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Supplementary webappendix

This webappendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

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Interventions to improve oral vaccine performance in developing countries: a systematic review and meta-analysis

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Supplementary methods

i. Rationale for intervention categories

We compiled a list of both plausible and recognised interventions based on factors considered to play a role in oral vaccine underperformance. Much of this scientific rationale was based upon a detailed review by one of the authors considering the causes of impaired oral vaccine efficacy in developing countries¹. Below we list the rationale for each of these intervention categories.

a. Micronutrients

Vitamin A encompasses a group of retinoid compounds (biological activity all-*trans*-retinol) which play an essential role in a number of physiological functions including immunity. Vitamin A is essential for healthy immune responses at mucosal surfaces and deficiency results in increased mortality and morbidity from measles, diarrhoea, blindness and anaemia². Vitamin A deficiency is prevalent in regions where oral vaccines underperform and Vitamin A supplementation (VAS) is widely accepted and considered to be among the most important tools to reduce childhood mortality in children aged 6-59 months³. Animal studies have shown that Vitamin A deficiency impairs vaccine-elicited gastrointestinal immunity and that replacement with Vitamin A or its metabolite retinoic acid fully restores the mucosal immune response^{4,5}. Vitamin A derivatives have also shown adjuvant potential in humans when given alongside oral and parenteral vaccines^{6,7}. Zinc is an essential mineral involved in multiple aspects of cellular metabolism. Deficiency in zinc leads to growth retardation, loss of appetite and impaired immune function and is strongly correlated with increased diarrhoeal morbidity and mortality⁸. Several studies describe clear benefits of both supplemental and therapeutic zinc in protecting children from diarrhoeal disease⁹. Like Vitamin A, zinc deficiency is more prevalent in regions where oral vaccines underperform. Given its integral role in gut health both through intestinal epithelial repair and regulation of mucosal immune responses, it is plausible that deficiency may attenuate seroconversion to oral vaccines and that supplementation may improve immune responses to oral vaccines.

b. Antibiotics

Many children in developing countries have frequent, early and recurrent exposure to enteric pathogens from early life¹⁰, which could impair the efficacy of an oral vaccine in several ways. First, enteropathogen exposure can cause diarrhoea, which reduces intestinal transit time, thereby lessening vaccine exposure. Second, enteropathogen exposure can accentuate mucosal innate immune responses, thereby impairing vaccine replication. For example, in children infected with non-polio enteroviruses or having diarrhoea at the time of vaccination, immunogenicity to oral poliovirus vaccine is significantly reduced¹¹. Third, induction of innate and adaptive immune responses at the intestinal mucosa can cause perturbations to the gut microbiota¹², which might in turn interfere with oral vaccine responses (see *Probiotics* below). Fourth, pathogens scavenge and compete for energy sources which may interfere with the action and replication of live vaccine virus. Finally, repeated exposure to intestinal pathogens can contribute to chronic alterations in gut structure and function, characterised by increased permeability, reduced absorptive capacity and chronic inflammation, which together have been termed environmental enteric dysfunction (EED)¹³. Biomarkers of EED have been associated with reduced immune responses to oral poliovirus and rotavirus vaccines in some studies^{14,15}, though not in others. Given the potentially deleterious effect of enteric infection or colonisation on the mucosal immune response, a course of antibiotic therapy given around the time of vaccine administration may reduce enteropathogen carriage and improve oral vaccine performance.

c. Anthelmintics

Helminth infestation is prevalent among children in developing countries¹⁶ and their geographical distribution has extensive overlap with areas in which oral vaccines underperform. Intestinal helminth infection is associated with substantial childhood morbidity including anaemia, malabsorption and stunting¹⁷, as well as altered immune function¹⁸. As a result, geohelminths inhabiting the small intestine may interfere with the uptake of oral vaccines in the intestinal lumen. Anti-helminthics, a group of anti-parasitic drugs, are recommended by the WHO for periodic deworming to reduce morbidity among children living in endemic areas¹⁹. Treating helminth infections may enhance immune responses to oral vaccines. However, helminth infestation is rare in early infancy when routine oral vaccines are administered, so the benefits of this intervention may be limited to vaccines administered to older children.

d. Probiotics or prebiotics

The role of the intestinal microbiota on health and immunity is garnering increasing interest. Experiments in germ-free animal models have helped explain mechanisms by which the microbiota influences early immune development and responses²⁰. In humans, a recent study described differences in the microbiota composition, including a decreased abundance of Bacteroidetes, among Ghanaian infants who failed to respond to oral rotavirus vaccine²¹. Moreover, the microbiota of the Ghanaian infants who responded to oral rotavirus vaccine was more similar than non-responders to that of rotavirus-unvaccinated Dutch infants of matched age. However, a study in India found no significant association between microbiota composition and rotavirus vaccine immunogenicity²². Despite these conflicting data, it remains plausible that alterations to the intestinal microbiota can modulate response to oral vaccines. Probiotics are live microorganisms intended to have health benefits, which have been linked to actions that may directly or indirectly influence immune function. In principle, they have the capacity to alter the composition of the gut microbiota and communicate with many cell types, thereby enhancing barrier function, increasing mucin production and promoting IgA secretion. The same is true to a lesser extent with prebiotics, which are non-digestible fibre compounds designed to stimulate the growth and activity of advantageous commensal bacteria in the gut. As a result, well-chosen probiotics or prebiotics, or synbiotics (a combination of prebiotics and probiotics) may modify the intestinal environment in favour of robust mucosal responses to oral vaccines.

e. Withholding breastfeeding

It has been postulated that breastfeeding may attenuate immune responses to oral vaccines. Breast milk contains secretory IgA antibodies as well as innate immune factors such as lactoferrin which can inhibit the replication of live viruses²³. There are also geographical differences in the composition of breast milk. Rotavirus neutralising titres in breast milk are higher in Bangladeshi mothers compared to mothers from the U.S.A²⁴, mirroring the geographical patterns of oral vaccine underperformance. It is therefore possible that withholding breastfeeding around the time of administration of an oral vaccine may enhance the mucosal immune response.

f. Dosing or schedule changes

The endgame to eradicate poliomyelitis has been challenged by oral vaccine underperformance and exemplifies strategies used to close immunity gaps. In some areas, despite high coverage and intensive use of OPV, polio eradication has remained challenging. There are probably several contributing factors (listed above) including a high force of infection. One approach to addressing these polio 'hotspots' has been to use higher potency vaccines and supplemental doses. In Uttar Pradesh, India, high potency mOPV1 and supplemental IPV has been shown to enhance OPV-induced mucosal immunity²⁵. More recently, with the global elimination of Sabin 2, strategies have involved adjustments to the valence of the oral vaccine with bivalent and monovalent preparations being used in place of the traditional trivalent OPV.

Research tackling the underperformance of rotavirus vaccines has also explored dose adjustments (delayed dosing and or increased number of doses)²⁶⁻²⁸. Rotavirus vaccine is currently recommended at 6 and 10 weeks of age; however, in developing countries, doses at younger ages generally yield lower rotavirus vaccine responses. A post-hoc exploratory analysis of vaccine trial data showed that African children receiving the first dose of pentavalent rotavirus vaccine at <8 weeks had lower efficacy (23.7%; 95%CI: -8.2, 46.3) than those vaccinated at >8 weeks (59.1%; 95%CI: 34.0, 74.6)²⁹. Reasons for this may include the interference of concomitantly administered OPV and maternally acquired antibodies. IgA seroconversion was reduced among participants with higher levels of pre-vaccination maternally-derived IgG^{26,30}. A delayed or additional dose of rotavirus vaccine, given after 10 weeks, may limit interference from circulating maternal antibodies and live oral polio vaccine virus as well as benefiting from a more mature infant immune system. Additional rotavirus vaccine doses however must be weighed up against the increased risk of intussusception when rotavirus vaccine is given later in childhood.

g. WASH (water, sanitation & hygiene) interventions

Safe drinking water, access to sanitation and hygiene have long been viewed as key determinants of population health. The term WASH captures several interventions, including access to and treatment of drinking water, safe disposal of faeces (including infant and animal faeces) and hand-washing with soap. In many developing countries, children grow up in conditions of poor WASH. It is possible that this leads to increased subclinical carriage of enteric pathogens, diarrhoea and EED, altering the intestinal environment and reducing

immunogenicity of oral vaccines. If this hypothesis is correct, it is logical that interventions to improve WASH may prevent pathogen carriage, diarrhoea and EED and thereby enhance responses to oral vaccines.

h. Other plausible interventions

Given the numerous factors that have been linked to the underperformance of oral vaccines, it is possible that other interventions have been tested outside of those listed above. One example would be nutritional interventions beyond zinc and Vitamin A supplementation. Malnutrition underlies 45% of deaths in children under 5 years in developing countries and there is high degree of overlap between regions affected by malnutrition and oral vaccine failure³¹. Although data regarding the association between nutritional status and oral vaccine response are conflicting¹, it is possible that other interventions to improve nutritional status in undernourished children may also improve responses to oral vaccines. For this reason, macronutrients as well as micronutrients have been included in our list of interventions.

