

Supplementary Online Content

Roerecke M, Kaczorowski J, Myers MG. Comparing automated office blood pressure readings with other methods of blood pressure measurement for identifying patients with possible hypertension: a systematic review and meta-analysis. *JAMA Intern Med*.

Published online February 4, 2019. doi:10.1001/jamainternmed.2018.6551

eTable 1. Search Strategy MEDLINE

eTable 2. Excluded Studies Based on Full-Text Assessment With Reason (n=28)

eTable 3. Study Characteristics Details of Blood Pressure Measurements for Included Studies (n=31)

eFigure 1. Flow Chart of Study Selection

eFigure 2. Forest Plot of the Mean Difference in Systolic BP Between Awake ABP (Reference) and Routine Office BP Measurement in Samples With Systolic AOBP ≥ 130 mmHg

eFigure 3. Forest Plot of the Mean Difference in Diastolic BP Between Awake ABP (Reference) and Routine Office BP Measurement in Samples With Systolic AOBP ≥ 130 mmHg

eFigure 4. Forest Plot of the Mean Difference in Systolic BP Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP < 130 mmHg

eFigure 5. Forest Plot of the Mean Difference in Diastolic BP Between AOBP (Reference) and AABP in Samples With Systolic AOBP ≥ 130 mmHg

eFigure 6. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Added Rest Period

eFigure 7. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Interval Between AOBP Readings

eFigure 8. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Device

eFigure 9. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Source of the Sample

eFigure 10. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, High Quality Studies

eFigure 11. Funnel Plot of Mean Differences Between AOBP and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, SBP

eFigure 12. Funnel Plot of Mean Differences Between Diastolic AOBP and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg

eFigure 13. Pooled Estimates of Mean Differences in Systolic BP Leaving Out One Study at a Time in Samples With Systolic AOBP ≥ 130 mmHg

eFigure 14. Pooled Estimates of Mean Differences in Diastolic BP Leaving Out One Study at a Time in Samples With Systolic AOBP ≥ 130 mmHg

This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. Search Strategy MEDLINE

Database: Ovid MEDLINE(R) <1946 to April Week 3 2018> Search Strategy:

-
- 1 Blood Pressure Determination/ (25755)
 - 2 ("blood pressure" adj2 (measur* or determin* or assess*)).ti. (3813)
 - 3 Hypertension/di (17861)
 - 4 Sphygmomanometers/ (820)
 - 5 or/1-4 (41396)
 - 6 exp Automation/ (35827)
 - 7 automat*.mp. (198176)
 - 8 electronic.mp. (128482)
 - 9 or/6-8 (336625)
 - 10 5 and 9 (2150)
 - 11 limit 10 to yr="2004 -Current" (1018)
 - 12 limit 11 to (english language and humans) (936)

eTable 2. Excluded Studies Based on Full-Text Assessment With Reason (n=28)

Reference	Reason for Exclusion
Al-Karkhi I, Al-Rubaiy R, Rosenqvist U, Falk M, Nystrom FH. Comparisons of automated blood pressures in a primary health care setting with self-measurements at the office and at home using the Omron i-C10 device. <i>Blood Press Monit.</i> 2015;20(2):98-103.	Missing comparison
Andreadis EA, Agaliotis GD, Angelopoulos ET, Tsakanikas AP, Chaveles IA, Mousoulis GP. Automated office blood pressure and 24-h ambulatory measurements are equally associated with left ventricular mass index. <i>Am J Hypertens.</i> 2011;24(6):661-666.	Duplicate data
Brothwell S, Dutton M, Ferro C, Stringer S, Cockwell P. Optimising the accuracy of blood pressure monitoring in chronic kidney disease: the utility of BpTRU. <i>BMC Nephrology.</i> 2013;14:218. doi:10.1186/1471-2369-14-218.	Attended AOBP measurement
Brown MA, Buddle ML, Martin A. Is resistant hypertension really resistant? <i>Am J Hypertens.</i> 2001;14(12):1263-1269.	Missing AOBP measurement
Burgess SE, MacLaughlin EJ, Smith PA, Salcido A, Benton TJ. Blood pressure rising: differences between current clinical and recommended measurement techniques. <i>J Am Soc Hypertens.</i> 2011;5(6):484-488. doi: 10.1016/j.jash.2011.08.007.	Missing AOBP measurement
Campbell NR, McKay DW, Conradson H, Lonn E, Title LM, Anderson T. Automated oscillometric blood pressure versus auscultatory blood pressure as a predictor of carotid intima-medial thickness in male firefighters. <i>J Hum Hypertens.</i> 2007;21(7):588-590. doi: 10.1038/sj.jhh.1002190.	Duplicate data
Culleton BF, McKay DW, Campbell NR. Performance of the automated BpTRU measurement device in the assessment of white-coat hypertension and white-coat effect. <i>Blood Press Monit.</i> 2006;11(1):37-42.	Interval between AOBP measurements >2 minutes
Dawes MG, Coats AJ, Juszczack E. Daytime ambulatory systolic blood pressure is more effective at predicting mortality than clinic blood pressure. <i>Blood Press Monit.</i> 2006;11(3):111-118. doi: 10.1097/01.mbp.0000209086.32493.bd.	Missing AOBP measurement
de la Sierra A, Segura J, Banegas JR, et al. Clinical features of 8295 patients with resistant hypertension classified on the basis of ambulatory blood pressure monitoring. <i>Hypertension.</i> 2011;57(5):898-902. doi: 10.1161/HYPERTENSIONAHA.110.168948.	Missing AOBP measurement
de la Sierra A, Banegas JR, Divisón JA, et al. Ambulatory blood pressure in hypertensive patients with inclusion criteria for the SPRINT trial. <i>J Am Soc Hypertens.</i> 2016;10(12):947-9535.e5. doi: 10.1016/j.jash.2016.10.013.	Missing AOBP measurement
Eguchi K, Kuruvilla S, Ishikawa J, et al. Correlations between different measures of clinic, home, and ambulatory blood pressure in hypertensive patients. <i>Blood Press Monit.</i> 2011;16(3):142-148. doi: 10.1097/MBP.0b013e328346d669.	Missing AOBP measurement
Graves JW, Nash C, Burger K, Bailey K, Sheps SG. Clinical decision-making in hypertension using an automated (BpTRU™) measurement device. <i>J Hum Hypertens.</i> 2003;17(12):823-827. doi:10.1038/sj.jhh.1001626.	Attended AOBP measurement
Graves JW, Grossardt BR. Discarding the first of three nurse-auscultatory or oscillometric blood pressure measurements does not improve the association of office blood pressure with ABPM. <i>Blood Press Monit.</i> 2010;15(3):146-151. doi: 10.1097/MBP.0b013e328337ce76.	Missing AOBP measurement
Greiver M, White D, Kaplan DM, Katz K, Moineddin R, Dolabchian E. Where should automated blood pressure measurements be taken? Pilot RCT of BpTRU measurements taken in private or nonprivate areas of primary care office. <i>Blood Press Monit.</i> 2012; 17(3):137-138. doi: 10.1097/MBP.0b013e328352ae44.	Missing comparison
Gustavsen PH, Høegholm A, Bang LE, Kristensen KS. White coat hypertension is a cardiovascular risk factor: a 10-year follow-up study. <i>J Hum Hypertens.</i> 2003;17(12):811-817. doi: 10.1038/sj.jhh.1001643.	Missing AOBP measurement
Head GA, Mihailidou AS, Duggan KA, et al. Definition of ambulatory blood pressure targets for diagnosis and treatment of hypertension in relation to clinic blood pressure: prospective cohort study. <i>The BMJ.</i> 2010;340:c1104. doi:10.1136/bmj.c1104.	Missing AOBP measurement
Hong D, Su H, Li J, et al. The effect of physician presence on blood pressure. <i>Blood Press Monit.</i> 2012;17(4):145-148. doi: 10.1097/MBP.0b013e328355fe14.	Missing comparison

