

THE LANCET

Public Health

Supplementary appendix

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Burden of hypertension and associated risks for cardiovascular mortality in Cuba: a prospective study of 150,000 adults

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ESTUDIO CUBANO SOBRE TABACO Y SALUD

Provincia No. 1-9 Municipio No. 0-99 Area de 0-9 Salud No.

17524 A

Carnet de -
 Identidad No. Fecha de nacimiento (a.m.d) + 5 números
 (11 números: excluir si no tiene C.I. de 6 + 5 números)

Nombre de la persona y dirección:
 Calle No. Teléfono

Nombre del familiar y dirección:
 Calle No. Municipio Provincia Teléfono

**LETRA DE MOLDE,
 POR FAVOR**

Sexo (1 = masc, 2 = fem.) 1-2
 Color de piel (1 = blanco, 2 = negro, 3 = mestizo, 4 = otra) 1-4
 Estado social (1 = soltero/viudo, 2 = casado) 1-2
 Educación completada (0 = ninguno*, 1 = primaria, 2 = secundaria, 3 = técnico medio, 4 = obrero calificado, 5 = pre-universitario, 6 = universitario) 0-6
 Categoría ocupacional (0 = ninguno*, 1 = dirigente, 2 = profesional, 3 = técnico, 4 = de servicio, 5 = agrícola, 6 = industria, 7 = militar) 0-7

* Si es cero (Ej. ama de casa, jubilado o desempleado), diga si ha trabajado alguna vez. 0-7

Quisiera medir su presión arterial mientras esta sentado, hacerle unas pocas preguntas sobre tabaco y alcohol, y medir su PA de nuevo.
 Presión arterial (una sola toma, sentado): / PAS / PAD

Ahora, TABACO: ¿Ha fumado alguna vez regularmente (Ej. en la mayoría de los días)? S=Sí, N=No
 SI NO, vaya directamente a las preguntas sobre ALCOHOL.

¿A QUE EDAD APROXIMADAMENTE COMENZO USTED A FUMAR REGULARMENTE? años de edad
 ¿Desde entonces ha dejado de fumar alguna vez por un año o más? S=Sí, N=No
 ¿Aproximadamente cuántos cigarrillos por día se fumó usted el último mes? (0 = ninguno) diariamente
 ¿Aproximadamente cuántos tabacos por día se fumó usted el último mes? (0 = ninguno) diariamente
 ¿Si no fumó el último mes, a que edad dejó usted de fumar? (en blanco si no es aplicable) años de edad

Ahora me gustaría hacerle algunas preguntas sobre ALCOHOL:

¿Aproximadamente cuántos días a la semana toma usted ron u otra bebida fuerte? 0-7
 (0 = cero días o usualmente menos de una vez por semana)
 ¿El día que usted toma ron (u otra bebida fuerte) cuántas líneas se toma? líneas
 ¿Aproximadamente cuántos días a la semana toma usted cerveza? 0-7
 (0 = cero días o usualmente menos de una vez por semana)
 ¿El día que usted toma cerveza, cuántas botellas se toma (aprox.) botellas

Finalmente, algunos aspectos médicos: Quisiera preguntarle sobre algunas enfermedades. Lo que quiero conocer es si usted alguna vez ha sido tratado por alguna de estas enfermedades. Si no lo ha sido, conteste No (N).

Asma	<input type="checkbox"/> S/N	A.V.E. (definitivo/probable)	<input type="checkbox"/> S/N	Cirrosis	<input type="checkbox"/> S/N
Enfisema (E.P.O.C.)	<input type="checkbox"/> S/N	Infarto miocardio	<input type="checkbox"/> S/N	Enf. renal crónica	<input type="checkbox"/> S/N
Diabetes	<input type="checkbox"/> S/N	Angina pectoris	<input type="checkbox"/> S/N	Cáncer de piel	<input type="checkbox"/> S/N
Úlcera péptica	<input type="checkbox"/> S/N	Hipertensión arterial	<input type="checkbox"/> S/N	Otro cáncer*	<input type="checkbox"/> S/N

