

Appendix

Table 1.

Standardised Factor Loadings From the CFA Analyses of the Four Factor Models of the 20-item Original 2-Way SSS the and Brief 2-Way SSS

Item number	SSS Factor	Item	20-item scale	12-item scale
1	RE	There is someone I can talk to about the pressures in my life	0.705	
2	RE	There is at least one person that I can share most things with	0.792	0.79
3	RE	When I am feeling down there is someone I can lean on	0.858	0.895
4	RE	There is someone in my life I can get emotional support from	0.802	0.792
5	RE	There is at least one person that I feel I can trust	0.643	
6	RE	There is someone in my life that makes me feel worthwhile	0.662	
7	RE	I feel that I have a circle of people who value me	0.466	
8	GE	I am there to listen to other's problems	0.662	
9	GE	I look for ways to cheer people up when they are feeling down	0.700	
10	GE	People close to me tell me their fears and worries	0.791	0.812
11	GE	I give others a sense of comfort in times of need	0.767	0.735
12	GE	People confide in me when they have problems	0.747	0.772
13	RI	If stranded somewhere there is someone who would get me	0.636	0.628
14	RI	I have someone to help me if I am physically unwell	0.866	0.904
15	RI	There is someone who would give me financial assistance	0.538	
16	RI	There is someone who can help me fulfil my responsibilities when I am unable	0.824	0.800
17	GI	I help others when they are too busy to get everything done	0.711	0.721
18	GI	I have helped someone with their responsibilities when they were unable to fulfil them	0.658	0.645
19	GI	When someone I lived with was sick I helped them	0.482	
20	GI	I am a person others turn to for help with tasks	0.770	0.817