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## Supporting Information (SI Appendix): Global reconstruction of historical ocean heat storage and transport

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Here we present further information on the availability of
the products used in our study, the uncertainty quantification
in GF and datasets, and the regional time-dependent OHC
estimates.

A. Data Availability. In addition to the references provided 16in the main text and the Materials and Methods sec-17 tion, we are listing the links to all datasets used in the 18present study. The ECCO-GODAE data can be downloaded 19 from http://www.ecco-group.org/products.htm. The Hadley cen-20ters SST datasets are at https://www.metoffice.gov.uk/hadobs/ 21 The NCEI OHC and salinity data are availhadisst/. 22able at https://www.nodc.noaa.gov/OC5/3M\_HEAT\_CONTENT/ 23heat global.html and https://www.nodc.noaa.gov/cgi-bin/OC5/ 24SAL\_ANOM/showfiganom.pl?action=start, respectively. The 25IAP, Ishii and Domingues data are available from http:// 26159.226.119.60/cheng/, https://climate.mri-jma.go.jp/pub/ocean/ 27ts/v7.2/doc/00README, and http://www.cmar.csiro.au/sealevel/ 28thermal expansion ocean heat timeseries.html, respectively. 29

31 B. Code Availability. The TMM code and climatological trans32 port matrices extracted from the ECCO-GODAE state esti33 mate are available on GitHub https://github.com/samarkhatiwala/
34 tmm, and the GFs are available from the corresponding author
35 upon request.

36C. Error Estimates: GFs reconstructions. The OHC recon-37struction from GFs presented in this study is subject to two 38 primary sources of uncertainty: 1) errors in the imperfect 39 representation of ocean transport processes (e.g., advection, 40 41 mixing) in ECCO-GODAE, which can be due to the model resolution and parametrizations and/or the lack of data in 42some regions - this will then translate into errors in the com-43puted GFs and pathways between the ocean interior and the 44surface; and 2) errors in SSTs due to poor spatial and temporal 45sampling, particularly outside the Atlantic basin and in the 46 early part of the record. In this study, we have devised a 47strategy, described below, to both minimize the dependence 48 of the OHC estimates on model and observational biases, and 49 also to partially account for the uncertainty associated with 50the imperfect knowledge of ocean transport and SSTs from 51data and ECCO-GODAE. 52

We select broad areas both at the surface for SSTs and in the 5354ocean interior for the GFs, which led to more robust patterns of OHC and associated uncertainties despite reducing the hor-55izontal resolution of the estimates. The transport matrix and 56 57 GFs, themselves, are subject to uncertainty associated with the ECCO-GODAE representation of ventilation pathways. 58which are affected in part by model resolution and numerical 59 mixing. The patterns and magnitude of the ECCO-GODAE 60 time-mean barotropic and Sverdrup transport are in agree-61 ment to those derived directly from observational products 62

(1–4). However, a comparison of simulated bomb radiocarbon with observations suggests that shallow-to-deep exchange in ECCO-GODAE may be too efficient (5, 6). Despite this bias, the inventory and spatial distribution of anthropogenic CO<sub>2</sub> simulated by ECCO-GODAE have been shown to be in line with observational estimates (6, 7). In addition, a detailed analysis (8) using a more recent version of ECCO, which is not qualitatively different from previous ECCO versions (except for the longer period of assimilation), produces abyssal heat content changes at high Southern latitudes that are consistent with those of (9) (as also shown here in Fig. 1C).

83 Nonetheless, ECCO-GODAE pathways are derived from an 84 ocean model at  $1^{\circ}$  horizontal resolution which inevitably pos-85 sesses some biases, despite being constrained by observations. 86 To include this uncertainty, without having to recalculate the 87 GFs for several ocean reanalyses, which is computationally 88 challenging, we have opted to perturb our estimates of the 89 GFs. The uncertainty in observationally-based, basin-averaged 90 GFs has been estimated to be O(10-20%) (10). In addition, 91crude estimates derived from previous studies (5, 6) suggest 92O(20-30%) error in shallow to deep exchange of water. Finally, 93 comparison of ocean reanalysis products (11) shows a 20 to 9430% spread in the amplitude of the upper and lower overturn-95ing cells. Therefore, we perturb the GFs by 20% in the upper 96 2000 m and 40% below 2000m in an attempt to represent 97 the transport uncertainty derived from ocean reanalyses, and 98 tracer-based observational estimates. The perturbations are 99applied while imposing mass conservation by renormalizing 100 the GFs. This uncertainty representation is potentially con-101 servative and will be investigated in future work by using 102GFs estimated from different observation-based products (e.g., 103other ECCO state estimates, or direct climatological products 104such as GLODAP), and/or over different time periods. 105

Finally, we convolve the GFs with 10 different realizations 106 from HadISST v2.0, rather than using HadISST v1 alone 107 to include uncertainty in surface boundary conditions. The 108ensemble-mean estimate of OHC, from 1955 onwards, based 109 on HadISST v2.0 is only within 2% of the one based on 110 HadISST v1. The error prior to 1955 is large due to the reduced 111 availability of surface temperatures. Using two additional SST 112estimates from the NOAA Extended Reconstruction SSTs 113V4 (12) or from COBE (13) did not result in different OHC 114estimates (less than a few percents change) and those estimates 115are therefore left out of the present study. 116