Johnson KC, Whelton PK, Cushman WC, et al. Blood pressure measurement in SPRINT (Systolic Blood Pressure Intervention Trial). <i>Hypertension</i> . 2018;71(5):848-857. doi: 10.1161/HYPERTENSIONAHA.117.10479.	Missing comparison
Myers MG, Valdivieso MA. Use of an automated blood pressure recording device, the BpTRU, to reduce the “white coat effect” in routine practice. <i>Am J Hypertens</i> . 2003;16(6):494-497.	Sample size <30
O’Flynn AM, Curtin RJ, Perry IJ, Kearney PM. Hypertension prevalence, awareness, treatment, and control: should 24-hour ambulatory blood pressure monitoring be the tool of choice? <i>J Clin Hypertens</i> . 2016;18(7):697-702. doi: 10.1111/jch.12737.	Missing AOBP measurement
O’Shaughnessy MM, Durcan M, Kinsella SM, Griffin MD, Reddan DN, Lappin DW. Blood Pressure Measurement in Peritoneal Dialysis: Which Method Is Best? <i>Peritoneal Dialysis International: Journal of the International Society for Peritoneal Dialysis</i> . 2013;33(5):544-551. doi:10.3747/pdi.2012.00027.	Sample size <30
Reinhard M, Poulsen PL, Christensen KL. Very poor agreement between routine outpatient clinic office and ambulatory blood pressure: time to improve an old hospital outpatient clinic routine? <i>Blood Press Monit</i> . 2016;21(6):340-344. doi: 10.1097/MBP.0000000000000214.	Missing AOBP measurement
Rinfret F, Cloutier L, L’Archevêque H, et al. The gap between manual and automated office blood pressure measurements results at a hypertension clinic. <i>Can J Cardiol</i> . 2017;33(5):653-657. doi: 10.1016/j.cjca.2017.01.021.	Time elapse between two types of BP measurements >1 month
Seidlerová J, Gelžinsky J, Materánková M, Ceral J, Köng P, Filipovsky JI. In the aftermath of SPRINT: further comparison of unattended office blood pressure measurement and 24-hour blood pressure monitoring. <i>Blood Press</i> . 2018;22:1-6. doi: 10.1080/08037051.2018.1454258.	Duplicate data
Steigerwalt SP, Brar N, Dhungel A. Improved 24-hour blood pressure control with sirolimus versus calcineurin inhibitor based immunosuppression in renal transplant recipients. <i>Transplant Proc</i> . 2009;41(10):4184-4187. doi: 10.1016/j.transproceed.2009.07.109.	Less than 3 BpTRU readings
Stergiou GS, Efstathiou SP, Alamara CV, Mastorantonakis SE, Roussias LG. Home or self blood pressure measurement? What is the correct term? <i>J Hypertens</i> . 2003;21(12):2259-2264. doi: 10.1097/01.hjh.0000098142.70956.88.	Missing comparison
Van der Wel MC, Buunk IE, van Weel C, Thien TABM, Bakx JC. A Novel Approach to Office Blood Pressure Measurement: 30-Minute Office Blood Pressure vs Daytime Ambulatory Blood Pressure. <i>Ann Fam Med</i> . 2011;9(2):128-135. doi:10.1370/afm.1211.	Interval between AOBP measurements >2 minutes
Vieira da Silva MA, Mendes da Silva AP, Artigas Giorgi DM, Ganem F. Successive blood pressure measurements to evaluate suspected and treated hypertension. <i>Blood Press Monit</i> . 2016;21(2):69-74. doi: 10.1097/MBP.0000000000000161.	Missing AOBP measurement

eTable 3. Study Characteristics Details of Blood Pressure Measurements for Included Studies (n=31)

