

**Table S1.** Questions included in the PAID-5 questionnaire

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Questions	
3	“Feeling scared when you think about living with diabetes?”
6	“Feeling depressed when you think about living with diabetes?”
12	“Worrying about the future and the possibility of serious complications?”
16	“Feeling that diabetes is taking up too much of your mental and physical energy every day?”
19	“Coping with complications of diabetes?”

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