18	Lieutenant General
		19	General of Army Corps
		20	General or Army
57	Have you seen a billboard or banner about family	0 No	· · ·
57	planning that shows a military family?	1 Yes	
	planning that shows a military family?	88 Don	't kpow
58	In what province were you born?	List pro	VINCES
	If Kinshasa, skip to question "K"		
59	For how many years have you lived in Kinshasa?		
	0=less than one year		Years
	0=less than one year		Years
- Than		6	Years
	0=less than one year k the respondent for her time respondent is finished, but there are still 2 more question	ns for yo	
	k the respondent for her time		
	k the respondent for her time espondent is finished, but there are still 2 more questio		
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION		
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household	RESULT	u to complete outside the home.
K	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE	RESULT	u to complete outside the home. Record Location
K	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household	RESULT	u to complete outside the home.
Гhe r К L	k the respondent for her time espondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent?	RESULT 1 st time 2 nd time 3 rd time	u to complete outside the home. Record Location
Гhe r К	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time espondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent?	RESULT 1 st time 2 nd time 3 rd time Comple Not at I	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple Not at I Postpo	u to complete outside the home. Record Location
K L	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple Not at H Postpo Refuse	u to complete outside the home. Record Location

Household Questionnaire							
NO	QUESTIONS AND FILTERS		TEGORIE	S		SKIP	
	TIFICATION re record the following identifying informat	ion prior to b	eginning	the interview	<i>N</i> .		
	Your name: Is this your name?						
	[ODK will display the name associated with the phone's serial number.]						
A	Check the button next to the name if that is your name and select 'yes' here. Do not check the button if that is not your name and select 'no' here (long press to remove response next to the name if needed).	Yes1 No0					
	Enter your name below.	Interviewer's	Name				
	Please record your name		Name				
В	Current date and time. [ODK will display on screen]	Yes No				Skip to D if Yes	
	Is this date and time correct?						
С	Record the correct date and time	Date	Month	Day	Year		
		Time	Hour	Minutes	AM/PM		
D1	Province	Kinshasa Kongo Centra					
D2	City (Kinshasa) / District (Kongo Central)	ODK will pop districts in Kc province sele	ongo Centra				
D3	Commune (Kinshasa) / Aire de santé (Kongo Central)	ODK will populate a list of appropriate				If Kinshas a was selected in D1, skip to D6	
D4	Quartier (Kinshasa) / Village (Kongo Central)	ODK will populate a list of appropriate quartiers in Kinshasa and villages in Kongo Central and chiefdoms based on the commune or <i>aire de</i> <i>santé</i> selected.					
D5	Enumeration area	ODK will populate a list of appropriate enumeration areas based on the neighborhood in Kinshasa or the village in Kongo Central selected.				If Kongo Central selected in D1, skip to E	
D6	Please note the street or avenue number where the household is located	THE SUPER STREET OR			U THE		
	Structure number	Nun	nber]		
E	Please record the structure number from the household listing form.						

Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP			
	Household number	Number				
F	Please record the household number from the household listing form.	Number				
	Check: Have you already sent a form for this structure and household?	Yes1	Skip to			
	Do not duplicate any form unless you are correcting a mistake in an earlier form.	No0				
	WARNING: Contact your supervisor befor	e sending this form again.				
	CHECK: Why are you resending this form? Choose al that apply.	There are new household members on this form				
G	Is a member of the household and competent respondent present and available to be interviewed today?	Yes1 No0	Skip to 31 if No			
G2	Did this household participate in a previous PMA2020 survey?	Yes				
Find	INFORM a competent member of the household. Re	ED CONSENT ad the greeting on the following screen.				
Health and K appre plan h shown Partic just le	Hello. My name is and I am working for the School of Public Health of Kinshasa in collaboration with the Ministry of Health. We are conducting a survey in Kinshasa and Kongo Central about various health issues in the Democratic Republic of Congo. We would very m appreciate your participation in this survey. This information will help us inform the government to better plan health services. Whatever information you provide will be kept strictly confidential and will not be shown to anyone other than members of our survey team. Participation in this survey is voluntary, and if we should come to any question you don't want to answe just let me know and I will go on to the next question; or you can stop the interview at any time. However we hope that you will participate in this survey since your views are important.					
	different set of questions to female members	and other household members. We would then lik of this household who are between the ages of 2				
At this	s time, do you want to ask me anything about	the survey?				
н	Provide a paper copy of the Consent Form to the respondent and explain it. Then, ask: May I begin the interview now?	Yes1 No0	Skip to 32 if No			
	Respondent's signature	Gather signature:				
	Please ask the respondent to sign or check the box in agreement of their participation.	Check box:				

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NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
I	Interviewer's name Please record your name as a witness to the consent process. You previously entered "[NAME FROM HQ B]."		
J	Respondent's first name. <i>Please record the first name of the respondent.</i>		

Household Questionnaire



	SECTION 1 – Household Roster am now going to ask you a series of questions about each usual member of the household or anyone who slept in the house last night.								
	1	2	3	4		5	6	7	8
No	First name	Sex	Age (years) If less than one year old, record 0.	Marital St	atus	Relationship to head of household	Family ID	Is this person a usual member of the household or has he/she slept in the house last night?	Eligible female respondent
		Male 1 Female 2		Married Living with a pa Divorced / sep Widow / widow Never Married No response	artner 2 arated . 3 ver 4 5	Head1Wife/Husband2Son/Daughter3Son/Daughter-in-law4Grandchild5Parent6Parent in law7Brother/Sister8Other9Don't know-88No response-99		Usual member of the household who slept in the house last night1 Usual member of the household who did NOT sleep in the house last night2 Visitor who slept in the house last night. 3 No response	Yes 1 No 0 ODK will determine and display eligibility
1									
2									
3									
4									
5									
Afte	r record	ding information	n for one hou	sehold membe	er, the foll	owing prompt is asked t	o activat	e a looping script to record information f	or another member
9		ere any other us hold or persons ght?							
	READ THIS CHECK OUT LOUD: There are [NUMBER OF HOUSEHOLD MEMBERS ENTERED] household members who are named [NAMES OF ENTERED HOUSEHOLD Yes								Skip to 10 if Yes



NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKI
10	Please tell me about the items you're		Yes	No	
	your household owns. Does your	Electricity?		0	
	household have:	A wall clock?	1	0	
		A radio?		0	
	Read out all types and select all that	A black/white television?	1	0	
	apply. Scroll to bottom to see all choices.	A color television?	1	0	
	If an item is reported broken but said to be	A mobile phone?	1	0	
	out of use only temporarily, select the	A landline telephone?	1	0	
	item. Otherwise do not select the item.	A refrigerator?	1	0	
		A freezer?	1	0	
		A generator/invertor(s)?		0	
		A washing machine?	1	Ő	
		A computer?	1	Ō	
		A digital photo camera?	1	Ō	
		A non digital photo camera?		0	
		A video deck?	1	0	
		A DVD/CD?		0	
		A sewing machine?		0	
		A bed?	1	0	
		A table?		Õ	
		A cabinet/cupboard?		0	
		A bicycle?	1	0	
		A motorcycle or motor scooter?		õ	
		A car or truck?		0	
		A boat with a motor?		0	
		A boat without a motor?		0	
		A gas or electric stove?		õ	
		$\Delta chair(s)^2$	1	0	
		A chair(s)? A lamp(s)?	1	Ő	
		An oven?	1	0	
		A hoe(s)?		0	
		Animal-drawn cart?	1	0	
		A canoe or motorized canoe?		0	
		A rental house?		0	
		None of the above		Ŭ	
		No response	-99		
11a	Does this household own any	Yes		_ I	Skip
	livestock, herds, other farm animals, or	No			12a
	poultry?	No response			No (NR
					NIX.
	These livestock can be kept anywhere, not necessarily on the homestead.				

Household Questionnaire

QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
How many of the following animals does this household own?	Cows or bulls	
Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response.	Horses, donkeys, or mules	
The household can keep the livestock anywhere but must own the livestock recorded here.	Goats	
	Sheep	
	Hogs/pigs	
	Ducks/canes	
	Hens/cocks/other poultry	
	Other	
Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Homestead includes the structure and yard that is close to the structure.	Yes1 No0 No response99	Skip to 13 if No or NR
How many of the following animals does this household keep ON THE HOMESTEAD?	Cows or bulls	
Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response.	Horses, donkeys, or mules	
The household does not need to own the livestock recorded here.	Goats Goats Sheep	
	Hogs/pigs	
	Ducks/canes	
	Hens/cocks/other poultry	
	Other	
tion 3 – Household Observation se observe the floors, roof and exterior w	valls.	1
Main material of the floor	NATURAL MATERIAL	
Observe.	EARTH / SAND	
	RUDIMENTARY MATERIAL WOODEN BOARDS	
	DEVELOPED MATERIAL PARQUET OR POLISHED WOOD 31 TAPES VINYL / ASPHALT	
	How many of the following animals does this household own? Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. The household can keep the livestock anywhere but must own the livestock recorded here. Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Homestead includes the structure and yard that is close to the structure. How many of the following animals does this household keep ON THE HOMESTEAD? Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. The household does not need to own the livestock recorded here.	How many of the following animals does this household own? Cows or bulls Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. Horses, donkeys, or mules The household can keep the livestock anywhere but must own the livestock Goats Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Yes 1 Hom set al includes the structure and yard that is close to the structure. No. 0 How many of the following animals does this household keep ON THE HOMESTEAD? No response. -99 Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. Horses, donkeys, or mules -99 How set following animals does this household keep ON THE HOMESTEAD? Cows or bulls - Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. Horses, donkeys, or mules - The household Observation se observe the floors, roof and exterior walls. NATURAL MATERIAL EARTH / SAND - Main material of the floor Observe. NATURAL MATERIAL WOODEN BOARDS 11 COW DUNG 12 RUDIMENTARY MATERIAL WOODEN BOARDS 21 PALM / BAMBOO 22 DEVELOPED MATERIAL PARAUPET OR POLISHED WOOD 21 PALM / BAMBOO 22 DEVELOPED MATERIAL

NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKI
14	Main material of the roof	NATURAL MATERIAL	
	Observe	NO ROOF 11	
	Observe.	THATCH/PALM ROOF 12	
		EARTH MOTTES 13	
		RUDIMENTARY MATERIAL	
		MATS21	
		PALM / BAMBOO	
		WOODEN BOARDS 23	
		CARDBOARD24	
		DEVELOPED MATERIAL	
		SHEET METAL 31	
		WOOD	
		ZINC / FIBER CEMENT	
		TILE	
		CEMENT	
		SHINGLES	
		OTHER	
		NO REPONSE	
15	Main material of the exterior walls	NATURAL MATERIAL	
	Observe.	NO WALL	
		BAMBOO / CANE / PALM / TRUNK. 12	
		EARTH 13	
		RUDIMENTARY MATERIAL	
		BAMBOO WITH MUD21	
		STONES WITH MUD	
		ADOBE NOT COVERED	
		PLYWOOD	
		CARDBOARD	
		RECOVERED WOOD	
		DEVELOPED MATERIAL	
		CEMENT	
		STONES WITH LIME / CEMENT 321	
		BRICKS	
		COVERED ADOBE	
		WOOD BOARD / SHINGLES 365	
		OTHER	
		NO RESPONSE	
Sec	tion 4 – Water, Sanitation and Hyg		
	I would like to ask you a few questions	about water, sanitation and hygiene.	
16	Do you have a place to wash your	Yes, fixed place	Skip 19 if
	hands, or do you have a movable	Yes, movable container2	No
	container that is not kept in a fixed	No0	
	location, such as a bowl or kettle, that	Don't know88 Refuse to answer	Go t 17a
	is commonly used for hand washing?	-99	17a 16 is
	If the container is always in the same		Skip
	location, then count it as a fixed place		17b 16 is
17a	Can you show it to me?	Yes	Skip
		No0	19 if
			No

