

Supplementary Table 1. The quality assessment of each study according to the Newcastle-Ottawa Scales

References	Selection	Comparability	Exposure/ Outcome	Total
Franklyn et al.[11]	3	1	2	6
Kung et al.[43]	3	1	2	6
Giannini et al.[46]	3	1	2	6
Hawkins et al.[44]	2	1	2	5
Goerres et al.[45]	2	1	2	5
Toivonen et al.[39]	3	1	2	6
Reverter et al.[40]	3	1	2	6
Eftekhari et al.[47]	3	1	2	6
Reverter et al.[41]	3	1	2	6
Tournis et al.[38]	3	1	2	6
Moon et al.[42]	3	1	2	6