*Si Otro Cáncer = Sí, dónde le comenzó el cáncer? 0-9

(1 = boca o faringe, 2 = laringe, 3 = pulmón, 4 = esófago, 5 = estómago, 6 = páncreas, 7 = cuello útero, 8 = vejiga, 9 = mama, 0 = otro, más de un sitio, o no conocido)

¿Esta usted tomando alguna medicina regularmente desde hace más de un mes? Si es Sí: ¿Qué medicinas esta tomando? (Marque con X)

Digoxina	<input type="checkbox"/>	Nitratos	<input type="checkbox"/>	Hipoglic. oral	<input type="checkbox"/>	Anticoncept.	<input type="checkbox"/>	Ca. Antag.	<input type="checkbox"/>
Beta B.	<input type="checkbox"/>	Inh. ACE	<input type="checkbox"/>	Insulina	<input type="checkbox"/>	Antidepres.	<input type="checkbox"/>	Broncodilat.	<input type="checkbox"/>
Diurético	<input type="checkbox"/>	ASA	<input type="checkbox"/>	Esteroides	<input type="checkbox"/>	Ansiolítico	<input type="checkbox"/>	Antiácido/H2	<input type="checkbox"/>

MUCHAS GRACIAS POR SUS RESPUESTAS: Ahora necesito tomarle

de nuevo su presión arterial. Repita la toma de PA (una sola toma sentado): / PAS/PAD

¿Cuál es la última cifra PA que tiene en su historia clínica antes de hoy?

Fecha de la última PA (a.m.d) & / PAS/PAD

¿Cuál es su TALLA aproximada? (medirlo o preguntarlo) cm

¿Cuál es su PESO aproximado? (pesarlo o preguntarlo) kg

Fecha de la entrevista (a.m.d)

Calidad de la cooperación (1 = pobre, 2 = regular, 3 = buena) 1-3

Nombre y apellidos del entrevistador:

¿Algún comentario?

PARA LA SIGUIENTE PERSONA, UTILICE EL REVERSO DE ESTA PAGINA →

Table S1. Prevalence of isolated systolic hypertension and isolated diastolic hypertension, by age and sex

Age at entry (years)	No. of participants	SBP (mmHg): DBP(mmHg):	Hypertension (%)				All
			Isolated systolic >=140 and <90	Isolated diastolic <140 and >=90	Both >=140 and >=90	Controlled <140 and <90	
Male							
35-39	9291		3.1	6.8	6.8	2.2	18.9
40-49	16 774		4.1	8.4	10.4	3.5	26.4
50-59	15 347		5.2	9.4	14.9	5.4	34.9
60-69	11 192		7.7	8.9	18.6	6.0	41.2
70-79	7560		9.6	8.7	18.0	6.2	42.5
All	60 164		5.6	8.5	13.4	4.5	32.0
Female							
35-39	12 301		2.0	4.5	4.8	2.8	14.1
40-49	21 651		3.4	6.6	9.5	5.2	24.7
50-59	19 014		5.8	8.9	17.1	8.8	40.6
60-69	13 920		8.7	8.7	21.9	10.1	49.4
70-79	9061		12.2	7.6	21.3	9.1	50.2
All	75 947		5.8	7.4	14.4	7.1	34.7
Both							
35-39	21 592		2.5	5.5	5.7	2.5	16.2
40-49	38 425		3.7	7.4	9.9	4.4	25.5
50-59	34 361		5.5	9.1	16.1	7.3	38.1
60-69	25 112		8.2	8.8	20.4	8.3	45.8
70-79	16 621		11.0	8.1	19.9	7.8	46.8
Overall	136 111		5.7	7.9	13.9	6.0	33.5

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex. Exclusions as in Table 1.

Each percentage is that of the specified subgroup of the participants in each row.