BMJ Open

Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKIP
18a	AT THE PLACE WHERE THE HOUSEHOLD WASHES THEIR HANDS, OBSERVE IF:	Soap is present Water source is present: stored water Water source is present: running water Hand washing area is near a sanitation facility None of the above	1 1 1	<u>No</u> 0 0 0	
17b	Can you show me any soap, water, and movable container available in the household used for hand washing?	Yes No			
18b	ANYWHERE WITHIN THE HOUSEHOLD, OBSERVE IF:	Soap is present Water source is present: stored water Water source is present: running water Hand washing container Is observed None of the above	1 1	<u>No</u> 0 0	
19	Which of the following water sources does your household use on a regular basis for any part of the year for any purpose? Read out all types and check all that are used. Scroll to the bottom to see all choices.	Piped Water Piped into dwelling/indoor Pipe to yard/plot Public tap/standpipe Tube well or borehole Dug Well Protected Well Unprotected Well Water from Spring Protected Spring Unprotected Spring Cart with Small Tank Surface water (River / Dam / Lake / Pond / Stream /Canal / Irrigation Channel) Bottled Water No Response	<u>Yes</u> 1 1 1 1 1 1 1 1 1 1 1 1 -99	No 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	If only one sourc is select ed, skip to HQ22
20	What is the main source of drinking water for members of your household? Selections from HQ19: [ODK will list water sources selected for HQ19] <i>Read out HQ19 selections only.</i>	Piped Water Piped into dwelling/indoor			
		/ Canal / Irrigation Channel)			

NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
21	What is the main source of water used by your household for other purposes such as cooking and hand washing? Selections from HQ19: [ODK will list water sources selected for HQ19] <i>Read out HQ19 selections only.</i>	Piped Water 1 Pipe to yard/plot 2 Public tap/standpipe 3 Tube well or borehole 4 Dug Well 5 Protected Well 6 Water from Spring 7 Unprotected Spring 7 Unprotected Spring 8 Rainwater 9 Tanker Truck 10 Cart with Small Tank 11 Surface water 12 Rottled Water 13 Sachet Water 14 No Response -99	
	Questions HQ 22 to HQ 25 will repeat x t 19. These sources include: [ODK will display HQ19 selections.]	times, once for each water source selected in HQ	
22	You mentioned that you used [WATER SOURCE]. At any time of the year, does your household use water from this source for:	Yes No Drinking 1 0 Cooking 1 0 Livestock 1 0 Gardening / agriculture 1 0 Business venture 1 0 Washing 1 0 No response -99 -99	
23	Is [WATER SOURCE] typically available: Read all choices out loud.	All of the year	
24	At a time of year when you expect to have water from [WATER SOURCE], is it usually available?	Yes, always	
25	How long does it take to go to [WATER SOURCE], get water, and come back? Zero is a possible answer Enter -88 for do not know Enter -99 for no response Convert time into minutes. Answer includes waiting time in line.	Minutes:	
26	Does your household have a garden? A garden is a place to grow vegetables.	Yes	

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Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKIP
27	Do members of your household use		Yes	No	
	any of the following toilet facilities?	Flush/pour flush toilets connected to:			
		Piped sewer system	1	0	
	Read out all types and check all that are used. Scroll to the bottom to see all	Septic tank		0	
		Pit Latrine		0	
	choices.	Elsewhere		0	
		Unknown / Not sure / Don't know		Õ	
		Ventilated improved pit latrine		0	
		Pit latrine with slab		0	
		Pit latrine without slab		0	
				-	
		Bucket toilet.		0	
		Composting toilet		0	
		Hanging toilet /Hanging latrine		0	
		No facility / bush / field		0	
		Other:		0	
		No Response	-99		
28	What is the main toilet facility used by				
20	members of your household?	Flush/pour flush toilets connected to:			
	inclusion of your nousehold.	Piped sewer system	1		
	HQ27: [ODK will display HQ27	Septic tank			
	selections]				
		Pit Latrine			
	The main facility must be selected in HQ	Elsewhere			
	27.	Unknown / Not sure / Don't know			
		Ventilated improved pit latrine			
		Pit latrine with slab			
		Pit latrine without slab/open pit			
		Bucket toilet	8		
		Composting toilet	9		
		Hanging toilet /Hanging latrine			
		No facility / bush / field			
		Other:			
		No Response			
			-00		
	Question HQ 29 will repeat x times, once These facilities include:	e for each sanitation facility selected in	HQ2/	•	
	These facilities include.				
	HQ27: [ODK will display HQ27 selection	s]			
29	How often does your household	Always	1		
20	typically use: [TOILET FACILITY	Most of the time	2		
	TYPE]?	Occasionally			
	· · · · •]:				
	Regular practices at the household only.	Rarely			
		No response			
29b	Do you share this toilet facility with	Not shared	1		Skip t
	other households or the public?	Shared with less than ten households			HQ30
		Shared with ten or more households			if not
		Shared with the public.			
		No response			

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NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
29c	Enter the number of households that share this facility (including your own).	Number of	
	[TOILET FACILITY TYPE]	Households:	
	Must be between 2 and 9.		
	<i>If 10 or greater, swipe back to HQ29b and choose "shared with ten or more households."</i>		
	Enter -99 for no response.		
30	How many people within your household regularly use the bush / field at home or at work?	Number of People:	
	There are x people in this household. Enter -88 for do not know, -99 for no response.		
31	Ask permission to take a photo of the entrance of the house.	Yes1 No0	Skip L if No
	Did you get consent to take the photo?		
	nk the respondent for her/his time.		
	respondent is finished, but there is still more		
LO	CATION AND QUESTIONNAIRE RE	SULT	
K	Location	RECORD LOCATION	
	Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.	2.	
	CHECK 32: Permission to take photo?	4	Skip to M if No
L	Ensure that no people are in the photo	TAKE PICTURE	
Μ	How many times have you visited this household?	1 st time	
Ν	Questionnaire result	Completed1	
	Record the result of the Household Questionnaire	No household member at home or no competent respondent at home at time of visit	

	Item No	Recommendation
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract
		(b) Provide in the abstract an informative and balanced summary of what was done
		and what was found
Introduction		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported
Objectives	3	State specific objectives, including any prespecified hypotheses
Methods		
Study design	4	Present key elements of study design early in the paper
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment,
-		exposure, follow-up, and data collection
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of
		participants
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect
		modifiers. Give diagnostic criteria, if applicable
Data sources/	8*	For each variable of interest, give sources of data and details of methods of
measurement		assessment (measurement). Describe comparability of assessment methods if there
		more than one group
Bias	9	Describe any efforts to address potential sources of bias
Study size	10	Explain how the study size was arrived at
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable,
		describe which groupings were chosen and why
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding
		(b) Describe any methods used to examine subgroups and interactions
		(c) Explain how missing data were addressed
		(d) If applicable, describe analytical methods taking account of sampling strategy
		(e) Describe any sensitivity analyses
Results		
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially
		eligible, examined for eligibility, confirmed eligible, included in the study,
		completing follow-up, and analysed
		(b) Give reasons for non-participation at each stage
		(c) Consider use of a flow diagram
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and
		information on exposures and potential confounders
		(b) Indicate number of participants with missing data for each variable of interest
Outcome data	15*	Report numbers of outcome events or summary measures
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and
		their precision (eg, 95% confidence interval). Make clear which confounders were
		adjusted for and why they were included
		(b) Report category boundaries when continuous variables were categorized
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a
		meaningful time period
Other analyses	17	Report other analyses done-eg analyses of subgroups and interactions, and
		sensitivity analyses

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Discussion		
Key results	18	Summarise key results with reference to study objectives
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or
		imprecision. Discuss both direction and magnitude of any potential bias
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations,
		multiplicity of analyses, results from similar studies, and other relevant evidence
Generalisability	21	Discuss the generalisability (external validity) of the study results
Other information		
Funding	22	Give the source of funding and the role of the funders for the present study and, if
		applicable, for the original study on which the present article is based

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Differences in Family Planning Outcomes between Military and General Populations in Kinshasa, Democratic Republic of Congo: A Cross-Sectional Analysis

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Abstract:

<u>Objectives</u>: To examine family planning outcomes among women living in military camps in Kinshasa, Democratic Republic of Congo, and compare these outcomes with a representative sample of non-military women in Kinshasa.

<u>Participants</u>: Women of reproductive ages, 15 to 49. We compare two populations: women living in military camps and the general (non-military) population in Kinshasa.

<u>Study Design</u>: For sampling, we used a two-stage cluster sampling design, where we first randomly selected enumeration areas (EA), and then randomly selected women within each EA (separately for each of the two populations). We administered a survey on contraceptive use and family planning to all participating women. We use bivariate and multivariate analysis to compare these populations for a range of family planning outcomes.

<u>Results</u>: We find many statistically significant differences between women in military camps and general female population of Kinshasa. Although they do not have more children, women in military camps are less likely to be using contraception (all methods OR 0.24, 95% CI 0.11-0.53; modern methods OR 0.25, 95% CI 0.08-0.79; traditional methods OR 0.41, 95% CI 0.24-0.71) and less knowledgeable about many family planning methods (less likely to have heard of implants (OR 0.23, 95% CI 0.11-0.48), injectables (OR 0.19, 95% CI 0.08-0.44), condoms (OR 0.23, 95% CI 0.12-0.47), withdrawal (OR 0.05, 95% CI 0.02-0.17), and rhythm (OR 0.12, 95% CI 0.03-0.44) methods), while at the same time they are more likely to want to limit their births (OR 5.17, 95% CI 2.52, 10.62), and less likely to have obtained their preferred family planning method (OR 0.14, 95% CI 0.03, 0.64).

<u>Conclusions</u>: Women in military camps in Kinshasa appear to be an important and underserved population with regards to family planning. Our results suggest that women in military camps have limited access to modern family planning methods.

Article Summary:

Strengths and limitations of this study:

- Examine family planning outcomes for an important but understudied population, women in military camps in a high-fertility setting;
- Use representative data for both military camp and general population in Kinshasa;
- Lacking some measures importantly related to family planning in this environment.

Key words:

Military, fertility, family planning, contraceptive use, Kinshasa, Democratic Republic of Congo.

Word count: 2922

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Introduction

Research on family planning practices among the military population in developing countries is limited. During the HIV/AIDS epidemic, the military was seen as a population at particular risk of infection and was therefore the topic of HIV-related research (e.g., [1–8]). But research on family planning among the military in developing settings has been conducted in few geographic areas, such as India,[9] and Nigeria.[8,10–13] Furthermore, the scant existing research has important limitations, such as the lack of a comparison group from the general population, so it's often not known if the military population is at particular need of family planning programs.[8-13]

In order to increase knowledge and use of contraceptive methods, programs often target specific sub-populations that have lower contraceptive use and access, such as poor, urban, or adolescent female populations (e.g., [14–16]). These populations then become the subjects for targeted family planning programs, in order to improve overall population-level fertility and family planning outcomes. However, some groups that may differ in family planning outcomes are seldom examined; the military is one such population.

There is reason to believe that the military population is highly relevant for family planning research and programs. In some settings, the military population composes a non-negligible percentage of the overall population and may therefore have a noticeable impact on aggregate family planning measures. The military also may have different family planning practices than the general population: research in the United States has shown that the military population has relatively higher fertility and earlier family formation.[17]

The relationship between military participation and fertility is ambiguous. Some research has shown that the military is an environment that promotes family formation, and military members marry earlier and higher fertility.[17] Benefits offered for military families can facilitate childbearing.[17] As a result, it's perhaps not surprising that most studies show high rates of pregnancy and low contraceptive use among military in the United States.[18–21]

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There are also reasons why one might expect lower fertility and greater contraceptive use among female members of the military. Pregnancy inhibits the ability to train for and serve in active duty,[22] and has led to evacuation from military activity for female troops.[23] Military activity may separate spouses for extended periods, thereby limiting opportunity for childbearing.[24] Military service can also cause stress within marriage, which may impact fertility.[24] Some studies have found higher use of oral contraceptive in the military.[22]

In this research we examine family planning-related outcomes among women in military camps in Kinshasa, Democratic Republic of Congo. We focus on a range of family planning outcomes, such as fertility, contraceptive use (overall, modern and traditional), whether the last birth was unintended, desire for an additional child, family planning knowledge, and exposure to family planning messages. We compare family planning outcomes for the female military camp population in Kinshasa with a comparable survey of that is representative of the general, nonmilitary female population in Kinshasa.

Methods

Setting

The DRC is Africa's fourth most-populous and one of the region's fastest growing countries.[25] DRC has one of the highest fertility rates in the world: the most recent Demographic and Health Survey (DHS) from 2013-14 estimated a country-level TFR of 6.6, a slight increase since the 6.3 TFR estimated from the 2007 DHS.[26-27] At the same time, contraceptive use is low in DRC: the modern contraceptive prevalence rate (mCPR) among women age 15-49 who are married or in union is 7.8% for the country as a whole, 19.0% in Kinshasa and 17.2% in Kongo Central.[27]

Military camps are located throughout the city of Kinshasa. According to government documents obtained by the authors, there are 17 military camps in Kinshasa, in which both enlisted military and their families reside. According to 2016 estimates, the total population of these camps is 305,405, which represents approximately 3% of the population of Kinshasa. The vast majority of enlisted military are male; only 4% of military members are women. Military camps are closed environments and difficult to access by the civilian population, as such they are often not targeted by mass health activities. Although the majority of enlisted military live in

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camps, because housing and other services are free, not all members of the military reside there; officers in the military often live outside. All military camps have a health center, which can be used by military members and their families.

