Socioeconomic status and central adiposity as determinants of stress-related biological responses relevant to cardiovascular disease risk

Supplementary table 1

Analyses based on continuously distributed waist-hip ratio

Variable	Differences from categorical analysis	Statistics Standardised regression (β), standard error (SE), p value
Baseline / resting values		
Systolic BP	No difference	
Diastolic BP	No difference	
Heart rate	No difference	
Heart rate variability	No difference	
Plasma IL-6	No difference	
Plasma fibrinogen	SES by WHR not significant	$\beta = 0.198$, SE = 0.109, $p = 0.07$
C-reactive protein	SES by WHR not significant	$\beta = 0.104$, SE = 0.110, $p = 0.35$
Salivary cortisol	No difference	
HbA1c	No difference	
CMV serostatus	No difference	
Reactivity / recovery		
Systolic BP	No difference	
Diastolic BP	SES by WHR not significant	$\beta = 0.012$, SE = 0.092, $p = 0.89$
Heart rate	No difference	
Heart rate variability	No difference	
Plasma IL-6	No difference	
Plasma fibrinogen	No difference	
Salivary cortisol	No difference	
Values over the day		
Salivary cortisol	No difference	

Supplementary table 2

Unadjusted analyses of SES and WHR

Variable	Differences from categorical analysis	Statistics F ratios and <i>p</i> values
Baseline / resting values		
Systolic BP	No difference	
Diastolic BP	No difference	
Heart rate	No difference	
Heart rate variability	Lower HRV in greater WHR group	F(1,440) = 4.58, p = 0.033
Plasma IL-6	Higher IL-6 in greater WHR group	F(1,513) = 11.56, p = 0.001
Plasma fibrinogen	No difference	
C-reactive protein	No difference	
Salivary cortisol	No difference	
HbA1c	No difference	
CMV serostatus	No difference	
Reactivity / recovery Systolic BP Diastolic BP	WHR by trial interaction, with poorer recovery in higher WHR group No difference	F(3, 1536) = 3.21, p = 0.036
Heart rate	No difference	
Heart rate variability	No difference	
Plasma IL-6 Plasma fibrinogen	Main effect of WHR, but no WHR by trial interaction No difference	F(1,497) = 7.66, p = 0.006
Salivary cortisol	No difference	
Values over the day Salivary cortisol	No difference	