

**Table S1** The herbal composition of six formulae for the treatment of depression in the manuscript

Chinese Medicine Formulae	Herbal Composition
Wen-Dan-Tang 溫膽湯	Pinellia ternata (Thunb.) Breit., Citrus reticulata Blanco, Poria cocos (Schw.) Wolf, Glycyrrhiza uralensis Fisch., Bambusa tuldoidea Munro, Citrus aurantium L., Zingiber officinale Rosc., Ziziphus jujuba Mill. Asparagus cochinchinensis (Lour.) Merr., Panax ginseng C. A. Mey., Poria cocos (Schw.) Wolf, Scrophularia ningpoensis Hemsl., Salvia miltiorrhiza Bge., Polygala tenuifolia Willd., Platycodon grandiflorum (Jaoq.) A.DC., Angelica sinensis (Oliv.) Diels, Schisandra chinensis (Turcz.), Ophiopogon japonicus (L.f.) Ker-Gawl., Platycladus orientalis (L.) Franco, Ziziphus jujuba Mill. var. spinosa (Bunge) Hu ex H. F. Chou., Rehmannia glutinosa Libosch
Tian-Wang-Bu-Xin-Dan 天王補心丹	Ziziphus jujuba Mill. var. spinosa (Bunge) Hu ex H. F. Chou., Glycyrrhiza uralensis Fisch., Anemarrhena asphodeloides Bge., Poria cocos (Schw.) Wolf, Ligusticum sinense Hort. Angelica sinensis (Oliv.) Diels, Poria cocos (Schw.) Wolf, Gardenia jasminoides Ellis, Mentha haplocalyx Briq., Paeonia lactiflora Pall., Bupleurum chinensis DC, Glycyrrhiza uralensis Fisch., Atractylodes macrocephala Koidz., Paeonia suffruticosa Andr., Zingiber officinale Rosc.
Suan-Zao-Ren-Tang 酸棗仁湯	Glycyrrhiza uralensis Fisch., Triticum aestivum L., Ziziphus jujuba Mill.
Jia-Wei-Xiao-Yao-San 加味逍遙散	
Gan-Mai-Da-Zao-Tang 甘麥大棗湯	