Data

We use two sources of data for this analysis. Our first source is the Performance Monitoring and Accountability 2020 Project (PMA2020), which was established in part to measure uptake of contraceptive use in many of the world's most populous countries (<u>http://www.pma2020.org/</u>). To achieve this aim, PMA2020 collects representative data in eleven countries on an annual basis for a range of fertility and family planning-related measures.

PMA2020 has collected data from two provinces in DRC, six rounds of data in Kinshasa (2013-2017), and three rounds in Kongo Central (2015-2017), a province to the west of Kinshasa. The sampling framework uses a two-stage cluster sampling approach, in which the study first randomly selects census enumeration areas within each province, then conducts a listing of all households in these EAs, and randomly selects 33 households within each EA. PMA2020 first administers a household survey to the head of household, and then all resident women of reproductive age (15-49 years) within the household are selected for interview. The PMA2020 female survey includes basic demographic information and extensive information on fertility history and preferences, and contraceptive use. In 2016, PMA2020 interviewed 2,607 women in its fifth round of data collection in Kinshasa. Interviews were conducted only with female interviewers.

Data collection for the military sample also took place in 2016. In sampling this population, we used a similar two-stage cluster design approach. Out of the 17 military camps in Kinshasa, ten were randomly drawn, proportionate to population size. These ten military camps were then divided into enumeration areas (or EAs), and one EA was randomly drawn in each of the ten camps. As with PMA2020, interviewers first conducted a listing of households in each EA, after which 33 households in each EA were selected for interview (with all residing women aged 15-49 sought for interview). A total of 514 women were interviewed in the military sample. Of

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these women, the majority were spouses of men in the military (78.6%), while 16.6% were military members themselves. The remaining women were mothers of a military member.

This study has received approval to collect data from Institutional Review Boards at Johns Hopkins University, Tulane University, and the University of Kinshasa. All participating women provided written and informed consent to take part in this study, and consent procedures were approved by Institutional Review Boards at all three institutions. In this setting, individuals aged 15-17 are considered adults, so parental consent was not necessary to interview women of these ages.

Measures

We focus on several categories of family planning outcomes, starting with four fertility-related outcomes: the number of lifetime births, whether the woman experienced the death of one of her children, whether the women does not want another child, and whether the last birth was unintended. Next, we turn to family planning use, measured as overall contraceptive use, then separated into modern and traditional methods (rhythm, withdrawal, and other traditional method (folkloric methods like amulets, herbs, etc...)). Among those using contraception, we examine whether women obtained their desired method, phrased as "During that visit, did you obtain the method you wanted to delay or avoid getting pregnant?" Finally, we measure family planning awareness and exposure; whether the respondent had heard of injectables, implants, condoms, withdrawal, and rhythm methods; and whether the woman had visited a health facility in the past 12 months, heard about family planning on the radio, read about family planning in the newspaper, or saw family planning billboard.

We also examine demographic characteristics for women in military camps and general female population in Kinshasa, including age, number of lifetime births, marital status, level of education, and household wealth. Household wealth is measured using a constructed wealth index based on ownership of 25 household durable assets, house and roof material, livestock ownership and water source. A wealth index was created using principal component analysis,[28] which is then converted into quintiles. Survey instruments are included as supplementary files.

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Analysis

First, we tabulate background and family planning characteristics for women in military camps and the female non-military population of Kinshasa. We account for the sampling design from data collection, using weights and accounting for clustering within enumeration areas.

Next, we examine whether family planning differences persist, after controlling for background characteristics that may differ between women in military camps and the non-military population. We use multivariate regressions where the dependent variables are measures of interest for family planning, including number of lifetime births, use of contraception (overall contraceptives, modern contraceptives, traditional methods), not wanting another child, experiencing child mortality, and last birth unintended. Independent variables include age, a quadratic term for age, level of education, marital status, and household wealth quintile. To account for the study design, we cluster standard errors by enumeration area. Missing values are considered missing at random.

Patient and Public Involvement

Patients or public were not involved in the study design, development of the research question, recruitment into or conduct of the study, or outcome measures. Results will not be distributed to the participants themselves.

Results

Background characteristics (weighted) for women from both rounds of PMA2020 are shown in Table 1, including statistical tests for differences between women in military camps and the non-military population. Generally, women in military camps and the non-military population are similar in their demographic profile, there are no statistically significant differences in background characteristics.

Although the populations are similar in demographic characteristics, they are very different in family planning-related outcomes (Table 1). Women in military camps are significantly less likely to use contraception, and are significantly less likely to obtain their desired contraceptive

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method. As shown in Table 1, women in military camps are more likely to not want another child, and to claim that their last birth was unintended. Women in military camps are less informed of family planning methods; they are significantly less likely to have heard of implants, injectables, condoms, withdrawal, and rhythm. However, results for exposure to family planning programs are mixed: they are less likely to have visited a health facility in the past 12 months but more likely to have heard about FP on the radio, read about it in a newspaper, and saw a family planning billboard.

After controlling for demographic characteristics, the multivariate results are similar to the bivariate differences between women in military camps and the non-military population. As shown in Table 2, there is no statistically significant difference in number of lifetime births between women in military camps and the non-military population. However, women in military camps are significantly less likely to have experienced child mortality than the non-military (OR 0.53, 95% CI 0.33-0.87). Women in military camps are significantly more likely to report that they do not want another child (OR 5.17, 95% CI 2.52, 10.62), and to report that their last birth was unintended (OR 5.19, 95% CI 2.31, 11.62).

Results in Table 3 confirm the differences in contraceptive use for these populations, in which women in military camps are significantly less likely to be using contraception of all types, modern methods, and traditional methods (all methods OR 0.24, 95% CI 0.11-0.53; modern methods OR 0.25, 95% CI 0.08-0.79; traditional methods OR 0.41, 95% CI 0.24-0.71). Women in military camps were also significantly less likely to have obtained their desired family planning method (OR 0.14, 95% CI 0.03, 0.64).

We also find consistent differences in knowledge of various contraceptive methods (Table 4), both modern and traditional. Women in military camps are significantly less likely to have heard of implants (OR 0.23, 95% CI 0.11-0.48), injectables (OR 0.19, 95% CI 0.08-0.44), condoms (OR 0.23, 95% CI 0.12-0.47), withdrawal (OR 0.05, 95% CI 0.02-0.17), and rhythm (OR 0.12, 95% CI 0.03-0.44) methods.

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Results for exposure to family planning are shown in Table 5. Women in military camps are less likely to have visited a health facility in the past 12 months (OR 0.28, 95% CI 0.14-0.55). However, they are significantly more likely to have heard about family planning on the radio (OR 2.81, 95% CI 1.34-5.92), read about family planning in a newspaper or magazine (OR 7.72, 95% CI 3.13-19.04), and saw a family planning billboard (OR 9.71, 95% CI 3.63-25.20).

Discussion

Although the female population in military camps is similar to the general population of women in Kinshasa in background characteristics, we find many strong and highly statistically significant differences in family planning-related outcomes. Overall, these results suggest that the population residing in military camps is an important, underserved population in Kinshasa: the female population in military camps are more likely to want to limit births but are less likely to be using contraception, and less likely to have obtained their preferred family planning method. Women in military camps are more likely to be exposed to family planning messages (radio, billboard, newspaper/magazine), but are less knowledgeable about many family planning methods.

These results suggest that women in military camps have limited access to modern family planning methods. Lack of access would explain why they are less likely to use despite being more likely to want to limit births. Access limitations are also evident in the fact that women in military camps are less likely to have obtained their preferred family planning method, and are less likely to have visited a health facility in the past 12 months. Prior to this study, leadership in the DRC military (co-authors on this paper) recognized a lack of access to and limited use of modern contraception among the military population. They actively sought out a research partner to document this trend and a service delivery organization that could work with them in improving contraceptive services within the military that contraceptive use is lower among women in military camps, due at least in part to limited access to modern family planning.

The lack of access does not, however, explain the lower use or traditional methods and the greater exposure to family planning messaging among the military camp population. This may

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be explained by the timing of family planning programs. According to our authors, new family planning programs were advertised in military camps recently prior to our data collection, but this was not yet matched by supply of family planning methods in military camp clinics.

This study also serves as a baseline for a programmatic initiative that started shortly after the survey in Kinshasa, which consisted of training clinical personnel at the military health center in all contraceptive methods, including Implanon NXT (highly popular in Kinshasa); training and supplying community-health workers with a non-medical profile to distribute pills, condoms and Cyclebeads at the community level; and placing billboards promoting FP near military camps that showed the father in uniform. A follow-up survey is scheduled for 2018 to assess change in FP access and use.

The strengths of this study are the rare opportunity to learn more about a neglected, but important, population for family planning; and the representative data for residents of military camps and general population of Kinshasa. However, there remain some limitations. Several measures of interest are not included in our survey instrument. Many military members and their families are likely in-migrants to Kinshasa from elsewhere in DRC; research in this setting has shown that migrants differ from Kinshasa-born residents in many characteristics related to family planning.[29] This study, unfortunately, did not measure migration status, birthplace, or duration resided in Kinshasa. Similarly, measures of access to a facility that provides family planning, such as distance to the nearest family planning clinic or pharmacy that has modern methods in stock, were not measured for the military camp population, but may differ from the general population- as suggested by our results.

Contributors: PA, PA and JB initially conceived the manuscript. PA and PA conducted the statistical analysis and wrote the first draft of the paper. HNE, GKK, JH, PK, and JB reviewed the paper before submission and provided comments and edits.

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Data sharing statement: All data collected under PMA2020 is made publically-available. More details on data access for PMA2020 is available here: <u>http://www.pma2020.org/data-use</u>.

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Figures and Tables

	Non-military	Militar
Age groups		
15-20	21.60%	24.48%
21-25	20.94%	20.02%
26-30	16.69%	18.42%
31-35	14.42%	15.85%
36-40	11.54%	10.51%
41-45	8.53%	5.87%
46-49	6.28%	4.85%
Level of education		
No education	2.16%	4.31%
Primary	18.55%	13.53%
Middle secondary school	63.56%	66.76%
Advanced secondary or higher	15.72%	15.40%
Marital status		
Married/partnered	47.03%	48.16%
Separated/divorced/widowed	5.32%	4.75%
Never married	47.65%	47.09%
Wealth index		
Quintile 1 (lowest)	15.09%	26.43%
Quintile 2	19.33%	27.029
Quintile 3	21.28%	20.65%
Quintile 4	21.33%	15.05%
Quintile 5 (highest)	22.97%	10.85%
Fertility and children		201007
Number lifetime births	1.82	1.71
Experienced child mortality	19.65%	12.44%
Do not want another child	18.03%	46.72%
Last birth unintended	7.36%	26.29%
Family planning use	1100/0	2012370
Contraceptive use	42.28%	17.43%
Traditional contraceptive use	21.39%	6.56%
Modern contraceptive use	20.89%	10.87%
Obtained desired the FP method	92.41%	68.25%
Family planning knowledge	52.11/0	00.2370
Heard of implants	83.27%	55.82%
Heard of injectables	87.83%	60.91%
Heard of condoms	94.73%	81.91%
Heard of withdrawal	80.83%	46.94%
Heard of rhythm	91.50%	40.94%
Family planning exposure	91.30%	44.3770
Visited health facility in past 12 months	55.18%	28.84%
Heard about FP on the radio	34.65%	28.84%

Read about FP in a magazine/newspaper Saw FP billboard advertisement N=	13.12% 46.12% 2607	50.76%*' 89.34%*' 514
Netes: Difference between military and non-military sign		

	Numbe	Number of births		mortality	Do not v	vant another	Last birth unintended		
	Coef	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	
Military	-0.05	-0.31, 0.22	0.53*	0.33, 0.87	5.17**	2.52, 10.62	5.19**	2.31, 11.62	
Number of births			1.16**	1.05, 1.29	1.55**	1.31, 1.84	1.43**	1.23, 1.66	
Age	0.33**	0.28, 0.37	1.03**	1.01, 1.06	1.02*	1.00, 1.05	0.99	0.96, 1.03	
Age squared	-0.01**	-0.00, -0.00							
Level of education									
No education (ref.)									
Primary	0.13	-0.13, 0.38	1.05	0.50, 2.20	0.57	0.14, 1.07	1.01	0.14, 1.07	
Middle secondary school	0.03	-0.28, 0.33	0.81	0.34, 1.93	0.48	0.20, 1.16	0.51	0.19, 1.32	
Advanced secondary or higher	-0.37*	-0.73, -0.02	0.43	0.16, 1.18	0.39	0.14, 1.07	0.67	0.23, 1.98	
Marital status									
Married/partnered (ref.)			C	· · · · ·					
Separated/divorced/widowed	-0.16**	-0.28, -0.05	0.72	0.40, 1.29	0.88	0.51, 1.53	2.82**	1.47, 5.42	
Never married	-1.06**	-1.32, -0.80	1.03	0.67, 1.59	1.06	0.64, 1.75	2.81*	1.19, 6.66	
Household wealth									
Quintile 1 (lowest, ref.)									
Quintile 2	-0.13	-0.27, 0.01	0.85	0.48, 1.50	0.94	0.52, 1.63	0.54	0.20, 1.48	
Quintile 3	-0.16*	-0.31, -0.01	0.88	0.57, 1.37	0.92	0.19, 1.26	0.69	0.26, 1.83	
Quintile 4	-0.12	-0.29, 0.04	0.67	0.41, 1.10	0.48	0.31, 1.22	1.01	0.47, 2.16	
Quintile 5 (highest)	-0.23**	-0.40, -0.06	0.77	0.44, 1.35	0.61	0.50, 1.64	0.82	0.30, 2.27	
N=	3085		1	1795		2830		1813	

Notes: $p \le 0.05$; $p \le 0.01$; child mortality and last birth unintended are limited to women who have ever given birth.

