

THE LANCET HIV

Supplementary appendix

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APPENDIX

Risks and benefits for use of dolutegravir-based antiretroviral drug regimens in sub-Saharan Africa: a modelling study

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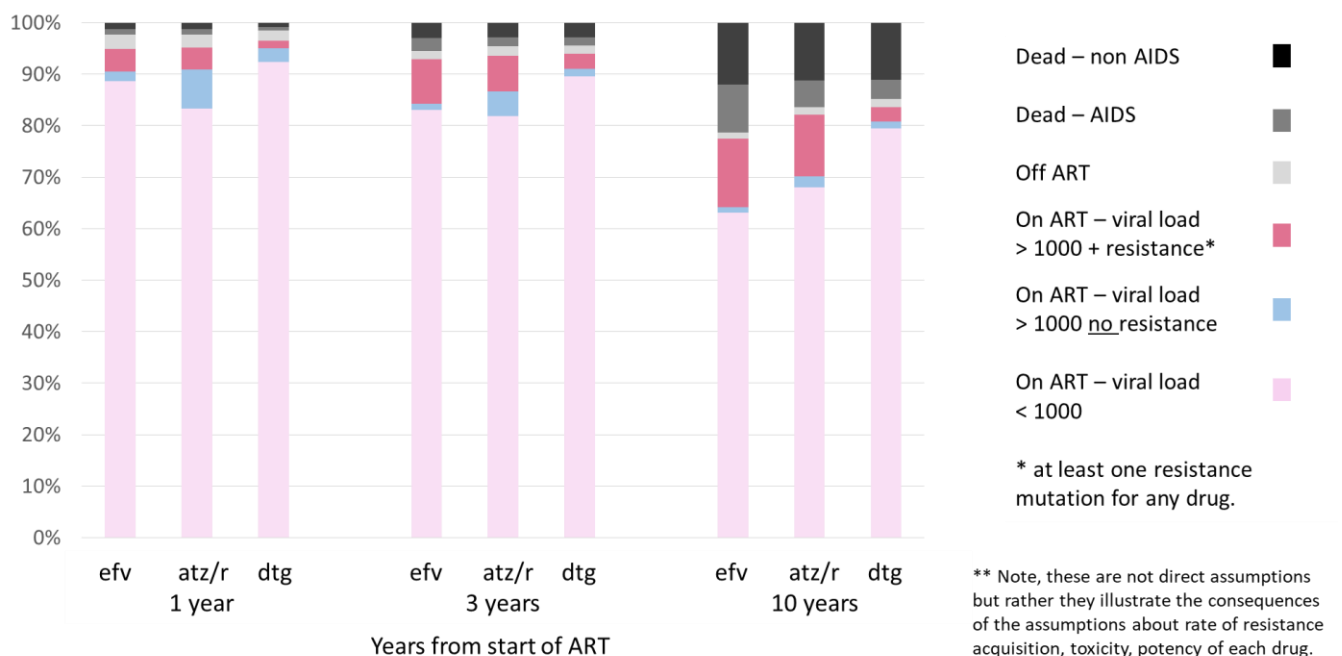
1. Model details

Here we describe details of the modelling in relation to drug resistance and the effect of ART as well as pregnancy. Details of modelling of demographics, sexual behaviour, HIV transmission and HIV testing are explained in supplement to a recent paper¹ and can be found here:

[https://www.thelancet.com/cms/10.1016/S2352-3018\(17\)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf](https://www.thelancet.com/cms/10.1016/S2352-3018(17)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf)

Before giving full details we show (Figure S1) outputs of the model relating to outcomes by 1, 3 and 10 years from initiation of first line ART with either an efavirenz, atazanavir or dolutegravir based regimen (each with tenofovir and 3TC) in the absence of any switching in drug regimen. This illustrates the combined effects of the model assumptions which are described below. This is in the context of adherence profile B (see below for different adherence profiles considered), and it is for a situation with which there is no pre-ART NNRTI resistance.

Figure S1. Illustration of assumptions on effectiveness of efavirenz, atazanavir/r and dolutegravir-containing 1st line regimens. Outcomes at 1, 3 and 10 years in absence of any switching to second line



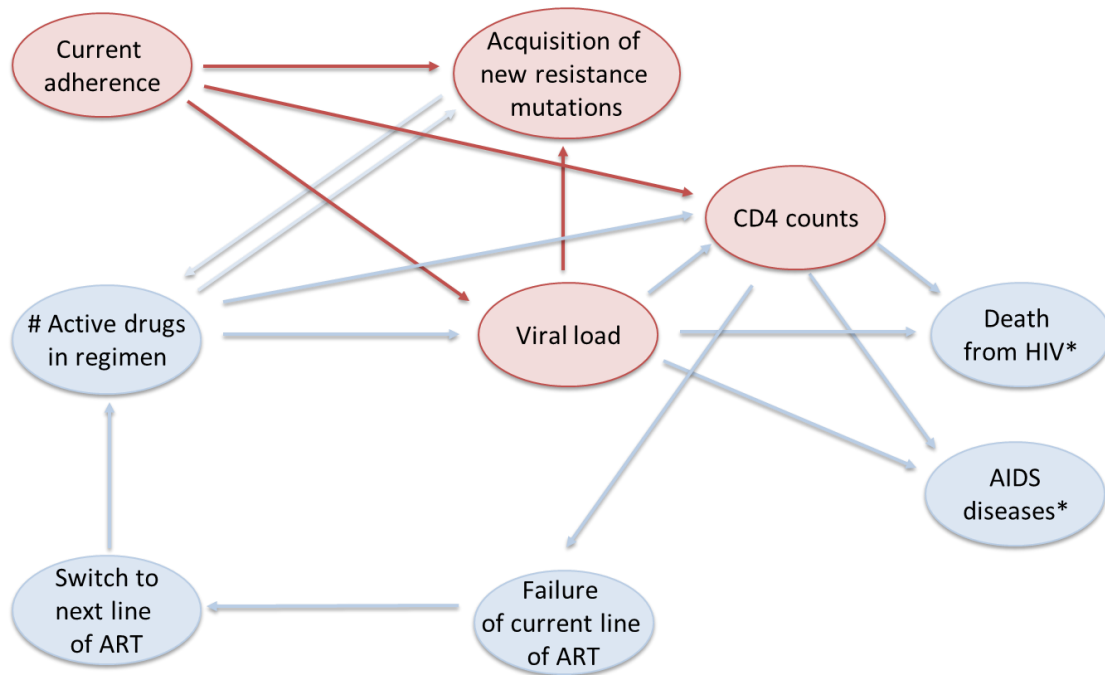
Throughout the sections below we introduce parameters which are indicated in italics. For those parameters for which a value is sampled the distribution is indicated at the end of this document.

Modelling the effect of ART

The structure of how the relationship between ART adherence, viral load, development of resistance, CD4 count and risk of death is modelled is illustrated in Figure S2 below. The adherence level - the determination of which is described in detail below - influences the risk of acquisition of new mutations as well as having a direct effect on the viral load and CD4 count. Acquisition of resistance mutations impacts on the total activity level of the regimen, calculated as the sum of the activity level of the drugs, akin to what is sometimes referred to as a “genotypic sensitivity score”. This, in turn, is a further determinant of the risk of new mutations arising. Distinction is made for each resistance mutation as to whether it is only present in minority virus (which can occur if the patient has a mutation present but is not taking a drug that selects for that mutation), so the mutation is assumed not transmissible, or if it is present in majority virus. Failure of the current line of ART is determined by CD4 count or viral load or clinical disease, depending on the monitoring strategy being implemented (in the current paper we assumed viral load monitoring from 2016, but with various levels of

implementation), and this triggers a switch to the next line of ART (if assumed available, and often with a delay). The following sections provide further details, including how adherence levels are determined and how they influence the viral load, risk of resistance and the CD4 count. We also explain the modelling of ART interruption and loss to follow-up. We provide references to papers that have been used to inform the approach. It should be noted though that parameter values used in the model are rarely extracted directly from any one paper, they are values that are arrived at based on their ability to generally reproduce outputs that are consistent with observed estimates, as illustrated below.

Figure S2. Overview of the modelling of the effect of ART, highlighting the role of adherence.



*influenced by age and PCP prophylaxis also

Initiation of ART

It is assumed ART became available in 2004. Eligibility for ART initiation in people diagnosed with HIV before 2003 is determined by the development of a WHO 4 or TB event. From 2004 to 2010, eligibility for ART initiation is determined by a measured CD4 count < 200 (in the last year) or the development of a WHO 4 event or TB and from 2011 to 2014 by a CD4 count < 350 or a WHO 4 event. From 2011 onwards, pregnancy (option B+) is also an indicator for ART initiation. From 2014, ART initiation was indicated also based on a CD4 count < 500. From 2017 onwards, all people diagnosed with HIV are eligible for treatment. For people that are eligible to be initiated on treatment the probability that ART initiation occurs is determined by sampling from a Uniform (0,1) distribution and determining whether this is below the value for *pr_art_init*.

Switch to second line after failure of first line ART

The probability of switching per 3 month period after the criterion for failure of first line ART is met is *pr_switch_line*. The switch rate is likely to vary substantially by setting^{2,3}

Adherence pattern

The model specifies a current adherence level (i.e. for the current 3 month period) for people on ART, a value between 0%-100%. We first give a brief description of the approach and then give further detail. Since the

model updates in 3 month periods, short term interruptions of days or a few weeks are treated as sub-optimal average adherence during the 3 month period. Interruption of ART over periods of 3 months or greater are referred to as ART interruption/discontinuation and modelled explicitly. ART interruption/discontinuation is usually concomitant with disengagement from clinic attendance. Average adherence in each 3 month period for an individual is determined from the underlying tendency to adhere (which is a lifelong value for the individual, unless changed as a result of an adherence intervention) with within-person period-to-period variability. Each patient thus has a certain higher or lower tendency to adhere but their actual adherence varies over time, both at random and according factors such as age, presence of symptoms and experiencing an enhanced adherence intervention as a result of a viral load measured > 1000 copies/mL. Effects of adherence on viral load and resistance acquisition risk are modelled by classifying levels into < 50%, 50-79%, \geq 80%, with effects of ART on viral load suppression being greater the higher the adherence level and the resistance acquisition risk being highest in the 50%-79% category. We do not distinguish between patterns of adherence at a level more granular than the 3 monthly average level and hence cannot explicitly take into account the specific pattern within the 3 month period, which could be important (e.g. whether 80% adherence consists of missing drug one day in every five or a 1 week interruption in every 5 weeks). Thus the adherence level in each period should be conceived of as conveying the degree to which the pattern of adherence means that drug levels are maintained at intended therapeutic levels, rather than simply the average adherence over the period. The distribution of adherence levels was primarily determined by the adherence levels required for the model outputs to mimic observed data. This includes data on rates of resistance development and virologic failure and also data on the proportion of patients at first virologic failure who have no resistance mutations present⁴⁻¹⁹.