Study	Inclusion/Exclusion Criteria	AOBP	ABPM	Research BP	Routine BP
Agarwal, 2017 ¹	Inclusion: BP measured in clinic on day of recruitment, BP in normotensive range (<140/90 mmHg), evidence of chronic kidney disease Exclusion: Kidney transplantation or dialysis, receiving immunosuppressive drugs	Device: Omron HEM 907 Rest: Standard 5-min rest prior to measurement Readings: Unattended 3 readings with a 0.5-min interval, first reading not discarded TBM: Routine BP obtained following AOBP measurement, then all participants underwent 24-h ambulatory BP monitoring	Device: SpaceLabs 90207 Readings: Not specified	N/A	Device: Omron HEM 705 CP Readings: Attended 1 reading
Andreadis, 2012 ²	Inclusion: Never taken or not received antihypertensive medication for ≥6 months, office hypertension (average office BP reading of SBP ≥ 140 mmHg or DBP ≥90 mmHg) Exclusion: arrhythmia, stroke, mental disorders, severe noncardiovascular disease (cancer or liver cirrhosis), chronic inflammatory disease, worked night shifts	Device: WatchBP Office Rest: 5-min rest added prior to measurement Readings: Unattended 6 readings (3 on each arm) with a 1-min interval, first reading discarded TBM: AOBP obtained following ABPM measurement	Device: Microlife WatchBP Readings: At 15-min intervals		
Andreadis, 2018 ³	Inclusion: Referred for hypertension by family physicians Exclusion: Inability to adequately use ambulatory BP measurement device	Device: Omron HEM 907 Rest: Standard 5-min rest prior to measurement Readings: Unattended 3 readings with a 1-min interval, first reading not discarded TBM: All BP readings obtained at a single visit	Device: Microlife WatchBP 03 Readings: At 20-min intervals	N/A	N/A
Armstrong, 2015 ⁴	Inclusion: Consecutive patients referred for ABPM Exclusion: Not specified	Device: BpTRU Rest: Not specified Readings: Unattended (other patients in the room) 5 readings with a 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 30-min intervals	N/A	N/A
Bauer, 2018 ⁵	Inclusion: Pre-existing hypertension documented by intake of antihypertensive medication or BP ≥140/90 mmHg Exclusion: Febrile conditions and hypotension (SBP <100 mmHg)	Device: Omron HEM 907 Rest: Standard 5-min rest prior to measurement Readings: Unattended 3 readings with 1 or 2 min. interval, first reading not discarded TBM: AOBP obtained following research BP measurement	N/A	Device: Aneroid sphygmmanometer Readings: Attended 1 reading	N/A
Beckett, 2005 ⁶	Inclusion: Diagnosis of hypertension, treatment with antihypertensive medication, uncontrolled BP (mean of last 3 office visits ≥140/90 mmHg) Exclusion: <18 years of age, pregnant, known secondary cause for hypertension	Device: BpTRU Rest: 5-min rest added prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded	Device: A&D Model TM2430	N/A	Readings: Average BPs measured at last 3 office visits used, visits ranged

		TBM: ABPM obtained following all other BP measurements	Readings: At 15-min intervals		from several weeks to months apart
Bhatt, 2016⁷	Inclusion: Referred for uncontrolled resistant HTN between June 2013 and November 2015, uncontrolled apparent RHTN (SBP \geq 140 mmHg and/or DBP \geq 90 mmHg obtained during routine intake measurement while prescribed \geq 3 antihypertensive medications at time of initial visit) Exclusion: Controlled triage and expertly obtained BP measurements and controlled triage and uncontrolled expertly obtained BP measurements	Device: BpTRU Rest: 5-min rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: AOBP obtained following routine BP measurement	N/A	N/A	Device: Welch Allyn Rest: BP measurement taken almost immediately Readings: Attended 1 reading
Campbell, 2005⁸	Inclusion: Fire fighters recruited from FATE and 50 consecutive patients seen by one of the authors in urgent internal medicine assessment clinic and internal medicine clinic specializing in hypertension Exclusion: Not specified	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: All BP readings obtained at a single visit in random order	N/A	Device: Mercury Manometer Rest: 5-min rest prior to measurement, no rest for hypertensive group in reproducibility study Readings: Attended 2 readings, first reading not discarded	N/A
Edwards, 2013⁹	Inclusion: Diagnosis of office-based hypertension according to Canadian Hypertension Education Program guidelines, age \geq 18 with hypertension between May 1, 2004 to April 1, 2010, resting MOBP and AOBP measured on same clinic visit, ABPM performed within 24-h of study visit Exclusion: Not specified	Device: BpTRU Rest: 20-min rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: ABPM obtained following all other BP measurements	Device: SpaceLabs 90207 Readings: At 15-min intervals	Device: Manual Rest: 5-min rest prior to measurement Readings: Attended 3 readings	N/A
Filipovsky, 2016¹⁰	Inclusion: Stable outpatients treated for hypertension, examined in hypertension centre by one of three participating physicians Exclusion: Not specified	Device: BpTRU Rest: 5-min rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: Routine BP obtained immediately following AOBP measurement	N/A	N/A	Device: Nissei DM-1000 and Riester N desk model Readings: Attended 2 readings
Filipovsky, 2018¹¹	Inclusion: Attended arterial hypertension or cardiology outpatients clinics in 4 university hospitals between March 2015 and March 2016, age $>$ 18 years, essential arterial hypertension, stable on drug treatment (attending physician should not expect need for antihypertensive medication change during 12 months of follow-up) Exclusion: Unstable health state (i.e. manifest heart failure, labile diabetes, advanced malignant disease),	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: Routine BP obtained immediately following AOBP measurement (85% of patients), ABPM scheduled at second visit (ABPM conducted within 24-h (69.6% patients) or one week (88.4%) from clinical visit)	Device: SpaceLabs Readings: Not specified	N/A	Device: Nissei DM-3000 and Riester N desk model Readings: Attended 3 readings