Table S2. Prevalence of stage 1 hypertension and stage 2 hypertension, by age and sex

Age at entry (years)	No. of participants	SBP (mmHg): DBP(mmHg):	Hypertension (%)			All
			Stage 1 140-159 or 90-99	Stage 2 >=160 or >=100	Controlled <140 and <90	
Male						
35-39	9291		13.4	3.3	2.2	18.9
40-49	16 774		17.7	5.2	3.5	26.4
50-59	15 347		22.2	7.3	5.4	34.9
60-69	11 192		26.0	9.2	6.0	41.2
70-79	7560		26.7	9.6	6.2	42.5
All	60 164		20.8	6.7	4.5	32.0
Female						
35-39	12 301		9.0	2.3	2.8	14.1
40-49	21 651		14.8	4.7	5.2	24.7
50-59	19 014		22.9	8.9	8.8	40.6
60-69	13 920		27.5	11.7	10.1	49.4
70-79	9061		28.4	12.7	9.1	50.2
All	75 947		19.9	7.7	7.1	34.7
Both						
35-39	21 592		10.9	2.8	2.5	16.2
40-49	38 425		16.1	4.9	4.4	25.5
50-59	34 361		22.6	8.2	7.3	38.1
60-69	25 112		26.8	10.6	8.3	45.8
70-79	16 621		27.6	11.4	7.8	46.8
Overall	136 111		20.3	7.2	6.0	33.5

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex.

Exclusions as in Table 1. Each percentage is that of the specified subgroup of the participants in each row.

Table S3. Proportion of participants with treated hypertension taking a single or multiple blood pressure-lowering medications, by age and sex

Age at entry (years)	Treated hypertensives, N	Treated hypertensives, N (%)			
		1 medication	2 medications	3 medications	4 medications
Male					
35-39	584	407 (69.7)	162 (27.7)	15 (2.6)	0 (0.0)
40-49	1728	1209 (70.0)	463 (26.8)	55 (3.2)	1 (0.1)
50-59	2502	1705 (68.1)	729 (29.1)	66 (2.6)	2 (0.1)
60-69	2240	1582 (70.6)	595 (26.6)	62 (2.8)	1 (0.0)
70-79	1490	1038 (69.7)	409 (27.5)	42 (2.8)	1 (0.1)
Female					
35-39	779	539 (69.2)	226 (29.0)	14 (1.8)	0 (0.0)
40-49	2938	2049 (69.7)	806 (27.4)	83 (2.8)	0 (0.0)
50-59	4712	3192 (67.7)	1381 (29.3)	139 (3.0)	0 (0.0)
60-69	4216	2939 (69.7)	1165 (27.6)	112 (2.7)	0 (0.0)
70-79	2568	1825 (71.1)	686 (26.7)	57 (2.2)	0 (0.0)
Both					
35-39	1363	946 (69.4)	388 (28.5)	29 (2.1)	0 (0.0)
40-49	4666	3258 (69.8)	1269 (27.2)	138 (3.0)	1 (0.0)
50-59	7214	4897 (67.9)	2110 (29.2)	205 (2.8)	2 (0.0)
60-69	6456	4521 (70.0)	1760 (27.3)	174 (2.7)	1 (0.0)
70-79	4058	2863 (70.6)	1095 (27.0)	99 (2.4)	1 (0.0)
Overall	23 757	16 485 (69.4)	6622 (27.9)	645 (2.7)	5 (0.0)

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex.

Exclusions as in Table 1. Each percentage is that of the specified subgroup of the participants in each row.

