

Supplementary Table 1: Confidence intervals of the differences

a) BDI response

Group	Difference	Time Point	Estimate	Lower_95CI	Upper_95CI
PREF	CBT-PAT	1 year	-3.82	-8.09	0.45
PREF	CBT-PAT	3 years	-0.14	-4.76	4.49
RAND	CBT-PAT	1 year	-0.73	-5.85	4.38
RAND	CBT-PAT	3 years	0.53	-5.00	6.05
PAT	RAND-PREF	1 year	-1.72	-6.02	2.57
PAT	RAND-PREF	3 years	-2.49	-5.98	1.01
CBT	RAND-PREF	1 year	1.37	-3.74	6.48
CBT	RAND-PREF	3 years	-2.41	-7.87	3.05

b) QIDS-C response

Group	Difference	Time	Estimate	Lower_95CI	Upper_95CI
PREF	CBT-PAT	1 year	-1.91	-3.64	-0.18
PREF	CBT-PAT	3 years	0.99	-0.83	2.81
RAND	CBT-PAT	1 year	-0.84	-2.95	1.28
RAND	CBT-PAT	3 years	-0.58	-2.84	1.69
PAT	RAND-PREF	1 year	-0.49	-2.27	1.30
PAT	RAND-PREF	3 years	-1.30	-2.74	0.14
CBT	RAND-PREF	1 year	0.59	-1.47	2.65
CBT	RAND-PREF	3 years	-3.18	-5.33	-1.03

Presented are the confidence intervals of the differences in the four treatment arms.
 PREF=preference; RAND= randomization arm; 95CI= 95% confidence interval.