

Guidelines for patients in the **CONTROL** group of the **TOXYC** study: **T**argeted **OXY**gen therapy in **C**ritical illness

TARGET SpO₂ RANGE: ≥ 96%

Advice on how to maintain your patient's in the target SpO_2 range for this study:

SpO₂ 96-100%

Maintain SpO_2 at or above 96% by increasing or reducing FiO_2 in 5% intervals every 10 minutes if required

SpO₂ < 96%

Increase F_1O_2 in 5-10% intervals every 10 minutes until the S_pO_2 is equal to or greater than 96%

Other guidance for patients in the **CONTROL** group:

- Once an F_1O_2 of 0.21 (21%) has been reached continue to monitor S_PO_2 but no further downwards titration of F_1O_2 will be possible.
- Set the LOW SpO₂ alarm limit on the monitor to **95%**.
- Do not adjust the F_1O_2 according to the arterial blood gas P_2O_2 , however, if the S_2O_2 is consistently at 100%, care must be taken to avoid unnecessary hyperoxaemia.
- Any mode of ventilation can be used and settings such as the tidal volume, respiratory rate and PEEP can be selected by the patient's clinical team.
- Record all the patient's hourly information in the usual way.
- Please record all 100% oxygen boluses on the ICU chart.

If you have any questions or concerns about the study please contact: daniel.martin@ucl.ac.uk or margaret.mcneil@nhs.net

Thank you for helping us to deliver this study.

Funded by the National Institute for Health Research and Royal Free Charity

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