Another potential window of opportunity is prenatal interventions. The first 1000 days (from conception to a child's second birthday) is increasingly recognized as a critical period of child growth and development, including dynamic intestinal adaptation and immune ontogeny. Environmental factors and maternal health from early pregnancy can also shape epigenetic changes in the developing fetus³² and impact on later health and immunity. There is evidence, for example, that prenatal exposure to maternal helminth infections may modulate infant responses to vaccination and infectious pathogens^{33,34}. It is therefore conceivable that a maternal anthelmintic intervention could boost immune responses to infant oral vaccines. Results of a large randomised controlled trial have shown that neither albendazole nor praziquantel given during pregnancy affect infant immune responses to BCG, tetanus and measles immunisations³⁵. In this trial, oral vaccine responses were not examined; however, another study in Ecuador evaluated oral vaccine responses in the context of maternal helminth infection in pregnancy and paradoxically showed a protective effect, with maternal infection associated with higher infant IgA titres to oral polio and rotavirus vaccine antigens³⁶.

ii. Complete search strategy for Ovid Medline

The Ovid Medline search was first conducted on the 30th March 2017 and then refreshed on the 23rd October 2017.

#	Searches
1	exp Vaccination/
2	Vaccin*.mp.
3	1 or 2
4	Poliovirus/
5	Poliovirus:.mp.
6	Polio.mp.
7	Rotavirus/
8	Rotavirus:.mp.
9	Cholera/
10	Cholera:.mp.
11	Typhoid Fever/
12	Typhoid:.mp.
13	Salmonella typhi/
14	Salmonella typhi:.mp.
15	Shigella/
16	Shigella:.mp.
17	4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16
18	3 and 17
19	Poliovirus Vaccine, Oral/
20	Poliovirus Vaccines/
21	Rotavirus Vaccines/
22	Cholera Vaccines/
23	Typhoid-Paratyphoid Vaccines/
24	Shigella Vaccines/
25	19 or 20 or 21 or 22 or 23 or 24
26	18 or 25
27	Immunogenicity.mp.
28	Immunogenicity, Vaccine/
29	Response.mp.
30	Seroresponse.mp.
31	Seroconversion.mp.
32	Shedding.mp.
33	Virus shedding/
34	Efficacy.mp.
35	Titre.mp.
36	Titer.mp.
37	Antibodies, Viral/
38	Antibodies, Bacterial/
39	Performance.mp.
40	27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 37 or 38 or 39
41	26 and 40
42	Zinc.mp.
43	41 and 42
44	Vitamin A.mp.
45	41 and 44
46	Micronutrient.mp.
47	Micronutrients/
48	46 or 47
49	41 and 48
50	Macronutrient.mp.
51	41 and 50
52	Anti-bacterial agents.sh.
53	Antibiotic.mp.
54	52 or 53

55	41 and 54
56	Anthelmintics.sh.
57	Anthelmintic.mp.
58	Albendazole.mp.
59	Praziquantel.mp.
60	56 or 57 or 58 or 59
61	41 and 60
62	Prebiotic.mp.
63	Probiotics.sh.
64	Probiotic.mp.
65	LGG.mp.
66	62 or 63 or 64 or 65
67	41 and 66
68	Breast Feeding.sh.
69	Breastfeed:.mp.
70	68 or 69
71	41 and 70
72	Dosing.mp.
73	Schedule.mp.
74	Ad.fs.
75	72 or 73 or 74
76	41 and 75
77	limit 76 to (clinical trial, all or meta analysis or multicenter study or observational study or systematic reviews)
78	Buffer.mp.
79	41 and 78
80	(hand*1 adj3 (wash* or clean* or disinfect*)).mp.
81	(hand*1 adj3 hygien*).mp.
82	Hand washing.sh.
83	(handwashing or hand washing).mp.
84	Hygiene/
85	(hygiene adj2 educat*).mp.
86	Sanita*.mp.
87	Water Supply/
88	Water Purification/
89	(Soaps/ or soap.mp.) adj3 (water* or hygien* or educat* or wash*).mp.
90	Sanitation/
91	(latrine*1 or toilet*1 or water closet*1 or privy).mp.
92	80 or 81 or 82 or 83 or 84 or 85 or 86 or 87 or 88 or 89 or 90 or 91
93	41 and 92

iii. List of experts in the field contacted

- Joe Brown (Georgia Tech); joe.brown@ce.gatech.edu
- Roma Chilengi (Centre for Infectious Disease Research in Zambia); Roma.Chilengi@cidrz.org
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iv. **Table S1:** Preferred measures of immunogenicity for different oral vaccine types.

Vaccine	Measures of immunogenicity		
	Preferred measure ¹ (definition)	Timing	Alternative measure
Oral poliovirus vaccine	Seroconversion (serum neutralizing AB titres \geq 1:8 post vaccine)	21-28 days post last dose	Serum neutralizing AB titres Polio virus shedding ('take') ² Anti-polio specific IgA or IgG (serum or stool)
Oral rotavirus vaccine	Seroconversion (\geq 3-fold rise or \geq 20U/ml (if pre-vaccine titre <20U/mL) serum RV IgA AB titres post vaccine)	14-28 days post last dose	Serum RV IgA titres RV complement-fixing AB RV-sIgA or Copro IgA Serum NAs ³ to different serotypes
Oral cholera vaccine	Seroconversion (\geq 4-fold rise serum vibriocidal AB titres post vaccine)	7-14 days post dose	Vibriocidal AB titres Vibriocidal sIgA Cholera LPS IgA or IgG CTB IgA or IgG
Oral typhoid vaccine	Seroconversion (\geq 4-fold rise serum anti-LPS IgG or IgA AB post vaccine)	7-14 days post dose	Serum anti-LPS IgG or IgG Intestinal sIgA IgG and IgA ASC

¹ Deviations from these definitions were permitted provided that they did not breach our inclusion/exclusion criteria

² OPV shedding had to be measured between 1 and 4 weeks after vaccination

³ NA = neutralising antibody, sIgA = secretory IgA, LPS = lipopolysaccharide, CTB = cholera toxin subunit B, ASC = antibody secreting cell

v. **Assessment of evidence quality**

The quality of evidence was assessed for each study using GRADE criteria, which evaluates type of evidence, risk of bias, consistency with other studies, directness to the research question and effect size.

Since observational studies were excluded from this review, all included studies were given an initial score of +4 for type of evidence. Risk of bias was assessed based on several quality areas including the allocation process, blinding, follow-up, withdrawal rate and sparse data. A problem with one of these factors incurred one negative point, a problem with two elements incurred two negative points up to a maximum of three negative points. Sub-studies nested within trials incurred a negative point if selection of subjects was not random and pre-specified. Where details of selection, allocation, blinding or other quality parameters were not detailed, the risk of bias was graded as 'unclear'. If multiple quality fields were unclear, the study lost one point per two unclear quality fields. Studies also incurred a negative point if there were losses to follow-up or withdrawals in excess of 15%. Similarly, studies including older subjects or in high-income countries lost up to two points, due to indirectness to the primary research question. The final GRADE score was derived from the sum of all five categories of evidence and classified as high (≥ 4 points overall), moderate (3 points), low (2 points), or very-low quality evidence (one or less). We describe full details of this scoring system in Table S2.

vi. **Table S2:** The GRADE scoring system used for clinical evidence reviews, adapted from advice and resources prepared by the GRADE Working Group³⁷

Type of evidence		
Based on	Study design	
Initial score	+4	RCTs/ SR of RCTs, +/- other types of evidence
	+2	Observational evidence (e.g., cohort, case-control)
Quality		
Based on	Blinding and allocation process	
	Follow-up and withdrawals	
	Sparse data	
	Other methodological concerns (e.g., incomplete reporting, subjective outcomes)	
Score	0	No problems
	-1	Problem with 1 element
	-2	Problem with 2 elements
	-3	Problem with 3 or more elements
Inconsistency		
Based on	Degree of consistency of effect between or within studies	
Score	+1	Evidence of dose response across or within studies (or inconsistency across studies is explained by a dose response); also 1 point added if adjustment for confounders would have increased the effect size
	0	All/most studies show similar results
	-1	Lack of agreement between studies (e.g., statistical heterogeneity between RCTs, conflicting results)
Indirectness		
Based on	The generalisability of population and outcomes from each study to our population of interest	
Score	0	Population and outcomes broadly generalisable
	-1	Problem with 1 element
	-2	Problem with 2 or more elements
Effect size		
Based on	The reported OR/RR/HR for comparison	
Score	0	Not all effect sizes >2 or <0.5 and significant; or if OR/RR/HR not significant
	+1	Effect size >2 or <0.5 for all studies/meta-analyses included in comparison and significant
	+2	Effect size >5 or <0.2 for all studies/meta-analyses included in comparison and significant

vii. Additional methods

a. Rationale for OPV outcome

For OPV, we only included seroconversion to poliovirus serotype 3 in the main meta-analysis. Rates of seroconversion are typically lowest for this serotype, giving more power to detect an effect of the interventions. Serotype-specific analyses, with study included as a random effect, can be found in the e-appendix (https://eparker12.github.io/oral_vaccine_interventions_metaanalysis_2018/). Study was also included as a random effect for pooled analyses of concomitant versus separate administration of RVV and OPV, wherein outcomes for both vaccines were reported for the same infants.

b. Rationale for choice of intervention study group

In studies where multiple permutations of an intervention were tested against a single control group, the intervention that differed most in its characteristics from the control was selected, in order to avoid replication of control group participants. For example, if a dose interval was shortened from 8 weeks in the control group to either 1 or 3 weeks in the intervention arms, the 1-week interval was selected. Finally, for studies reporting stratified outcomes (e.g. by age group), we treated the strata as separate studies.

