Supplementary Online Content

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eTable 1. Frequency With Which Amazon's Mechanical Turk (MTurk) Participants Chose Each Reason for Avoiding Telling Clinician Each Type of Information

eTable 2. Frequency With Which Survey Sampling International (SSI) Participants Chose Each Reason for Avoiding Telling Clinician Each Type of Information

This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. Frequency With Which Amazon's Mechanical Turk (Mturk) Participants Chose Each Reason for Avoiding Telling Clinician Each Type of Information

	Information participant avoided telling								
Reason	Didn't understan d provider' s instructio ns	Disagreed with provider's recommendati on	Didn't exerci se	Had unhealt hy diet	Took a certain medicati on	Did not take prescripti on medicatio n as instructed	Took someone else's prescripti on medicatio n		
I was embarrass ed to admit that I [insert item].	523/638 (82.0%)	302/918 (32.9%)	399/44 6 (89.5 %)	438/493 (88.8%)	155/311 (49.8%)	271/453 (59.8%)	163/280 (58.2%)		
I didn't want to be judged or get a lecture about my behavior.	-	-	389/44 6 (87.2 %)	440/493 (89.3%)	216/311 (69.5%)	373/453 (82.3%)	242/280 (86.4%)		
I didn't want to hear how bad [insert behavior] is for me.	-	-	347/44 6 (77.8 %)	414/493 (84.0%)	199/311 (64.0%)	352/453 (77.7%)	242/280 (86.4%)		
I didn't want the health care provider to think that I'm stupid.	479/638 (75.1%)	318/918 (34.6%)	135/44 6 (30.3 %)	184/493 (37.3%)	79/311 (25.4%)	167/453 (36.9%)	74/280 (26.4%)		
I didn't want the health care provider to think that I'm a difficult patient.	422/638 (66.1%)	656/918 (71.5%)	128/44 6 (28.7 %)	151/493 (30.6%)	-	266/453 (58.7%)	84/280 (30.0%)		
I didn't want this informatio n in my medical record.	-	-	128/44 6 (28.7 %)	150/493 (30.4%)	184/311 (59.2%)	129/453 (28.5%)	171/280 (61.1%)		

I didn't want to take up any more of the health care provider's time.	376/638 (58.9%)	349/918 (38.0%)	-	-	-	-	-
I didn't think it mattered.	291/638 (45.6%)	436/918 (47.5%)	103/446 (23.1%)	115/493 (23.3%)	144/311 (46.3%)	143/453 (31.6%)	106/280 (37.9%)
I didn't want to have to	(43.070)	(47.370)	(23.170)	(23.370)	(40.370)	(31.070)	(31.970)
make a difficult change (i.e. [insert behavior change]) that the health care provider would then recommend.	-	-	168/446 (37.7%)	237/493 (48.1%)	112/311 (36.0%)	134/453 (29.6%)	74/280 (26.4%)
I didn't think the health care provider could help me with this problem.	-	-	-	165/493 (33.5%)	82/311 (26.4%)	132/453 (29.1%)	63/280 (22.5%)
I wanted the health care	182/638	216/918	113/446	121/493	61/311	103/453	60/280
provider to like me.	(28.5%)	(23.5%)	(25.3%)	(24.5%)	(19.6%)	(22.7%)	(21.4%)
I had a bad previous experience with telling a health care provider [insert information].	131/638 (20.5%)	236/918 (25.7%)	55/446 (12.3%)	58/493 (11.8%)	48/311 (15.4%)	61/453 (13.5%)	26/280 (9.3%)
I didn't want the health care provider to tell someone in my family.	-	-	41/446 (9.2%)	68/493 (13.8%)	74/311 (23.8%)	59/453 (13.0%)	56/280 (20.0%)

- = this reason was not offered as an option for this item
Column totals exceed 100% because participants could check all that apply.
N's represent the # of participants who reported having avoided telling a clinician that type of information

eTable 2. Frequency With Which Survey Sampling International (SSI) Participants Chose Each Reason for Avoiding Telling Clinician Each Type of Information