Table S4. Proportion of participants with treated hypertension taking specific types of blood pressure-lowering medication, by age and sex

Age at entry (years)	Treated hypertensives, N	% of treated hypertensives				% of treated hypertensives (single blood pressure-lowering medication only)				
		ACE- inhibitors	Beta- blockers	Calcium channel blockers	Diuretics	ACE- inhibitors	Beta- blockers	Calcium channel blockers	Diuretics	Any
Male										
35-39	584	5.7	40.6	26.7	59.9	3.3	20.2	13.2	33.0	69.7
40-49	1728	5.7	40.0	27.7	59.9	2.9	19.5	13.8	33.8	70.0
50-59	2502	5.5	41.6	29.4	58.1	2.8	20.0	15.3	30.1	68.1
60-69	2240	5.0	34.7	33.8	58.7	2.3	16.0	18.8	33.5	70.6
70-79	1490	3.4	33.9	34.4	61.7	2.1	14.4	18.9	34.2	69.7
Female										
35-39	779	6.5	40.4	20.9	64.7	2.4	18.5	11.7	36.6	69.2
40-49	2938	4.7	41.6	23.8	63.0	2.2	19.5	11.7	36.3	69.7
50-59	4712	4.5	40.9	29.2	60.7	1.9	18.7	14.5	32.7	67.7
60-69	4216	4.6	35.7	32.7	60.0	2.1	16.2	17.8	33.6	69.7
70-79	2568	5.1	30.6	33.2	62.2	2.4	13.6	19.4	35.7	71.1
Both										
35-39	1363	6.2	40.5	23.4	62.7	2.8	19.2	12.3	35.1	69.4
40-49	4666	5.0	41.0	25.2	61.9	2.4	19.5	12.5	35.4	69.8
50-59	7214	4.9	41.1	29.2	59.8	2.2	19.1	14.8	31.8	67.9
60-69	6456	4.7	35.3	33.1	59.6	2.2	16.2	18.2	33.6	70.0
70-79	4058	4.5	31.8	33.6	62.0	2.3	13.9	19.2	35.1	70.6
Overall	23 757	4.9	37.9	29.9	60.7	2.3	17.5	15.9	33.7	69.4

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex.

Exclusions as in Table 1. Each percentage is that of the specified subgroup of the participants in each row.

Table S5. Baseline characteristics of the 23 114 study participants that were resurveyed*

	Men (10 183)	Women (12 931)	All (23 114)
Age at entry (years), n (%)			
35-39	1784 (18)	2352 (18)	4136 (18)
40-49	2717 (27)	3708 (29)	6425 (28)
50-59	2813 (28)	3362 (26)	6175 (27)
60-69	1788 (18)	2198 (17)	3986 (17)
70-79	1081 (11)	1311 (10)	2392 (10)
Age (years), mean (SD)	53 (12)	53 (12)	53 (12)
Blood pressure (mm Hg), mean (SD)			
Systolic	126 (17)	124 (20)	125 (18)
Diastolic	81 (10)	79 (12)	80 (11)
Area, n (%)†			
Matanzas	10 183 (100)	12 931 (100)	23 114 (100)
Camagüey	0 (0)	0 (0)	0 (0)
Pinar del Río	0 (0)	0 (0)	0 (0)
Ciudad de La Habana	0 (0)	0 (0)	0 (0)
La Habana	0 (0)	0 (0)	0 (0)
Educational level, n (%)			
Less than primary	710 (7)	1125 (9)	1835 (8)
Primary	2700 (27)	4207 (33)	6907 (30)
Lower secondary	3002 (29)	3694 (29)	6696 (29)
High school/technical college	2862 (28)	2950 (23)	5812 (25)
University	909 (9)	955 (7)	1864 (8)
Ethnicity			
White	7919 (78)	9947 (77)	17 866 (77)
Black	1606 (16)	1945 (15)	3551 (15)
Mixed	649 (6)	1024 (8)	1673 (7)
Other	9 (<1)	15 (<1)	24 (<1)
Prior cardiovascular disease			
No	9706 (95)	12 404 (96)	22 110 (96)
Yes	477 (5)	527 (4)	1004 (4)
Season of baseline survey, n (%)†			
Spring	5135 (50)	7038 (54)	12 173 (53)
Summer	3376 (33)	3521 (27)	6897 (30)
Autumn	599 (6)	837 (6)	1436 (6)
Winter	1073 (11)	1535 (12)	2608 (11)
Ever smoked tobacco, n (%)	5761 (57)	3937 (30)	9698 (42)
At least weekly alcohol consumption, n (%)	2215 (22)	211 (2)	2426 (10)
BMI (kg/m ²), mean (SD)	24.6 (3.8)	25.2 (4.5)	24.9 (4.2)

*Exclusion as in Table 1, with further exclusion of participants with missing or implausible blood pressure values at resurvey.