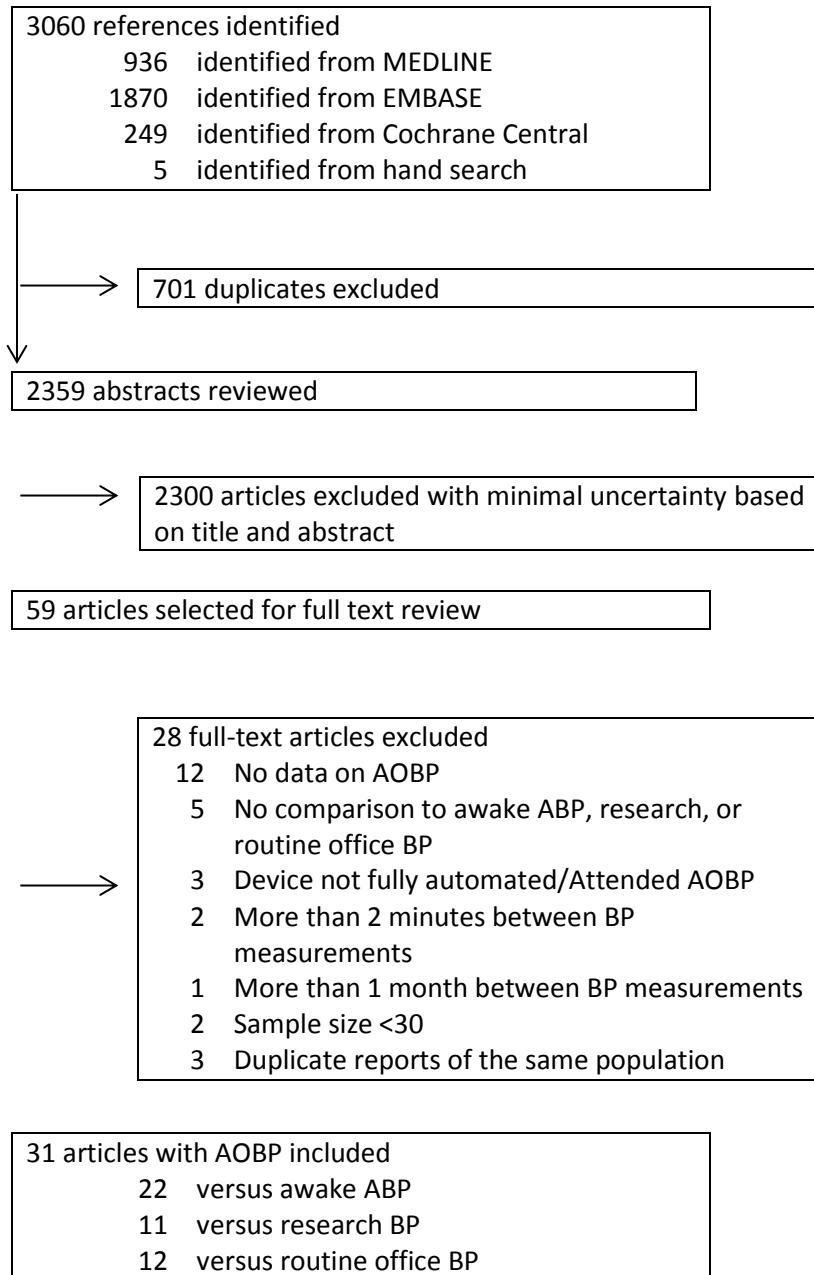
	unstable hypertension (antihypertensive medication changed between 1 st and 2 nd clinical visit)				
Garcia-Donaire, 2012¹²	Inclusion: Aged >18 years, both sexes, normotensive or hypertensive patients (only hypertensive patients for TRUE-HTA study) Exclusion: Patients who are not participating in a clinical trial or do not understand content for informed consent	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: Not specified	Device: SpaceLabs 90207 Readings: At 20-min intervals	Device: Manual Readings: Attended 3 readings with 3-min intervals	N/A
Godwin, 2010¹³	Inclusion: Diagnosis of hypertension, treatment with antihypertensive medications, uncontrolled BP (mean of last three office visits \geq 140/90 mmHg) Exclusion: <18 years of age, pregnant, known secondary cause for hypertension	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: A&D Model TM2430 Readings: Not specified	N/A	Device: Manual Readings: Average BPs measured at last 3 office visits used, visits ranged from several weeks to months apart
Goldberg, 2017¹⁴	Inclusion: Adult ED patients without known diagnosis of hypertension with triage BP that met CMS threshold for outpatient referral (triage SBP \geq 120 mmHg and/or DBP \geq 80 mmHg) between August 2014 and February 2016, \geq 18 years old, speaks English Exclusion: Known to be hypertensive, taking antihypertensives, receiving dialysis, pregnant, prisoners, intoxicated, admitted, or in infectious disease isolation, had atrial fibrillation, chest pain, shortness of breath, one-sided weakness or numbness, altered mental status, acute psychiatric problems, used cocaine in previous 30 day, or received any antihypertensive medication between triage BP and BpTRU measurement	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: AOBP obtained following routine BP measurement at patient arrival	N/A	N/A	Device: Automated BP monitor Readings: Measurement attended
Ishikawa, 2012¹⁵	Inclusion: Untreated or treated hypertensive patients on stable antihypertensive therapy for \geq 4 weeks Exclusion: Never attended office visit or withdrew informed consent, dropped out midway through protocol, performed shift work, or whose BP could not be measured using oscillometric devices	Device: WatchBP Office Rest: No rest prior to measurement Readings: Unattended 3 readings with a 1-min interval, first reading not discarded TBM: AOBP and research BP measurements (random order) obtained at all 3 office visits at 2-week intervals, ABPM obtained at 2 nd office visits	Device: SpaceLabs 90207 Readings: At 30-min intervals	Device: Sphyg Rest: 5-min rest added prior to measurement Readings: Attended 3 readings with a 1-min interval, first reading not discarded	N/A
Lamarre-Cliché, 2011¹⁶	Inclusion: Recruited to clinic between December 2006 and December 2008, age \geq 18 years, diagnosis of hypertension according to CHEP guidelines, ability to adequately use Self-Meas Exclusion: Recent changes in medications (\leq 2 weeks earlier), planned modifications of medications	Device: BpTRU Rest: 5-min rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: AOBP and research BP performed consecutively within 20-min timeline, all measurements obtained within a 2-week period.	Device: SpaceLabs 90207 Readings: At 30-min intervals	Device: Sphyg Rest: 5-min rest added prior to measurement Readings: Attended 3 readings with a 1-min interval	N/A