	Information participant avoided telling								
Reason	Didn't understan d provider' s instructio ns	Disagreed with provider's recommendati on	Didn't exerci se	Had unhealt hy diet	Took a certain medicati	Did not take prescripti on medicatio n as instructed	Took someone else's prescripti on medicatio n		
I was embarrass ed to admit that I [insert item].	415/607 (68.4%)	232/785 (29.6%)	409/53 8 (76.0 %)	365/506 (72.1%)	100/258 (38.8%)	239/439 (54.4%)	121/219 (55.3%)		
I didn't want to be judged or get a lecture about my behavior.	-	-	362/53 8 (67.3 %)	364/506 (71.9%)	169/258 (65.5%)	284/439 (64.7%)	148/219 (67.6%)		
I didn't want to hear how bad [insert behavior] is for me.	-	-	345/53 8 (64.1 %)	346/506 (68.4%)	153/258 (59.3%)	284/439 (64.7%)	162/219 (74.0%)		
I didn't want the health care provider to think that I'm stupid.	361/607 (59.5%)	233/785 (29.7%)	150/53 8 (27.9 %)	181/506 (35.8%)	75/258 (29.1%)	138/439 (31.4%)	73/219 (33.3%)		
I didn't want the health care provider to think that I'm a difficult patient.	305/607 (50.3%)	399/785 (50.8%)	201/53 8 (37.4 %)	192/506 (37.9%)	85/258 (33.0%)	201/439 (45.8%)	64/219 (29.2%)		
I didn't want this informatio n in my medical record.	-	-	154/53 8 (28.6 %)	169/506 (33.4%)	113/258 (43.8%)	135/439 (30.8%)	110/219 (50.2%)		

I didn't want to take							
up any more of the	287/607	244/785					
health care provider's	(47.3%)	(31.1%)	-	-	-	_	-
time.							
I didn't think it	219/607	308/785	149/538	137/506	113/258	144/439	87/219
mattered.	(36.1%)	(39.2%)	(27.7%)	(27.1%)	(43.8%)	(32.8%)	(39.7%)
I didn't want to have							
to make a difficult							
change (i.e. [insert			210/538	252/506	123/258	133/439	52/219
behavior change]) that	-	-	(39.0%)	(49.8%)	(47.7%)	(30.3%)	(23.74%)
the health care			(37.070)	(47.070)	(47.770)	(30.370)	(23.7470)
provider would then							
recommend.							
I didn't think the							
health care provider	_	_	_	188/506	90/258	127/439	52/219
could help me with				(37.2%)	(34.9%)	(28.9%)	(23.7%)
this problem.							
I wanted the health	134/607	149/785	104/538	111/506	49/258	88/439	44/219
care provider to like	(22.1%)	(19.0%)	(19.3%)	(21.9%)	(19.0%)	(20.1%)	(20.1%)
me.	(==1170)	(1).070)	(15.670)	(211)/0)	(1)10/0)	(2011/0)	(=0.170)
I had a bad previous			0.4/20	0.4/=0.4	40 (5.70	0.444.00	
experience with telling	172/607	222/785	84/538	96/506	60/258	84/439	41/219
a health care provider	(28.3%)	(28.3%)	(15.6%)	(19.0%)	(23.3%)	(19.1%)	(18.7%)
[insert information].							
I didn't want the			5 0/ 50 0	0.4/50.6	4.5/2.50	50/400	44/240
health care provider to	-	_	78/538	84/506	46/258	73/439	41/219
tell someone in my			(14.5%)	(16.6%)	(17.8%)	(16.6%)	(18.7%)
family.							

^{- =} this reason was not offered as an option for this item

Column totals exceed 100% because participants could check all that apply.

N's represent the # of participants who reported having avoided telling a clinician that type of information