

Additional File 2. Table of Excluded studies.

1. Cross-over design without a washout period, non-validated inclusion criteria, insufficient data.(1)
 2. Cross-overdesign without a washout period, non-validated inclusion criteria.(2)
 3. Cross-over design without a washout period, non-validated inclusion criteria.(3)
 4. Insufficient data as subjects used rescue therapy without disclosing details. (4)
 5. Cross-over design with a variable washout period, Insufficient data (conference abstract).(5)
 6. Data presented elsewhere.(6)
 7. Data presented elsewhere.(7)
 8. Data presented elsewhere.(8)
 9. Data presented elsewhere.(9)
 10. Data presented elsewhere.(10)
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 4. Vejdani R, Shalmani HRM, Mir-Fattahi M, Sajed-Nia F, Abdollahi M, Zali MR, et al. The efficacy of an herbal medicine, Carmint, on the relief of abdominal pain and bloating in patients with irritable bowel syndrome: A pilot study. *Digestive Diseases and Sciences*. 2006;51(8):1501-7.
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