†Spring indicates March to May; Summer, June to August; Autumn, September to November; Winter, December to February.

Table S6. Prevalence, diagnosis, treatment and control of hypertension at baseline among resurveyed participants, by age and sex

Age at baseline (years)	No. of participants	Prevalence of hypertension, %	Diagnosed among hypertensives, %	Treated among diagnosed, %	Controlled	
					Among treated, %	Among all hypertensives, %
Male						
35-39	1784	18.8	37.5	55.6	42.9	8.9
40-49	2717	28.3	41.3	61.9	38.6	9.9
50-59	2813	37.5	49.3	68.5	32.9	11.1
60-69	1788	42.7	49.7	73.2	28.4	10.3
70-79	182	45.6	54.2	62.2	35.7	12.0
All	9 284	32.2	46.0	66.7	33.7	10.4
Female						
35-39	2352	12.8	48.5	66.4	45.4	14.6
40-49	3708	26.2	62.6	73.1	37.8	17.3
50-59	3362	43.6	68.0	75.5	34.0	17.5
60-69	2198	51.8	70.9	74.4	27.6	14.6
70-79	234	53.0	69.4	80.2	27.5	15.3
All	11 854	34.0	66.2	74.3	33.2	16.3
Both						
35-39	4136	15.5	42.6	61.3	44.3	11.6
40-49	6425	27.1	52.8	69.1	38.1	13.9
50-59	6175	40.9	60.5	73.2	33.7	14.9
60-69	3986	47.8	62.6	74.0	27.9	12.9
70-79	416	49.7	63.3	74.0	29.9	14.0
All (40-79)	17 002	37.5	59.0	72.5	32.7	14.0
All (35-79)	21 138	33.2	57.6	71.7	33.4	13.8

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex. Exclusions as in Table 1, with further exclusion of participants with missing or implausible blood pressure values at resurvey, and those aged less than 40 or 80 and over at resurvey.

Each percentage is that of the specified subgroup of the participants in each row.

Table S7. Prevalence, diagnosis, treatment and control of hypertension at among resurveyed participants, by age and sex

Age at resurvey (years)	No. of participants	Prevalence of hypertension, %	Diagnosed among hypertensives, %	Treated among diagnosed, %	Controlled	
					Among treated, %	Among all hypertensives, %
Male						
40-49	2147	29.5	53.6	79.6	67.4	28.8
50-59	2811	38.1	55.9	78.0	56.3	24.5
60-69	2687	42.9	62.3	76.5	49.3	23.5
70-79	1639	45.0	64.7	73.0	50.9	24.0
All	9284	37.4	57.8	77.5	57.6	25.6
Female						
40-49	2842	25.3	59.4	83.2	72.5	35.8
50-59	3733	42.2	65.5	77.7	59.4	30.2
60-69	3183	51.7	75.6	73.2	51.9	28.8
70-79	2096	56.3	76.8	69.4	42.5	22.6
All	11 854	40.5	67.2	77.4	59.8	30.7
Both						
40-49	4989	27.2	56.6	81.6	70.2	32.5
50-59	6544	40.4	61.5	77.8	58.3	27.9
60-69	5870	47.8	70.4	74.4	51.0	26.7
70-79	3735	51.3	72.1	70.6	45.5	23.2
Overall	21 138	39.1	63.1	77.4	58.8	28.5

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex. Exclusions as in Table 1, with further exclusion of participants with missing or implausible blood pressure values at resurvey, and those aged less than 40 or 80 and over at resurvey. Each percentage is that of the specified subgroup of the participants in each row.