Consistent with evidence that people tend to have different tendencies to adhere, adherence is modelled using two components. Each patient has a certain greater or lesser tendency to adhere (*adhav*, measured on a scale of 0-100%) but, as described above, their actual adherence in a given period varies over time. Adherence in a given 3 month period is referred to as *adh{t}*. *adhvar* is the standard deviation representing the within-person period-to-period variability over time. Thus, adherence at any one period is determined as follows (although with modifications explained below):- $adh(t) = adhav + \text{Normal}(0, adhvar^2)$. An example of how the the distribution of the values of *adhav* and *adhvar* are specified as follows and as illustrated in Figure S3. We consider a range of such patterns and sample at random from the distribution of *adh_pattern*. The different adherence profiles from which we sample are as follows:

A		
3% probability	<i>adhav</i> = 10%	<i>adhvar</i> = 0.2
2% probability	<i>adhav</i> = 79%	<i>adhvar</i> = 0.2
15% probability	<i>adhav</i> = 95%	<i>adhvar</i> = 0.05
80% probability	<i>adhav</i> = 95%	<i>adhvar</i> = 0.02
B		
3% probability	<i>adhav</i> = 10%	<i>adhvar</i> = 0.2
3% probability	<i>adhav</i> = 79%	<i>adhvar</i> = 0.2
14% probability	<i>adhav</i> = 90%	<i>adhvar</i> = 0.06
80% probability	<i>adhav</i> = 95%	<i>adhvar</i> = 0.05
C		
5% probability	<i>adhav</i> = 10%	<i>adhvar</i> = 0.2
7% probability	<i>adhav</i> = 79%	<i>adhvar</i> = 0.2
8% probability	<i>adhav</i> = 90%	<i>adhvar</i> = 0.06
80% probability	<i>adhav</i> = 95%	<i>adhvar</i> = 0.05
D		
5% probability	<i>adhav</i> = 10%	<i>adhvar</i> = 0.2
10% probability	<i>adhav</i> = 79%	<i>adhvar</i> = 0.2
85% probability	<i>adhav</i> = 95%	<i>adhvar</i> = 0.05
E		
5% probability	<i>adhav</i> = 10%	<i>adhvar</i> = 0.2

90% probability $adhav = 90\%$ $adhvar = 0.05$

F

5% probability $adhav = 10\%$ $adhvar = 0.2$
 10% probability $adhav = 79\%$ $adhvar = 0.2$
 65% probability $adhav = 90\%$ $adhvar = 0.05$
 20% probability $adhav = 95\%$ $adhvar = 0.05$

G

15% probability $adhav = 10\%$ $adhvar = 0.2$
 15% probability $adhav = 79\%$ $adhvar = 0.2$
 50% probability $adhav = 90\%$ $adhvar = 0.06$
 20% probability $adhav = 95\%$ $adhvar = 0.05$

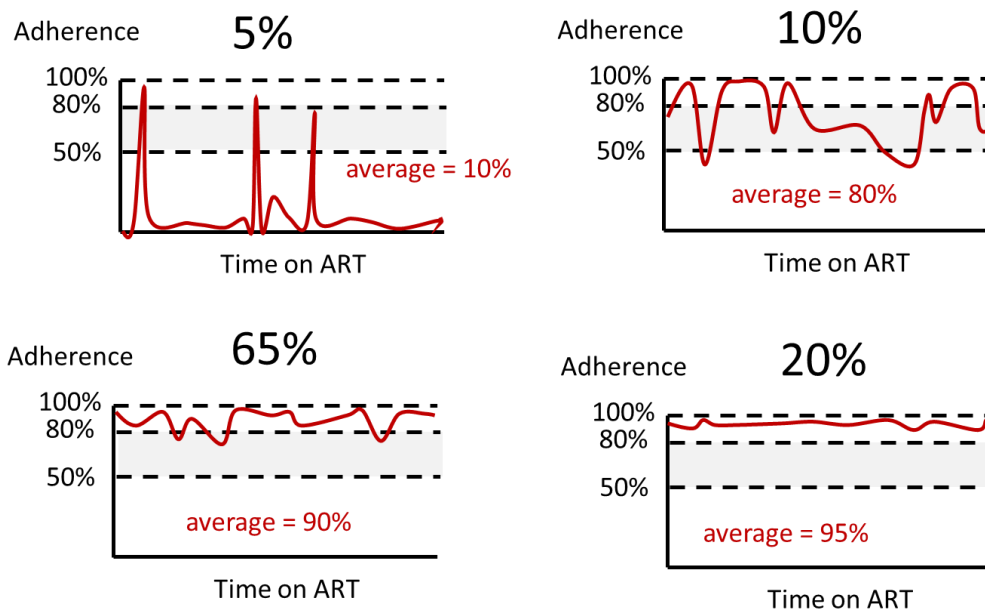
H

20% probability $adhav = 10\%$ $adhvar = 0.2$
 20% probability $adhav = 79\%$ $adhvar = 0.2$
 40% probability $adhav = 90\%$ $adhvar = 0.06$
 20% probability $adhav = 95\%$ $adhvar = 0.05$

I

30% probability $adhav = 10\%$ $adhvar = 0.2$
 30% probability $adhav = 60\%$ $adhvar = 0.2$
 30% probability $adhav = 70\%$ $adhvar = 0.06$
 30% probability $adhav = 90\%$ $adhvar = 0.05$

Figure S3. Illustration of adherence pattern assumptions. This is for adherence pattern F. 5% of the population have the adherence as shown in the top left, 10% as shown in the top right, etc. While adherence is generally high in the majority of people on ART (hence the high proportion of people on ART with viral suppression), most probably experience at least some periods of poorer adherence (e.g.²⁰).



Adherence is also influenced by (i) current toxicity (ii) younger age (iii) presence of a current WHO stage 4 condition (iv) starting a second line regimen (v) adherence interventions as a result of a measured viral load > 1000 copies/mL.

Comparisons between model outputs and data from the literature in Figure 4-10 illustrate the extent to which the model captures various aspects of virologic responses to ART (efavirenz based regimens).

Figure S4. Risk of virologic failure while on ART according to adherence level

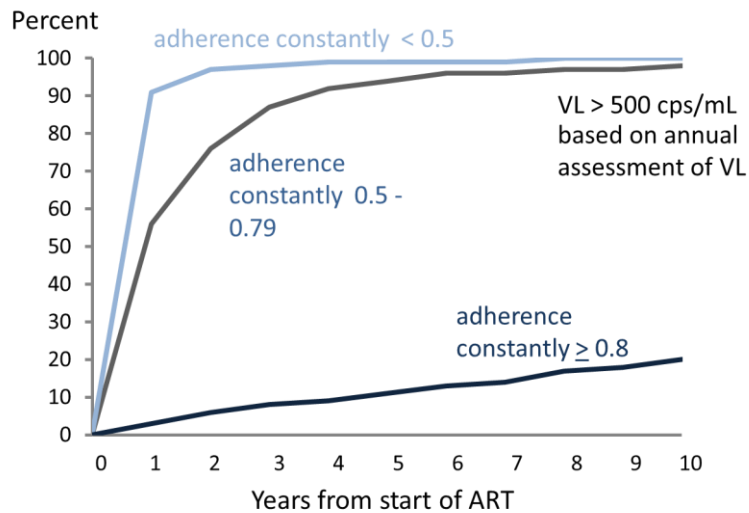
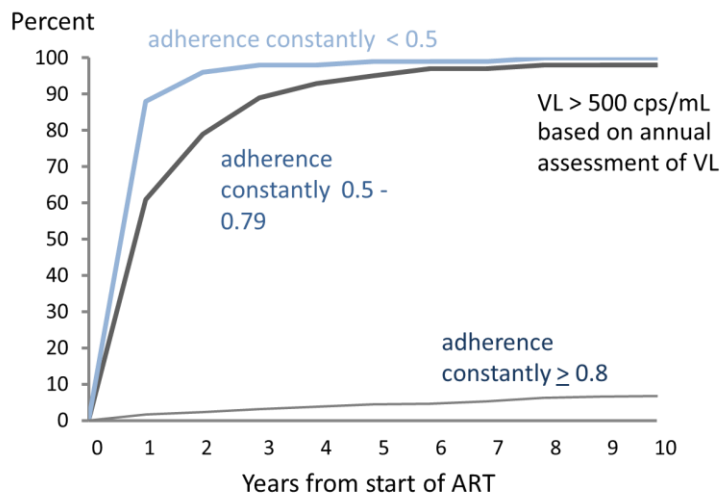


Figure S5. Risk of NNRTI resistance with virologic failure while on ART, according to adherence level



The distribution of adherence over the first year of ART has been compared with data from a large programme in Zambia (see Figure S6; ²¹). Viral load suppression at one year from start of ART is shown in Figure S7. These are reconstructed outcomes for all people who have initiated ART in Zimbabwe (the overall mean CD4 count at initiation is 145 /mm³). Figure S8 and Figure S9 compare Kaplan-Meier estimates of time to virologic failure and resistance, respectively, between the model and observed data, in the latter case from the UK due to the lack of data from sub-Saharan Africa (although noting that a substantial minority of people in the UK database originate from sub-Saharan Africa). Figure S10 illustrates the proportion of people with resistance (amongst those on ART with non-suppressed viral load) and corresponds to estimates from the large WHO resistance surveillance.

Figure S6. Distribution of average adherence level over first year of ART (for those on ART at 1 year)²¹.

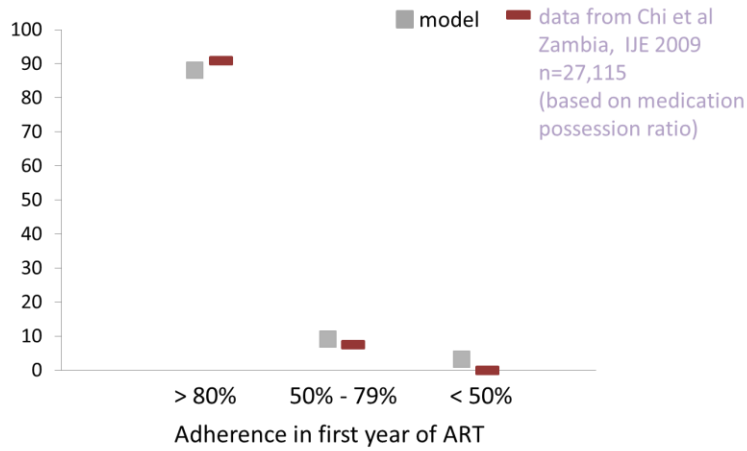
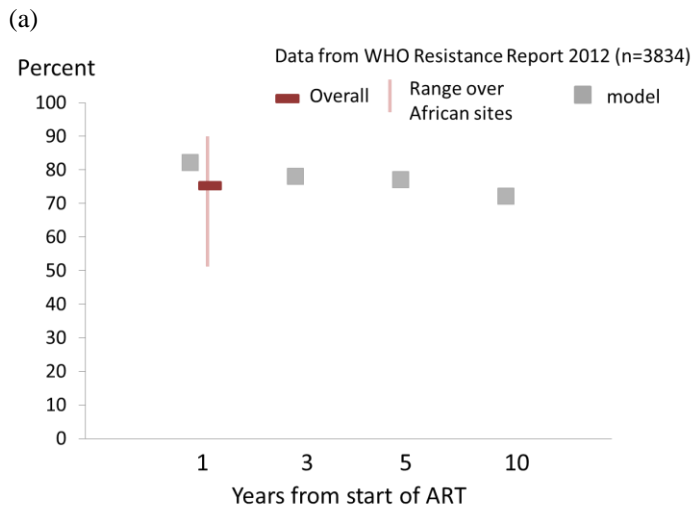


Figure S7. (a) Percent of people alive at given time points from start of ART who have viral load suppression and (b) percent of people alive and on ART at given time points from start of ART who have viral load suppression²².



(b)

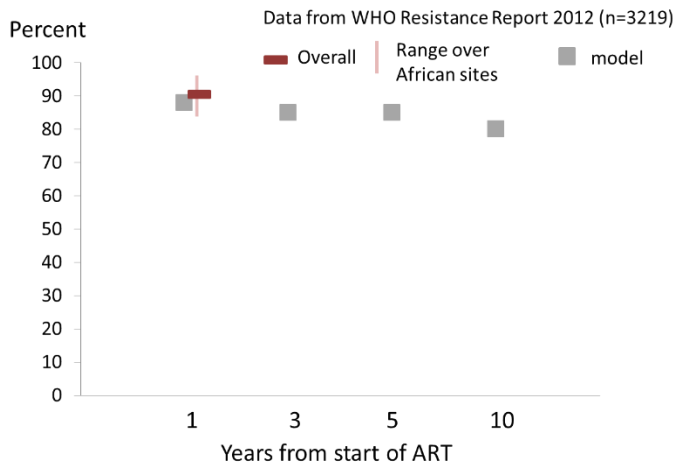


Figure S8 Kaplan Meier estimates of risk of virologic failure while on ART, by time from start of ART².