	during study's duration, noncompliance with medications, presence of diabetes	Order AOBP vs ABPM was randomized.			
Moore, 2018¹⁷	Inclusion: Confirmed or suspected arterial hypertension referred to attend specialist clinic between November 2013 and December 2016 Exclusion: Atrial fibrillation at time of assessment, other sustained heart rhythm irregularities, or upper limb obstructive atherosclerosis	Device: Mobil-o-graph IEM Rest: No rest prior to measurement Readings: Unattended 3 readings with a 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: Mobil-o-graph IEM Readings: At 20-min intervals	N/A	N/A
Myers, 2006¹⁸	Inclusion: Patients referred to hypertension specialist for further management by primary care physicians in community Exclusion: Not specified	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: AOBP and routine BP obtained in random order	N/A	N/A	Device: Buamanometer mercury sphygmomanometer Readings: Measurement attended
Myers, 2008a¹⁹	Inclusion: Patients referred to ABPM center Exclusion: Not specified	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	N/A	N/A
Myers, 2008b²⁰	Inclusion: Adult residents of Ontario, aged 20-79 years, with and without high BP Exclusion: Not specified	Device: BpTRU Rest: 5-min rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: 2-min break between BP measurements, random order	N/A	Device: Buamanometer mercury sphygmomanometer Rest: 5-min rest added prior to measurement Readings: Attended 3 readings with a 1-min interval, first reading discarded	N/A
Myers, 2009a²¹	Inclusion: Consecutive referrals by hypertension specialists for 24-h ABPM, treated and untreated patients, antihypertensive therapy left unchanged during period of 3 automated office BP recordings Exclusion: Not specified	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: at 15-min intervals	Device: Mercury sphygmomanometer and Y-tube connector Readings: 2 readings	N/A
Myers, 2009b²²	Inclusion: Consecutive referrals from family physician in community for 24-h ABPM Exclusion: Not specified	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded TBM: AOBP obtained before and after ABPM measurements	Device: SpaceLabs 90207 Readings: At 15-min intervals	Device: Mercury sphygmomanometer and T-tube connector Readings: 2 readings	Device: BpTRU Readings: Last BP measurement by family physician in office used

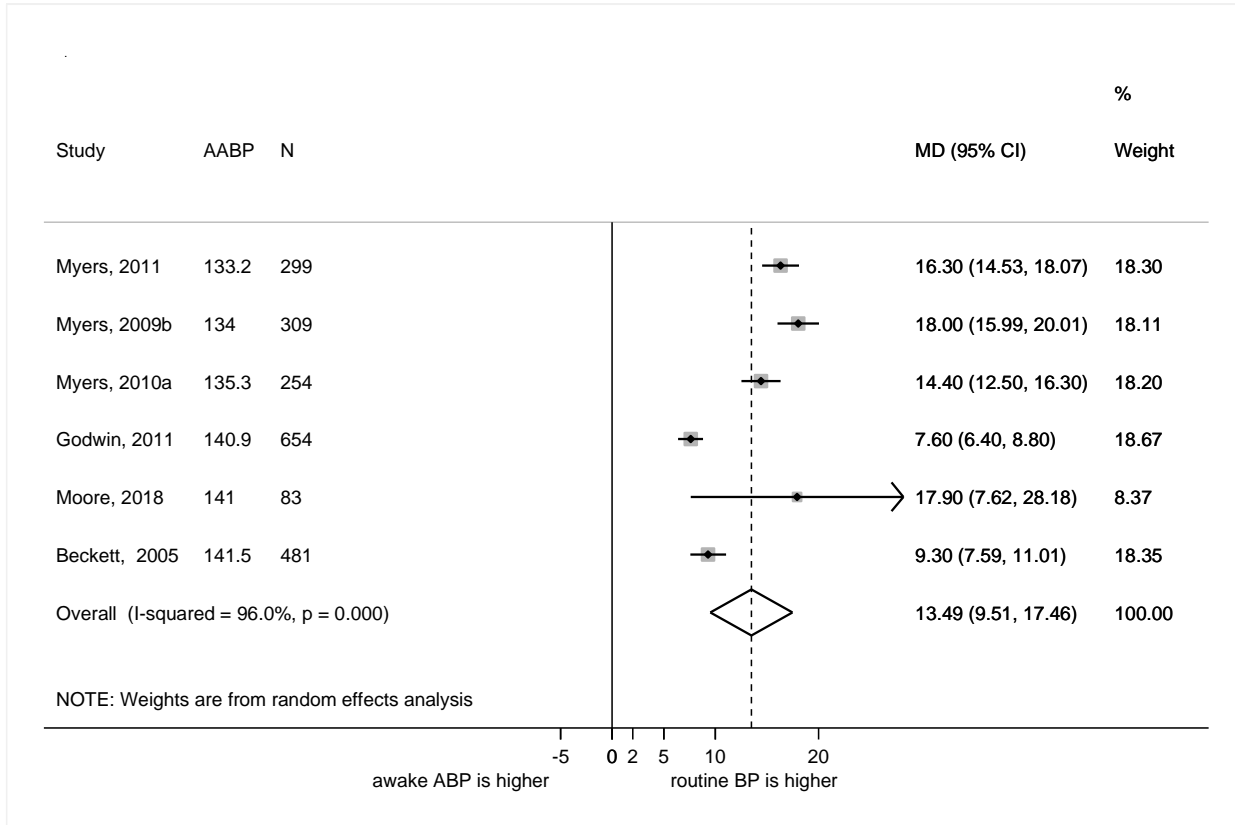
Myers, 2010a²³	Inclusion: Consecutive untreated patients referred for 24-h ABPM by family physicians in community Exclusion: Treated patients	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 1 or 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	N/A	Readings: Average BP recorded by patient's family physician at time of referral used
Myers, 2010b²⁴	Inclusion: Referred to ABPM unit at Sunnybrook Health Science center for assessment of hypertension, capable of self-measurement of BP in home for 7 days of study; no age or sex restrictions Exclusion: Changes in drug therapy 30 days earlier, failed to record all BP readings	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	Device: Mercury sphygmomanometer and T-tube connector Readings: 2 readings	N/A
Myers, 2011²⁵	Inclusion: Hypertension code on billing forms, satisfied initial screening criteria, > 45 years, no serious coexisting illness limiting participation, no history of non-compliance, not treated for diabetes mellitus, serum creatinine less than twice normal, not using or intending to use home BP measurements; untreated patients eligible if have SBP of ≥ 160 mmHg and DBP <95 mmHg on most recent pre-study visit as recorded in medical chart; patients receiving antihypertensive treatment eligible if SBP ≥ 140 mmHg and DBP <90 mmHg Exclusion: <5 patients recruited from each of their physicians' practices, declined to have 24-h ambulatory BP monitoring after signing consent	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	N/A	Readings: Last routine manual office BP immediately before entry into study used
Myers, 2012²⁶	Inclusion: Persistent systolic hypertension (SBP ≥ 140 mmHg and DBP <90 mmHg if treated, SBP ≥ 160 mmHg and <95 mmHg if not on antihypertensive therapy), who remained on same antihypertensive treatment during first 3 office visits after enrolment included in masked hypertension substudy Exclusion: Incomplete ABPM, <5 patients per physician (cluster), withdrew consent, refused to perform ABPM, left physician's practice, or deceased by 2-year follow up	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: Results from 2-year follow up of CAMBO. ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	N/A	N/A
Myers, 2012²⁷	Inclusion: Consecutive patients referred for 24-h BP monitoring to ABPM unit, ≥ 18 years, capable of performing ABPM Exclusion: Not specified	Device: WatchBP Office Rest: No rest added prior to measurement Readings: Unattended 3 readings with a 1-min interval, first reading discarded TBM: ABPM obtained following AOBP measurement	Device: SpaceLabs 90207 Readings: At 15-min intervals	N/A	N/A
O'Shaughnessy, 2011²⁸	Inclusion: Recruited between June 2010 and August 2010, >18 years, nondialysis-dependent CKD (as	Device: BpTRU Rest: No rest added prior to measurement	N/A	N/A	Device: Vital Signs Monitor 300 Series