	Using Contraception		Modern	Modern Contraception		Traditional Contraception		Obtained desired method	
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	
Military	0.24**	0.11, 0.53	0.25*	0.08, 0.79	0.41**	0.24, 0.71	0.14**	0.03, 0.64	
Number of births	1.29**	1.17, 1.43	1.16**	1.05, 1.28	1.22**	1.13, 1.32	0.98	0.80, 1.20	
Age	1.53**	1.43, 1.64	1.23**	1.14, 1.32	1.60**	1.46, 1.75	0.99	0.77, 1.28	
Age quadratic	0.99**	0.99, 0.99	0.99**	0.99 <i>,</i> 0.99	0.99**	0.99, 0.99	1.00	0.99, 1.00	
Level of education									
No education (ref.)									
Primary	1.68	0.75, 3.78	0.70	0.35, 1.41	3.41*	1.24, 9.33	1.59	0.25, 9.95	
Middle secondary school	2.33*	1.03, 5.27	1.16	0.55, 2.45	3.42*	1.30, 9.00	1.69	0.27, 10.63	
Advanced secondary or higher	3.16**	1.33, 7.53	1.55	0.65, 3.71	3.98**	1.44, 11.02	1.13	0.16, 8.00	
Marital status									
Married/partnered (ref.)			C						
Separated/divorced/widowed	0.45**	0.27, 0.75	0.41*	0.20, 0.81	0.74	0.46, 1.19	0.77	0.35, 1.71	
Never married	1.52*	1.10, 2.11	1.16	0.83, 1.63	1.55**	1.12, 2.13	1.34	0.75, 2.39	
Household wealth									
Quintile 1 (lowest, ref.)				6					
Quintile 2	0.91	0.45, 1.83	1.27	0.70, 2.30	0.73	0.41, 1.30	0.46	0.13, 1.70	
Quintile 3	0.82	0.41, 1.66	1.17	0.57, 2.38	0.68	0.41, 1.14	0.45	0.11, 1.77	
Quintile 4	0.99	0.47, 2.11	1.29	0.60, 2.79	0.81	0.50, 1.33	0.28	0.07, 1.18	
Quintile 5 (highest)	0.68	0.34, 1.34	0.96	0.48, 1.93	0.62	0.36, 1.07	0.32*	0.08, 0.92	
N=		3072		3072		3072		1322	

Notes: $*p \le .05$; $**p \le .01$; analysis for obtaining desired method is limited to women currently using contraception.

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Table 4: Weighted logistic regression results for differences in family planning knowledge among military, Kinshasa 2016

7	Heard	of implants	Heard	of injectables	Heard	l of condoms	Heard	of withdrawal	Heard	of rhythm
8	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI
9 10 Military	0.23**	0.11, 0.48	0.19**	0.08, 0.44	0.23**	0.12, 0.47	0.05**	0.02, 0.17	0.12**	0.03, 0.44
11 Number of births	1.06	0.95, 1.19	1.27**	1.08, 1.50	0.83*	0.72, 0.97	1.09	0.91, 1.32	1.11	0.93, 1.34
12 Age	1.49**	1.31, 1.70	1.31**	1.20, 1.43	1.47**	1.26, 1.72	1.27**	1.12, 1.45	1.57**	1.39, 1.77
¹³ Age squared	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99	0.99**	0.99, 0.99
Level of education										
No education (ref.)										
17 Primary	3.01**	1.40, 6.45	1.12	0.64, 1.95	0.36	0.07, 1.90	3.14**	1.58, 6.24	2.40**	1.30, 4.41
⁸ Middle secondary school	5.51**	2.32, 13.10	3.15**	1.60, 6.22	0.97	0.13, 7.18	7.85**	3.11, 19.85	4.29**	1.97, 9.31
Advanced secondary or higher	10.85**	4.11, 28.62	6.23**	2.34, 16.56	6.57	0.55, 78.84	27.43**	5.77, 130.44	12.80**	3.74, 43.81
21 Marital status										
22 Married/partnered (ref.)										
²³ Separated/divorced/widowed	1.18	0.56, 2.48	0.96	0.39, 2.36	0.97	0.24, 3.87	1.21	0.63, 2.34	1.44	0.57, 3.64
Never married	0.65*	0.46, 0.94	0.89	0.56, 1.41	1.27	0.58, 2.75	0.95	0.68, 1.33	0.63	0.37, 1.08
26 Household wealth										
27 Quintile 1 (lowest, ref.)										
²⁸ Quintile 2	0.95	0.48, 1.88	0.83	0.45, 1.54	0.75	0.27, 2.07	0.38**	0.18, 0.79	0.41*	0.18, 0.92
29 Quintile 3	0.79	0.39, 1.62	0.86	0.42, 1.75	0.99	0.38, 2.60	0.45*	0.20, 0.98	0.48	0.21, 1.14
31 Quintile 4	0.68	0.33, 1.43	0.86	0.44, 1.70	0.65	0.27, 1.53	0.77	0.31, 1.93	0.60	0.26, 1.38
32 Quintile 5 (highest)	0.72	0.30, 1.71	0.64	0.28, 1.48	1.06	0.37, 3.01	0.60	0.25, 1.47	0.41*	0.19, 0.93
³³ N=		3078		3077		3080		3079		3077

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 $^{34}_{35}$ Notes: *p \leq 0.05; **p \leq 0.01.

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	Visited health facility		Heard ab	Heard about FP- radio		Read about FP		FP billboard	
	Odds	95% CI	Odds	95% CI	Odds	95% CI	Odds	95% CI	
Military	0.28**	0.14, 0.55	2.81**	1.34, 5.92	7.72**	3.13, 19.04	9.71**	3.63, 25.20	
Number of births	1.07	1.00, 1.15	0.96	0.90, 1.03	0.86*	0.77, 0.97	0.97	0.90, 1.05	
Age	1.11**	1.04, 1.17	1.11*	1.03, 1.20	1.12	1.00, 1.25	1.11**	1.05, 1.18	
Age squared	0.99**	0.99, 0.99	1.00	0.99, 1.00	1.00	0.99, 1.00	0.99**	0.99, 1.00	
Level of education									
No education (ref.)									
Primary	1.21	0.60, 2.42	3.30**	1.52, 7.18	3.17	0.96, 10.50	1.22	0.60, 2.56	
Middle secondary school	1.36	0.67, 2.76	6.00**	2.33, 15.48	6.05**	1.80, 20.34	1.34	0.75, 2.48	
Advanced secondary or higher	1.91	0.85, 4.28	13.93**	4.88, 39.74	15.99**	4.26, 60.00	2.18*	1.12, 4.30	
Marital status									
Married/partnered (ref.)			` (
Separated/divorced/widowed	1.05	0.62, 1.76	0.89	0.57, 1.38	1.00	0.55, 1.80	0.94	0.56, 1.66	
Never married	0.53**	0.42, 0.68	0.84	0.59, 1.18	0.82	0.55, 1.24	1.03	0.74, 1.42	
Household wealth									
Quintile 1 (lowest, ref.)									
Quintile 2	0.52**	0.33, 0.83	1.05	0.55, 2.00	0.81	0.36, 1.85	1.03	0.62, 1.69	
Quintile 3	0.55*	0.35, 0.88	0.86	0.43, 1.72	0.58	0.25, 1.36	1.08	0.63, 1.94	
Quintile 4	0.48**	0.31, 0.75	0.84	0.43, 1.66	0.47	0.18, 1.20	0.85	0.53, 1.49	
Quintile 5 (highest)	0.59*	0.37, 0.95	0.71	0.30, 1.69	0.73	0.24, 2.20	0.91	0.50, 1.77	
N=	3	079	3	3072		3042	3072		

Notes: *p ≤ 0.05; **p ≤ 0.01.

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Female Questionnaire

NO	QUESTIONS AND FILTERS	CODING C	ATEGORIES	5	SKIF
IDEN.	TIFICATION	ł			
	Are you in the correct household?				
	This is the picture of the front of the home taken during the Household Questionnaire.	Yes1 No0			
A	IF NOT, RETURN TO INTERVIEW THE CORRECT HOUSEHOLD.				
	[ODK will display the photo attached to the linked Household Questionnaire]				
	Your name: [Interviewer name from Female Questionnaire]				
В	Is this your name?	No0			
	Enter your name below. Please record your name	Interviewe	r's Name		
С	Current date and time. [ODK will display on screen]	Yes1			Skip E if
0	Is this date and time correct?	No		0	Yes
		Day	Month	Year	
D	Record the correct date and time.				
D	Record the correct date and time.	Hours	Min	AM/PM	
	The following information is from the Female Questionnaire. Please review to make sure you are interviewing the correct respondent.	0			
Е	[ODK will display the province, city, commune, and quartier for Kinshasa EAs and the province, district, <i>aire de santé</i> , and village for Kongo Central EAs. In addition, the Enumeration Area, Structure Number, and Household Number entered into the Household Questionnaire linked to this Female Questionnaire will be displayed.]				
	Is the above information correct?				
	CHECK: You should be attempting to interview [Respondent's Name]. Is that correct?				
	If misspelled, select "yes" here and update the name in question "L."			٨	
	If this is the wrong person, you have two options:				
	(1) exit and ignore changes to this form. Open the correct form. Or				
	(2) find and interview the person whose name appears above.				
F	Is the respondent present and available to be	Yes		1	Skip

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Female Questionnaire

G	How well acquainted are you with the respondent?	Very well acquainted1 Well acquainted2 Not well acquainted3 Not acquainted4
G2	Has the respondent participated in a PMA2020 survey before?	Yes1 No0 Don't know88 No response99

INFORMED CONSENT

Find the woman between the ages of 15-49 associated with this Female Follow Up Questionnaire. The interview must have auditory privacy. Read the following greeting:

Hello. My name is _______ and I am working for the Kinshasa School of Public Health in collaboration with the Ministry of Health. We are conducting a survey in Kinshasa and Kongo Central that asks women about various reproductive health issues. We would very much appreciate your participation in this survey. This information will help us inform the government to better plan health services. The survey usually takes between 15 and 20 minutes to complete. Whatever information you provide will be kept strictly confidential and will not be shown to anyone other than members of our survey team. Participation in this survey is voluntary, and if we should come to any question you don't want to answer, just let me know and I will go on to the next question; or you can stop the interview at any time. However, we hope that you will participate in this survey since your views are important. At this time, do you want to ask me anything about the survey?

