

Supplemental Table 2: Factor loadings for all items of the Infant Feeding Questionnaire (IFQ) and Cronbach alpha scores for each factor structure (12 months)

Items	Factors determined through factor analysis					Original scale
	Factor 1 <i>Awareness of infant satiety and hunger cues</i>	Factor 2 <i>Using food to calm fussiness</i>	Factor 3 <i>Feeding on schedule</i>	Factor 4 <i>Concern about infant undereating and being underweight</i>	Factor 5 <i>Concern about infant overeating and being overweight</i>	
<i>My child knows when she/he is hungry</i>	,638					Factor 1
<i>My child knows when she/he is full</i>	,580					"
<i>I know when my child is full</i>	,768					"
<i>I know when my child is hungry</i>	,706					"
<i>To make sure s/he don't get fussy, do you feed her/him even if you don't think s/he is hungry?</i>		,751				Factor 2
<i>Feeding my child is the best way to stop him/her being unsettled</i>		,825				"
<i>When your child gets upset, is feeding him/her the first thing you do?</i>		,686				"
<i>Do you only allow your child to feed at set times?</i>			,807			Factor 3
<i>Do you let your child feed whenever s/he wants to? (R)</i>			,724			"
<i>Do you worry that your child is not feeding enough?</i>				,836		Factor 4
<i>Is it a struggle to get your child to feed?</i>				,825		"

<i>I am worried that my child will become underweight</i>				,765		“
<i>If I don't encourage my child to feed, then s/he will not eat enough</i>				,731		“
<i>Do you worry that your child is feeding too much?</i>					,820	Factor 5
<i>I am worried that my child will become overweight</i>					,777	“
<i>Do you get upset if your child feeds too much?</i>					,806	“
Cronbach's alpha	,64	,65	,46	,81	,72	
Mean score (SD)	4,11 ± 0,60	2,12 ± 0,69	3,04 ± 0,77	1,87 ± 0,79	1,54 ± 0,65	

Principal component analysis (PCA) with Varimax normalized rotation were run on all the items. Questions with reversed scales were first reversely scored, and a factor loading cut-off of 0.3 was applied before running the factor analysis. The factor analysis in this study resulted in the same five factors as in the modified IFQ, explaining 62% of the total variance (Additional file2: Table S2). Cronbach's α was computed for each of the five subscales: *Feeding on a schedule* (2 items; e.g., Do you let your baby feed whenever s/he wants to?, Cronbach's $\alpha=0.46$), *Awareness of hunger and satiety cues* (4 items; e.g., I know when my baby is hungry, Cronbach's $\alpha=0.64$), *Concern about infant overeating and becoming overweight* (3 items; e.g., Do you worry that your baby is feeding too much?, Cronbach's $\alpha=0.72$), *Concern about infant under-eating and becoming underweight* (4 items; e.g., I am worried that my baby will become underweight, Cronbach's $\alpha=0.81$), and *Using food to calm* (3 items, e.g., Feeding my baby is the best way to stop him/her being unsettled, Cronbach's $\alpha=0.65$).