	defined by KDOQI) or a functioning renal transplant, previously diagnosed hypertension documented treatment with antihypertensive therapy or SBP >130 mmHg and/or DBP >80 mmHg at any one of three earlier nephrology clinic visits Exclusion: Inability or refusal to give informed consent, absence of contemporaneous (within 1 month of study visit) serum creatinine measurement, arrhythmia precluding use of oscillometric device to measure BP, presence of acute intercurrent illness necessitating admission to hospital	Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: Routine BP obtained following AOBP measurement			Readings: Measurement attended
Padwal, 2015²⁹	Inclusion: Community dwelling adults aged ≥18 years with history of treated or untreated hypertension Exclusion: Severe hypertension (SBP >180 mmHg or DBP >110 mmHg), pregnancy, inability to understand or comply with study procedures, non-sinus rhythm	Device: WatchBP Office Rest: 5-min rest added prior to measurement Readings: Unattended 3 readings with a 1-min interval, first reading not discarded TBM: AOBP obtained at baseline, ABPM obtained between pharmacy visits 2 and 3	Device: SpaceLabs 90207 or 90217A Readings: At 20-min intervals	N/A	N/A
Ringrose, 2018³⁰	Inclusion: Patients ≥18 years referred to a 24-h ambulatory BP monitoring program embedded within a hypertension clinic Exclusion: Inadequate 24-h ambulatory studies, insufficient BpTRU readings	Device: BpTRU Rest: No rest added prior to measurement Readings: Unattended 5 readings with a 2-min interval, first reading discarded TBM: ABPM obtained immediately following AOBP measurements	Device: Oscar 2 oscillometric Readings: At 20-min intervals	N/A	N/A
Wohlfahrt, 2016³¹	Inclusion: Aged 25-64 years, permanent residents of Brno City district, and completed the Kardiovizie Brno 2030 population survey Exclusion: Incomplete BP data	Device: BpTRU Rest: No rest prior to measurement Readings: Unattended 5 readings with a 1-min interval, first reading not discarded TBM: All BP measurements obtained at same visit, order dependent on availability of each method	N/A	Device: Baumanometer Rest: 5-min rest added prior to measurement Readings: Attended 2 readings with a 1-min interval, first reading discarded	N/A
Abbreviations: ABPM, ambulatory blood pressure monitoring; AOBP, automated office blood pressure; BP, blood pressure; h, hours; mins, minutes; N/A, not assessed; SBP, systolic blood pressure; TBM, time between measurements					

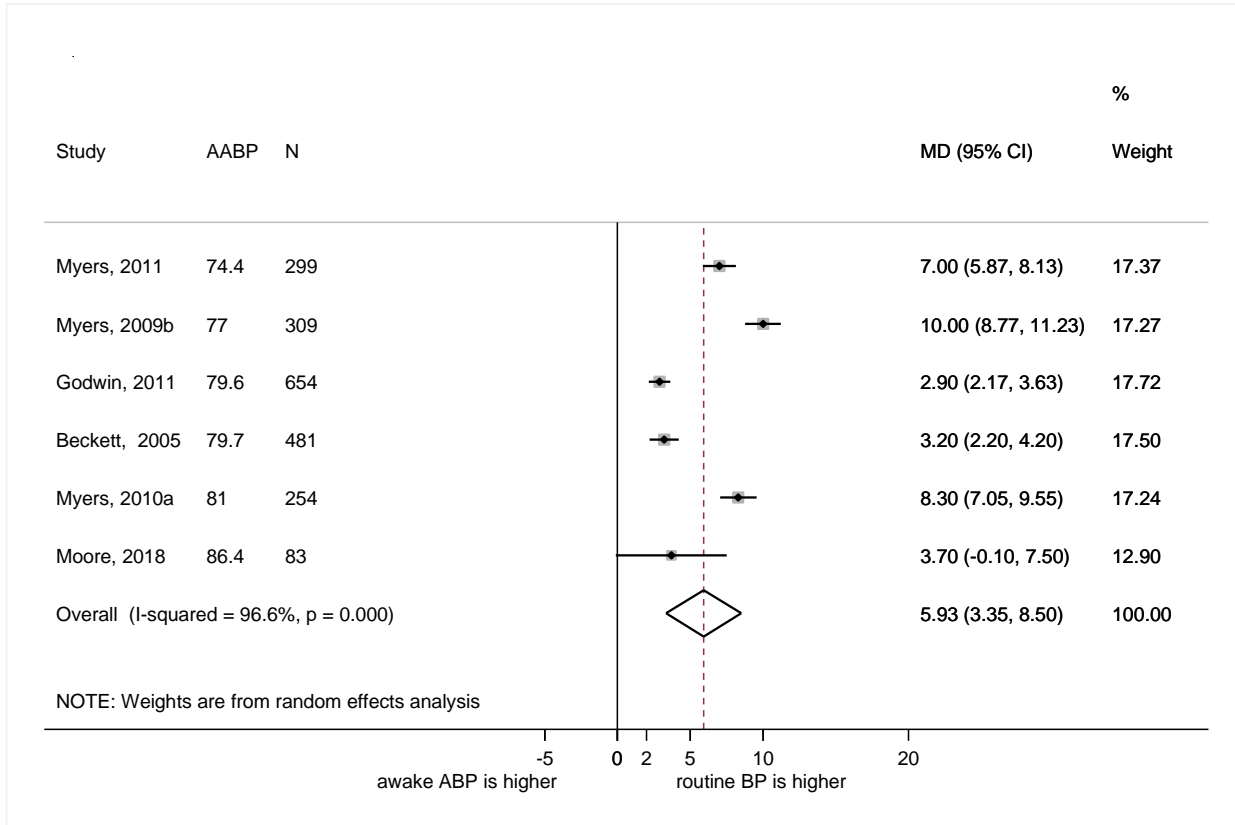
eFigure 1. Flow Chart of Study Selection