Η	Provide a paper copy of the Consent Form to the respondent and explain it. Then, ask: May I begin the interview now?	Yes1 No0	Skip to K if No
	Respondent's signature	GATHER SIGNATURE:	
	Please ask the respondent to sign or check the box in agreement of their participation.	Check box: 🗆	
Ι	Interviewer's name: [Interviewer name from Household Questionnaire]		
	Mark your name as a witness to the consent process.	4	
J	Respondent's name		
	[ODK will display the Respondent's name from linked Household Roster]		
	You may correct the spelling here if it is not correct, but you must be interviewing the person whose name appears below.		
Now	Section 1 – Respondent's Background, Ma I would like to ask about your background and socioect		
0	In what month and year were you born? The age in the household roster is [AGE].	Month	
		Year	
1	How old were you at your last birthday?		
1	How old were you at your last birthday? Must be more than 14. Must agree with FQ0.	Age	

Female Questionnaire

		No response99	
3	Are you currently married or living together with a man as if married? Probe: If no, ask whether the respondent is divorced, separated, or widowed.	No, never in union0 Yes, currently married1 Yes, living with a man2 Not currently in union: Divorced / separated	Skip to 8 if No never in union
4	Have you been married or lived with a man only once or more than once?	Only once1 More than once2 No response	Skip to 5b if Only once
5a	In what month and year did you start living with your FIRST husband / partner?	Month	
	Enter Jan 2020 for no response.	Year	
	[If ≤15 years old at marriage date ODK will display:] CHECK: Based on the response you entered in FQ5a, the respondent was possibly 15 years old or younger at the time of her first marriage. Did you enter FQ5a correctly?	Yes1 No0	
5b	Now I would like to ask about when you started living with your CURRENT or MOST RECENT husband / partner. In what month and year was that?	Month Year	
	Enter Jan 2020 for no response.		
	[If ≤15 years old at marriage date ODK will display:] CHECK: Based on the response you entered in FQ5b, the respondent was possibly 15 years old or younger at the time of her first marriage. Did you enter FQ5b correctly?	Yes1 No0	
	CHECK 3: Currently married/cohabitating?	Yes1 No0	Skip to 8 if No
6	Does your husband / partner have other wives or does he live with other women as if married?	Yes	
7	Is your husband / partner living with you now or is he staying elsewhere?	Living with respondent1 Staying elsewhere2 No response	
Now	Section 2 – Reproduction, Pregnan I would like to ask about all the births you have had dur		F
8a	How many times have you given birth?		Skip to
	Enter -99 for no response. 0 is a possible answer.	Number	13 if C
	Were all of those live births?	Yes1	Skip to
	If no, go back and change FQ8 to record only live birth events.	No0	9 if 8 was 1
8b	How many sons and daughters have you given birth to and who were born alive?		

		Number	
8c	Have you ever given birth to a boy or girl who was born alive but later died?	Yes1 No0	Skip to 8e if No
	IF NO, PROBE: Any baby who cried or showed signs of life but did not survive?		NO
8d	How many have died?	Number	
	Enter -88 for do not know and -99 for No response.		
	Change FQ8c to 'No' if zero deaths.		
	READ THIS CHECK OUT LOUD: Just to make sure I have this right: you had a total of birth(s) during your life, resulting in son(s) or daughter(s) born alive.	Yes1 No0	If no, go back and probe
	Is that correct?		to correc 8a-c.
8e	When was your FIRST birth?	Month	
	Please record the date of the first live birth. Date should be found by calculating forward or backward from memorable events if needed. Enter Jan 2020 for no response.	Year	
9	When was your MOST RECENT birth?		Skip te 11 if
	Please record the date of the MOST RECENT live birth. The date should be found by calculating backwards from memorable events if needed. Enter Jan 2020 for no response.	Month Year	not in last year and/o Q8 is
10	When did you give birth before the most recent one?	Month	
	Please record the date of the birth before the last. The date should be found by calculating backwards	Year	
	from memorable events if needed. Enter Jan 2020 for no response.		
11	Is your last baby / child still alive?	Yes1 No0	Skip to 13 if
		Don't know	Yes
12	When did your last baby / child die?	M 4	
	Please record the date of the child's death. The date should be found by calculating backwards from memorable events if needed. Enter Jan 2020 for no response.	Month Year	
13	When did your last menstrual period start?	days ago	
	If you select days, weeks, months or years, you will enter a number for x on the next screen.	weeks ago	
	Enter 0 days for today, not 0 weeks/months/years.	months ago	
		years ago	

Female Questionnaire

		Menopausal / Hysterectomy5 Before last birth6 Never menstruated7 No response	
14	Are you pregnant now?	Yes	Skip to 16 if No or Unsure
15	How many months pregnant are you? The most recent birth was: [Date of most recent birth]	Number of months	
	Please record the number of completed months. Enter -88 for do not know, -99 for no response.		
	CHECK 14: Currently pregnant?	Yes1 No0	16a if no 16b if yes
16a	Now I have some questions about the future. Would you like to have a/another child or would you prefer not to have any / any more children?	Have a/another child	Skip to 17a if 1 and 18 for all other
16b	Now I have some questions about the future. After the child you are expecting now, would you like to have another child, or would you prefer not to have any more children?	Have a/another child1 No more/prefer no children2 Says she can't get pregnant3 Undecided / Don't know	Skip to 17b if 1 and 18 for all other
17a	How long would you like to wait from now before the birth of a/another child?	Months	
	If you select months or years, you will enter a number for x on the next screen.	Years	
	Select "Years" if more than 36 months.	Soon / now	
17b	After the birth of the child you are expecting now, how long would you like to wait before the birth of another child?	Months	
	If you select months or years, you will enter a number for x on the next screen.	Years1	
	Select "Years" if more than 36 months.	Says she can't get pregnant2 Other3 Don't know88 No response	
	CHECK 8: Number of births	Number of births	Skip to 19 if 0 births and 14:

Female Questionnaire

	CHECK 14: Currently pregnant?		Yes1 No0	No. Skip to 18a if 14: no and 18b if 14: yes
18a	 Now I would like to ask a question about your birth. At the time you became pregnant, did you wan become pregnant then, did you want to wait un later, or did you not want to have any / any mo children at all? 	nt to ntil	Then1 Later2 Not at all3 No response	
18b	 Now I would like to ask a question about your current pregnancy. At the time you became pregnant, did you want become pregnant then, did you want to wait up later, or did you not want to have any / any mo children at all? 	ntil	Then	
avoi An ii	<u>Section 3A – Ca</u> I would like to talk about family planning - the variou d a pregnancy. mage will appear on the screen for some methods. I food or if she hesitates to answer, read the probe alo	us wa f the	ays or methods that a couple can use t respondent says that she has not hear	
19	Have you ever heard of female sterilization? PROBE: Women can have an operation to avoid having any more children.	Yes No .	nd show her the image, if available. 	
19	[NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid having any more children.	No.	1 	
-	[NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid	No No Yes	0	
-	 [NO IMAGE] Have you ever heard of male sterilization? PROBE: Men can have an operation to avoid having any more children. [NO IMAGE] Have you ever heard of the contraceptive implant? PROBE: Women can have one or several small rods placed in their upper arm by a doctor or nurse, which can prevent pregnancy for one or more years. 	Yes No No		

Female Questionnaire

	PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months.	No response99
	[IMAGE OF SAYANA PRESS AND DEPO	
	PROVERA WILL APPEAR ON SCREEN]	
19	Have you ever heard of the (birth control) pill?	Yes1
	PROBE: Women can take a pill every day to avoid becoming pregnant.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	
19	Have you ever heard of emergency contraception?	Yes1 No0
	PROBE: As an emergency measure after unprotected sexual intercourse women can take special pills at any time within five days to prevent pregnancy.	No response99
	[NO IMAGE]	
19	Have you ever heard of condoms?	Yes1
	PROBE: Men can put a rubber sheath on their penis before sexual intercourse.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	C.
19	Have you ever heard of female condoms?	Yes1 No0
	PROBE: Women can put a sheath in their vagina before sexual intercourse.	No response
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	2/
19	Have you ever heard of the diaphragm?	Yes1
	PROBE: Women can place a thin flexible disk in their vagina before sexual intercourse.	No0 No response99
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]	
19	Have you ever heard of foam or jelly as a	Yes1
	contraceptive method?	No0 No response99
	PROBE: Women can place a suppository, jelly, or cream in their vagina before sexual intercourse	
	to prevent pregnancy.	

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	[IMAGE OF METHOD WILL APPEAR ON SCREEN]		
19	Have you ever heard of the standard days method or Cycle Beads? PROBE: A Woman can use a string of colored beads to know the days she can get pregnant. On the days she can get pregnant, she and her partner use a condom or do not have sexual intercourse.	Yes1 No0 No response99	
	[IMAGE OF METHOD WILL APPEAR ON SCREEN]		
19	Have you ever heard of the Lactational Amenorrhea Method or LAM? [NO DESCRIPTION; NO IMAGE]	Yes1 No0 No response99	
19	Have you ever heard of the rhythm method? PROBE: Women can avoid pregnancy by not having sexual intercourse on the days of the month they think they can get pregnant.	Yes1 No0 No response99	
19	Have you ever heard of the withdrawal method? PROBE: Men can be careful and pull out before	Yes1 No0 No response99	
	climax. [NO IMAGE]	0	
19	Have you ever heard of any other ways or methods that women or men can use to avoid pregnancy?	Yes1 No0 No response	
	CHECK 14: Currently pregnant?	Yes1 No0	Skip to 2 if yes
20	Are you or your partner currently doing something or using any method to delay or avoid getting pregnant?	Yes1 No0	Skip to 2 if No

Female Questionnaire

21	Which method or methods are you using?	Female sterilization	1	Skip based
	Probe: Anything else?	Male sterilization	2	on most effective
	Select all methods mentioned. Be sure to scroll to	Implant	3 4	method only
	bottom to see all choices.	Injectable	5	If injectable
		Pill	7	is selected,
		Emergency Contraception	8	skip to FQ21a
		Male Condom	9	
		Female Condom	10	If LAM is selected but
		Diaphragm	11	not
		Foam/Jelly	12 13	injectables,
		Std. Days/Cycle beads	13	skip to 21b
		Rhythm method	30	If FS or MS
		Withdrawal	31	was selected
		Other traditional method	39	without
		No response	-99	injectables
				or LAM, skip to 22
				If LAM, FS, MS, and
				injectables
				are not
				selected, skip to 26b
21a	PROBE: Was the injection administered via syringe	Syringe	1	Skip to
	or small needle?	Small needle (Sayana Press)	2	CHECK FQ21
		Both		1 0(21
		No response9	99	
	Show the image to the respondent.			
	•			
	[IMAGES OF BOTH INJECTION SYSTEMS WILL			
	APPEAR ON SCREEN]			
		4		
21b		Yes		
	becoming pregnant?	No No Response		
	CHECK FQ21: Using Female Sterilization and/or Male	Female Sterilization	<u>N</u> 0	Skip to 26b if -77
	Sterilization?	Male Sterilization	0	200 11 -77
		None of the above	Ŭ	
22	Did the provider tell you or your partner that	Yes		Skip to
	this method was permanent?	No		26b
		No response9	99	
23	Do you know of a place where you can obtain	Yes		
	a method of family planning?	No		
		No response9	99	
	CHECK 14: Currently pregnant?	Yes	1	Skip to
		No	0	24b if yes
				1
24a	You said that you are not currently using a	Yes	1	
24a	You said that you are not currently using a contraceptive method. Do you think you will	Yes No		
24a			0	

24b	Do you think you will use a contraceptive method to delay or avoid getting pregnant at any time in the future?	Yes	
25	In the last 12 months, have you ever done something or used a method to delay or avoid getting pregnant?	Yes	Skip to 47 if No
26	Which method did you use most recently?		
	Probe: Anything else?		
	Select most effective method (highest method on list). Scroll to bottom to see all choices.	Implant3IUD4Injectable5Pill7Emergency Contraception8Male Condom9Female Condom10Diaphragm11Foam/Jelly12Std. Days/Cycle beads13LAM14Rhythm method30Withdrawal31Other traditional method39No response-99	Skip to FQ26b unless injectable selected
26a	PROBE: Was the injection administered via syringe or small needle? Show the image to the respondent.	Syringe1 Small needle (Sayana Press)2	
204	[IMAGES OF BOTH INJECTION SYSTEMS WILL	Both	
	APPEAR ON SCREEN]	2	
26b	Before you started using [MOST RECENT / CURRENT METHOD], did you talk with your husband / partner about using a contraceptive method?	Yes	
27	When did you begin using your [MOST RECENT / CURRENT METHOD]?	Month	
	Calculate backwards from memorable events if needed.	Year	
	Age at first use: [Age from FQ20] Most Recent Birth: [mm-yyyy] Current Marriage: [mm-yyyy]		
	Must be at least the ages she started using a contraceptive method (FQ20).		

