



**Fig. S1** Pooled effects of fatigue on knee flexion angle at initial contact (left = increased post fatigue; right = decreased post fatigue; C = central fatigue protocol; P = peripheral fatigue protocol; EP = extension protocol; FP = flexion protocol; HR = hip rotators fatigue protocol; TS = triceps surae fatigue protocol; FAST = functional agility short-term fatigue protocol; SLO = slow linear oxidative fatigue protocol; UA = unanticipated)