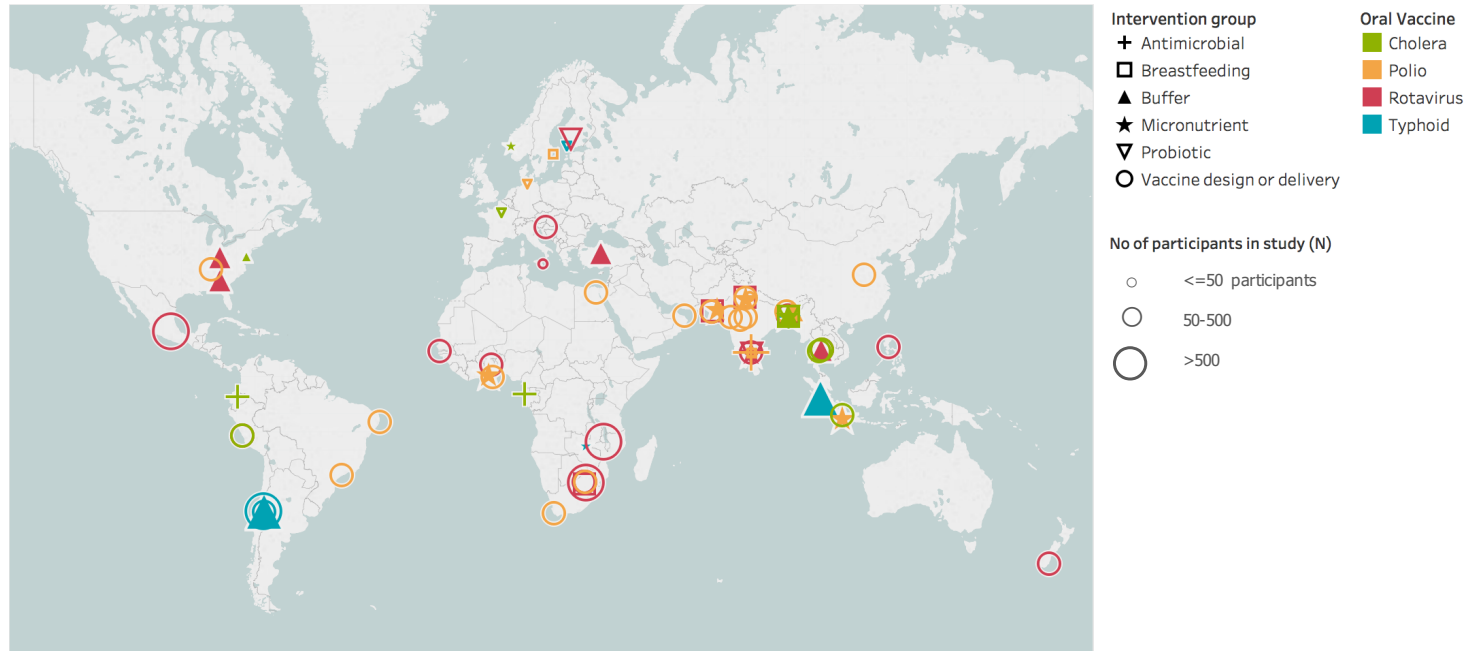
viii. R markdown code

The full markdown code used for the statistical analyses is available online at the following Github repository:

https://github.com/eparker12/oral_vaccine_interventions_metaanalysis_2018

Supplementary results

- i. **Figure S1.** Map depicting studies of interventions to improve oral vaccine performance. Colour denotes the oral vaccine studied; shape denotes the intervention evaluated; and size of the shape denotes the number of participants in the study.



ii. **Table S3:** Trials testing multiple interventions.

Reference	Interventions (N, type)	Factorial design (Y/N)	Interaction (Y/N)	Combined arm data included (Y/N)
Ahmed (Vaccine 2009) ³⁸	3 (Zinc, Withholding breastfeeding, Buffer)	No	N/A	N/A
Albert (JID 2003) ³⁹	2 (Vitamin A, Zinc)	Yes	Yes (additive effect)	No
Ali (JID 2014) ²⁶	2 (Dose timing, dose number)	No	N/A	N/A
Anh (Vaccine 2011) ⁴⁰	2 (Dose timing, dose interval)	No	N/A	N/A
Armah (JID 2016) ²⁷	2 (Dose timing, dose number)	No	N/A	N/A
Lazarus (Vaccine 2018) ⁴¹	2 (Zinc, Probiotic)	Yes	No	Yes
Steele (Vaccine 2010) ⁴²	2 (Dose timing, OPV/RV)	No	N/A	N/A
Jhala (Ind Ped 1981) ⁴³	2 (Vaccine inoculum, dose number)	No	N/A	N/A
Su-Arehawaratana (JID 1992) ⁴⁴	2 (Vaccine inoculum, dose number)	No (4 separate studies)	N/A	N/A
John (Vaccine 2011) ⁴⁵	2 (Vaccine inoculum, valency)	No (2 separate trials)	N/A	N/A
Patriarca (Lancet 1988) ⁴⁶	2 (Vaccine inoculum, valency)	No	N/A	N/A
Levine (Lancet 1987) ⁴⁷	2 (Buffer, dose interval)	No	N/A	N/A

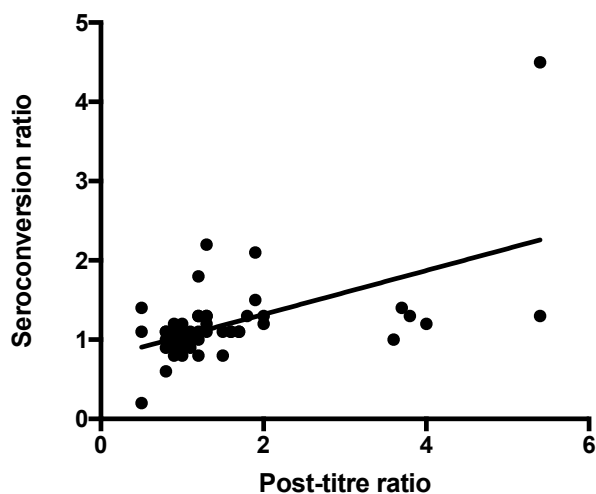
iii. Immunogenicity characteristics

There was variability in the definitions used for seroconversion [summarised at osf.io/bemw6], in particular the interval between the final dose of vaccine and post-vaccine titre: 14-60 (mean 31.4) days for RVV, 21-270 (mean 42.0) days for OPV, 7-28 days (mean 13.6) days for OCV and 7-30 (mean 15.5) days for typhoid.

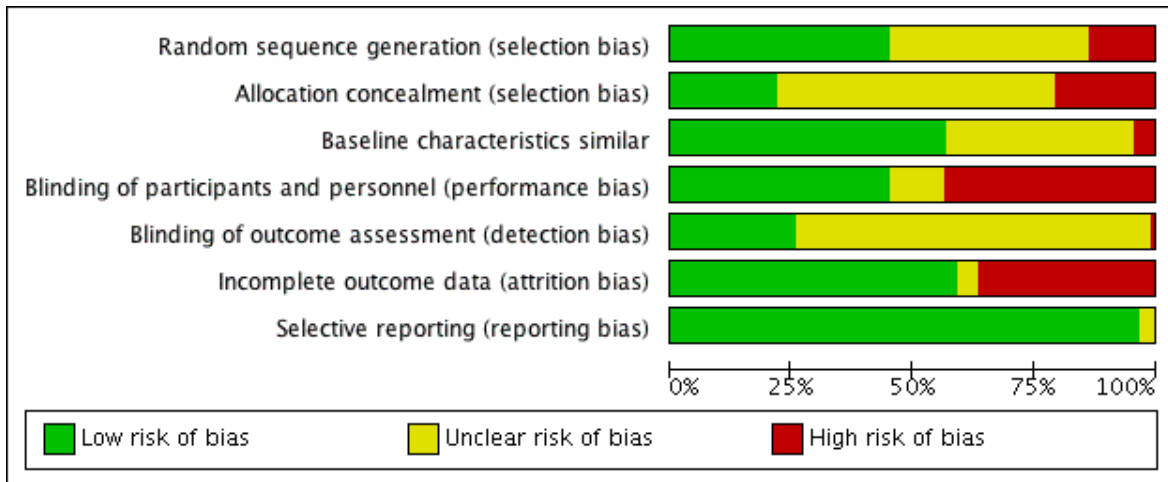
Of the studies also reporting pre- and post-vaccine antibody titres, the ratios of titres between study arms were highly comparable with seroconversion ratios (see Figure S2 below). Only one study reported a significant effect of the intervention on GMT without finding an impact on seroconversion⁴⁸.