1 2 3 4 5	
6 7 8 9 10	
11 12 13 14 15	
16 17 18 19 20 21	
22 23 24 25 26	
27 28 29 30 31	
32 33 34 35 36 37	
38 39 40 41 42	
43 44 45 46 47	
48 49 50 51 52	
53 54 55 56 57	
58 59 60	

	CHECK 20: Currently using contraceptives?	Yes	Skip to 30 if Yes
28	When did you stop using your [MOST RECENT METHOD]?	Month	
	Please record the date.	Year	
	The date should be found by calculating backwards from memorable events if needed. Must be after FQ27.		
	Enter Jan 2020 for no response.		
29	Why did you stop using your (MOST RECENT METHOD)?	Infrequent sex / husband away1Became pregnant while using2Wanted to become pregnant3Husband / partner disapproved4Wanted more effective method5No method available6Health concerns7Fear of side effects7Became pregnant to use	
30	You first started using [CURRENT/MOST RECENT METHOD] in [DATE FROM FQ27]. Where did you get it at that time? Scroll to bottom to see all choices.	PUBLIC SECTOR: NATIONAL HOSPITAL 11 FAMILY PLANNING CLINIC 12 HEALTH CENTRE/POSTE DE SANTE 13 MATERNITY 14 COMMUNITY HEALTH VOLUNTEER 15 REGIONAL HOSPITAL 16 PRIVATE MEDICAL SECTOR: 21 PHARMACY 22 NGO 23 PRIVATE HOSPITAL/CLINIC 21 PHARMACY 22 NGO 23 PRIVATE HEALTH CENTER 24 PRIVATE PRACTICE 25 PRIVATE DOCTOR 26 MOBILE NURSE 27 Community health worker (ASC) 28 Community-based medical 29 OTHER SOURCE: 31 BOUTIQUE 31 RELIGIOUS INSTITUTION 32 FRIEND/RELATIVE 33 BAR/NIGHT CLUB 34 LIGABLO/KIOSK 35 CHAYEUR 36 OTHER 37 NO RESPONSE -99	

Skip to 33 if No
Skip to 36 if yes



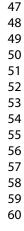
Female Questionnaire

	CHECK 30: You first started using	PUBLIC SECTOR:	Skip to
	[CURRENT/MOST RECENT METHOD] in [DATE	NATIONAL HOSPITAL	41 if 30 i
	FROM FQ27]. Where did you get it at that	FAMILY PLANNING CLINIC	33 OR
	time?	HEALTH CENTRE/POSTE DE SANTE	37
		MATERNITY	57
		COMMUNITY HEALTH VOLUNTEER15	
		REGIONAL HOSPITAL16	
		PRIVATE MEDICAL SECTOR:	
		PRIVATE HOSPITAL/CLINIC 21	
		PHARMACY22	
		NGO23	
		PRIVATE HEALTH CENTER24	
		PRIVATE PRACTICE	
		PRIVATE DOCTOR	
		MOBILE NURSE27 Community health worker (ASC)28	
		Community health worker (ASC)28 Community-based medical	
		student	
		OTHER SOURCE:	
		BOUTIQUE	
		RELIGIOUS INSTITUTION32	
		FRIEND/RELATIVE	
		BAR/NIGHT CLUB	
		LIGABLO/KIOSK	
		CHAYEUR	
		OTHER	
		NO RESPONSE	
37	Would you return to this provider?	Yes1	
		No 0	
	Provider: [Type of Provider from FQ30]	No response99	
38	Would you refer your relative or friend to this	Yes1	
	provider / facility?	No0	
		No response99	
39	In the last 12 months, have you paid any fees	Yes 1	Skip to
00	for family planning services (including the	No0	41 if No
	most current method)?		
40	How much did you pay?		
••		Fee	
	Enter all prices in Congolese Francs. Enter -88 if		
	respondent does not know, -99 for no response.		1

40a		PUBLIC SECTOR: NATIONAL	
		HOSPITAL11	
		FAMILY PLANNING CLINIC 12	
		HEALTH CENTRE/POSTE DE SANTE13	
		MATERNITE14	
		COMMUNITY HEALTH VOLUNTEER	
		REGIONAL	
		HOSPITAL	
		PRIVATE MEDICAL SECTOR:	
		PRIVATE HOSPITAL/CLINIC	
		PHARMACY	
		NGO	
		PRIVATE HEALTH CENTER24	
		PRIVATE PRACTICE	
		25	
	Where did you obtain [CURRENT METHOD] the	PRIVATE DOCTOR	
	last time?	26	
		MOBILE	
	Scroll to bottom to see all choices.	NURSE27	
	Scron to bottom to see all choices.	FIELDWORKER28	
		Community health worker (ASC)	
	\sim	Community-based medical	
		student	
		OTHER SOURCE:	
		BOUTIQUE	
		RELIGIOUS INSTITUTION	
		FRIEND/RELATIVE	
		BAR/NIGHT	
		CLUB	
		LIGABLO/KIOSK	
		CHAYEUR	
		OTHER	
		37	
		NO RESPONSE	
41	Have you ever done anything or tried in any wa	/ Yes1	Skip to 43
	to delay or avoid getting pregnant?	No0	•
	te actay of a tota gotting programmer	No response	if No
41b	How old were you when you first used a metho		
	delay or avoid getting pregnant?	Age	
	The respondent said she was [age from FQ1]		
	years old at her last birthday.		
	Enter the age in years.		
	Enter -88 if respondent does not know.		
	Enter -99 if there is no response.		
	Cannot be younger than 9.		
<i>4</i> 1c	How many living children did you have at that		
410	time, if any?	Number	
	Note: the respondent said that she gave birth [number of live births] times in FQ8.		
	Enter -99 for no response		

42	Which method did you first use to delay or avoid getting pregnant?	Male sterilization 2	
	Do not read the method choices. Be sure to scroll to	Implant 3	
	bottom to see all choices.	10D 4	
		Injectable 5 Pill 7	lf
		Emergency Contraception	Injectables
		Male Condom	is selected,
		Female Condom 10	go to 42a
		Diaphragm 11	0
		Foam/Jelly 12	
		Std. Days/Cycle beads 13	
		LAM	
		Rhythm method	
		Withdrawal	
		No response	
		No response	
	PROBE: Was the injection administered via syringe or small needle?		
	Observative interests to the mean sector to	Syringe1	
42a		Small needle (Sayana Press)	
42a		Both3	
	[IMAGES OF BOTH INJECTION SYSTEMS WILL	No response99	
	APPEAR ON SCREEN]		
	6		
	CHECK 16: Desire for future shild?	Have a/another child1	Ask 43 to
	CHECK 16: Desire for future child?	No more/none	
		Says she can't get pregnant	(current or
	6	Undecided / Don't know88	
	CHECK 17: 2 or more years before next child?	No more/none1	want
		Less than 2 years	a/anothor
		2 or more years	before 2
	CHECK 20: Currently using contraceptive method?	Yes, using contraceptive1	years.
	CHECK 20. Currently using contraceptive method?	No, not using contraceptive	
43	You said that you do not want any / anymore	Not married1	
	children and that you are not using a method to	Infrequent sex / husband away2	
	avoid pregnancy.	Menopausal/Hysterectomy	6
	Can you tell me the reason why you are not usin	Subfecund / infecund	
	a method to prevent pregnancy?	- INOL MENSULATED SINCE TAST DITUR	
	PROBE: Any other reason?	Breastfeeding6 Husband away for many days7	
		Up to God / fatalistic	
	RECORD ALL REASONS MENTIONED.	Respondent opposed	
	Cannot select "Do Not Know" or "No response" with	Husband / partner opposed10	
	other options.	Others opposed	
	Cannot select "Not married" if FQ3 is "Yes, currently	Religious prohibition12 Knows no method	
	married".	Knows no source14	
	Scroll to the bottom to see all choices.	Fear of side effects15	
		Health concerns	
		Lack of access / too far17	
		Costs too much18Preferred method r	
		No method available20)
		Inconvenient to use	

			Interferes with b Takes too much regular duties / t one2 Intention to use chance to go to yet24 Mother-in-law op Other Don't know No response	time av oo busy 23 one but the clin	way fron y to go g : did not ic	n get get a 25 36 88	
	In the last 12 months, were you visited by a community health worker who talked to you abo family planning?	out	Yes No No response			0	
44a	In the last 12 months, did you participate in a group talk at the community level about family planning?	No	response			. 0	
	In the last 12 months, have you visited a health facility for care for yourself or your children? For any health services	No	response			. 0	Skip to 47 if no
46	Did any staff member at the health facility speak to you about family planning methods?	No	response			. 0	
47	In the last few months have you:			Yes	<u>No</u>	<u>NR</u>	
	Heard about family planning on the radio? Seen anything about family planning on the television?			1 1	0 0	-99 -99	
	Read about family planning in a newspaper or magazine?			1	0	-99	
47b	Have you seen this image before?		3				Skip to 47d if 0, -
	Show the logo to the respondent.	Dor	n't know/Don't red response	call	8	88	88, or -99
47b 1	Where did you see this image?	-	health center				
I	PROBE: Anywhere else?	In a On	h pharmacy a billboard			. 3 .4	
	Select all that apply.	On	the TV a leafleta a community hea			6	



Female Questionnaire

		Other	
		Don't know/Don't recall88 No response99	
		10 response	
47c	What is this image trying to say?	Family planning1	
		Birth spacing2	
		Reproductive health	
	Select all that apply.	The family unit4	
		Other	
		No response99	
47d	Have you seen the billboard that states "How	Yes 1	Skip to
	many children do you want?", and shows the	No 0	48 if 0, -
	FP logo ?	Don't know/Don't recall	88 or -99
	Show a photo of the billboard to the	No response99	
	respondent.		
	Combien d'enfants souhaitez-vous ?		
	Is naissances		
	pour l'harmonie et la stabilité de		
	ta famille		
	Constant structure for services	•	
	MAX 122 Programme (Model and Science, Brack House) (Model)		
47e	What is this image trying to say?	Family planning1	
		Birth spacing2	
	Colored all that any bu	Reproductive health	
	Select all that apply.	The family unit	
		Other5 Don't know / Don't recall	
		No response99	
	CHECK FOR THE PRESENCE OF OTHERS. BEI	FORE CONTINUING, MAKE EVERY	
	EFFORT TO ENSURE PRIVACY.		
	Verbally prepare the respondent for sexual acti	vity questions.	
48	How old were you when you first had sexual		Skip to
	intercourse?	Age	MM_1 if -
	The respondent said she was [age from FQ1]		77
	years old at her last birthday.		
	[She has had x live births.]		
	Enter the age in years.		
	Enter -77 if she never had sex.		
	Enter -88 if respondent does not know.		
	Enter -99 for no response.		

49	 [If age at first sex <10 years:] You have entered that the respondent was X years old when she first had sexual intercourse. Is this what she said? Go back and correct FQ48 if it is not correct. When was the last time you had sexual intercourse? If less than 12 months ago, answer must be recorded in months, weeks, or days. 	Yes1 No0	
	Enter 0 days for today.	months ago	
	You will enter a number for X on the next screen.	years ago	

$\begin{array}{c} 16\\ 17\\ 18\\ 9\\ 21\\ 22\\ 3\\ 24\\ 25\\ 26\\ 27\\ 28\\ 9\\ 31\\ 32\\ 33\\ 34\\ 35\\ 67\\ 89\\ 41\\ 42\\ 34\\ 45\\ 46\\ 78\\ 9\\ 0\\ 51\\ 52\\ 54\\ 55\\ 56\\ 78\\ 9\end{array}$	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	
 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 51 52 54 55 56 57 58 	18	
45 46 47 48 49 50 51 52 53 54 55 56 57 58	 33 34 35 36 37 38 39 40 41 42 43 	
	45 46 47 48 49 50 51 52 53 54 55 56 57 58	

MM_1	Did you watch the television show 'Libala Ya Bosembo' within the past 6 months?	Yes1 No0 No response	Skip to MM_6 if 0 or 99
MM_2	At the end of each libala ya bosembo show a message is given. The last time you watched the show, what messages had the greatest impression on you? ? PROBE: What else? Select all that apply.	Couple communication	
MM_3	Did they talk about using family planning methods during the show?	Yes	Skip to MM_6 if 0, - 88 or 99
MM_4	Did you speak with someone about the family planning messages from the television show 'Libala Ya Bosembo?'	Yes	Skip te MM_6 if 0, -88 or -99
MM_5	With whom did you speak? PROBE: Anyone else? <i>Select all that apply.</i>	Medical provider 1 Spouse 2 Other relatives 3 Friends/neighbors 4 Pharmacist/pharmacist's aid 5 Outreach worker 6 People at a seminar/community meeting	
MM_6	Have you ever watched the mini-television show called "Elengi"?	Yes1 No0 No response	Skip to MM_8 if 0 or 99
MM_7	Last time you watched the mini-television show Elengi, what was it about?	Couple communication1 Harmony in the family2 Family planning methods3 Antenatal care4	
	PROBE: What else? Select all that apply.	Care for mother and child's health in the postpartum period	

