

### **Supplementary File 1: Full Search Strategy for Medline via Ovid**

1. exp Postnatal Care/
2. exp Perinatal Care/
3. exp Prenatal Care/
4. exp Pregnancy/
5. exp Pregnant Women/
6. exp Parturition/
7. (Perinatal or postnatal or prenatal or pregnan\* or antenatal or maternal or postpartum or birth).mp.
8. **OR 1-7**
9. exp Mental Disorders/
10. exp Mental Health/
11. ((mental adj5 health) or (mental adj5 health adj2 problem\*) or (mental adj5 illness\*) or well-being or psychosis or schizophreni\* or anxi\* or depressi\* or (obsessive compulsive adj5 disorder) or phobi\* or (personality adj2 disorder\*) or substance abuse).mp.
12. **OR 9-11**
13. exp Health Services Accessibility/ or exp "Delivery of Health Care"/
14. (barrier\* or (help adj2 seek\*) or (health adj2 seek\*) or (support adj2 seek\*) or access).mp.
15. **OR 13-14**
16. exp Qualitative Research/
17. exp "Attitude of Health Personnel"/ or exp Health Knowledge, Attitudes, Practice/
18. (Experience\* or attitude\* or perspective\*).mp.
19. (qualitative Research or qualitative or phenomenograph\* or grounded theory or ethnograph\* or case stud\* or interview\* or focus group\*).mp.
20. **OR 16-19**
21. **8 AND 12 AND 15 AND 20**
22. limit 21 to (english language and yr="2007 -Current")