Figure S2: Graph showing relationship between seroconversion ratio and post-vaccine titre ratio (intervention versus control) in studies reporting both outcomes.

Pearson $r=0.55$ (95% CI 0.36-0.70), $p<0.0001$



iv. **Figure S3:** Risk of bias summary for all studies (generated using Review Manager version 5.3.5)

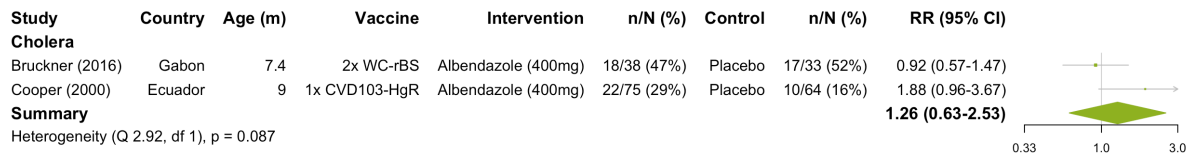


v. Forest plots and funnel plots for all interventions

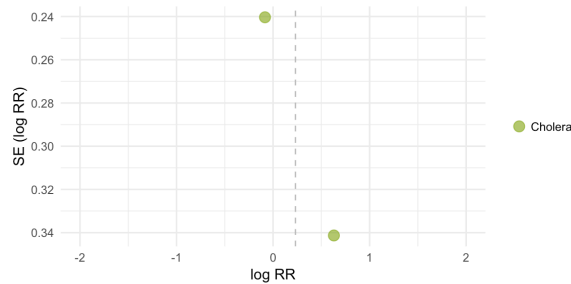
Full details of the meta-analysis including all statistical outputs, code and input data can be found in an e-appendix at the following website: https://eparker12.github.io/oral_vaccine_interventions_metaanalysis_2018/

Anthelmintics

Forest plot

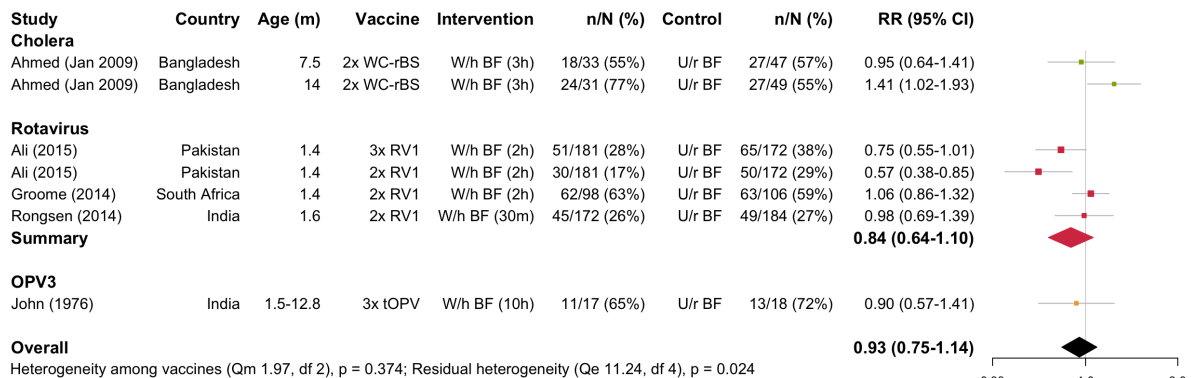


Funnel plot

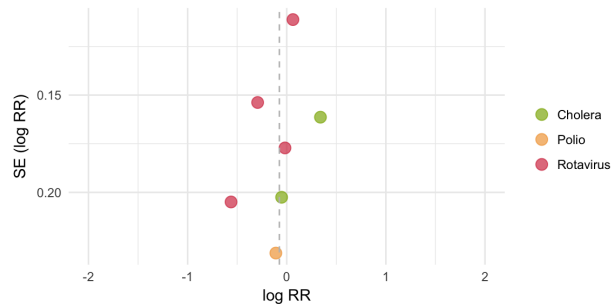


Breastfeeding withheld

Forest plot



Funnel plot

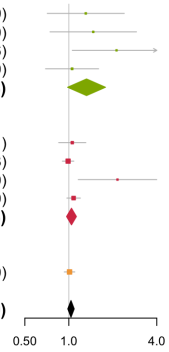


Buffer

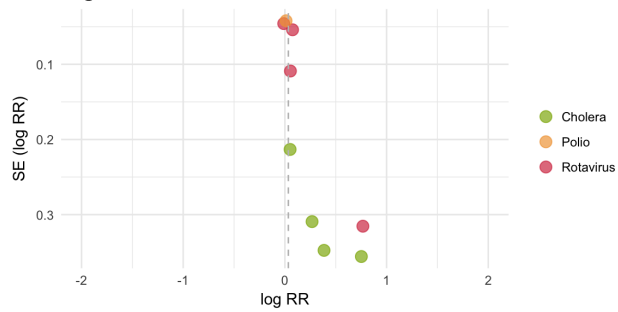
Forest plot

Study	Country	Age (m)	Vaccine	Intervention	n/N (%)	Control	n/N (%)	RR (95% CI)
Cholera								
Ahmed (Jan 2009)	Bangladesh	7.5	2x WC-rBS	20ml buffer	28/49 (57%)	No buffer	7/16 (44%)	1.31 (0.71-2.39)
Ahmed (Jan 2009)	Bangladesh	14	2x WC-rBS	20ml buffer	27/49 (55%)	No buffer	6/16 (38%)	1.47 (0.74-2.90)
Sack (1997) *	USA	Adult	1x OCV Peru-15	150ml buffer	10/10 (100%)	No buffer	4/9 (44%)	2.12 (1.06-4.26)
Trach (2002)	Vietnam	Adult	2x biv-WC	150ml buffer	20/35 (57%)	No buffer	19/35 (54%)	1.05 (0.69-1.60)
Summary								1.32 (0.98-1.78)
Rotavirus								
Ceyhan (1993)	Turkey	1-3	1x RRV-TV	30ml buffer	60/92 (65%)	No buffer	63/102 (62%)	1.06 (0.85-1.31)
Clark (2003)	USA	2-4	3x HRRV	1ml buffer	96/108 (89%)	No buffer	107/119 (90%)	0.99 (0.90-1.08)
Ing (1991) **	USA	1.8-4	1x RRV-TV	25ml buffer	23/47 (49%)	No buffer	10/44 (23%)	2.15 (1.16-4.00)
Kerdpanich (2010)	Thailand	2.2	2x RV1	1ml buffer	133/157 (85%)	No buffer	121/154 (79%)	1.08 (0.97-1.20)
Summary								1.04 (0.96-1.13)
OPV3								
Chandir (2014)	Bangladesh	6.3	3x tOPV	5ml buffer	119/132 (90%)	No buffer	115/129 (89%)	1.01 (0.93-1.10)
Overall								1.03 (0.98-1.09)

Heterogeneity among vaccines (Qm 2.80, df 2), p = 0.246; Residual heterogeneity (Qe 10.00, df 6), p = 0.125



Funnel plot



Delayed first dose

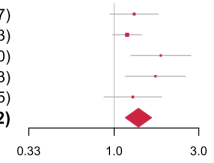
Forest plot

Study	Country	Age (m)	Vaccine	Intervention	n/N (%)	Control	n/N (%)	RR (95% CI)
Rotavirus								
Ali (2014)	Pakistan	1.4	2x RV1	Late (10,14w)	60/156 (38%)	Std (6,10w)	46/155 (30%)	1.30 (0.95-1.77)
Anh (2011)	Philippines	2	2x RV1	Late (11,15w)	84/120 (70%)	Std (7,15w)	71/120 (59%)	1.18 (0.98-1.43)
Armah (2016)	Ghana	1.4	2x RV1	Late (10,14w)	52/139 (37%)	Std (6,10w)	29/142 (20%)	1.83 (1.24-2.70)
Steele (2010) *	South Africa	1.5	2x RV1 + OPV	Late (10,14w)	30/49 (61%)	Std (6,10w)	24/67 (36%)	1.71 (1.16-2.53)
Steele (2010) *	South Africa	1.5	2x RV1 + IPV	Late (10,14w)	28/51 (55%)	Std (6,10w)	28/65 (43%)	1.27 (0.88-1.85)