		Other9 Don't know / don't recall88 No response99	
MM_8	Have you ever called the telephone hotline '3-2- 1'?	Yes1 No0 No response	Skip to SE_1 if 0 or - 99
MM_9	The last time you called the hotline 3-2-1, what did you want information about?	Family planning service locations1 Information about family planning methods2	
	PROBE: Anything else?	Side-effects of FP methods3 Post-abortion care4	
	Select all that apply.	Post intimate partner violence care5 HIV/AIDS	

	<u>Section 5 – Perceived self</u> Now I would like to talk about your level of confidence methods. If you are not currently married or have a re	e in your ab	oility to acces	ss and use fa		
	you were currently in union. How confident are you that:	Very Confident	Confident	Somewhat confident	Not very confident	Not at all confident
SE_1	You can start a conversation with your husband/spouse/partner about family planning/birth spacing?	5	4	3	2	1
SE_2	You can convince your husband/spouse/partner to use a method of family planning/birth spacing?	5	4	3	2	1
SE_3	You can go to a site where methods of family planning / birth spacing are available if you decide to use one?	5	4	3	2	1
SE_4	You can get a method of family planning / birth spacing if you decide to use one?	5	4	3	2	1
SE_5	You could use a method of family planning / birth spacing, even if your husband/partner does not want to?	5	4	3	2	1
SE_6	You can use a method of family planning / birth spacing, even if none of your friends or neighbors use one?	5	4	3	2	1
SE_7	You can use a method of family / child spacing planning, even if your religious leader does not think you should use it?	5	4	3	2	1
SE_8	You will continue to use a method of family planning / birth spacing, even if you experience side effects?	5	4	3	2	1

Female Questionnaire	è
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	I would like to ask about your water practices.		
50	How many children under age 5, if any, live in this household for which you are the primary caregiver?	Number	
	Starting with the youngest child, I'd like to ask you som	ne questions.	
	[ODK Will repeat the FQ51-FQ53 each child under a	age 5.]	
51	In what month and year was this child born? ENTER JAN 2020 FOR NO RESPONSE.	Month Year	
52	The last time this child passed stools, what was done to dispose of the stools? FOR ALL FECES, NORMAL OR DIARRHEA. Children use a latrine / toilet Leave waste where it is Bury waste in field / yard Dispose of waste in latrine / toilet Dispose of waste with rubbish / garbage Dispose of waste with waste water Use it as manure Burn it No response	1 1 1 1 1	No 0 0 0 0 0 0 0 0 0 0 0
53	In the past 7 days, has this child had diarrhea? Diarrhea is determined as perceived by mother/ caretaker. If the respondent is not sure what we mean by diarrhea, tell her it means "three or more runny stools per day."	Yes No No Response	0
54	Is it you or your spouse who is military/police personnel?	1) Myself 2) Spouse 3) Son 4) Daughter 5) Other (specify):	
55	In total how many members of your immediate family are part of the FARDC?	Number	

56	What is your/his rank in this service?	1	Soldier 1 st class
		2	Soldier 2 nd class
		3	Corporal
		4	Sargent
		5	
		6	1 st Sargent
		7	1 st Sargent Adjoint
		8	Adjudant de 2 ^{eme} classe
		9	
		10	
		11	Second Lieutenant
		12	Lieutenant
		13	Captain
		14	Major
		15	Lieutenant Colonel
		16	Colonel
		17	General Bragadier
		18	Lieutenant General
		19	General of Army Corps
		20	General or Army
57	Have you seen a hillbeard or hanner about family		· · ·
57			
	planning that shows a military family?		't kpow
58	In what province were you born?	List pro	VINCES
	If Kinshasa, skip to question "K"		
59	For how many years have you lived in Kinshasa?		
5 Sargent major 6 1 st Sargent Adjoint 7 1 st Sargent Adjoint 8 Adjudant de 2 ^{bme} classe 9 Adjudant in chef 11 Second Lieutenant 12 Lieutenant 13 Captain 14 Major 15 Lieutenant Colonel 16 Colonel 17 General Bragadier 18 Lieutenant General 19 General of Army Corps 20 General of Army Corps 21 If Kinshasa, skip to question "K" 59	Years		
	0=less than one year		Years
- Than		6	Years
	k the respondent for her time	ns for yo	
	k the respondent for her time espondent is finished, but there are still 2 more questio		
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION		
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.		u to complete outside the home.
The r	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.		u to complete outside the home.
The r	k the respondent for her time espondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside.		u to complete outside the home.
K	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household	RESULT	u to complete outside the home.
K	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household	RESULT	u to complete outside the home. Record Location
K	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household	RESULT	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time espondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent?	RESULT 1 st time 2 nd time 3 rd time	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time espondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent?	RESULT 1 st time 2 nd time 3 rd time Comple Not at I	u to complete outside the home. Record Location
Гhe r К L	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple Not at I Postpo	u to complete outside the home. Record Location
K L	k the respondent for her time respondent is finished, but there are still 2 more question LOCATION Location Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m. GPS coordinates can only be collected when outside. QUESTIONNAIRE How many times have you visited this household to interview this female respondent? Questionnaire result	RESULT 1 st time 2 nd time 3 rd time Comple Not at H Postpo Refuse	u to complete outside the home. Record Location

Household Questionnaire						
NO	QUESTIONS AND FILTERS		TEGORIE	S		SKIP
	TIFICATION re record the following identifying informat	ion prior to b	eginning	the interview	<i>N</i> .	
	Your name: Is this your name?					
	[ODK will display the name associated with the phone's serial number.]				4	
A	Check the button next to the name if that is your name and select 'yes' here. Do not check the button if that is not your name and select 'no' here (long press to remove response next to the name if needed).	Yes1 No0				
	Enter your name below.	Interviewer's	Name			
	Please record your name	nterviewer's Name				
В	Current date and time. [ODK will display on screen]		/es1 No0			
	Is this date and time correct?					
С	Record the correct date and time	Date	Month	Day	Year	
		Time	Hour	Minutes	AM/PM	
D1	Province	Kinshasa Kongo Centra				
D2	City (Kinshasa) / District (Kongo Central)	ODK will pop districts in Kc province sele	ongo Centra			
D3	Commune (Kinshasa) / Aire de santé (Kongo Central)	ODK will populate a list of appropriate communes in Kinshasa and <i>aire de santé</i> in Kongo Central based on the city or district selected.				If Kinshas a was selected in D1, skip to D6
D4	Quartier (Kinshasa) / Village (Kongo Central)	ODK will populate a list of appropriate quartiers in Kinshasa and villages in Kongo Central and chiefdoms based on the commune or <i>aire de</i> <i>santé</i> selected.			entral and	
D5	Enumeration area	ODK will populate a list of appropriate enumeration areas based on the neighborhood in Kinshasa or the village in Kongo Central selected.			If Kongo Central selected in D1, skip to E	
D6	Please note the street or avenue number where the household is located	THE SUPER STREET OR			U THE	
	Structure number	Nun	nber]	
E	Please record the structure number from the household listing form.					

Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
	Household number	Number	
F	Please record the household number from the household listing form.	Number	
	Check: Have you already sent a form for this structure and household?	Yes1	Skip to
	Do not duplicate any form unless you are correcting a mistake in an earlier form.	No0	G if No
	WARNING: Contact your supervisor befor	e sending this form again.	
	CHECK: Why are you resending this form? Choose al that apply.	There are new household members on this form	
G	Is a member of the household and competent respondent present and available to be interviewed today?	Yes1 No0	Skip to 31 if No
G2	Did this household participate in a previous PMA2020 survey?	Yes	
Find	INFORM a competent member of the household. Re	ED CONSENT ad the greeting on the following screen.	
Health and K appre plan h shown Partic just le	Congo Central about various health issues in the ciate your participation in this survey. This infinealth services. Whatever information you proin to anyone other than members of our survey is voluntary, and if we show the structure of the stru	nould come to any question you don't want to ans n; or you can stop the interview at any time. How	asa y much etter be swer,
	different set of questions to female members	and other household members. We would then lik of this household who are between the ages of 2	
At this	s time, do you want to ask me anything about	the survey?	
н	Provide a paper copy of the Consent Form to the respondent and explain it. Then, ask: May I begin the interview now?	Yes1 No0	Skip to 32 if No
	Respondent's signature	Gather signature:	
	Please ask the respondent to sign or check the box in agreement of their participation.	Check box:	

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NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
I	Interviewer's name Please record your name as a witness to the consent process. You previously entered "[NAME FROM HQ B]."		
J	Respondent's first name. <i>Please record the first name of the respondent.</i>		

Household Questionnaire



		N 1 – Housel going to ask vo			bout eac	h usual member of the	e housel	nold or anyone who slept in the hous	e last nicht.
	1	2	3	4		5	6	7	8
No	First name	Sex	Age (years) If less than one year old, record 0.	Marital St	atus	Relationship to head of household	Family ID	Is this person a usual member of the household or has he/she slept in the house last night?	Eligible female respondent
		Male 1 Female 2		Married Living with a pa Divorced / sep Widow / widow Never Married No response	artner 2 arated . 3 ver 4 5	Head1Wife/Husband2Son/Daughter3Son/Daughter-in-law4Grandchild5Parent6Parent in law7Brother/Sister8Other9Don't know-88No response-99		Usual member of the household who slept in the house last night1 Usual member of the household who did NOT sleep in the house last night2 Visitor who slept in the house last night. 3 No response	Yes 1 No 0 ODK will determine and display eligibility
1									
2									
3									
4									
5									
Afte	r record	ding information	n for one hou	sehold membe	er, the foll	owing prompt is asked t	o activat	e a looping script to record information f	or another member
9		ere any other us hold or persons ght?							
	[NUM ENTE name MEME house	D THIS CHECK BER OF HOUS RED] househo d [NAMES OF BERS]. Is this a shold members mber to include shold.	EHOLD ME Id members ENTERED H a complete I s?	MBERS who are IOUSEHOLD ist of the					Skip to 10 if Yes



NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKI
10	Please tell me about the items you're		Yes	No	
	your household owns. Does your	Electricity?		0	
	household have:	A wall clock?	1	0	
		A radio?		0	
	Read out all types and select all that	A black/white television?		0	
	apply. Scroll to bottom to see all choices.	A color television?	1	0	
	If an item is reported broken but said to be	A mobile phone?	1	0	
	out of use only temporarily, select the	A landline telephone?	1	0	
	item. Otherwise do not select the item.	A refrigerator?	1	0	
		A freezer?	1	0	
		A generator/invertor(s)?		Ō	
		A washing machine?	1	Ő	
		A computer?	1	0	
		A digital photo camera?		Ō	
		A non digital photo camera?		0	
		A video deck?	1	0	
		A DVD/CD?		0	
		A sewing machine?		0	
		A bed?	1	0	
		A table?		Ő	
		A cabinet/cupboard?	1	0	
		A bicycle?		0	
		A motorcycle or motor scooter?	1	õ	
		A car or truck?		0	
		A boat with a motor?		0	
		A boat without a motor?		0	
		A gas or electric stove?		0	
				0	
		A chair(s)? A lamp(s)?	1	Ő	
		An oven?	1	0	
		A hoe(s)?		0	
		Animal-drawn cart?		0	
		A canoe or motorized canoe?		0	
		A rental house?		0	
		None of the above		Ŭ	
		No response	-99		
11a	Does this household own any	Yes			Skip
	livestock, herds, other farm animals, or	No			12a
	poultry?	No response			No o NR
					INR
	These livestock can be kept anywhere, not				
	necessarily on the homestead.				

