

Childhood Asthma
Participant Interview Topic Guide (parents)

Preamble:

- **Ice-breaking and explain that there is no right or wrong answer**
- **Explain need to get consent for the interview and audio-recording. Obtain consents.**
- **Explain that the participant does not have to answer if he or she does not wish to do so**

Question	Prompts
<p>Asthma experience</p> <p>What do you know about asthma?</p> <p>Tell us about your child’s asthma? How is it now?</p> <p>How do you know if your child’s asthma is good or bad?</p> <p>How does your child’s asthma disturb/not disturb he/her? How? How does your child’s asthma disturbs/not disturb you? How?</p> <p>How does having asthma makes your child feel?</p> <p>How does your child’s asthma makes you feel?</p>	<p>Experience? Reading? Told by someone?</p> <p>Cough, nighttime cough, difficulty breathing?</p> <p>Able to play? Easy breathing? No cough? Where do you know about this?</p> <p>Activities affected e.g school? swimming, PJK, sleeping in fan? air conditioned room? Early morning or night bath? Play in the rain?</p> <p>Friends isolation/bully- because of illness, using inhalers, shy? Okay?</p> <p>Anxious? Overprotective?</p>
<p>Asthma self-management</p> <p>What do you do when your child has asthma?</p> <p>How about other treatment? Complementary or alternative medicine?</p> <p>Who take care of your child’s asthma at home? School?</p> <p>Does your child take anything else other than these for his/her asthma? (showing inhalers and syrup)</p>	<p>Inhaler? Go to hospital/clinic? Asthma action plan? How do you know this?</p> <p>How do you use it? Why do you use it?</p> <p>You? Your child? Maid? What do you/they do?</p> <p>Other medication from doctors?</p>
<p>Asthma treatment</p> <p>Tell us about your child’s medicine.</p>	<p>Pills? MDI? Spacer? Aerochamber? Have you seen ‘these’ (peak flow meter) before? How do you use it? When do you use your medication?How often?</p> <p>Which medication is better? Reliever ? controller?</p> <p>How would you know when do your child needs the pump?</p>

<p>How do you feel about your child taking medicines?</p> <p>How often do your child see the doctor for asthma?</p> <p>When your child goes to clinic what was usually done?</p> <p>What do you think about the clinic visits for asthma (clinic, doctor & medications)?</p> <p>How do you feel when you accompany your child to clinic?</p>	<p>Dislike? Troublesome? Ashamed? Why?</p> <p>Follow up? Emergency (hospital)? Stay in hospital ? When? Why?</p> <p>Explanation? Medication?</p> <p>Difficult access? Language barrier? Waiting time? Unfriendly staff?</p> <p>Unpleasant? Okay?</p>
<p>Health belief about asthma</p> <p>Why do you think your child has asthma?</p> <p>What triggers your child's asthma?</p> <p>What other things you do/eat for your child's asthma?</p> <p>Do you have rules about asthma? (Things to avoid to prevent asthma, In Malay " Pantang")</p>	<p>Inherited? Infection? Environment?</p> <p>Dust? Physical activity? Cold weather?</p> <p>Home nebulizer? How does it help? Homeopathy? Which method is better for you? Why? Where did you know this from? What does your child usually eats?</p> <p>Food, drinks or activities? Any other rules? Who makes the rules? Experience? Or from somewhere? What will happen when they break the rules?</p>
<p>Source of information</p> <p>Where and from whom did you get information about asthma?</p> <p>Anything else that you want to share about your child's asthma?</p>	<p>Clinic? Family? Friends? Internet? How good is the information?</p>