

S4 Table. Results from MLM with techno-stressors and behavioral disengagement as mediators.

Within Level							
Outcome: behavioral disengagement							
	Estimate	SE	<i>p</i>	LL	UL	<i>R</i> ²	<i>p</i>
tstr	.225	.035	.000	.167	.282	.047	.001
dep	-.053	.030	.072	-.102	-.005		
Outcome: technology-related strain							
	Estimate	SE	<i>p</i>	LL	UL	<i>R</i> ²	<i>p</i>
tstr	.266	.032	.000	.213	.319	.107	.000
diseng	.147	.032	.000	.094	.200		
dep	-.012	.034	.717	-.067	.043		
Between Level							
Outcome: techno-stressors							
	Estimate	SE	<i>p</i>	LL	UL	<i>R</i> ²	<i>p</i>
age	-.037	.031	.226	-.087	.013	.126	.000
dep	.349	.029	.000	.301	.398		
Outcome: behavioral disengagement							
	Estimate	SE	<i>p</i>	LL	UL	<i>R</i> ²	<i>p</i>
age	-.114	.026	.000	-.067	.007	.569	.000
tstr	.782	.025	.000	.741	.823		
dep	-.168	.030	.000	-.217	-.119		
Outcome: technology-related strain							
	Estimate	SE	<i>p</i>	LL	UL	<i>R</i> ²	<i>p</i>
age	-.030	.022	.175	-.067	.007	.665	.000
tstr	.531	.050	.000	.449	.613		
diseng	.331	.055	.000	.241	.421		
dep	.021	.024	.380	-.018	.021		
Total, Direct and Indirect Effects							
age to strain							
	Estimate	SE	<i>p</i>	LL	UL		
total	-.122	.033	.000	-.176	-.068		
total indirect	-.091	.027	.001	-.136	-.046		
via tstr	-.020	.016	.226	-.046	.007		
via diseng	-.038	.011	.000	-.055	-.020		
via tstr and diseng	-.010	.008	.245	-.023	.004		
direct	-.030	.022	.175	-.067	.007		

Note. Model was fit using Mplus 7.1. *N* = 1,216, SE = standard error, *p* = two-tailed *p*-value, LL/ UL = 95% lower-level and upper-level confidence interval, diseng = behavioral disengagement, tstr = techno-stressors