Table S8. Proportion of participants with treated hypertension at resurvey taking a single or multiple blood pressure-lowering medications, by age and sex

Age at resurvey (years)	Treated with hypertensives, N	Treated hypertensives, N (%)			
		1 medication	2 medications	3 medications	4 medications
Male					
40-49	280	173 (61.8)	98 (35.0)	9 (3.2)	0 (0.0)
50-59	495	312 (63.0)	161 (32.5)	22 (4.4)	0 (0.0)
60-69	583	347 (59.5)	204 (35.0)	31 (5.3)	1 (0.2)
70-79	368	231 (62.8)	127 (34.5)	10 (2.7)	0 (0.0)
Female					
40-49	377	228 (60.5)	133 (35.3)	15 (4.0)	1 (0.3)
50-59	863	560 (64.9)	276 (32.0)	26 (3.0)	1 (0.1)
60-69	938	617 (65.8)	295 (31.5)	25 (2.7)	1 (0.1)
70-79	653	434 (66.5)	198 (30.3)	20 (3.1)	1 (0.2)
Both					
40-49	657	401 (61.0)	231 (35.2)	24 (3.7)	1 (0.2)
50-59	1358	872 (64.2)	437 (32.2)	48 (3.5)	1 (0.1)
60-69	1521	964 (63.4)	499 (32.8)	56 (3.7)	2 (0.1)
70-79	1021	665 (65.1)	325 (31.8)	30 (2.9)	1 (0.1)
Overall	4557	2902 (63.7)	1492 (32.7)	158 (3.5)	5 (0.1)

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex.

Exclusions as in Table 1. Each percentage is that of the specified subgroup of the participants in each row.

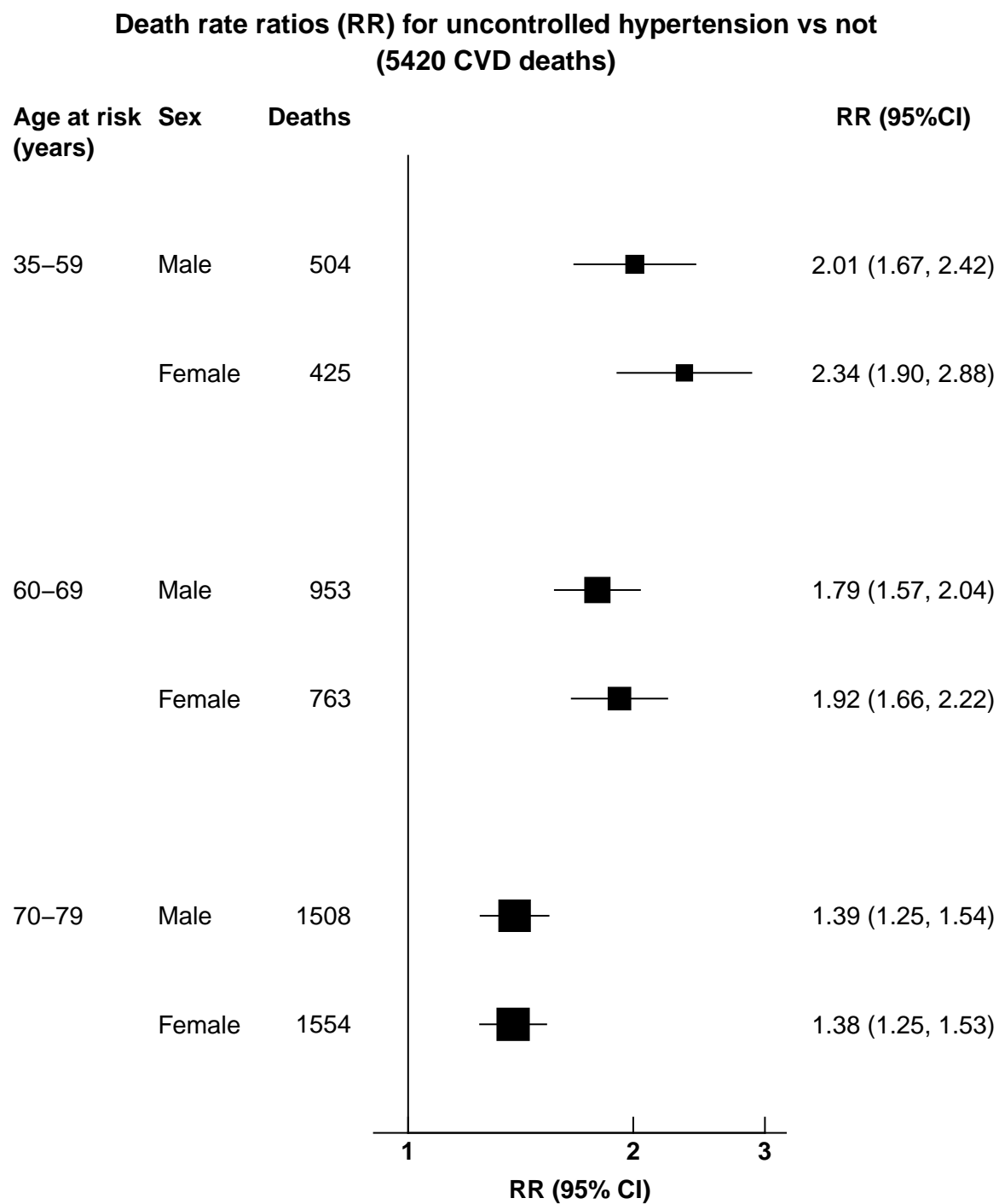
Table S9. Baseline characteristics of the 127 253 study participants in the prospective analyses*

