

Supplemental Figure 2. American College of Physicians Treatment Grading Guidelines ¹

Treatment Grade	Strength of Evidence
Grade 1	Well-designed randomized, controlled trial (RCT) that yield consistent and directly applicable results. Further research is unlikely to change the level of confidence in the estimate of effect.
Grade 2	Well-designed controlled trial without randomization, well-designed cohort or case-control analytic studies and multiple time series with or without intervention.
Grade 3	Includes observational studies with the risk for bias
Grade 4	Studies with insufficient evidence to determine the net benefits or risks.

1. Qaseem A, Snow V, Owens DK, Shekelle P. The development of clinical practice guidelines and guidance statements of the American College of Physicians: summary of methods. *Ann Intern Med.* 2010;153(3):194-199. doi:10.7326/0003-4819-153-3-201008030-00010.