

S1 Table. Correlation Matrix and Descriptive Statistics.

	<i>M</i>	<i>SD</i>	α	age	active			social			diseng			strain			tstr			dep	
					t1	t2	t3	t1	t2	t3	t1	t2	t3	t1	t2	t3	t1	t2	t3	t1	t2
age	46.29	10.65																			
t1active	2.72	.78	.87	-.101**																	
t2active	2.68	.79	.89	-.018	.548**																
t3active	2.67	.80	.88	-.024	.600**	.541**															
t1social	2.57	.81	.90	-.131**	.755**	.488**	.478**														
t2social	2.53	.80	.89	-.072*	.481**	.767**	.456**	.597**													
t3social	2.48	.82	.90	-.045	.504**	.461**	.747**	.591**	.551**												
t1diseng	1.61	.62	.86	-.101**	.074*	.030	-.014	.215**	.161**	.100*											
t2diseng	1.60	.61	.85	-.143**	.049	.107**	-.042	.130**	.250**	.038	.595**										
t3diseng	1.61	.66	.87	-.138**	.022	.025	.113**	.115**	.148**	.220**	.556**	.550**									
t1strain	1.89	1.27	.95	-.083**	.143**	.131**	.126**	.213**	.213**	.179**	.519**	.490**	.425**								
t2strain	1.97	1.33	.96	-.143**	.120**	.147**	.126**	.184**	.236**	.197**	.457**	.558**	.469**	.723**							
t3strain	2.00	1.38	.97	-.125**	.130**	.098*	.177**	.206**	.207**	.237**	.458**	.470**	.535**	.721**	.729**						
t1tstr	13.69	4.71	.94	-.052	.173**	.169**	.160**	.254**	.273**	.208**	.555**	.481**	.455**	.650**	.591**	.597**					
t2tstr	13.96	4.86	.94	-.103**	.179**	.211**	.116**	.249**	.283**	.204**	.485**	.535**	.461**	.588**	.676**	.588**	.767**				
t3tstr	14.01	4.99	.95	-.063	.125**	.153**	.197**	.199**	.229**	.271**	.471**	.489**	.545**	.554**	.572**	.634**	.745**	.759**			
t1dep	3.68	1.05	.90	-.094**	.438**	.382**	.398**	.372**	.323**	.340**	.108**	.077*	.096*	.219**	.195**	.225**	.339**	.315**	.308**		
t2dep	3.69	1.10	.92	-.090**	.402**	.436**	.357**	.345**	.365**	.314**	.076*	.060	.063	.175**	.185**	.215**	.264**	.335**	.274**	.852**	
t3dep	3.65	1.10	.92	-.081*	.416**	.393**	.412**	.376**	.343**	.382**	.069	.064	.068	.173**	.190**	.218**	.252**	.279**	.339**	.825**	.841**

Note. Sample size = $N_{t1} = 1,215$, $N_{t2} = 840$, $N_{t3} = 631$, active = active coping, social = social instrumental support, diseng = behavioral disengagement, strain = technology-related strain, tstr = techno-stressors, dep = IT dependency, t1-t3 = measurement point 1-3, **Correlation is significant at the .01 level (2-tailed), *Correlation is significant at the .05 level (2-tailed).