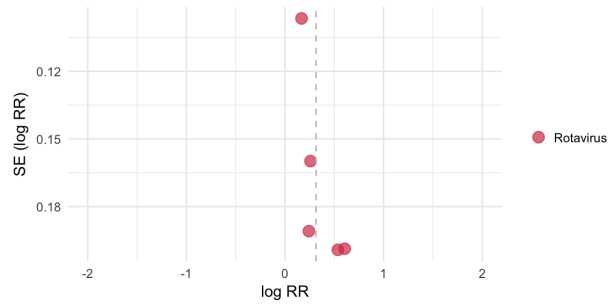
Summary

Heterogeneity (Q 5.73, df 4), $p = 0.220$

1.37 (1.16-1.62)



Funnel plot



Extra dose at birth

Forest plot

Study	Country	Age (m)	Vaccine	Intervention	n/N (%)	Control	n/N (%)	RR (95% CI)
Rotavirus								
Bines (2015)	New Zealand	0.1	RV3-BB	3 doses	18/26 (69%)	2 doses	15/20 (75%)	0.92 (0.64-1.32)
OPV3								
DeXiang (1986)	China	0.1	tOPV	4 doses	107/107 (100%)	3 doses	106/107 (99%)	1.01 (0.98-1.04)
Jain (1997)	India	0	tOPV	4 doses	18/25 (72%)	3 doses	14/30 (47%)	1.54 (0.98-2.43)
Khare (1993)	India	0	tOPV	4 doses	26/30 (87%)	3 doses	32/41 (78%)	1.11 (0.90-1.38)
Osei-Kwasi (1995)	Ghana	0	tOPV	4 doses	166/200 (83%)	3 doses	155/196 (79%)	1.05 (0.95-1.15)
Weckx (1992)	Brazil	0	tOPV	4 doses	26/27 (96%)	3 doses	20/27 (74%)	1.30 (1.03-1.64)

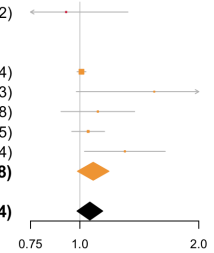
Summary

Overall

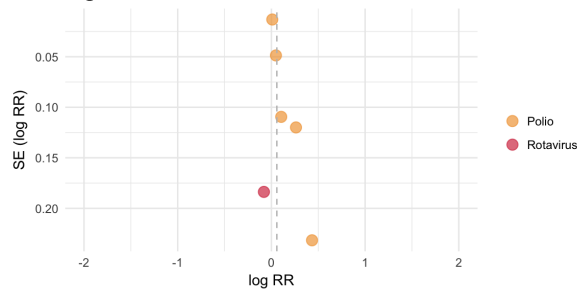
Heterogeneity among vaccines (Qm 0.61, df 1), $p = 0.436$; Residual heterogeneity (Qe 8.81, df 4), $p = 0.066$

1.08 (0.99-1.18)

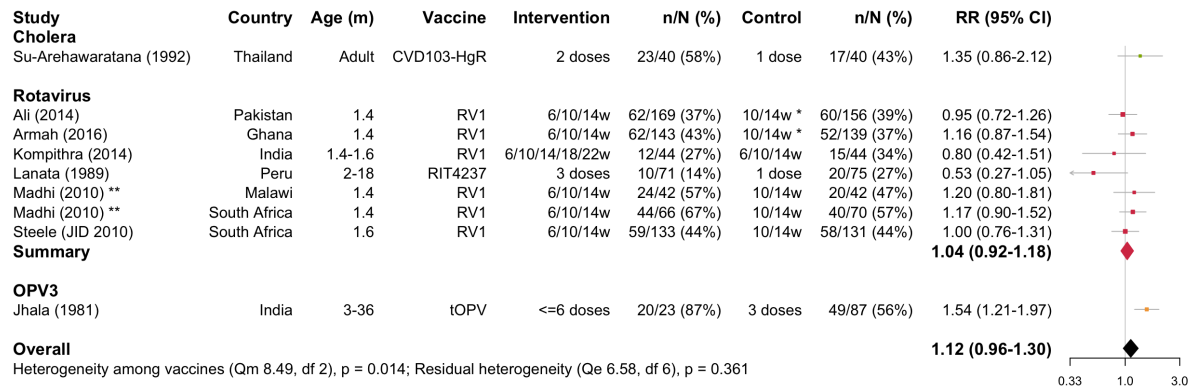
1.06 (0.98-1.14)



