

## CONSORT 2010 checklist of information to include when reporting a randomised trial\*

Section/Topic	Item No	Checklist item	Reported on page No
Title and abstract			on page me
Title and abstract	1a	Identification as a randomised trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	2
Introduction			
Background and	2a	Scientific background and explanation of rationale	3-4
objectives	2b	Specific objectives or hypotheses	4
Methods			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	7
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	NA
Participants	4a	Eligibility criteria for participants	5
	4b	Settings and locations where the data were collected	2-5
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	8-9
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	6
	6b	Any changes to trial outcomes after the trial commenced, with reasons	NA
Sample size	7a	How sample size was determined	5
	7b	When applicable, explanation of any interim analyses and stopping guidelines	NA
Randomisation:			
Sequence	8a	Method used to generate the random allocation sequence	8
generation	8b	Type of randomisation; details of any restriction (such as blocking and block size)	8
Allocation concealment	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	
mechanism			8
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	8
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	

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	assessing outcomes) and how	6-8
11b	If relevant, description of the similarity of interventions	NA
12a	Statistical methods used to compare groups for primary and secondary outcomes	9-10
12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	7-9
13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and	
	were analysed for the primary outcome	10
13b	For each group, losses and exclusions after randomisation, together with reasons	10
14a	Dates defining the periods of recruitment and follow-up	8
14b	Why the trial ended or was stopped	8
15	A table showing baseline demographic and clinical characteristics for each group	30
16	For each group, number of participants (denominator) included in each analysis and whether the analysis was	
	by original assigned groups	10
17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its	
	precision (such as 95% confidence interval)	10-11
17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	NA
18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing	
		7
19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	NA
20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	15
21	Generalisability (external validity, applicability) of the trial findings	11-15
22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	<u>11-12-13-14-15</u>
23	Registration number and name of trial registry	6
24	Where the full trial protocol can be accessed, if available	6
25	Sources of funding and other support (such as supply of drugs), role of funders	NA
	12a 12b 13a 13b 14a 14b 15 16 17a 17b 18 19 20 21 22 23 24	11b If relevant, description of the similarity of interventions 12a Statistical methods used to compare groups for primary and secondary outcomes 12b Methods for additional analyses, such as subgroup analyses and adjusted analyses 13a For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome 13b For each group, losses and exclusions after randomisation, together with reasons 14a Dates defining the periods of recruitment and follow-up 14b Why the trial ended or was stopped 15 A table showing baseline demographic and clinical characteristics for each group 16 For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups 17a For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval) 17b For binary outcomes, presentation of both absolute and relative effect sizes is recommended 18 Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory 19 All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)  20 Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses 21 Generalisability (external validity, applicability) of the trial findings 22 Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence 23 Registration number and name of trial registry 24 Where the full trial protocol can be accessed, if available

<sup>\*</sup>We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see <a href="https://www.consort-statement.org">www.consort-statement.org</a>.

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