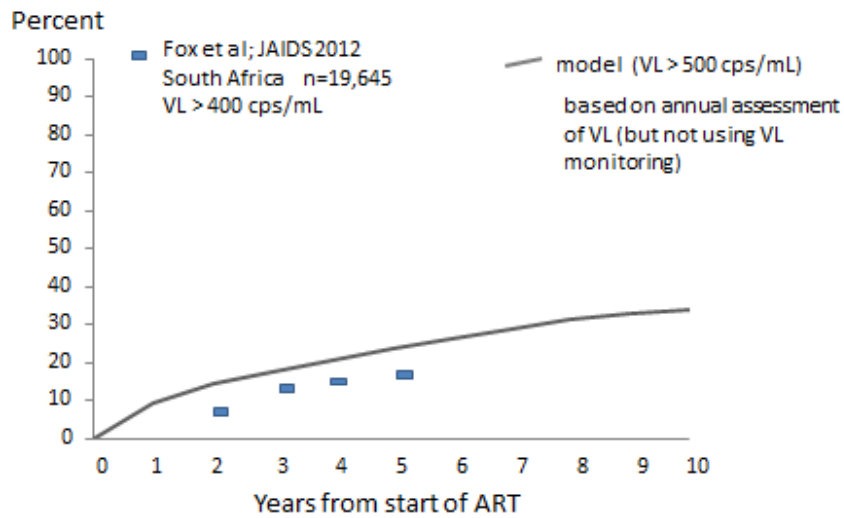


Figure S9. Kaplan Meier estimates of risk of NNRTI resistance with virologic failure while on ART, by time from start of ART²³.

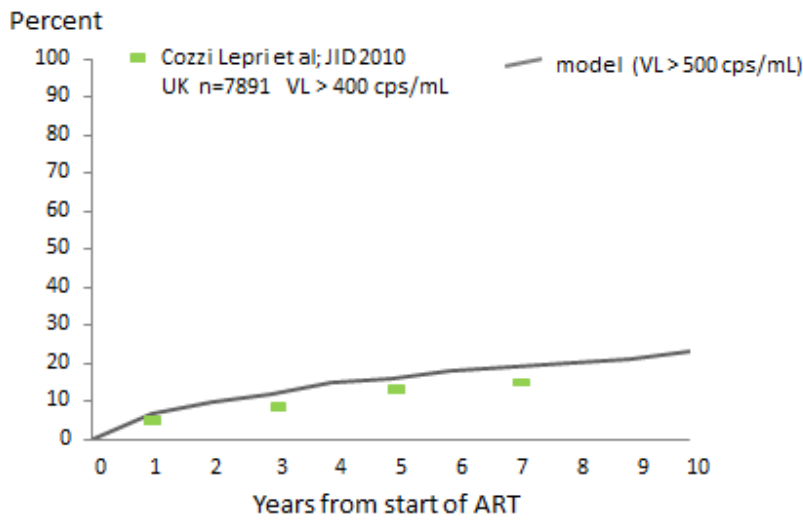
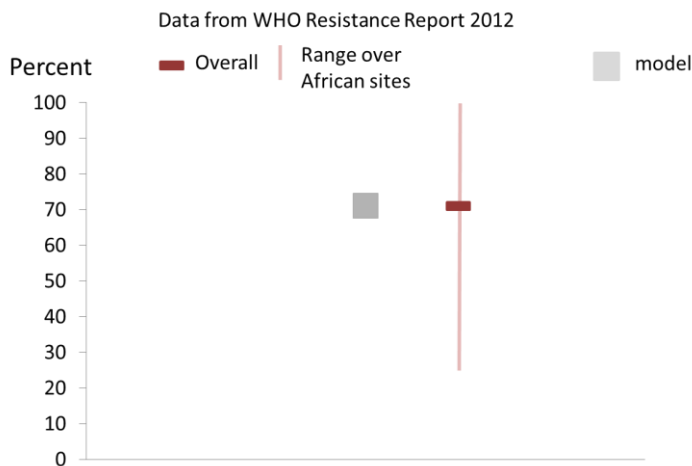


Figure S10. Of people with viral load > 500 at 1 year from start of ART, percent who have NNRTI drug resistance²².



Effective adherence

We also considered the concept of *effective* adherence, which reflects predicted adequacy of drug levels, whereby for those on regimens that do not include an NNRTI the effective adherence is as the adherence itself, but for those on NNRTI-containing regimens the effective adherence is the adherence + *add_eff_adh_nnrti* (base value Log normal(In 0.10, 0.30)), reflecting the long half life of NNRTI drugs²⁴ which is an advantage as it means such regimens are more forgiving of periods of poor adherence^{5-7, 12, 25-28}. Additionally, it is assumed that patients on ART are susceptible to occasional (rate 0.02 per 3-months severe temporary drops in drug level (i.e. effective adherence level), leaving them susceptible to viral rebound (but with low risk of resistance as the effective adherence drop is so profound). This phenomenon is assumed to be 100 times more frequent among those on protease inhibitor regimens than in those on other regimens. This latter assumption is the only plausible means (at least within our model framework) to explain why virologic failure occurring on boosted protease inhibitor regimens often occurs in the absence of resistance²⁹.

Effect of viral load measurement above 1000 cps/mL on adherence

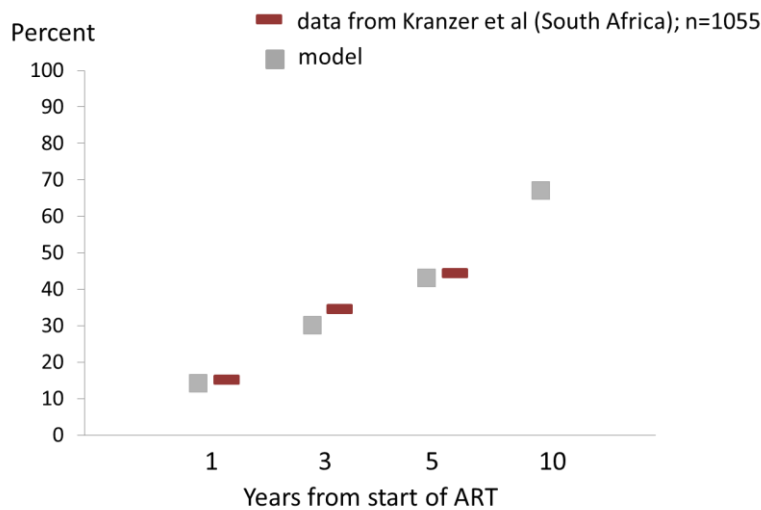
As mentioned, adherence can be affected by experience of an enhanced adherence intervention after initial measurement of viral load > 1000 copies/mL which is assumed to lead to an increase in adherence in 70% of people, consistent with data showing that a significant proportion of people with measured viral load > 1000 copies/mL who undergo an adherence intervention subsequently achieve viral suppression without a change in ART^{10,11,30,31} and broadly consistent with a meta-analysis³². Although the appropriate duration to assume for this effect is uncertain¹¹, the impact of adherence interventions has often been shown to diminish with time³³. Based on this overall body of data, we assume that the adherence intervention is effective only the first time it is performed and that for 40% the effect is permanent (i.e. 70% x 40% = 28% of those with a viral load >1000; in this case the value of *adhav* is reduced from this point), but that in the remaining 60% (i.e. 70% x 60% = 42% of those with viral load >1000) it lasts only 6 months.

ART interruption / discontinuation

People can interrupt ART, and this may be due to not continuing with clinic visits (disengagement, modelled as simultaneous interruption and loss to clinic follow up) but ART can be interrupted also in those still attending clinical visits. The basic rate of interruption due to patient factors (referred to as *rate_int_choice*, although recognising that this is often not a free choice) is greater in people with current toxicity (2-fold) and those with a greater tendency to be non-adherent (1.5-fold if adherence average *adhav* 50 – 79% and 2-fold if adherence average *adhav* < 50%). In a systematic review, drug toxicity, adverse events and side effects have been found to be the most commonly given reasons for drug discontinuation³⁴.

The rate of interruption also reduces with time on ART, decreasing after 1 years³⁵⁻³⁷. If adherence average (*adhav*) ≥ 80% then the chance that interruption coincides with interrupting/stopping visits to the clinic is equal to *prob_lost_art*; if 50 ≤ *adhav* < 80% then *prob_lost_art* is multiplied by 1.5, if *adhav* < 50% then *prob_lost_art* is multiplied by 2. This is due to an assumption that factors leading to poor adherence are also likely to be associated with interruption. The rate of interruption and disengagement with care is likely to vary by setting. Figure S11 shows a comparison between modelled and observed (from a study by Kranzer et al³⁵. Kaplan Meier estimates of the percent of people having interrupted or discontinued ART by time from ART initiation.

Figure S11. Percent who have interrupted or discontinued ART by time from initiation³⁵.



Interruption of ART without clinic/clinician being aware

It is known that in some instances people on ART have such poor adherence that they have in fact interrupted or stopped ART entirely but, in the same way that the clinic is not always aware of the true adherence level, they are also not always aware when the person has completely interrupted ART. This means that the clinic may think a patient is virologically failing, because viral load is high, when in fact this is due to interruption rather than resistance. This can be seen from studies on people with virologic failure in which a proportion have no identified resistance mutations^{8,10,38}. Thus, when a person interrupts ART (but remains under care) we introduce a variable that indicates whether the clinic is unaware. *clinic_not_aw_int_frac* (base value Beta (6,4), median=0.61). This distribution was chosen to produce realistic model outputs for the proportion of people with virological failure who have resistance. If a patient has interrupted ART with the clinic unaware then not only is the patient (wrongly) classified (by the clinic) as virologically failing (if viral load has been measured), but a switch to second line can occur. Figure S12 compares the proportion of people with resistance between our model and WHO survey data.

Re-initiation of ART after interrupting in patients still under clinic follow-up

For patients who have interrupted ART due to choice but are still under clinic follow-up, the probability of restarting ART per 3 months in the base model is *rate_restart*. This probability is increased 3-fold if a new WHO 3 condition has occurred at t-1, and 5-fold if a new WHO 4 condition has occurred at t-1 since occurrence of clinical disease in a person seen at clinic is likely to prompt ART re-initiation. This will vary by setting but is informed by studies showing that of people who have initiated ART who are still seen at clinic a very high proportion are on ART at 12 months from start of ART³⁹. Kranzer et al found a rate of restarting ART amongst those that interrupted or discontinued of 21 per 100 person-years but this figure is an overall figure which includes in the denominator those who are not attending the clinic (loss to follow-up and return to care are described below)³⁵. The equivalent figure, produced as an output from the model is 19 per 100 person-years.

Interruption due to drug stock-outs

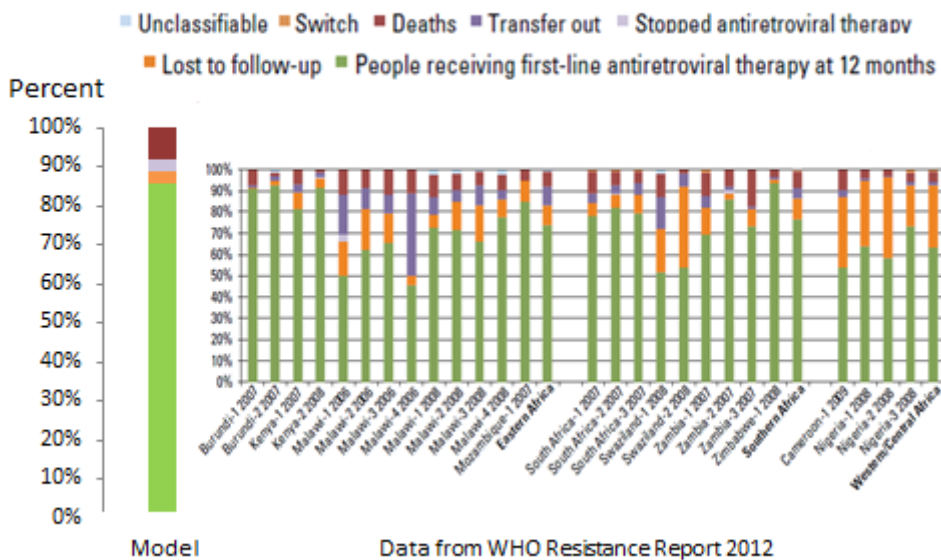
The basic rate of interruption due to interruption of the drug supply is *prob_supply_interrupted* per 3 months. This will vary over time and by setting but we assume low rates in current and future years (0.003 per 3 months per person). For patients who have interrupted ART due to interruption of supply the probability of restarting ART per 3 months is *prob_supply_resumed*³⁹.