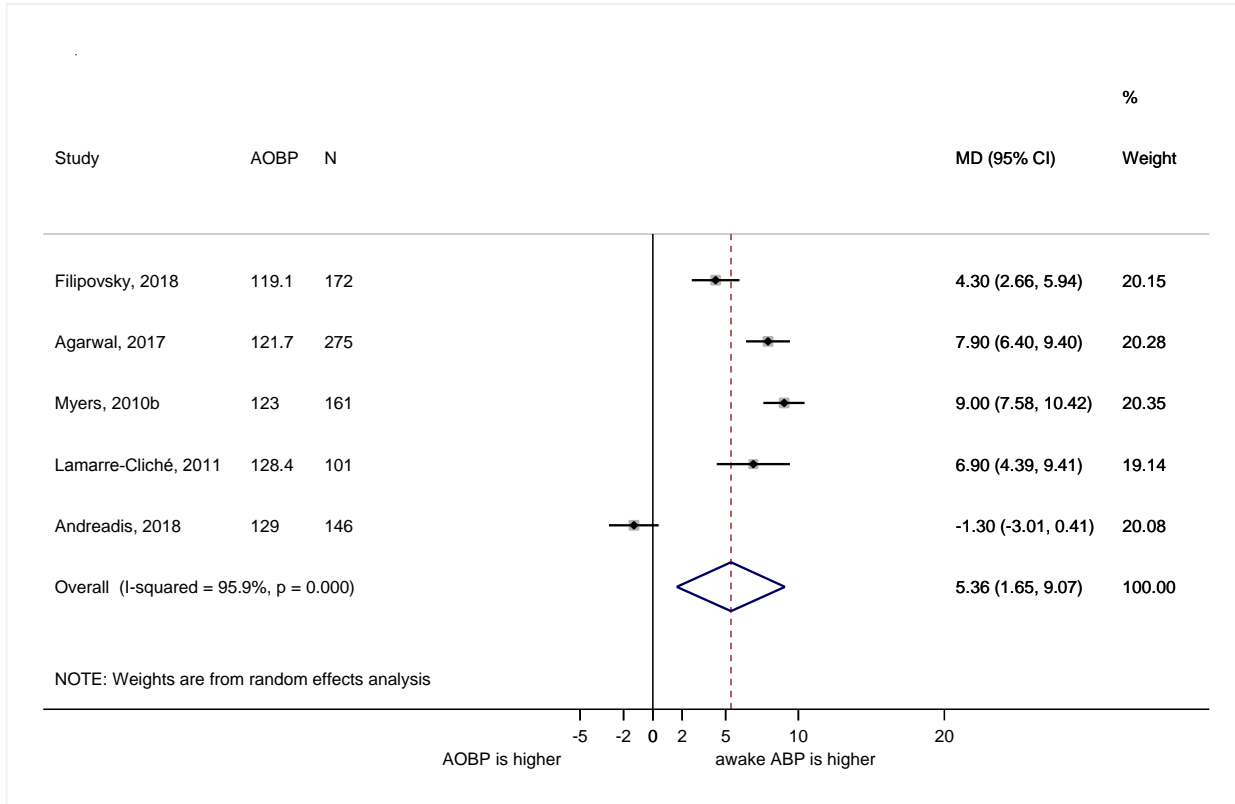
eFigure 2. Forest Plot of the Mean Difference in Systolic BP Between Awake ABP (Reference) and Routine Office BP Measurement in Samples With Systolic AOBP ≥ 130 mmHg



