S2 Table. Results from MLM with techno-stressors and active coping as mediators.

Within Level							
Outcome: active coping							
	Estimate	SE	*p*	LL	UL	R^2	*p*
tstr	.098	.031	.001	.048	.149	.024	.010
dep	.095	.030	.002	.045	.145		
Outcome: technology-related strain							
	Estimate	SE	*p*	LL	UL	R^2	*p*
tstr	.292	.034	.000	.237	.347	.092	.000
active	.076	.026	.004	.033	.119		
dep	-.026	.035	.452	-.083	.031		
Between Level							
Outcome: techno-stressors							
	Estimate	SE	*p*	LL	UL	R^2	*p*
age	-.037	.031	.224	-.088	.013	.125	.000
dep	.348	.029	.000	.300	.396		
Outcome: active coping							
	Estimate	SE	*p*	LL	UL	R^2	*p*
age	-.030	.029	.286	-.077	.017	.339	.000
tstr	.020	.036	.568	-.038	.079		
dep	.571	.035	.000	.514	.628		
Outcome: technology-related strain							
	Estimate	SE	*p*	LL	UL	R^2	*p*
age	-.068	.024	.004	-.106	-.029	.618	.000
tstr	.790	.021	.000	.756	.824		
active	.012	.036	.742	-.048	.072		
dep	-.043	.033	.200	-.097	.012		
Total, Direct and Indirect Effects							
age to strain							
	Estimate	SE	*p*	LL	UL		
total	-.122	.033	.000	-.176	-.068		
total indirect	-.054	.025	.029	-.095	-.013		
via tstr	-.029	.024	.224	-.069	.010		
via active	.000	.001	.753	-.002	.002		
via tstr and active	.000	.000	.748	.000	.000		
direct effect	-.068	.024	.004	-.106	-.029		

Note. Model was fit using Mplus 7.1. N = 1,216, SE = standard error, p = two-tailed p-value, LL/ UL = 95% lower-level and upper-level confidence interval, active = active coping, tstr = techno-stressors