	Men (56 335)	Women (70 918)	All (127 253)
Age at entry (years), n (%)			
35-39	9156 (16)	12 144 (17)	21 300 (17)
40-49	16 316 (29)	21 002 (30)	37 318 (29)
50-59	14 442 (26)	17 656 (25)	32 098 (25)
60-69	10 016 (18)	12 392 (17)	22 408 (18)
70-79	6405 (11)	7724 (11)	14 129 (11)
Age (years), mean (SD)	53 (12)	53 (12)	53 (12)
Blood pressure (mm Hg), mean (SD)			
Systolic	125 (14)	124 (16)	124 (15)
Diastolic	81 (9)	79 (10)	80 (10)
Area, n (%)			
Matanzas	25 067 (44)	30 719 (43)	55 786 (44)
Camagüey	22 705 (40)	28 624 (40)	51 329 (40)
Pinar del Río	4522 (8)	5441 (8)	9963 (8)
Ciudad de La Habana	2842 (5)	4578 (6)	7420 (6)
La Habana	1199 (2)	1556 (2)	2755 (2)
Educational level, n (%)			
Less than primary	2919 (5)	4899 (7)	7818 (6)
Primary	13 365 (24)	20 943 (30)	34 308 (27)
Lower secondary	15 243 (27)	19 932 (28)	35 175 (28)
High school/technical college	19 100 (34)	18 815 (27)	37 915 (30)
University	5708 (10)	6329 (9)	12 037 (9)
Ethnicity			
White	43 559 (77)	54 403 (77)	97 962 (77)
Black	8243 (15)	10 098 (14)	18 341 (14)
Mixed	4341 (8)	6175 (9)	10 516 (8)
Other	192 (<1)	242 (<1)	434 (<1)
Prior cardiovascular disease			
No	56 335 (100)	70 918 (100)	127 253 (100)
Yes	0 (0)	0 (0)	0 (0)
Season of baseline survey, n (%)†			
Spring	11 778 (21)	15 123 (21)	26 901 (21)
Summer	18 425 (33)	22 280 (31)	40 705 (32)
Autumn	11 380 (20)	14 991 (21)	26 371 (21)
Winter	14 752 (26)	18 524 (26)	33 276 (26)
Ever smoked tobacco, n (%)	33 302 (59)	23 364 (33)	56 666 (45)
At least weekly alcohol consumption, n (%)	16 553 (29)	3266 (5)	19 819 (16)
BMI (kg/m ²), mean (SD)	24.1 (3.7)	24.4 (4.4)	24.3 (4.1)

*Excludes participants with missing information, those with implausible blood pressure values, or those without follow-up at age 35-79 year. In addition excludes those with prior history at baseline of angina, myocardial infarction or stroke.