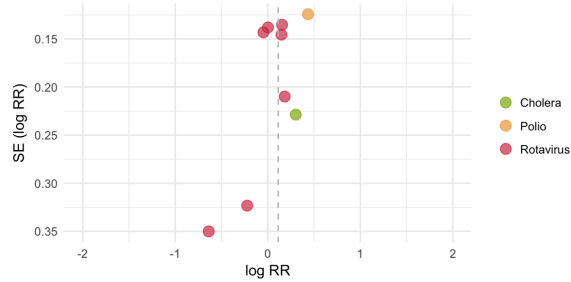
Funnel plot



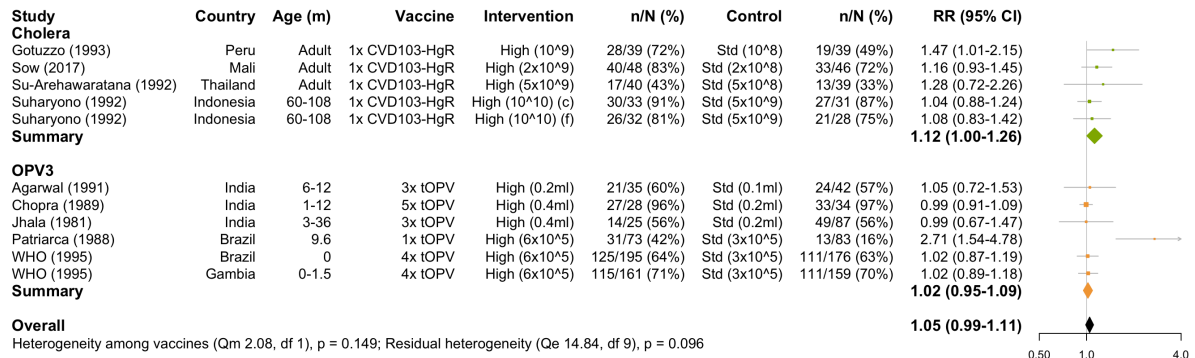
Extra dose(s) Forest plot



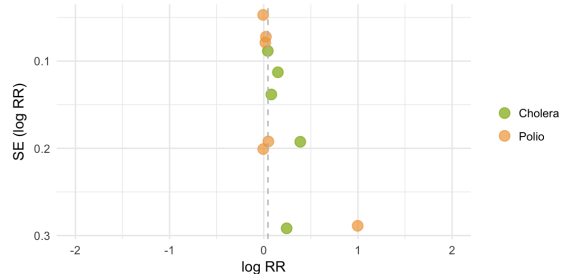
Funnel plot



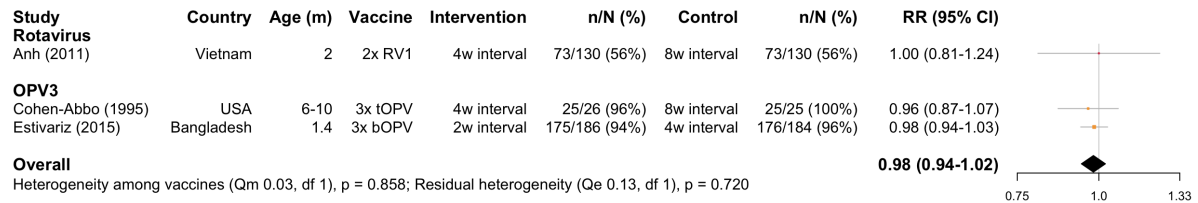
Increased vaccine inoculum Forest plot



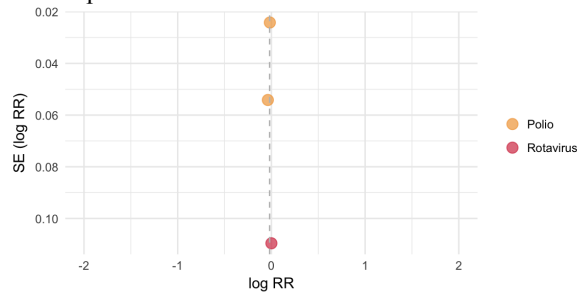
Funnel plot



Narrow dose interval Forest plot

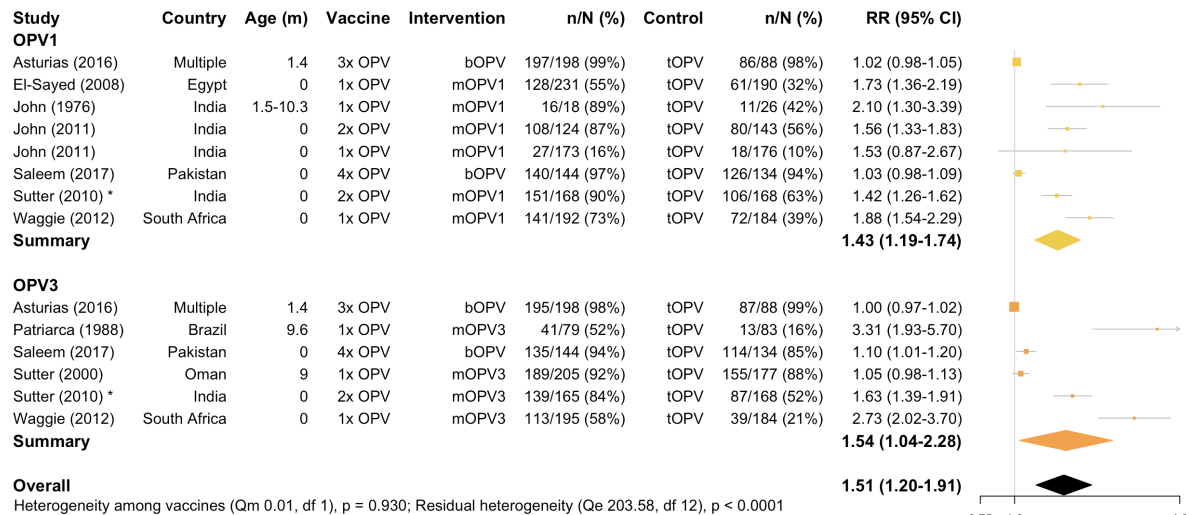


Funnel plot

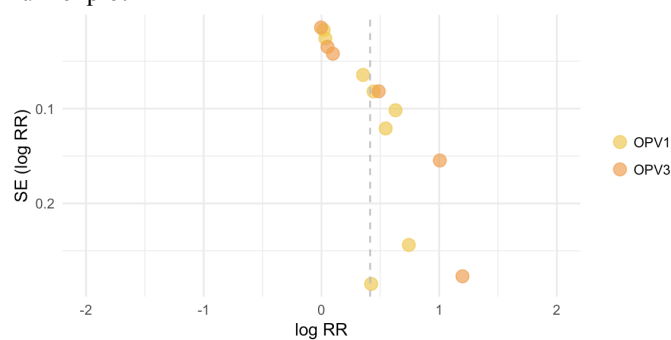


OPV valence

Forest plot (OPV-specific analysis)



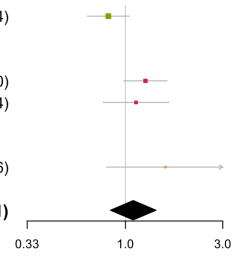
Funnel plot



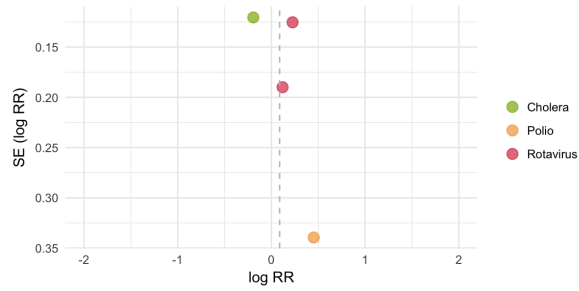
Probiotic

Forest plot

Study	Country	Age (m)	Vaccine	Intervention	n/N (%)	Control	n/N (%)	RR (95% CI)
Cholera								
Matsuda (2011)	Bangladesh	44.1	2x WC-rBS	Bbb01 (10 ⁹)	40/64 (63%)	Placebo	47/62 (76%)	0.82 (0.65-1.04)
Rotavirus								
Isolauri (1995)	Finland	4.1	1x DxRRV	Lc ATCC	26/28 (93%)	Placebo	20/27 (74%)	1.25 (0.98-1.60)
Lazarus (2017)	India	1.2	1x RV1	LGG	42/136 (31%)	Placebo	37/135 (27%)	1.13 (0.78-1.64)
OPV3								
DeVrese (2005) *	Germany	Adult	1x OPV3	LGG	12/21 (57%)	Placebo	8/22 (36%)	1.57 (0.81-3.06)
Overall								1.09 (0.84-1.41)
Heterogeneity among vaccines (Qm 7.35, df 2), $p = 0.025$; Residual heterogeneity (Qe 0.22, df 1), $p = 0.639$								

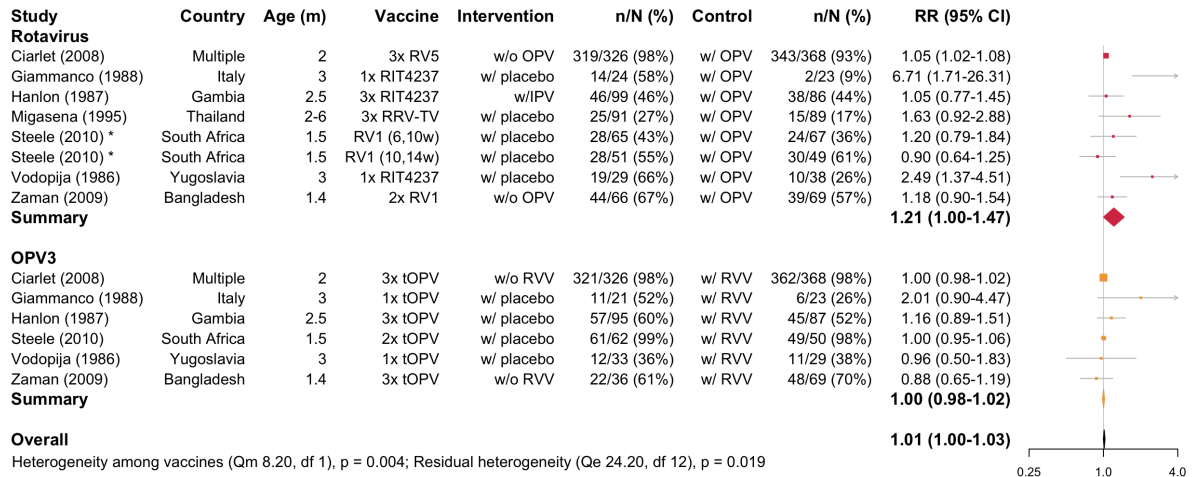


Funnel plot

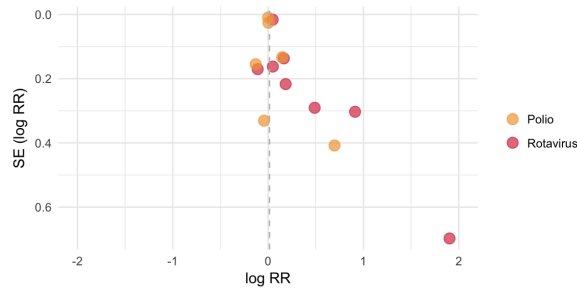


RVV separated from OPV

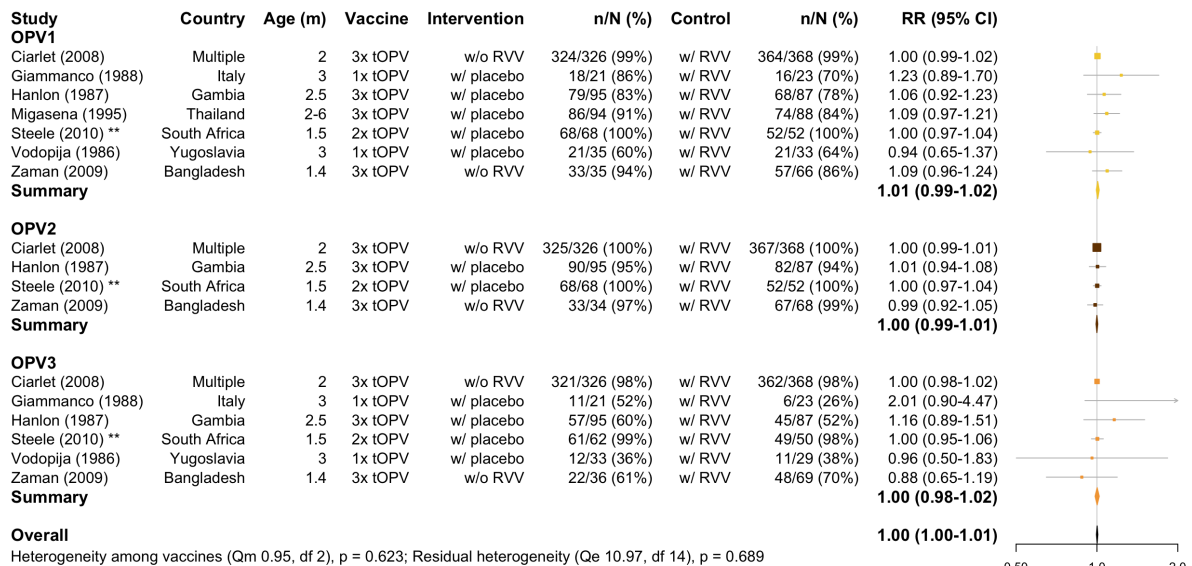
Forest plot (full analysis)