Loss to follow-up while off ART (for reasons apart from drug stock-outs)

The probability per 3 months of interrupting/stopping clinic visits (i.e. being lost to follow-up) is $rate_lost$ if adherence average $adhav \geq 80\%$. This is increased by 1.5 fold if $50\% \leq adhav < 80\%$ and by 2-fold if $adhav < 50\%$. This high rate is informed by the fact that low numbers of people attending clinics after having been initiated on ART are not still on ART (e.g.²²). Interruption of ART and loss to follow-up are assumed correlated with the underlying tendency to adhere when on ART because we assume that the same underlying social, practical and economic factors will be an underlying cause of these behaviours.

For people lost to follow-up who are asymptomatic, the probability of returning to clinic per 3 months is $rate_return$ if adherence average $adhav \geq 80\%$. This is decreased by 2-fold if $50\% \leq adhav < 80\%$ and by 3-fold if $adhav < 50\%$. If a person develops a new WHO 3 or 4 event then they are assumed to return to the clinic with probability 1. As mentioned above, this leads to an overall rate of restarting of ART after interruption (including having been loss to follow-up in many cases) consistent with the estimates from South Africa from Kranzer et al, although these will vary by setting^{2,35,40}.

Figure S12. Status at 1 year from start of ART. Data is from WHO Drug Resistance Surveillance Report (2012)²².



Effect of ART on viral load, CD4 count, resistance development and drug toxicity

This section describes the determination of updated viral load, CD4 count, and acquisition of new resistance mutations in a given time period for people on ART. The updated viral load, CD4 count and risk of new resistance mutations appearing all depend on the effective adherence in the previous and current period, the number of active drugs ($nactive(t-1)$) and the current viral load, as well as the time period from the last time ART was started or restarted. The values of viral load, CD4 count, and resistance mutation risk for any combination of these factors are given in Table S1-S3 below. The rationale behind this approach and how the specific values in the table were chosen is explained below. The choice of values is directly informed by studies in this area and by comparison of model outputs with data. For the new resistance mutation risk, the number in the table is multiplied by the viral load (mean of values at $t-1$ and t) to give a value for the variable $newmut$, which is used when assessing whether a new mutation or mutations have arisen (see below).

Number of active drugs

We use the concept of the number of drugs that are active, based on presence of resistance mutations to the drugs being used. The level of resistance is determined by the presence of drug resistance mutations, with a given set of mutations being translated into a level of resistance to a given drug on a scale of 0 to 1 in the same way as is done for common resistance interpretation systems. The activity level of a drug is then calculated as 1

minus the level of resistance to the drug. The ability of the number of active drugs, or the genotypic sensitivity score, to predict the viral load outcome is well established⁴¹, and the concept of using a genotypic score to define “optimised background therapy” has been common to the design of several trials in treatment experienced patients (e.g. ⁴²). This is the basic concept but note that below we explain consider that drugs, such as boosted PIs, can have higher potency (since they can virtually sustain viral suppression alone) and thus contribute a value greater than 1.

Classification of adherence levels

While we model the adherence level for each individual at each three month time period as a value between 0 and 100%, to determine the viral load, CD4 count and resistance risk, as noted above, we classify adherence into three levels. This is the simplest approach that allows inclusion of the fact that the relationship between adherence and resistance risk is not linear, since the risk of resistance tends to be lower when the adherence is either low or high, and the risk of resistance is highest when adherence is moderate, allowing enough replication for mutations to be selected for and enough drug present to allow selection of virus with resistance mutations^{5,25,43}.

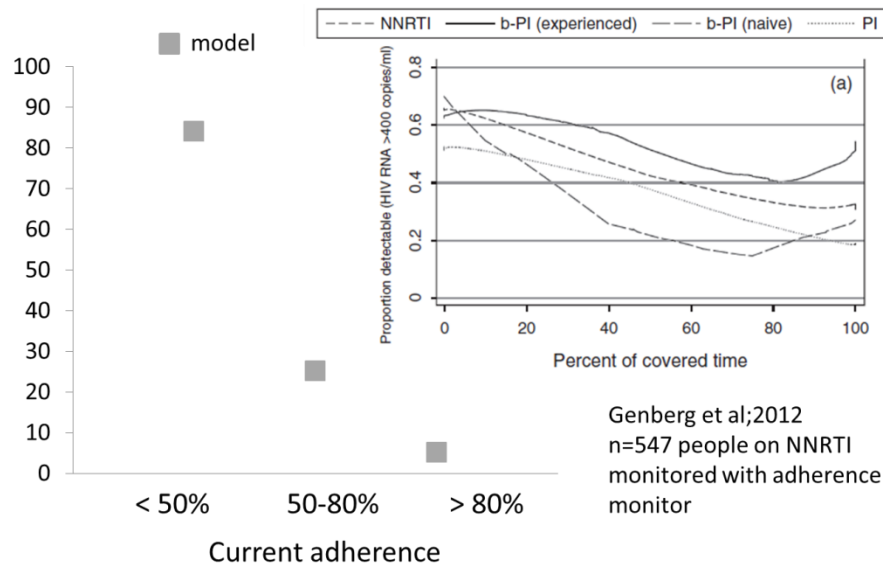
As mentioned, the cut-offs used to define the three adherence levels are 50% and 80%. Adherence-resistance and adherence-viral load relationships differ by regimen type and even specific regimen within a class and any overall breakdown into groups is necessarily a simplification. A cut off of 80% is chosen as the upper level as (unlike for unboosted PI regimens) at adherence levels of at least 80%, NNRTI and boosted PI regimens are likely to have maximal or close to maximal effects on viral load and minimal risk of resistance selection²⁸. Actual risk of resistance probably depends on the pattern of adherence, not just the average over a three month period, so that a treatment interruption of over 1 week during the three month period, while maintaining an overall average adherence of 80%, could lead to a higher level of risk of resistance emergence than a situation in which the adherence was more uniform over the period⁴⁴, although in people who have ongoing viral suppression NNRTI regimens seem to be generally robust to even relatively low levels of adherence ^{26-28, 45}. A level below 50% is one that that has been associated with raised risk of detectable viral load^{44,46}.

Determination of viral load, CD4 count and risk of resistance in people on ART

Viral load, CD4 count and risk of resistance in the first 3 months after (re-)starting ART

Table S1 shows how the viral load, CD4 count and risk of resistance is determined for people in the first 3 months after starting ART or re-starting ART after an interruption of at least 3 months. Since in this early period on ART, the viral load will depend on the initial value the updated viral load is given as a reduction from the pre-ART maximum viral load. If the number of active drugs is three or more then at a high adherence level (above 0.8) the mean viral load change from the pre-ART maximum is 3 log copies/mL. To reflect the fact that there is variability in the response⁴⁷, the value for a given person is sampled from a Normal distribution with standard deviation 0.5. This viral load response diminishes both with decreasing number of active drugs in the regimen being started (which is informed by data from studies relating GSS to virologic outcome, as well as by studies of mono and dual therapy regimens^{41, 48-54}). The viral load response also diminishes with decreasing level of adherence (see Figure 513 and for example Genberg et al⁴⁴). As is well established, the CD4 count response generally mirrors the viral load response, although with very low numbers of active drugs and low adherence there is a mean decrease in CD4 count and still a small decrease in viral load from the maximum. Note that we do not incorporate the known more rapid decline in viral load seen with integrase inhibitors.

Figure S13. Model output: of people on ART, percent with current VL >500 according to current adherence. Comparison with data from Genberg et al on electronic monitoring-based adherence measures⁴⁴.



Regarding the risk of new drug resistant mutations arising, Tables S1-S3 provide a number for “new mutation risk” that is multiplied by the viral load (mean of values at t-1 and t) to give a probability used when assessing whether a new mutation(s) has/have arisen. Values of the new mutations risk have been chosen in conjunction with the translation of presence of mutations into reduced drug activity to provide estimates of resistance accumulation consistent with those observed in clinical practice^{19 55-62}.

Risk of new resistance mutations arising increases with decreasing number of active drugs, reflecting the known greater risk of resistance with regimens less able to suppress viral replication, most clearly seen in the fact that early mono and dual therapy regimens were highly susceptible to resistance development⁴⁹⁻⁵¹. At low adherence levels, the risk of resistance development is generally low regardless of the number of active drugs, as drug selection pressure is low. However, for those on NNRTI regimens the new resistance mutation risk is assumed to be that for the effective adherence category of 50 – 80% (i.e. maximal) even if the effective adherence is below 50%, reflecting the fact that NNRTI resistance develops easily, even when drug exposure is very low^{5,6}.

Viral load, CD4 count and risk of resistance between 3-6 months from (re-)starting ART

For the period 3-6 months from (re-)start of ART (Table S2; to reduce the table content we do not provide the matrices of values for the resistance risk or CD4 count, only for the viral load (the full table is available in Cambiano et al 2014⁶³). We consider the adherence in both the current and previous 3 month period, since the likelihood of reaching viral suppression by 6 months will depend on adherence throughout the whole 6 month period from start of ART, although the adherence in the current period is assumed to be the stronger factor. By 6 months after starting ART, those on 3 or more active drugs with consistently high adherence generally reach a relatively high level of viral suppression, regardless of pre-ART maximal viral load, so a person’s viral load is no longer given by the change from baseline but the absolute level of viral load which it is likely they have reached. In these optimal conditions of high adherence and maximal active drugs we assume the viral load has a mean value of 0.5 log, again with variability between individuals. Since most viral load assays have a lower limit of quantification of 40 or 50 copies per mL, it is not actually known what the actual viral load level is, although highly sensitive assays suggest that a proportion of patients reach below 11 copies/mL⁶⁴. At lower numbers of active drugs and lower adherence, the viral load is still related to the maximal pre-ART viral load rather than being an absolute value, as the person’s viral load has not become so low that the initial value loses relevance. The viral load response decreases with a lower number of active drugs, lower current adherence, and lower adherence in the previous 3 month period. Values for the viral load response between those known from studies (high level of suppression for 3 active drugs and maximal adherence, and only around 0.5 log viral suppression when adherence is < 0.5 even with three active drugs^{53,65} are imputed assuming a monotonic

relationship. CD4 count responses again mirror the viral load response, as has been extensively studied in patients with ongoing viraemia on ART⁶⁶. Risk of new resistance mutations again increases with decreasing number of active drugs, if current adherence is in the middle or highest group. The only situation in which risk of new mutations is extremely low is when the number of active drugs is 3 or close to 3 and the current adherence is in the high category.

Viral load, CD4 count and risk of resistance after 6 months of (re-)starting ART

Table S3 shows how the viral load, CD4 count and risk of resistance is determined for the situation where a person has been on ART for more than 6 months and the viral load is suppressed or partially suppressed (< 4 log copies/mL). These values are similar to those used for the period 3-6 months from start of ART except that there is assumed to dependence on the adherence in the current 3 month period only.