Household Questionnaire

QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
How many of the following animals does this household own?	Cows or bulls	
Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response.	Horses, donkeys, or mules	
The household can keep the livestock	Goats	
	Sheep	
	Hogs/pigs	
	Ducks/canes	
	Hens/cocks/other poultry	
	Other	
Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Homestead includes the structure and yard that is close to the structure.	Yes1 No0 No response99	Skip to 13 if No or NR
How many of the following animals does this household keep ON THE HOMESTEAD?	Cows or bulls	
Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response.	Horses, donkeys, or mules	
The household does not need to own the livestock recorded here.	Goats Sheep	
	Hogs/pigs	
	Ducks/canes	
	Hens/cocks/other poultry	
	Other	
	valls.	
Main material of the floor	NATURAL MATERIAL	
Observe.	EARTH / SAND 11 COW DUNG 12	
	RUDIMENTARY MATERIAL WOODEN BOARDS	
	DEVELOPED MATERIAL PARQUET OR POLISHED WOOD 31 TAPES VINYL / ASPHALT	
	How many of the following animals does this household own? Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. The household can keep the livestock anywhere but must own the livestock recorded here. Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Homestead includes the structure and yard that is close to the structure. How many of the following animals does this household keep ON THE HOMESTEAD? Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. The household does not need to own the livestock recorded here.	How many of the following animals does this household own? Cows or bulls Zero is a possible answer. Enter -88 for do not know. Enter -99 for no response. Horses, donkeys, or mules The household can keep the livestock anywhere but must own the livestock anywhere but must own the livestock Goats Does this household keep any livestock, herds, other farm animals, or poultry ON THE HOMESTEAD, regardless of who owns these livestock? Yes 1 Homestead includes the structure and yard that is close to the structure. Yes 0 How many of the following animals does this household keep ON THE HOMESTEAD? Cows or bulls

NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKI
14	Main material of the roof	NATURAL MATERIAL	
	Observe.	NO ROOF 11	
	Observe.	THATCH/PALM ROOF 12	
		EARTH MOTTES 13	
		RUDIMENTARY MATERIAL	
		MATS	
		PALM / BAMBOO	
		WOODEN BOARDS 23	
		CARDBOARD24	
		DEVELOPED MATERIAL	
		SHEET METAL	
		WOOD	
		ZINC / FIBER CEMENT	
		TILE	
		CEMENT 35	
		SHINGLES	
		OTHER96	
		NO REPONSE99	
15	Main material of the exterior walls	NATURAL MATERIAL	
		NO WALL	
	Observe.	BAMBOO / CANE / PALM / TRUNK. 12	
		EARTH13	
		RUDIMENTARY MATERIAL	
		BAMBOO WITH MUD	
		STONES WITH MUD	
		ADOBE NOT COVERED	
		PLYWOOD24	
		CARDBOARD25	
		RECOVERED WOOD26	
		DEVELOPED MATERIAL	
		CEMENT	
		STONES WITH LIME / CEMENT 321	
		BRICKS	
		CEMENT BLOCKS 343	
		COVERED ADOBE	
		WOOD BOARD / SHINGLES	
		OTHER	
		NO RESPONSE	
	ction 4 – Water, Sanitation and Hyg I would like to ask you a few questions		
16	Do you have a place to wash your	Yes, fixed place	Skip
	hands, or do you have a movable	Yes, movable container	19 if
	container that is not kept in a fixed	No0	No
	location, such as a bowl or kettle, that	Don't know88	Go t
	is commonly used for hand washing?	Refuse to answer99	17a 16 is
	If the container is always in the same		
	location, then count it as a fixed place		Skip 17b
	,		16 is
17a	Can you show it to me?	Yes 1	Skip
			19 if

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Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKIP
18a	AT THE PLACE WHERE THE HOUSEHOLD WASHES THEIR HANDS, OBSERVE IF:	Soap is present Water source is present: stored water Water source is present: running water Hand washing area is near a sanitation facility None of the above	1 1 1	<u>No</u> 0 0 0	
17b	Can you show me any soap, water, and movable container available in the household used for hand washing?	Yes No			
18b	ANYWHERE WITHIN THE HOUSEHOLD, OBSERVE IF:	Soap is present Water source is present: stored water Water source is present: running water Hand washing container Is observed None of the above	1	<u>No</u> 0 0	
19	Which of the following water sources does your household use on a regular basis for any part of the year for any purpose? Read out all types and check all that are used. Scroll to the bottom to see all choices.	Piped Water Piped into dwelling/indoor Pipe to yard/plot Public tap/standpipe Tube well or borehole Dug Well Protected Well Unprotected Well Water from Spring Protected Spring Unprotected Spring Cart with Small Tank Surface water (River / Dam / Lake / Pond / Stream /Canal / Irrigation Channel) Bottled Water No Response	Yes 1 1 1 1 1 1 1 1 1 1 1 1 1	No 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	If only one sourc is select ed, skip to HQ22
20	What is the main source of drinking water for members of your household? Selections from HQ19: [ODK will list water sources selected for HQ19] <i>Read out HQ19 selections only.</i>	No Response Piped Water Piped into dwelling/indoor Pipe to yard/plot 2 Public tap/standpipe 3 Tube well or borehole Protected Well Protected Spring Protected Spring Protected Spring 7 Unprotected Spring 8 Rainwater 9 Tanker Truck 10 Cart with Small Tank 11 Surface water (River / Dam / Lake / Pond / Stream / Canal / Irrigation Channel) 12 Bottled Water 13 Sachet Water 99	-99		

NO	QUESTIONS AND FILTERS	CODING CATEGORIES		SKIP
21	What is the main source of water used by your household for other purposes such as cooking and hand washing? Selections from HQ19: [ODK will list water sources selected for HQ19] <i>Read out HQ19 selections only.</i>	Piped Water Piped into dwelling/indoor Pipe to yard/plot Public tap/standpipe Tube well or borehole Dug Well Protected Well Unprotected Well Water from Spring Protected Spring Unprotected Spring Tanker Truck Cart with Small Tank Surface water (River / Dam / Lake / Pond / Stream / Canal / Irrigation Channel) Bottled Water Sachet Water	2 	
	Questions HQ 22 to HQ 25 will repeat x 1 19. These sources include: [ODK will display HQ19 selections.]	times, once for each water source	selected in HQ	
22	You mentioned that you used [WATER SOURCE]. At any time of the year, does your household use water from this source for:	Drinking Cooking Livestock Gardening / agriculture Business venture Washing	1 0 1 0	
23	Is [WATER SOURCE] typically available: Read all choices out loud.	All of the year Some of the year Small part of the year No response	2 3	
24	At a time of year when you expect to have water from [WATER SOURCE], is it usually available?	Yes, always No, intermittent and predictable No, intermittent and unpredictable. No response	1 2 3	
25	How long does it take to go to [WATER SOURCE], get water, and come back? Zero is a possible answer Enter -88 for do not know Enter -99 for no response Convert time into minutes. Answer includes waiting time in line.	Minutes:		
26	Does your household have a garden? A garden is a place to grow vegetables.	Yes No No response	0	

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Household Questionnaire

NO	QUESTIONS AND FILTERS	CODING CATEGORIES			SKIP		
27	Do members of your household use		Yes	No			
	any of the following toilet facilities?	Flush/pour flush toilets connected to:					
		Piped sewer system	1	0			
	Read out all types and check all that are	Septic tank		0			
	used. Scroll to the bottom to see all	Pit Latrine		0			
	choices.	Elsewhere		0			
		Unknown / Not sure / Don't know		õ			
		Ventilated improved pit latrine		Ő			
		Pit latrine with slab		0			
		Pit latrine without slab		0			
				0			
		Bucket toilet					
		Composting toilet		0			
		Hanging toilet /Hanging latrine		0			
		No facility / bush / field		0			
		Other:		0			
		No Response	-99				
28	What is the main toilet facility used by						
	members of your household?	Flush/pour flush toilets connected to:					
	-	Piped sewer system	1				
	HQ27: [ODK will display HQ27	Septic tank					
	selections]	Pit Latrine					
	The maxim facility must be acle at a dim UO						
	The main facility must be selected in HQ	Elsewhere					
	27.	Unknown / Not sure / Don't know					
		Ventilated improved pit latrine					
		Pit latrine with slab					
		Pit latrine without slab/open pit					
		Bucket toilet					
		Composting toilet	9				
		Hanging toilet /Hanging latrine	10				
		No facility / bush / field					
		Other:					
		No Response					
	Question HQ 29 will repeat x times, once for each sanitation facility selected in HQ27. These facilities include:						
	HQ27: [ODK will display HQ27 selection	s]					
29	How often does your household	Always	1				
	typically use: [TOILET FACILITY	Most of the time	2				
	TYPE]?	Occasionally					
	-	Rarely					
	Regular practices at the household only.						
		No response			0		
29b	Do you share this toilet facility with	Not shared			Skip t		
	other households or the public?	Shared with less than ten households			HQ30 if not		
	-	Shared with ten or more households	3		n not		
			-		1		
		Shared with the public.	4				

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NO	QUESTIONS AND FILTERS	CODING CATEGORIES	SKIP
29c	Enter the number of households that share this facility (including your own).	Number of	
	[TOILET FACILITY TYPE]	Households:	
	Must be between 2 and 9.		
	<i>If 10 or greater, swipe back to HQ29b and choose "shared with ten or more households."</i>		
	Enter -99 for no response.		
30	How many people within your household regularly use the bush / field at home or at work?	Number of People:	
	There are x people in this household. Enter -88 for do not know, -99 for no response.		
31	Ask permission to take a photo of the entrance of the house.	Yes1 No0	Skip L if No
	Did you get consent to take the photo?		
Tha	nk the respondent for her/his time.		
	respondent is finished, but there is still more		
LO	CATION AND QUESTIONNAIRE RE	SULT	
K	Location	RECORD LOCATION	
	Take a GPS point near the entrance to the household. Record location when the accuracy is smaller than 6m.	2.	
	CHECK 32: Permission to take photo?	4	Skip to M if No
L	Ensure that no people are in the photo	TAKE PICTURE	
Μ	How many times have you visited this household?	1 st time	
Ν	Questionnaire result	Completed1	
	Record the result of the Household Questionnaire	No household member at home or no competent respondent at home at time of visit	

BMJ Open

	Item No	Pg	
		#	Recommendation
Title and abstract	1	1-2	(a) Indicate the study's design with a commonly used term in the title or the abstract
			(b) Provide in the abstract an informative and balanced summary of what was done
			and what was found
		Introduct	ion
Background/rationale	2	3-4	Explain the scientific background and rationale for the investigation being reported
Objectives	3	4	State specific objectives, including any prespecified hypotheses
		Methods	
Study design	4	5-7	Present key elements of study design early in the paper
Setting	5	4	Describe the setting, locations, and relevant dates, including periods of recruitment,
-			exposure, follow-up, and data collection
Participants	6	5	(a) Give the eligibility criteria, and the sources and methods of selection of
1			participants
Variables	7	6	Clearly define all outcomes, exposures, predictors, potential confounders, and effect
-			modifiers. Give diagnostic criteria, if applicable
Data sources/	8*	5-6	For each variable of interest, give sources of data and details of methods of
measurement	~		assessment (measurement). Describe comparability of assessment methods if there i
			more than one group
Bias	9	10	Describe any efforts to address potential sources of bias
Study size	10	5-6	Explain how the study size was arrived at
Quantitative	11	6	Explain how quantitative variables were handled in the analyses. If applicable,
variables	11	0	describe which groupings were chosen and why
Statistical methods	12	7	(<i>a</i>) Describe all statistical methods, including those used to control for confounding
Statistical methods	12	7	(b) Describe any methods used to examine subgroups and interactions
		//n/a	(c) Explain how missing data were addressed
		7	(d) If applicable, describe analytical methods taking account of sampling strategy
		/	(e) Describe any sensitivity analyses
			(e) Describe any sensitivity analyses
	10.4	Results	
Participants	13*	6	(a) Report numbers of individuals at each stage of study—eg numbers potentially
			eligible, examined for eligibility, confirmed eligible, included in the study,
			completing follow-up, and analysed
		n/a	(b) Give reasons for non-participation at each stage
		n/a	(c) Consider use of a flow diagram
Descriptive data	14*	7-8	(a) Give characteristics of study participants (eg demographic, clinical, social) and
			information on exposures and potential confounders
		n/a	(b) Indicate number of participants with missing data for each variable of interest
Outcome data	15*	7-8	Report numbers of outcome events or summary measures
Main results	16	7-9	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and
			their precision (eg, 95% confidence interval). Make clear which confounders were
			adjusted for and why they were included
		n/a	(b) Report category boundaries when continuous variables were categorized
		n/a	(c) If relevant, consider translating estimates of relative risk into absolute risk for a
			meaningful time period
Other analyses	17	n/a	Report other analyses done-eg analyses of subgroups and interactions, and

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			sensitivity analyses
		Discussi	on
Key results	18	9-10	Summarise key results with reference to study objectives
Limitations	19	10	Discuss limitations of the study, taking into account sources of potential bias or
			imprecision. Discuss both direction and magnitude of any potential bias
Interpretation	20	10	Give a cautious overall interpretation of results considering objectives, limitations,
			multiplicity of analyses, results from similar studies, and other relevant evidence
Generalisability	21	10	Discuss the generalisability (external validity) of the study results
		Other in	nformation
Funding	22	10-11	Give the source of funding and the role of the funders for the present study and, if
			applicable, for the original study on which the present article is based

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.