Funnel plot

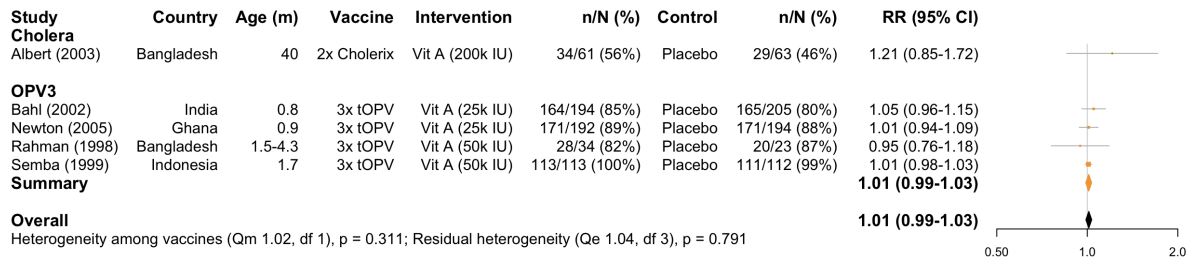


Forest plot (OPV-specific analysis)

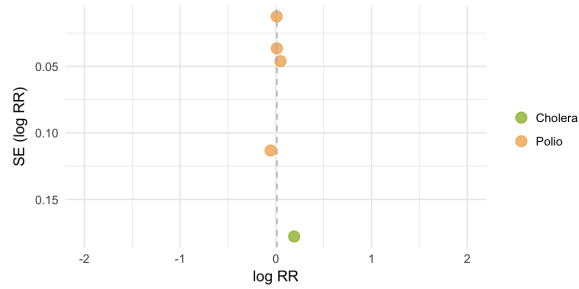


Vitamin A

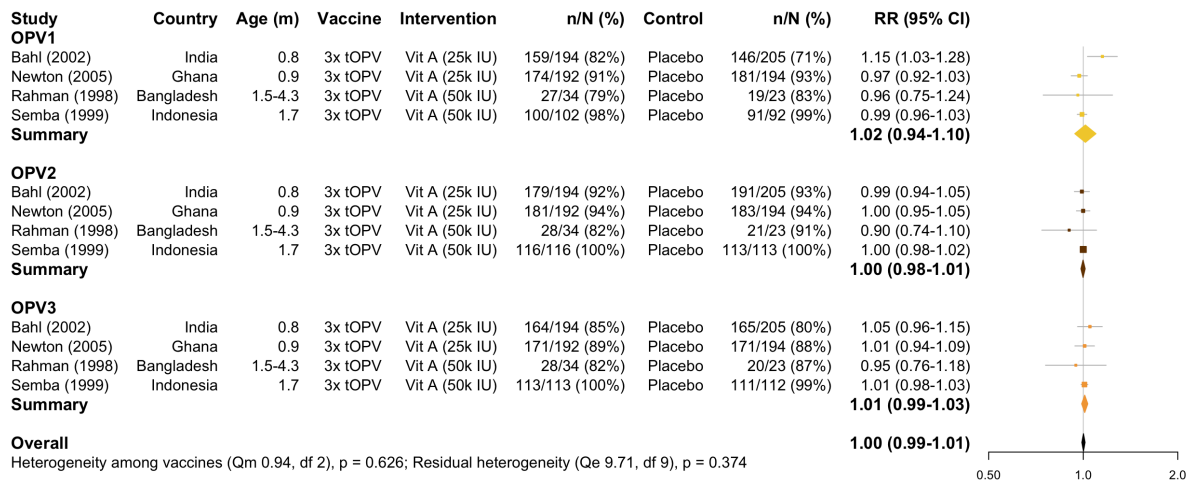
Forest plot (full analysis)



Funnel plot



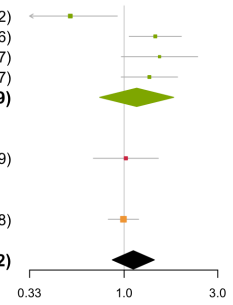
Forest plot (OPV-specific analysis)



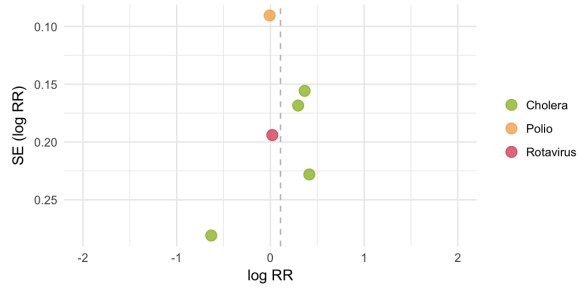
Zinc

Forest plot

Study	Country	Age (m)	Vaccine	Intervention	n/N (%)	Control	n/N (%)	RR (95% CI)
Cholera								
Ahmed (Jan 2009)	Bangladesh	7.5	2x WC-rBS	Zinc (20mg)	11/36 (31%)	No Zinc	27/47 (57%)	0.53 (0.31-0.92)
Ahmed (Jan 2009)	Bangladesh	14	2x WC-rBS	Zinc (20mg)	27/34 (79%)	No Zinc	27/49 (55%)	1.44 (1.06-1.96)
Ahmed (Oct 2009)	Bangladesh	14	2x WC-rBS	Zinc (20mg)	15/18 (83%)	No Zinc	11/20 (55%)	1.52 (0.97-2.37)
Albert (2003)	Bangladesh	40	2x Cholerix	Zinc (20mg)	39/63 (62%)	Placebo	29/63 (46%)	1.34 (0.97-1.87)
Summary								1.16 (0.75-1.79)
Rotavirus								
Lazarus (2017)	India	1.2	2x RV1	Zinc (5mg)	40/143 (28%)	Placebo	37/135 (27%)	1.02 (0.70-1.49)
OPV3								
Habib (2015)	Pakistan	0.3	4x tOPV	Zinc (10mg)	94/156 (60%)	Placebo	99/163 (61%)	0.99 (0.83-1.18)
Overall								1.11 (0.87-1.42)
Heterogeneity among vaccines (Qm 0.15, df 2), p = 0.927; Residual heterogeneity (Qe 10.97, df 3), p = 0.012								



Funnel plot



a. Footnotes for Forest plots (above)


	Intervention	Study	Notes
1	Buffer	Sack (1997) *	This study also examined another buffer, CeraVax (sodium bicarbonate, trisodium citrate, rice syrup) with identical results. We excluded these data from the forest plot to avoid replication of the control group.
2	Buffer	Ing (1991) **	This study also examined the same buffer at a smaller volume (2ml). We excluded these data from the forest plot to avoid replication of the control group.
3	Delayed first dose	Steele (2010) *	Intervention and control arm recruited separately. Exact sample sizes were not reported for immunogenicity data and were therefore estimated by assuming that loss-to-follow-up rates reported in Figure 1 of the trial report were evenly distributed across arms.
3	Extra dose(s)	10/14 *	Study included both a 6/10w and 10/14w dose schedule. The 10/14w schedule was selected as the control group to ensure consistency with other studies and to delineate the effect of extra doses from delayed doses (considered in a separate comparison).
4	Extra dose(s)	Madhi (2010) **	Immunogenicity data extracted from Madhi et al. (Vaccine 2012) and Cunliffe et al. (Vaccine 2012). Exact sample sizes were not reported for Malawi data; we therefore assumed that the 85 RVV recipients were distributed 1:1 across the 2-dose and 3-dose schedules (n = 42 per arm) and used the reported seroconversion rates (47.2% and 57.1%) to estimate the number of infants who seroconverted.
5	OPV valency	Sutter (2010) *	This study also included an arm comparing bOPV with tOPV. We excluded these data from the forest plot to avoid replication of the control group.
6	Probiotic	De Vrese (2005) *	This study also examined another probiotic, Lactobacillus casei CRL431 10 ¹⁰ cfu, with similar results. We excluded these data from the forest plot to avoid replication of the control group.
8	RVV separated from OPV	Steele (2010) *	Exact sample sizes were not reported for immunogenicity data and were therefore estimated by assuming that loss-to-follow-up rates reported in Figure 1 of the trial report were evenly distributed across arms.

b. Acronyms for Forest plots (above)

Acronym	Notes
1h	One hour
4w	Four weeks
50k	50,000
Bbb01	Bifidobacterium breve 01
BF	Breastfeeding
(c)	Centrifuged
(f)	Filtered
IPV	Inactivated poliovirus vaccine
IU	International Units
Lc ATCC	Lactobacillus casei ATCC
LGG	Lactobacillus GG
OCV	Oral cholera vaccine
OPV	Oral poliovirus vaccine
bOPV	Bivalent OPV
mOPV	Monovalent OPV
tOPV	Trivalent OPV
RVV	Rotavirus vaccine
RV1	Rotarix monovalent vaccine
RV5	RotaTeq pentavalent vaccine
Ty21a	Live attenuated strain of salmonella typhi
U/r	Unrestricted
Vit A	Vitamin A
w/	With
w/h	Withheld
w/o	Without

- vi. **Table S4:** Summary of secondary analyses for each intervention category included in the meta-analysis, describing 1) moderator effect according to vaccine type, 2) heterogeneity left over after accounting for moderator effect, and 3) funnel plot asymmetry.