The situation where the viral load is above 4 log copies /mL, 10,000 copies/mL is treated the same as that in the period 3-6 months from start of ART (described above), with adherence in the current and previous period having some influence.

Variable patient-specific tendency for CD4 count rise on ART

There is variability in the tendency for the CD4 count to rise on ART, for a given level of viral load suppression. For scenarios in the above tables (S1 – S3) in which the CD4 count change is positive the CD4 count change is multiplied by this patient-specific factor (i.e. it is fixed for each patient), which is given by sampling for each patient from $\text{Exp} (N(0, (sd_patient_cd4_rise_art)^2))$ where $sd_patient_cd4_rise_art = 0.2$. To reflect the fact that the rate of CD4 count increase on ART tends to diminish with time, for those with patient-specific factor determining the CD4 count rise on ART > 1, this factor is modified by a factor 0.25 after 2 years of continuous treatment.

Accelerated rate of CD4 count loss if PI not present in regimen

The rate of change in CD4 count in people on failing regimens is largely based on data from the PLATO collaboration, for which patients were mainly on regimens containing a PI⁶⁶. If the regimen does not contain a PI the change in CD4 count per 3 months is modified (in the base model) by *poorer_cd4_rise_on_failing_nnrti* (= -6 /mm³). This applies regardless of viral load level, so PIs are assumed to lead to a more beneficial CD4 count change than NNRTIs⁶⁶. We assume in 50% of setting scenarios that this applies also for dolutegravir and in 50% that it does not (determined by *poorer_cd4_rise_on_fail_nn_ii*).

Variability in individual (underlying) CD4 counts for people on ART

Once the mean of the underlying CD4 count is obtained as described above for people on ART, to obtain the CD4 count, variability ($sd_cd4 = 1.2$) is added on the square root scale. The estimate was based on unpublished analyses

Table S1. Viral load (mean change from viral load max), CD4 count change (mean change between t-1 and t), and new mutation risk in first 3 months. For 0 active drugs, these are the changes regardless of time from start of ART. For viral load this is the mean of a Normal distribution with standard deviation 0.2, from which the patient's value/change is sampled. For the CD4 count patients vary in their underlying propensity for CD4 rise on ART (given by sampling from lognormal(1,0.5²) and the CD4 count change given here is multiplied by this factor. For the new mutation risk, this is a number that is multiplied by the viral load (mean of values at t-1 and t). The resulting probability is used when assessing whether a new mutation or mutations have arisen.

		Effective adherence between t-1 & t					Number of active drugs							
		3	2.75	2.5	2.25	2.0	1.75	1.5	1.25	1	0.75	0.5	0.25	0
Viral load (log change from vmax)	≥ 80%	-3.0	-2.6	-2.2	-1.8	-1.5	-1.25	-0.9	-0.8	-0.7	-0.55	-0.4	-0.3	-0.3
	≥ 50%, <80%	-2.0	-1.6	-1.2	-1.1	-0.9	-0.8	-0.6	-0.5	-0.4	-0.25	-0.1	-0.05	-0.1
	< 50%	-0.5	-0.4	-0.3	-0.25	-0.2	-0.15	0.0	+0.05	+0.1	+0.1	+0.1	+0.1	0.0
CD4 count change (t-1 to t)	≥ 80%	+50	+45	+40	+35	+30	+25	+20	+17	+13	+10	+5	-2	-15
	≥ 50%, <80%	+30	+30	+23	+20	+15	+13	+10	+8	+5	+3	0	-7	-17
	< 50%	+5	+4	+3	+2	+1	-1	-3	-6	-10	-11	-12	-13	-18
New mutation Risk (x log viral load)	≥ 80%	0.002	0.01	0.03	0.05	0.1	0.15	0.2	0.3	0.4	0.45	0.5	0.5	0.5
	≥ 50%, <80%	0.15	0.15	0.2	0.25	0.3	0.3	0.3	0.35	0.4	0.45	0.5	0.5	0.5
	< 50%*	0.15	0.15	0.2	0.25	0.3	0.3	0.3	0.35	0.4	0.45	0.5	0.5	0.5
	< 50%**	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05

* for NNRTI containing regimen, ** for boosted PI containing regimen.

Table S2. Summary of viral load (mean absolute value or mean change from viral load max) between 3-6 months, and after 6 months if viral load at t-1 > 4 logs. This is the mean of a Normal distribution with standard deviation 0.2, from which the patient's value/change is sampled.

Effective adherence between t-2 & t-1	Effective adherence between t-1 & t	Number of active drugs											
		3	2.75	2.5	2.25	2.0	1.75	1.5	1.25	1	0.75	0.5	0.25
≥ 80%	≥ 80%	<u>0.5</u>	<u>0.8</u>	<u>1.2</u>	<u>1.4</u>	<u>2.0</u>	<u>2.7</u>	-1.7	-1.15	-0.9	-0.75	-0.6	-0.4
≥ 50%, <80%	≥ 80%	<u>1.2</u>	<u>1.2</u>	<u>1.2</u>	<u>1.4</u>	-2.0	-1.6	-1.2	-1.05	-0.9	-0.7	-0.5	-0.35
< 50%	≥ 80%	<u>1.2</u>	<u>1.2</u>	<u>1.2</u>	<u>1.4</u>	-2.0	-1.6	-1.2	-1.0	-0.9	-0.7	-0.5	-0.2
≥ 80%	≥ 50%, <80%	<u>1.2</u>	1.6	<u>1.8</u>	<u>2.2</u>	<u>2.4</u>	-2.4	-1.5	-0.9	-0.7	-0.55	-0.4	-0.3
≥ 50%, <80%	≥ 50%, <80%	<u>2.5</u>	<u>2.5</u>	<u>2.5</u>	<u>2.5</u>	-1.2	-1.1	-0.8	-0.65	-0.5	-0.35	-0.2	-0.05
< 50%	≥ 50%, <80%	-2.0	-1.8	-1.5	-1.35	-1.2	-1.1	-0.8	-0.65	-0.5	-0.2	-0.2	-0.05
≥ 80%	< 50%	-0.5	-0.4	-0.3	-0.25	-0.2	-0.15	-0.10	-0.05	+0.0	+0.0	+0.0	+0.0
≥ 50%, <80%	< 50%	-0.5	-0.4	-0.3	-0.25	-0.2	-0.15	-0.10	-0.05	+0.0	+0.0	+0.0	+0.0
< 50%	< 50%	-0.5	-0.4	-0.3	-0.25	-0.2	-0.15	-0.10	-0.05	+0.0	+0.0	+0.0	+0.0

Table S3. Summary of viral load (mean change from viral load max), CD4 count change (mean change between t-1 and t), and new mutation risk after 6 months, where viral load at t-1 < 4 logs. For viral load this is the mean of a Normal distribution with standard deviation 0.2, from which the patient's value/change is sampled. For the CD4 count patients vary in their underlying propensity for CD4 rise on ART (given by sampling from lognormal(1,0.5²) and the CD4 count change given here is multiplied by this factor. For the new mutation number, this is a number that is multiplied by the viral load (mean of values at t-1 and t). The resulting probability is used when assessing whether a new mutation or mutations have arisen.

		Effective adherence between t-1 & t				Number of active drugs							
		3	2.75	2.5	2.25	2.0	1.75	1.5	1.25	1	0.75	0.5	0.25
Viral load (absolute value or log change from v _{max})	≥ 80%	<u>0.5</u>	<u>0.0</u>	<u>1.2</u>	<u>1.6</u>	-2.5	-2.0	-1.4	-1.15	-0.9	-0.75	-0.6	-0.3
	≥ 50%, <80%	<u>1.2</u>	<u>1.2</u>	<u>1.2</u>	<u>1.4</u>	-1.2	-1.0	-0.7	-0.6	-0.5	-0.4	-0.3	-0.1
	< 50%	-0.5	-0.4	-0.3	-0.25	-0.2	-0.2	-0.1	-0.1	-0.1	-0.1	-0.1	-0.0
CD4 count Change (t-1 to t)	≥ 80%	+30	+28	+25	+23	+21	+19	+3	-5	-9	-10.5	-12	-12
	≥ 50%, <80%	+15	+13	+10	+8	-4.5	-7.5	-10	-12	-13	-14	-15	-15
	< 50%	-13	-14	-15	-15.5	-16	-16.5	-17	-17	-18	-17	-17	-17
New mutation risk (x log viral load)	≥ 80%	0.002	0.01	0.03	0.08	0.10	0.15	0.2	0.3	0.4	0.45	0.5	0.5
	≥ 50%, <80%	0.15	0.18	0.2	0.25	0.3	0.3	0.3	0.35	0.4	0.45	0.5	0.5
	< 50%*	0.15	0.18	0.2	0.25	0.3	0.3	0.3	0.35	0.4	0.45	0.5	0.5
	< 50%**	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.05

* for NNRTI containing regimen, ** for boosted PI and dolutegravir containing regimen.

Viral load and CD4 count changes during ART interruption

Viral load returns to previous maximum viral load (v_{max}) in 3 months and adopts natural history changes thereafter.

CD4 rate of decline returns to natural history changes (ie those in ART naïve patients) after 9 months, unless the count remains > 200 above the CD4 nadir

Rate of CD4 count decline depends on current viral load. $c(t)$ is the CD4 count at time t , $c_{min}(t)$ is the CD4 count nadir measured by time t and $cc(t-1)$ is the change in CD4 count from $t-1$ to t .

if time off ART = 3 months or if time off ART > 3 months and CD4 in previous period is > 300 above the minimum CD4 count to date

$v(t) = v_{max}(t-1)$
if $v(t) \geq 5$ then $cc(t-1) = \text{Normal}(-200, 10^2)$
if $4.5 \leq v(t) < 5$ then $cc(t-1) = \text{Normal}(-160, 10^2)$
if $v(t) < 4.5$ then $cc(t-1) = \text{Normal}(-120, 10^2)$

If this leads to $c(t) < c_{min}(t)$ (CD4 nadir) then $c(t)$ is set to $c_{min}(t)$

if time off ART = 6 months:-

if $v(t) \geq 5$ then $cc(t-1) = \text{Normal}(-100, 10^2)$
if $4.5 \leq v(t) < 5$ then $cc(t-1) = \text{Normal}(-90, 10^2)$
if $v(t) < 4.5$ then $cc(t-1) = \text{Normal}(-80, 10^2)$

if time off ART = 9 months:-

if $v(t) \geq 5$ then $cc(t-1) = \text{Normal}(-80, 10^2)$
if $4.5 \leq v(t) < 5$ then $cc(t-1) = \text{Normal}(-70, 10^2)$
if $v(t) < 4.5$ then $cc(t-1) = \text{Normal}(-60, 10^2)$

This is broadly based on evidence from a number of analyses of the effects of ART interruption (e.g. ⁶⁷⁻⁷⁰)

Incidence of new current toxicity and continuation of existing toxicity

Toxicities including gastrointestinal symptoms, rash, hepatotoxicity, CNS toxicity, lipodystrophy, hypersensitivity reaction, peripheral neuropathy and nephrolithiasis can occur with certain probability on certain specific drugs (Table S4). These probabilities are based broadly on evidence from trials and cohort studies, although there are no common definitions for some conditions which complicates this.

Table S4. Risk of development of specific drug toxicities.

Toxicity	Drug	Risk of development per 3 months	Probability of continuation if pre-existing
Nausea	atazanavir	1% (5-fold higher in 1 st year)	50%
	zidovudine	3% (5-fold higher in 1 st year)	50%
Diarrhoea	atazanavir	1% (2.5-fold higher in 1 st year)	50%
Rash	efavirenz	3% (in first 6 months on efavirenz)	
CNS toxicity	efavirenz	10% (if been on efavirenz <1 year)	80% if been on efavirenz <1 year. 90% if been on efavirenz ≥1 year
	dolutegravir	5% (if been on dolutegravir <1 year)	40% if been on dolutegravir <1 year. 90% if been on dolutegravir ≥1 year
Lipodystrophy	zidovudine	1.5%	100%
Anaemia	zidovudine	3% (1.5-fold higher in 1 st year)	20%
Headache	zidovudine	10% (1.5-fold higher in 1 st year)	40%
Lactic acidosis	zidovudine	0.02%	
Renal dysfunction	tenofovir	0.35%	100%

Switching of drugs due to toxicity

If toxicity is present then we consider in some scenarios that drugs may be switched due to toxicity.