†Spring indicates March to May; Summer, June to August; Autumn, September to November; Winter, December to February.

Figure S1. Age- and sex-specific relevance of hypertension to cardiovascular mortality



Death rate ratios (RRs) are calculated for participants with vs without uncontrolled hypertension. RRs are adjusted for area, level of education, smoking, alcohol, body mass index and age (in 5-year bands) within each age group. Exclusions as in Table 1 with further exclusion of those participants with a prior cardiovascular disease at baseline. For each RR, the area of the square is inversely proportional to the variance of the log risk.

Table S10. Prevalence and control of hypertension at baseline using four different definitions of hypertension*

Age at entry (years)	No. of participants	Standard definition		Alternative definition 1		Alternative definition 2		Alternative definition 3		
		Prevalence, %	Control, %	Prevalence, %	Control, %	Prevalence, %	Control, %	Prevalence, %	Control, %	
Male										
35-39	9291	18.9	11.7	19.4	13.9	21.8	23.3	22.3	24.9	
40-49	16 774	26.4	13.1	27.0	15.4	29.3	21.9	30.0	23.8	
50-59	15 347	34.9	15.4	36.0	17.9	38.1	22.4	39.1	24.6	
60-69	11 192	41.2	14.5	42.9	18.0	44.7	21.2	46.5	24.2	
70-79	7560	42.5	14.5	45.2	19.6	45.9	20.9	48.6	25.3	
All	60 164	32.0	14.2	33.2	17.3	35.2	21.9	36.4	24.5	
Female										
35-39	12 301	14.1	19.6	14.8	23.4	17.6	36.0	18.3	38.4	
40-49	21 651	24.7	21.0	25.8	24.1	29.2	33.0	30.2	35.3	
50-59	19 014	40.6	21.8	42.1	24.5	46.2	31.1	47.6	33.3	
60-69	13 920	49.4	20.5	50.9	23.0	55.0	28.7	56.6	30.7	
70-79	9061	50.2	18.1	52.6	21.8	55.4	25.7	57.8	28.9	
All	75 947	34.7	20.6	36.1	23.5	39.6	30.4	41.0	32.7	
Both										
35-39	21 592	16.2	15.5	16.8	18.6	19.5	29.7	20.1	31.8	
40-49	38 425	25.5	17.4	26.3	20.1	29.2	28.1	30.1	30.2	
50-59	34 361	38.1	19.2	39.4	21.9	42.6	27.7	43.9	29.9	
60-69	25 112	45.8	18.1	47.4	21.0	50.5	25.8	52.1	28.1	
70-79	16 621	46.8	16.6	49.3	20.9	51.2	23.8	53.7	27.4	
Overall	136 111	33.5	17.9	34.8	20.9	37.6	26.9	38.9	29.3	

SBP = systolic blood pressure; DBP = diastolic blood pressure. Analyses are standardised for area, and where appropriate for age and sex. Exclusions as in Table 1.

Each percentage is that of the specified subgroup of the participants in each row.

* Standard definition: Measured SBP \geq 140 mm Hg or DBP \geq 90 mm Hg or (diagnosed AND treated with any of ace inhibitors, beta-blockers, ca antagonist, diuretics).

Alternative definition 1: Measured SBP \geq 140 mm Hg or DBP \geq 90 mm Hg or treated with any of ace inhibitors, beta-blockers, ca antagonist, diuretics.

Alternative definition 2: Measured SBP \geq 140 mm Hg or DBP \geq 90 mm Hg or diagnosed.

Alternative definition 3: Measured SBP \geq 140 mm Hg or DBP \geq 90 mm Hg or (diagnosed AND/OR treated with any of ace inhibitors, beta-blockers, ca antagonist, diuretics).