Intervention	Moderator effect ⁴ (P value)	Residual heterogeneity (P value)	Egger's test ⁵ (P value)	No. of studies in meta-regression (K) ⁶
Anthelmintic		0.087		2 (2 OCV)
Breastfeeding withheld	0.374	0.024	0.360	7 (2 OCV, 4 RV, 1 PV3)
Buffer	0.246	0.125	0.004	9 (4 OCV, 4 RV, 1 PV3)
Delayed first dose		0.221	0.053	5 (5 RV)
Extra dose at birth	0.436	0.066	0.027	6 (1 RV, 5 PV3)
Extra dose(s)	0.014	0.361	RV 0.089	9 (1 OCV, 7 RV, 1 PV3)
Increased vaccine inoculum	0.149	0.096	0.003	11 (5 OCV, 6 PV3)
Narrow dose interval	0.858	0.720	0.953	3 (1 RV, 2 PV3)
OPV valence		<0.0001	<0.0001	6 (6 PV3)
Probiotic	0.025	0.639		4 (1 OCV, 2 RV, 1 PV3)
RVV separated from OPV	0.004	0.019	RV 0.005	14 (8 RV, 6 PV3)
			PV3 0.359	
Vitamin A	0.311	0.791	0.518	5 (1 OCV, 4 PV3)
Zinc	0.927	0.012	0.439	6 (4 OCV, 1 RV, 1 PV3)

 Significant effect (P value <0.05)


⁴ Moderator effect, testing for heterogeneity between vaccines, is reported only if overall K ≥3 and ≥2 oral vaccine types included.

⁵ Egger's regression test, measuring funnel plot asymmetry, is reported if K ≥3. If the moderator effect was significant (P value <0.05) or there was replication of infants across multiple vaccine types, we performed separate Egger's tests for each vaccine.

⁶ K also refers to strata within studies

vii. **Table S5:** Summary of meta-regression results where heterogeneity not accounted for by vaccine type (i.e. residual heterogeneity $P < 0.05$) testing age, income setting and background immunogenicity as secondary moderators.

Intervention	Age group ⁷ (P value)	Income setting ⁸ (P value)	Background immunogenicity ⁹ (P value)	Notes
Breastfeeding withheld	0.916	0.571	0.185	No moderators significant
OPV valence		0.626	<0.0001	Strong negative correlation with background immunogenicity
RVV separated from OPV ¹⁰		0.542	0.016	The benefit of separate vaccine delivery for RVV seroconversion is driven primarily by studies that administered a single dose and is negatively correlated with background immunogenicity.
Zinc	0.002		0.869	Zinc has more beneficial effect on vaccine outcome in children than infants.

 Significant effect (P value <0.05)

⁷ Age group sub-divided into four categories: infant <1 year, child 1-5 years, child 5-17 years and adult ≥ 18 years.

⁸ Income setting sub-divided into low or lower-middle versus upper-middle or high.

⁹ Background immunogenicity defined as the seroconversion rate in the control arm and modeled as a continuous variable after arcsine square root transformation to approximate a normal distribution.

¹⁰ In vaccine-specific meta-analyses, residual heterogeneity was significant for RVV response but not OPV. Secondary moderators were therefore tested for RVV only.

viii. Sensitivity analysis

Due to variation in timing of post-vaccine titre measurements, we conducted a post-hoc sensitivity analysis, excluding 19 studies from the meta-analysis that measured seroconversion outside our pre-specified windows (Table S1, Appendix).

Intervention	No of studies overall	No of studies in sensitivity	Overall Effect RR [95% CI]	Sensitivity Effect RR [95% CI]
Anthelmintic	2	1	1.26 [0.63-2.53]	
Breastfeeding withheld	7	7	0.93 [0.75-1.14]	0.93 [0.75-1.14]
Buffer	9	7	1.03 [0.98-1.09]	1.02 [0.96-1.08]
Delayed first dose	5	5	1.37 [1.16-1.62]	1.37 [1.16-1.62]
Extra dose at birth	6	4	1.06 [0.98-1.14]	1.01 [0.99-1.04]
Extra dose(s)	9	8	1.12 [0.96-1.30]	1.06 [0.94-1.20]
Increased vaccine inoculum	11	7	1.05 [0.99-1.11]	1.03 [0.97-1.09]
Narrow dose interval	3	2	0.98 [0.94-1.02]	0.97 [0.88-1.07]
OPV valence	6	4	1.51 [1.20-1.91]	1.48 [1.18-1.85]
Probiotic	4	3	1.09 [0.84-1.41]	1.04 [0.80-1.37]
RVV separated from OPV ¹¹	14	12	1.21 [1.00-1.47]	1.33 [1.00-1.77]
Vitamin A	5	2	1.01 [0.99-1.03]	1.03 [0.82-1.30]
Zinc	6	6	1.11 [0.87-1.42]	1.11 [0.87-1.42]
Total	87	68		

The effect of delayed first dose of RVV remained identical to the main analysis. For OPV valence, findings were similar to the main analysis but with widened confidence intervals. Similarly, the effect of separating RVV from OPV on RVV seroconversion and the increased inoculum effect for OCV remained similar to the main meta-analysis (RR 1.09 [95% CI 0.97-1.23]). For all other interventions, there remained no evidence of impact.

¹¹ Effect size refers to percent RVV seroconversion outcome.

ix. **Table 1:** Overview of 87 intervention studies included in the systematic review (with references assigned)

Oral Vaccine				
	Poliovirus	Rotavirus	Cholera	Typhoid
Total studies (N) *	46	24	15	9
Intervention				
Antihelminthic	0	0	2 ^{49,50}	1 ⁵¹
Antibiotic **	1 ⁵²	0	0	0
Breastfeeding withheld	2 ^{53,54}	3 ⁵⁵⁻⁵⁷	1 ⁵⁸	0
Buffer	1 ⁵⁹	4 ⁶⁰⁻⁶³	3 ^{58,64,65}	3 ^{47,66,67}
Delayed first dose	0	4 ^{26,27,40,42}	0	0
Early first dose **	1 ⁶⁸	0	0	0
Extra dose(s)	1 ⁴³	6 ^{26,27,69-72}	1 ⁴⁴	2 ^{73,74}
Extra dose at birth	5 ⁷⁵⁻⁷⁹	1 ⁸⁰	0	0
Miscellaneous **	3 ⁸¹⁻⁸³	0	1 ⁸⁴	0
Narrow dose interval	3 ⁸⁵⁻⁸⁷	1 ⁴⁰	0	1 ⁴⁷
OPV valence	10 ^{46,88-95}	NA	NA	NA
Other micronutrients **	2 ^{96,97}	0	0	1 ⁹⁸
Probiotic	1 ⁴⁸	2 ^{41,99}	2 ^{100,101}	1 ¹⁰²
RVV separated from OPV	7 ¹⁰³	7 ^{42,103-108}	NA	NA
Vaccine inoculum	7 ^{25,43,45,46,109-111}	0	4 ^{44,112-114}	0
Vitamin A	4 ¹¹⁵⁻¹¹⁸	0	1 ³⁹	1 ¹¹⁹
Zinc	1 ¹²⁰	1 ⁴¹	4 ^{39,58,121,122}	0
Age group				
<1mo	19	1	0	0
1-12mo	24	23	3	0
1y-15y	2	0	4	6 ^{***}
=>16y	1	0	8	3
Mean (SD) age; mo	4.2 (7.9)	1.9 (1.3)	141.6 (163.3)	187.9 (133.8)
Sex				
Males (%)	51.3	45.7	50.5	55.9
Location				
Africa	8	6	2	1
Asia	25	10	7	2
Europe	5	3	2	2
Americas	8	4	4	4
Oceania	0	1	0	0
Study size				
<50 participants with SC data	7	1	2	2
50-500	37	21	13	2
>500	2	2	0	5
Total SC data (N)	8838	8954	1395	353030
RVV = rotavirus vaccine, OPV = oral poliovirus vaccine, SC = seroconversion, mo = months, y = years				

* Of 86 unique studies, some studies examined two or more interventions and some reported on multiple oral vaccine targets (Table S3).

** There were insufficient studies (<2) of antibiotics, early first dose, other micronutrients and miscellaneous interventions (maternal vitamin A, horse anti-serum, soya formula and E. coli K12) for inclusion in the meta-analysis.

*** Most of these typhoid studies recruited children aged between 5 and 22 years

Supplementary references

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