Emergence of specific resistance mutations and their effect on drug activity

newmut (see Table S1 – S3 above) is a probability used to indicate the level of risk of new mutations arising in a given 3 month period. If this chance comes up in a given 3 month period (determined by sampling from the binomial distribution) then the following criteria operate.

Table S5. Risk of acquiring new resistance mutations.

Resistance mutation	Probability of arising	Conditions
M184	80%	if on 3TC or FTC
# TAMS increases by 1	20%	if on zidovudine and (not on 3TC nor FTC)
	12%	if on zidovudine and (on 3TC or FTC)
# TAMS increases by 2	1%	if on zidovudine and (not on 3TC nor FTC)
	1%	if on zidovudine and (on 3TC or FTC)
K65	10%	if on tenofovir
Q151	2%	if on zidovudine
K103	60%	If on efavirenz
Y181	10%	If on efavirenz
G190	10%	If on efavirenz
I50L	3%	If on atazanavir
I84V	3%	If on atazanavir
N88	3%	If on atazanavir
primary dolutegravir mutation	3%	if on dolutegravir
secondary dolutegravir mutation	3%	if on dolutegravir

These values are chosen, in conjunction with values of $newmut\{t\}$, to provide estimates of accumulation of specific classes of mutation consistent with those observed in clinical practice^{56, 59, 71}. They reflect a greater propensity for some mutations to arise than others. This probably relates to the ability of the virus to replicate without the mutations (e.g. probably very low in the presence of 3TC for virus without M184V) as well as the replicative capacity of virus with the mutations.

New resistance to NNRTI arising as a result of ART interruption

It is assumed that due to the long half life of NNRTIs nevirapine and efavirenz, stopping of a regimen containing one of these drugs is associated with a specific probability of an NNRTI resistance mutation arising (see, for example, Fox et al, 2008⁴). The respective probabilities for K103, Y181 and G190 are 1.8%, 0.06% and 0.6%.

Loss of acquired mutations from majority virus

It is assumed that mutations tend to be lost from majority virus with a certain probability from 3 months after stopping to take a drug that selects for that mutation. The probability of losing mutations per 3 months (from 3 months after stopping) is as follows⁷²⁻⁷⁸.

Table S6. Probability of loss of acquired mutations from majority virus per 3 months after stopping drugs selecting for mutation.

M184V	0.8
L74V	0.6
Q151M	0.6
K65R	0.6
TAMS (lose all)	0.4
NNRTI mutations	0.05
Protease mutations	0.2
Dolutegravir mutations	0.2

Mutations are regained in majority virus if a drug selecting for the mutation is again started.

Determination of level of resistance to each drug

Table S7. shows the level of resistance to each drug according to presence of specific resistance mutations.

Table S7. Level of resistance to each drug according to presence of specific resistance mutations.

Resistance mutation	Drug	Level of resistance (1=full resistance)	Condition
M184	3TC or FTC	0.75	
1-2 TAMS	zidovudine	0.5	No 3TC or FTC in regimen
	zidovudine	0.25	3TC or FTC in regimen and ever had M184V
	zidovudine	0.5	3TC or FTC in regimen and never had M184V
2-3 TAMS	tenofovir	0.5	
3-4 TAMS	zidovudine	0.75	No 3TC or FTC in regimen
	zidovudine	0.5	3TC or FTC in regimen and ever had M184V
	zidovudine	0.75	3TC or FTC in regimen and never had M184V
4 or more TAMS	tenofovir	0.75	No 3TC or FTC in regimen, or 3TC in the regimen and never had M184V
	tenofovir	0.5	3TC or FTC in regimen and ever had M184V
5 or more TAMS	zidovudine	1.0	No 3TC or FTC in regimen
	zidovudine	0.75	3TC or FTC in regimen and ever had M184V
	zidovudine	0.75	3TC or FTC in regimen and never had M184V
Q151	3TC or FTC	0.25	
	zidovudine	0.75	
K65	3TC or FTC	0.25	
	tenofovir	0.75	
K103	efavirenz	1.0	
Y181	efavirenz	0.75	

G190	efavirenz	0.75	
I501	atazanavir	1.0	
N88	atazanavir	1.0	
I84	atazanavir	1.0	
1 - 3 of (V32, M46, I54, V82, L90)	atazanavir	0.5	
At least 4 of (V32, M46, I54, V82, L90)	atazanavir	1.0	
primary dolutegravir mutation only	dolutegravir	0.75	
secondary dolutegravir mutation only	dolutegravir	0.25	
primary and secondary dolutegravir mutation	dolutegravir	1.00	

These rules approximately follow the interpretation systems for conversion of mutations present on genotypic resistance test into a predicted level of drug activity (or, equivalently, of resistance; <http://hivdb.stanford.edu>, <http://www.hivfrenchresistance.org/>)

Calculation of activity level of each drug

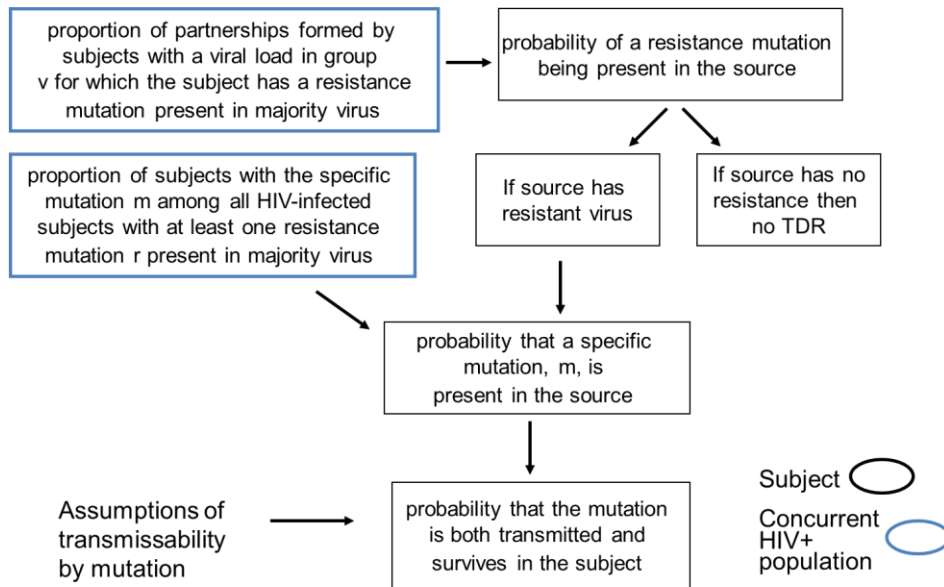
For drugs with a potency of 1 the activity level is 1-level of resistance. For ritonavir boosted PIs, which are assigned a potency of 2 it is given by $2 - (2 \times \text{level of resistance})$. Potency is assumed higher due to the ability to induce sustained viral suppression alone. Activity levels of each drug in the regimen are summed to give the total number of active drugs. For dolutegravir the potency is assumed to be 1.5 (the modal value of the distribution) so the activity is $1.5 - (1.5 \times \text{level of resistance})$. We also consider a range of values for the potency of dolutegravir, as described below.

Transmitted resistance: overview

The modelling of transmission of drug resistance is summarized in Figure S14. Readers wishing to understand this in the context of modelling of HIV transmission in general should refer to [https://www.thelancet.com/cms/10.1016/S2352-3018\(17\)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf](https://www.thelancet.com/cms/10.1016/S2352-3018(17)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf). The presence or not of resistance mutations does not influence the risk of transmission (i.e. virus with resistance mutations present is assumed equally transmissible as virus without such mutations, for a given viral load). The probability that resistance mutations present in majority virus of the source partner are transmitted to the newly infected person is dependent on the specific mutation. Once a resistance mutation is transmitted to the new host it is assumed to have a certain probability of being lost from majority virus over time⁷⁹. Even after being lost from majority virus, it is assumed to remain in minority virus and is selected back as majority virus if an antiretroviral drug selecting for that mutation is initiated. We also consider the possibility of a person who is already infected become super-infected, including with drug resistant HIV⁸⁰, although there is assumed to be at most a 20% chance that a person super-infected by a person with HIV resistance then has virus with those resistance mutations as a result.

Figure S14. Overview of modelling of transmission of drug resistance

For a subject infected by a partner (source) with viral load in group v



Transmitted resistance: details

The viral load group of the person who infected the subject is known, as indicated above. For a subject infected by a person in viral load group v the probability of a resistance mutation being present in the infected person is given by

$$\frac{\sum_{v, \text{ and mutation present}} L_{(t-1)}^{\text{inf}}}{\sum_v L_{(t-1)}^{\text{inf}}}$$

where $\sum_{v, \text{ and mutation present}}$ is the sum over all partnerships had by HIV-infected people in viral load group v for whom a resistance mutation is present in majority virus and \sum_v is the sum over all HIV-infected subjects in viral load group v . Realization of whether the subject is infected by a person with at least one resistance mutation in majority virus is determined by sampling from Uniform(0,1).

For subjects infected from a source partner with a resistance mutation, the probability that a specific mutation, m , is present in the source is given by

$$\frac{\sum_{\text{mutation } m \text{ present}} L_{(t-1)}^{\text{inf}}}{\sum_{\text{mutation present } v} L_{(t-1)}^{\text{inf}}}$$

Where $\sum_{\text{mutation } m \text{ present}}$ is the sum over all HIV-infected subjects with mutation m present in majority virus and $\sum_{\text{mutation present}}$ is the sum over all HIV-infected subjects with at least one resistance mutation in majority virus.

If a given resistance mutation, m , is present in the source partner, the probability that the mutation is both transmitted and survives in the subject (i.e. that its presence will affect future response to drugs for which the mutation confers reduced sensitivity) is shown in Table S8.

Table S8. Table of probabilities that for a given mutation present in the source partner the mutation is both transmitted and survives in the subject (based on evidence from studies comparing distribution of resistance mutations between treated and antiretroviral naïve populations; (e.g. ^{81,82} and modelling of HIV in MSM in the UK⁸³).

M184V	0.2
K65R	0.2
Q151M	0.5
Thymidine analogue mutations (TAMS)	0.5
NNRTI mutations (K103N, G190A, Y181C)	$1 - (0.20 * res_trans_factor_nn)$
PI mutations	0.5
Dolutegravir mutations	$1 - (0.20 * res_trans_factor_ii)$

We consider uncertainty in the extent to which transmitted NNRTI and dolutegravir resistance mutations are effectively immediately lost (even from minority virus) by sampling from a distribution for parameter $1 - (0.20 * res_trans_factor_nn)$, informed by fitting of a model of HIV in MSM to UK data⁸³. We also consider a similar parameter for dolutegravir.

Loss from majority virus of transmitted mutations

There is a probability per 3 months of loss of persistence of transmitted mutations from majority virus to minority virus (same for each mutation) $rate_loss_persistence$, again informed by fitting of a model of HIV in MSM to UK data⁸³.

Risk of clinical disease and death in HIV infected people

Occurrence of WHO 4 diseases

The rate of WHO 4 diseases according to CD4 count per 3 months is given below.