Overall, the OHC and associated errors from the GFs are<br/>comparable to the ensemble-mean and the spread from different<br/>observational estimates (e.g., 14, 15, and Fig.1 here). The<br/>values of regional trends in OHC and thermosteric sea level<br/>rise mentioned in the manuscript are only discussed if the<br/>discrepancies between observations and GF estimates are larger<br/>than the error estimates derived here.117

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D. Error estimates: observational products. There is a vast 125126literature describing observational products and associated 127errors (e.g., 16–18). In addition to the sparsity of the data, 128especially at high latitudes and in the early part of the histor-129ical record, there are other factors leading to uncertainty in 130OHC estimates: error related to the measurements themselves 131(i.e., instrumental error), and errors due to the methods used to filling the gap in data sampling. The methods include 132133infilling of data gaps via statistical methods, which often re-134lies on knowledge of temporal and spatial covariance of the 135data. The uncertainty associated with mapping techniques 136has been well documented in previous studies (18, 19). Other 137methods to cover the gap in sampling is to rely on data as-138similation techniques, which combines observations with a 139numerical model -none used in the present study (20). As shown in Fig. 1, there are substantial differences among the 140141observationally-based estimates using direct in-filling. Our GFs estimates are often situated within the bounds of the 142143different products, except perhaps for the early part of the 144record – however error uncertainty estimates might also be 145underestimated in all products. To easily compare with obser-146vations, we have presented the observational linear trends in Fig. 1 (and associated discussion in the main manuscript) as 147148an ensemble-mean, with the error given by the one standard 149deviation. This type of quantification of uncertainty estimate 150is likely optimistic, as discussed by (4), especially given that 151the uncertainty associated with the sparsity of data in the 152earlier part of the record are not adequately represented by 153such an unbiased uncertainty quantification.

154E. Timeseries of OHC as a function of latitudes. Heat redis-155tribution by changes in ocean circulation integrates to zero 156globally; a property that is respected by the use of GFs. How-157ever, as shown in Fig. 3, a signature of ocean circulation 158change is present on a regional scale in the North Atlantic. 159Since the OHC trends are not necessarily linear, and exhibit 160strong variability on a wide range of timescales (Figs. 1 and 3), 161let us consider the temporal evolution of OHC. In the South-162ern Ocean between  $80^{\circ}$  S and  $60^{\circ}$  S, there are weak trends 163over 1955-2017 in both observations (Figs. S3, grey shading 164165representing observational estimates) and GFs (orange curves). Note that the lack of trends in the Southern Ocean could be 166due to lack of observations (21). Between  $60^{\circ}$  S and  $40^{\circ}$  S, the 167increase in heat storage is weaker in the GF estimates than 168that observed (0.03 ZJ/°lat), yet still within observational 169170uncertainty. There is a warming trend at all latitudes ranging from  $60^{\circ}$  S to  $20^{\circ}$  N in both GF estimates and observations, 171172with magnitudes of 1-2 and 0.5-1  $ZJ/^{\circ}$ lat, respectively, occurring in the upper 2000 m over the last 60 years. Between  $20^{\circ}$ 173N and  $50^{\circ}$  N, discrepancies in trends and variability between 174the GF and observational estimates are further discernible, 175indicating strong changes in ocean transport on all timescales. 176

At high latitudes in both hemispheres, there is a signature 177178of decadal variability in the upper 2000 m, rather than distinct warming trends. Between  $80^{\circ}$  S and  $60^{\circ}$  S in the Southern 179Ocean, the low-frequency variability in the GF and observa-180181 tional timeseries are anti-correlated (Fig. S3), indicating a role for ocean circulation change on decadal timescales in the 182Weddell and Ross Sea regions and north of it as the water 183enters the Atlantic and Pacific Oceans. In observations, this 184variability is significant in the South Atlantic south of  $40^{\circ}$ 185S, with an amplitude of up to  $0.3 \text{ ZJ/}^{\circ}$ lat, while in the GF 186

estimates only south of  $60^{\circ}$  S is the decadal variability (on the 187 order of  $0.2 \text{ ZJ}/^{\circ}$ lat) dominating the linear trend. In the North 188 Atlantic, the GF-inferred variability is substantial in both the 189 subtropical and subpolar gyres, and can be comparable to 190 the trend, as discussed in the main text. Decadal variability 191 dominates north of  $50^{\circ}$  N with no obvious detectable warming 192 or cooling trends (similarly to SSTs, Fig. S1) in observations 193 and GF estimates. However, the magnitude of North Atlantic 194 OHC changes in observations is rather different than in GF 195estimates. Figs. 3 and S3 are therefore consistent and ocean 196 transport must have been altered to explain the observed pat- 197 terns of warming north of  $20^{\circ}$  S. However, the cause ocean 198transport changes remain to be further analyzed, in particu-199lar the contribution of natural variability and anthropogenic 200forcing. 201

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