Table S9. Rate of WHO stage 4 disease according to CD4 count and viral load.

if $cd4 \geq 650$	rate=0.002	if $500 \leq cd4 < 650$	rate=0.010
if $450 \leq cd4 < 500$	rate=0.013	if $400 \leq cd4 < 450$	rate=0.016
if $375 \leq cd4 < 400$	rate=0.020	if $350 \leq cd4 < 375$	rate=0.022
if $325 \leq cd4 < 350$	rate=0.025	if $300 \leq cd4 < 325$	rate=0.030
if $275 \leq cd4 < 300$	rate=0.037	if $250 \leq cd4 < 275$	rate=0.045
if $225 \leq cd4 < 250$	rate=0.055	if $200 \leq cd4 < 225$	rate=0.065
if $175 \leq cd4 < 200$	rate=0.080	if $150 \leq cd4 < 175$	rate=0.10
if $125 \leq cd4 < 150$	rate=0.13	if $100 \leq cd4 < 125$	rate=0.17
if $90 \leq cd4 < 100$	rate=0.20	if $80 \leq cd4 < 90$	rate=0.23
if $70 \leq cd4 < 80$	rate=0.28	if $60 \leq cd4 < 70$	rate=0.32
if $50 \leq cd4 < 60$	rate=0.40	if $40 \leq cd4 < 50$	rate=0.50
if $30 \leq cd4 < 40$	rate=0.80	if $20 \leq cd4 < 30$	rate=1.10
if $10 \leq cd4 < 20$	rate=1.80	if $0 \leq cd4 < 10$	rate=2.50
Independent effect of viral load			
if $v < 3$	rate = rate x 0.2		
if $3 \leq v < 4$	rate = rate x 0.3		
if $4 \leq v < 4.5$	rate = rate x 0.6		
if $4.5 \leq v < 5$	rate = rate x 0.9		
if $5 \leq v < 5.5$	rate = rate x 1.2		
if $5.5 \leq v$	rate = rate x 1.6		

This is informed by Phillips et al ⁸⁴.

Independent effect of age

$$\text{rate} = \text{rate} \times (\text{age} / 38)^{1.2}$$

Independent effect of PJP prophylaxis

If patient on PJP prophylaxis then this rate is multiplied by 0.8. If CD4 count is measured and current value < 350 /mm³ then patient assumed to have 80% chance of starting PJP prophylaxis after 1996. If patient has current WHO stage 3 or 4 condition they are assumed to have an 80% chance of starting PJP prophylaxis. If the CD4 count is measured then PJP prophylaxis assumed to stop if current value > 350/mm³. If the patient has been continuously on ART for 2 years with no WHO 3 or 4 condition in previous 6 months then it is assumed that PJP prophylaxis is stopped.

Independent effect of being on ART

For patients on a single drug regimen this risk is multiplied by 0.9, for patients on a two drug regimen it is multiplied by 0.85 and for patients on a 3 drug regimen it is multiplied by 0.6, to reflect that being on ART has a positive effect on risk of AIDS and death independent of latest CD4 count and viral load.

Occurrence of WHO 3 diseases

As for WHO 4 except risk is *fold_incr_who3* (= 5) higher.

Risk of HIV-related death

As for WHO 4 except risk *fold_decr_hivdeath* - fold lower (= 0.25).

CD4-, viral load- age-specific death rate raised *incr_death_rate_tb*-fold (= 10) if current TB and *incr_death_rate_adc*-fold (= 10) if current WHO 4 disease. We assume 15% of HIV-related deaths (ie not including deaths that arise due to background mortality rates) are classified as non-HIV-related.

Pregnancy

We model pregnancy as occurring in the 3 month period in which the 9 month period is reached. The base rate of pregnancy relating to women aged 35-45 who had condomless sex in the relevant 3 month period is *prob_pregnancy_base* (see Table S10 below). This is multiplied by age specific probabilities, *fold_preg* to reflect lower likelihood of pregnancy in older women. The multiplicative factors for women ages 15-25, 25-35, 45-55 are 1.04, 1.03 and 0.3, respectively. For a women who had condomless sex with a short-term partner, the probability of pregnancy is multiplied by the factor *fold_tr_newp* (=0.3), to take into account the lower number of sex acts per short term partner than per long term partner. Risk of mother to child transmission is dependent on the viral load of the mother at birth: viral load > 100,000: 40% risk, 10,000 – 100,00: 20%, 1000 – 10,000: 10%, < 1000: 0.02%. Risk of NTD due to dolutegravir applies to women on dolutegravir in the relevant period of conception.

Table S10. Parameter distributions sampled for each model run. Each model run creates one setting scenario. The comparison of these setting scenarios with observed data is shown in Table 2 of the main paper.

Parameter name	Description	Distribution (value; % with value)		Motivation for distribution
<i>Parameters relating to sexual behaviour*</i>				
<i>swn</i>	Value of multiplicative factor determining numbers of partners for those in highest new partner group (i.e. female sex workers)	4 8 12 16 20	20 20 20 20 20	This parameter helps to determine the extent to which the epidemic is driven by transactional sex, which is likely to vary in specific setting scenarios.
<i>highsa</i>	Value of and fold change in multiplicative factor determining numbers of partners for those in second highest new partner group	4 5 6 7 8	20 20 20 20 20	Range of values that was found, in certain (randomly selected) combination with other sexual behaviour parameter values to re-produce epidemics within the observed prevalence range. Note also that sexual behaviour tends to be under-reported, particularly in women, and higher levels of behaviour have to be assumed both to be consistent with levels of risk behaviour reported in men, and to generate an epidemic of the proportions observed (e.g. ^{85,86}).
<i>sex_beh_trans_matrix</i>	Matrix determining rate of transition between four levels of sexual behaviour. There are 15 versions for each of men and women.	1/15 probability for each transition matrix for men, same for women		Due to the fact that data on sexual behaviour are from self report, which is known to be highly unreliable, there is uncertainty over longitudinal patterns of sexual behaviour and the degree of skewness in the distribution of number of new partners we consider a range of possible matrices (15 for each gender = 225 possible combinations). Skewness is also influenced by the <i>swn</i> parameter.
<i>p_rred_p</i>	Indicates the proportion of the population in whom the sexual risk behaviour is very low	0.1 0.2 0.3 0.4 0.5	20 20 20 20 20	In order to include a person-level effect on sexual behaviour this and the parameter below allow the population to be divided into three according to the lifelong tendency to have condomless sex.
<i>p_hsb_p</i>	Indicates the proportion of the population in whom the sexual risk behaviour has a tendency to be higher than average	0.02 0.05 0.1 0.15 0.2	20 20 20 20 20	As above
<i>newp_factor</i>	Overall average level of sexual risk behaviour. The correlation with the above parameters induced by the sampling of this parameter is to provide a focus on parameter space most likely to give low values of the overall fit. For example, if the sampling of <i>swn</i> and <i>highsa</i> give values at the high end of the distribution and sampling of <i>p_rred_p</i> produces a value at the low end then the model simulation run will produce an epidemic	$5 \times (6/highsa) \times (12/swn) \times (p_rred_p/0.3) \times (0.1/p_hsb_p) \times \exp(\text{Normal}(0, 0.5^2))$		See description of parameter

	which is too large, unless there is some compensation when selecting the value of this parameter.		
<i>conc_ep</i>	Parameter indicating the degree to which those with a long term condomless sex partner have a lower of higher probability of short term condomless sex partners than those without a long term condomless sex partner.	Lognormal(0,0.6)	This is likely to vary across setting scenarios and we wished to consider across the range. Again, this distribution of values was found, in certain (randomly selected) combination with other sexual behaviour parameter values to re-produce epidemics within the observed prevalence range.
<i>yeh_risk_beh_newp</i>	Degree of reduction in condomless sex with short term partners per year from 1995 – 2000	0.02 14 0.05 14 0.08 14 0.11 14 0.14 14 0.17 14 0.20 16	In order to explain the decrease in incidence and prevalence of HIV in southern Africa in the late 1990s it is necessary to assume there was a reduction in condomless sex, which is supported by data in Zimbabwe, for example ^{87,88}
<i>yeh_risk_beh_ep</i>	Degree of reduction in condomless sex per year with long term partners from 1995-2000	0 20 0.02 20 0.04 20 0.06 20 0.08 20	As above
<i>ch_risk_diag_newp</i>	Degree of reduction (fold change) in condomless sex with short term partners in a person diagnosed with HIV	0.7 25 0.8 25 0.9 25 1 25	Informed by ⁸⁹
<i>ch_risk_diag</i>	Degree of reduction in condomless sex with long term partner in a person diagnosed with HIV	0.7 25 0.8 25 0.9 25 1 25	Informed by ⁸⁹
<i>yeh2_risk_beh_newp</i>	Degree of change in condomless sex with short term partners per year from 2010 – 2015	-0.04 5 -0.02 5 0 80 0.02 5 0.04 5	It is uncertain whether there have been recent changes in condomless sex, hence a neutral distribution was used.
Parameters relating to transmission*			
<i>fold_change_w</i>	The fold difference in female to males transmission rate compared with male to female, for a given viral load.	1 5 1.25 5 1.5 90	Informed by the higher incidence and prevalence in women in younger age groups and some direct evidence.
<i>res_trans_factor_nn</i>	Parameter determining the probability that if NNRTI resistance mutation present in source partner that this is not present/detectable in virus new host	90% chance of transmission 20 86% chance of transmission 20 84% chance of transmission 20 82% chance of transmission 20 80% chance of transmission 20	Informed by the values needed to lead to the range of transmitted NNRTI resistance observed ⁹⁰⁻⁹²
<i>res_trans_factor_nn</i>	Parameter determining the probability that if integrase inhibitor resistance mutation present in source partner that this is not present/detectable in virus new host	80% chance of transmission 80 60% chance of transmission 20	Little data available to inform this.

Parameters relating to HIV testing*				
<i>an_lin_incr_test</i>	Parameter determining the rate of increase in HIV testing (any testing outside ANC)	0.0005 0.002 0.005 0.01	25 25 25 25	Range and pattern required to re-produce the observed range in proportion of HIV positive people diagnosed (see Table 2 of main paper).
<i>date_test_rate_plateau_</i>	Year in which the rate of HIV testing plateaus.	2011.5 2013.5 2015.5 2017.5	25 25 25 25	Countries have increased testing rates markedly and these have plateaued at different levels in different settings (e.g Government of Malawi Ministry of Health Quarterly Reports).
<i>rate_testanc_inc</i>	Rate of increase in testing in ANC clinics	0.03 0.05 0.1	33 33 33	Government of Malawi Ministry of Health Quarterly Reports. Again distribution is intended to reflect variation across setting scenarios.
<i>incr_test_rate_symp_</i>	The rate of increase over time in the probability of a person with a WHO stage 3 or 4 disease is tested for HIV.	1.05 1.10 1.15 1.20 1.25	20 20 20 20 20	Little direct data on this parameter and wide range taken to reflect uncertainty and variation across settings.
Parameters relating to pre-ART care and progression of HIV*				
<i>fx</i>	Multiplicative factor to alter the average rate of CD4 count decline in natural HIV progression (which thus alters the incubation period distribution).	0.7 0.8 0.9 1 1.1	20 20 20 20 20	Derived based on consideration of evidence from natural history studies ⁹³⁻¹⁰¹ .
<i>prob_loss_at_diag</i>	Probability that a person is immediately lost after initial HIV diagnosis.	0.1 0.25 0.4 0.55	45 35 10 10	Rosen et al ¹⁰²
<i>rate_lost</i>	For people under care yet to start ART or previously have taken ART, the rate of being lost to care per 3 mths.	0.05 0.1 0.15 0.3 0.5	20 20 20 20 20	Uncertain and will vary by setting. Distribution chosen to reflect this. This is one of the parameters influencing the proportion of diagnosed people on ART.
<i>rate_return</i>	Probability of return to care for a person who has been diagnosed with HIV (and may have started ART) but is now lost and not on ART, without current WHO stage 3 or 4 disease, per 3 months.	0.01 0.1 0.15 0.2 5	20 20 20 20 20	As above
<i>prob_return_adc</i>	Probability of return to care for a person who has been diagnosed with HIV (and may have started ART) but is now lost and not on ART and has a WHO stage 4 condition. This is a probability that operates just for the 3 month period that the events occurs.	0.2 0.4 0.6 0.8	25 25 25 25	As above
<i>rate_loss_persistence</i>	Rate of loss from majority virus of transmitted resistance mutations (per 3 months)	0 0.005 0.01 0.015	10 10 10 40	^{79, 102-104}

		0.02	30	
Parameters relating to people on ART				
<i>adh_pattern</i>	Population adherence profile; described in terms of the proportion having a given average adherence and period-to-period variability in adherence.	A B C D E F G H I	30 35 2 2 11 10 5 3 2	Reflection of wide range of adherence profiles in different settings, informed by differences in proportions of people on ART with viral load suppression.
<i>pr_art_init</i>	Probability of ART initiation per 3 months in a person in care who is eligible according to current criteria.	0.2 0.3 0.4 0.5 0.7	20 20 20 20 20	These parameters contribute to determine the proportion of HIV diagnosed people who are on ART. The distributions are chosen such that combinations of these parameters lead to observed proportions of HIV diagnosed people on ART (e.g. Population Health Impact Surveys ¹⁰⁵)
<i>prob_lost_art</i>	For a person who interrupts / stops ART the probability that they are simultaneously lost from care.	0.5 0.6 0.7 0.8 0.9	20 20 20 20 20	^{34, 35, 106}
<i>rate_restart</i>	Rate of restart of ART for people who previously have been on ART and have returned to care, per 3 months.	0.2 0.4 0.6 0.8	25 25 25 25	³⁴ Assumed to be high, given the person has returned to care. Most people who are regularly seen in clinics who have previously started ART are on ART.
<i>rate_int_choice</i>	Rate of interruption / stopping of ART per 3 months. Also influenced by current drug toxicity and underlying tendency to adhere.	0.005 0.01 0.015 0.03 0.05	5 20 25 25 25	^{34, 35, 106}
<i>incr_rate_int_low_adh</i>	Parameter indicating the extent to which people with a long term average adherence in the lowest group have a multiplicatively increased risk of ART interruption.	1 2	50.52 49.48	¹⁰⁷
<i>pr_switch_line</i>	Probability of switch to second line per 3 months in a person who has fulfilled the failure criteria for first line failure.	0.05 0.20 0.50	30 50 20	^{2,3} In several settings, including Zimbabwe, the proportion of people who have started second line ART is consistent with a value for <i>pr_switch_line</i> of below 0.1 (e.g. Lesotho, Malawi) (Government of Malawi MoH Quarterly Reports).
<i>clinic_not_aw_int_frac</i>	If a person interrupts ART, the probability that this is not disclosed to the clinic and they are classified as being on ART	0.1 0.3 0.5 0.7 0.9	20 20 20 20 20	Uncertain and will vary by setting, hence a broad distribution.

<i>fold_change_mut_risk</i>	Fold difference in rate of accumulation of mutations (for all drugs) compared with base case.	0.5 1 2	10 80 10	To consider that the rate of resistance mutation acquisition is higher or lower than the rate assumed. This relates to all resistance mutations.
<i>rate_res_ten_</i>	Parameter reflecting the rate of acquisition of tenofovir resistance. The value of 0.1 was derived based on European cohort data and the value of 0.3 reflects the potentially higher value for subtype C in southern Africa.	0.1 0.3	10 90	¹⁰⁸
<i>incr_rate_int_low_adh</i>	Effect of current low adherence on risk of treatment interruption / discontinuation.	1 2 5	50 25 25	Low adherence predicts interruption of ART (unpublished data).
<i>poorer_cd4_rise_on_fail_nn_ii</i>	This indicates whether the poorer CD4 rise on failing NNRTI based regimens (compared with PI) also holds for dolutegravir-based regimens.	no yes	50 50	The 50% with yes may be over-pessimistic regarding effects of dolutegravir as CD4 count responses are superior compared with efavirenz.
<i>adh_effect_of_meas_alert</i>	The effect of having a viral load measured > 1000 copies/mL on adherence, due to the enhanced adherence intervention.	0.35 0.7 0.9	15 70 15	Uncertainty over the effect size.
<i>prob_vl_meas_done</i>	Probability of a viral load measure being done. This probability operates for each time a viral load is due to be tested.	0.00 0.10 0.25 0.85	25 25 25 25	Variation in viral load implementation in different settings.
<i>zero_3tc_activity_m184</i>	activity of 3TC in presence of M184V mutation	0.25 activity 0.00 activity	80 20	To consider alternative assumptions; distribution broadly reflects the uncertainty.
<i>zero_ten_activity_k65</i>	activity of 3TC in presence of K65R mutation	0.25 activity 0.00 activity	80 20	To consider alternative assumptions; distribution broadly reflects the uncertainty.
<i>higher_rate_res_dol</i>	Whether there is a higher rate of resistance to dolutegravir than the base assumption (i.e. 4 times lower than efavirenz compared with 13 times lower in base case).	no yes	80 20	To consider alternative assumptions; distribution broadly reflects the uncertainty.
<i>dol_higher_potency_</i>	Potency (relative to efavirenz and other drugs apart from boosted PI)	1 fold 1.25 fold 1.5 fold 2 fold	20 20 55 5	¹⁰⁹⁻¹³⁰
<i>rel_dol_tox_</i>	Relative rate of neurologic toxicity (sleep disturbance for dolutegravir and dizziness and vivid dreams for efavirenz)	0.5 fold that of efavirenz Equal to efavirenz	80 20	
Parameter relating to pregnancy				
<i>prob_pregnancy_base</i>	Parameter determining base rate of pregnancy for women having condomless sex(to which there is an effect of age)	Uniform (7%, 22%)		Variability between settings.

Model runs are not accepted as “setting scenarios” if HIV prevalence in 2017 is < 5% or HIV incidence is > 1.6 per 100 person years.

* Further details of modelling of demographics, sexual behaviour, HIV transmission and HIV testing and associated parameters are explained in detail in a supplement to a recent paper¹ and can be found here: [https://www.thelancet.com/cms/10.1016/S2352-3018\(17\)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf](https://www.thelancet.com/cms/10.1016/S2352-3018(17)30190-X/attachment/02742987-df48-4372-8e4a-43888c2ec1e8/mmc1.pdf)

Table S11. Disability weights

Values are 1 in each three month period except for the following:

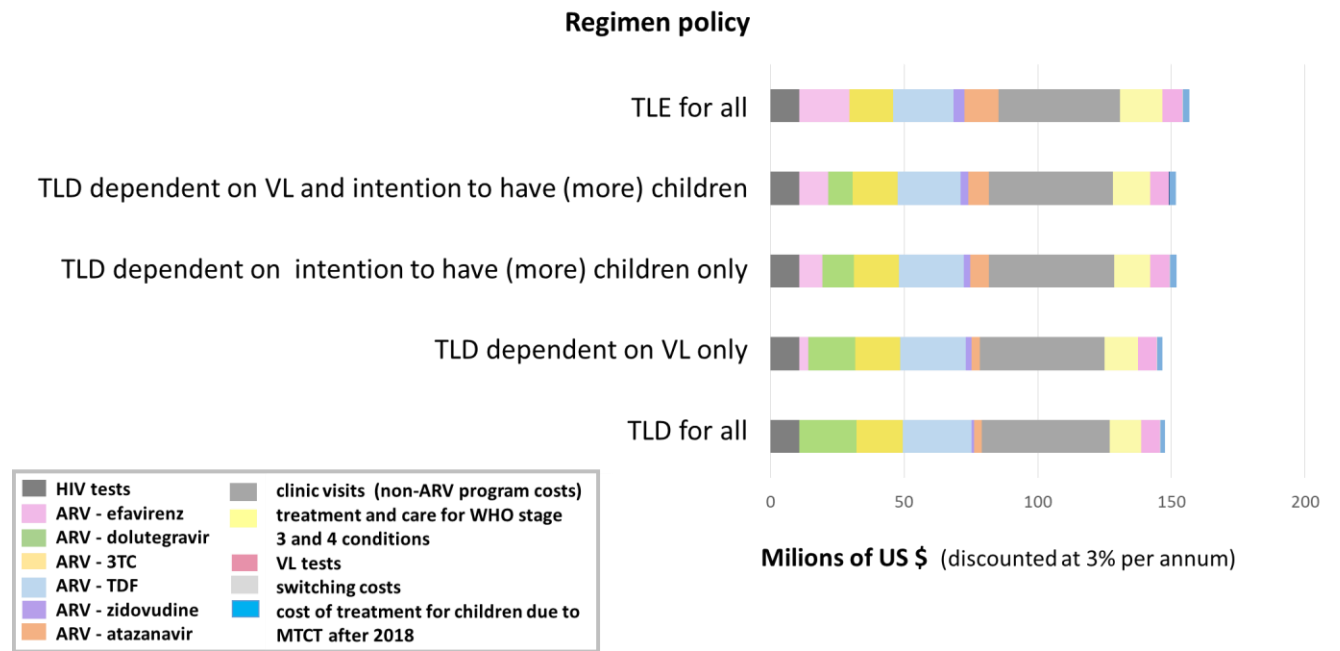
Condition in current 3 month period	Disability weight for current 3 month period	Source
Any drug toxicity in current 3-month period	0.95	¹³¹
Any WHO stage 3 condition (except TB) in current 3-month period	0.78	¹³¹
TB in current 3-month period	0.60	¹³¹
Any WHO stage 4 condition in current 3-month period	0.46	¹³¹

2. Supplementary details on costs

Table S12. Unit Costs.

Item	Unit Cost	Source / explanation
Drug costs per year:		¹³²
TLE	\$90 (\$75 without supply chain costs)	
TLD	\$90 (\$75 without supply chain costs)	
ZL-PI (PI atazanavir)	\$318 (\$265 without supply chain costs)	
ZLD	\$126 (\$105 without supply chain costs)	
Cost of treatment of a WHO stage 4 condition over 3 months (cost is incurred for 3 months)	\$200	Specific data not available on average unit costs of treating WHO stage 3 and 4 conditions and per clinic visit costs - costs used are informed by evidence synthesis from studies that cost according to current CD4 count of those in pre-ART care, cost of ART initiation, which also include costs of CD4 tests ¹³³
Cost of treatment of a WHO stage 3 condition over 3 months (cost is incurred for 3 months)	\$20	
Cost of treatment of TB per 3 months (cost is incurred for 6 months)	\$50	
Cotrimoxazole annual cost	\$5	
CD4 count measurement	\$10	^{134,135}
Viral load measurement:	\$22	Human resource costs \$3, sample collection consumables \$2, relaying of results \$2 (this costing information was provided by Medecin Sans Frontiers (MSF) (including equipment and other costs such as consumables, maintenance and shipping) \$15. Updates are consistent with this cost ^{136, 137}
Non-ART programme costs per year, \$40 per year if on tiered care due to viral load < 1000	\$80	¹³⁸⁻¹⁴⁰ Bill and Melinda Gates Foundation tiered care meeting report (the per client cost of running the Khayelitsha adherence clubs was \$58 per client per year compared to standard clinic care of \$108 per client per year. At the Infectious Disease Institute in Kampala, the annual costs per client for physician, nurse, and pharmacy only visits were \$60, \$45, and \$19, respectively)
Cost of the targeted adherence counselling intervention triggered by a viral load > 1000 copies/mL	\$10	Assumption
HIV test (including personnel costs)	\$3.70	Personal communication. CHAI.
Annual cost of treatment for a child born with HIV	\$160	This cost was estimated based on a drug cost of \$75 per year, a one-off cost of early infant diagnosis of \$22, cost of viral load testing of \$22 per year, costs of clinic visits of \$40 or \$80 per year (depending on whether viral load is suppressed), assuming 50% of children will have viral suppression. This is likely to be a lower limit cost per year.

Figure S15. Breakdown of costs by regimen policy.



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