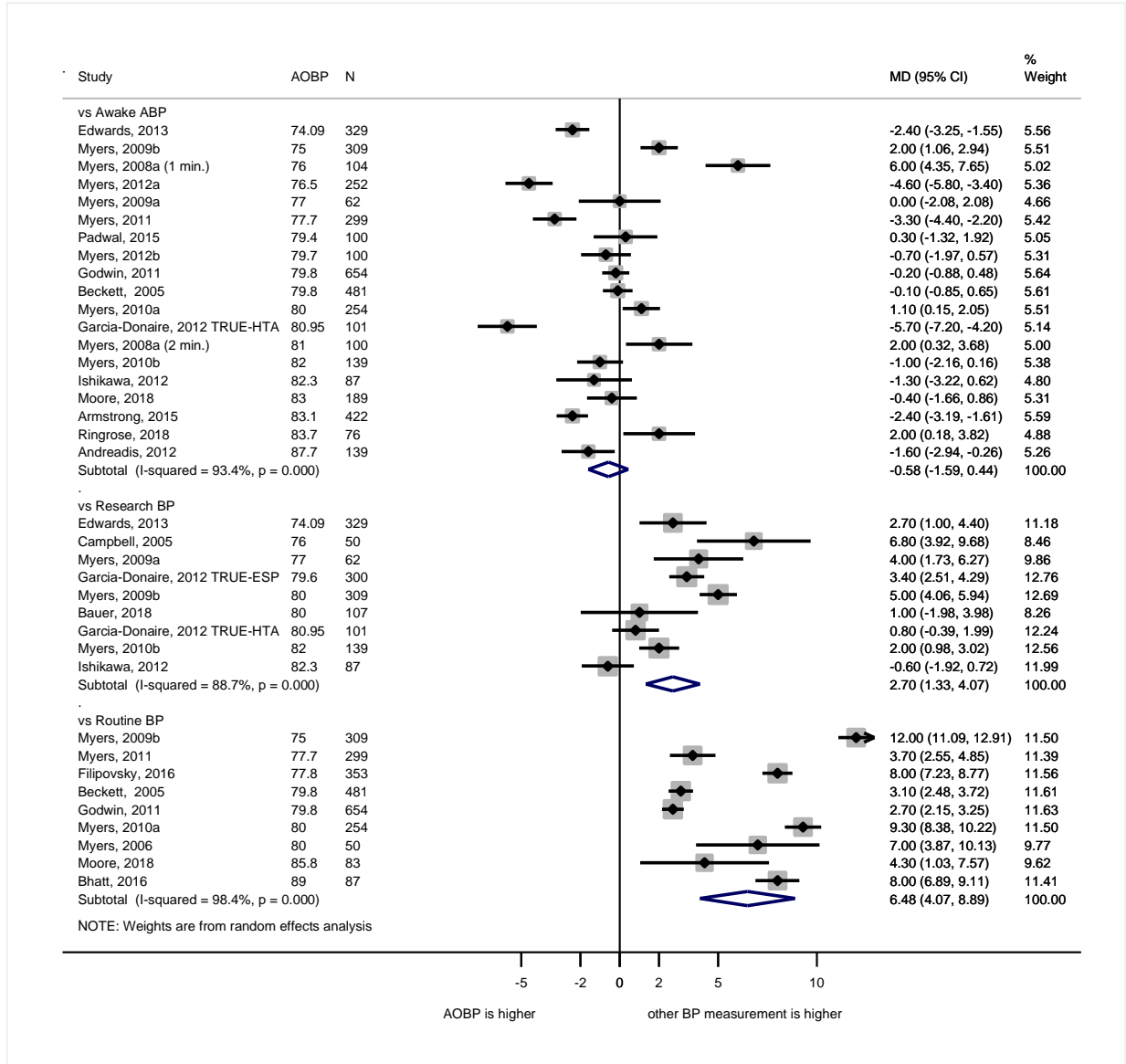
eFigure 3. Forest Plot of the Mean Difference in Diastolic BP Between Awake ABP (Reference) and Routine Office BP Measurement in Samples With Systolic AOBP ≥ 130 mmHg



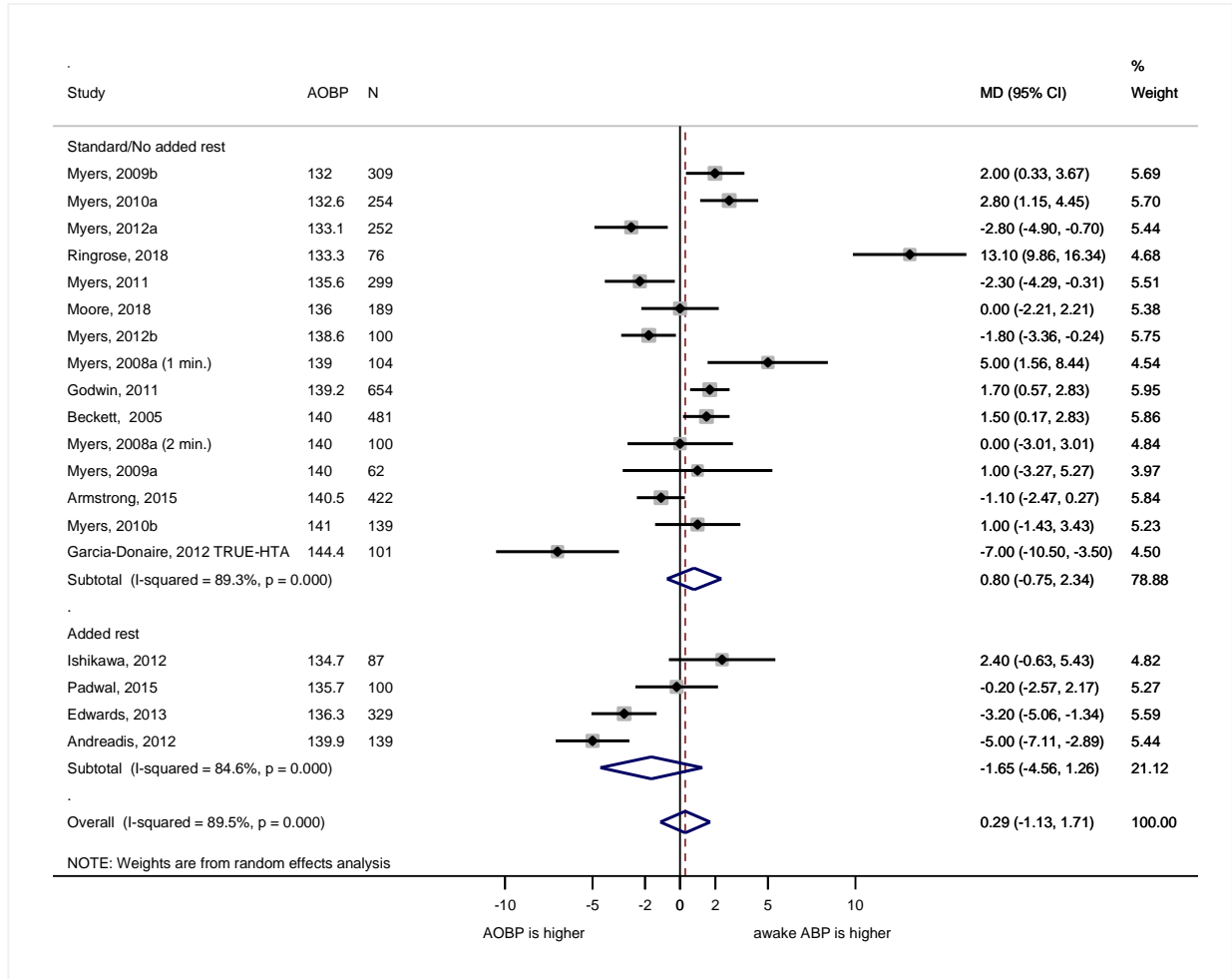
eFigure 4. Forest Plot of the Mean Difference in Systolic BP Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP <130 mmHg



eFigure 5. Forest Plot of the Mean Difference in Diastolic BP Between AOBP (Reference) and AABP in Samples With Systolic AOBP ≥ 130 mmHg

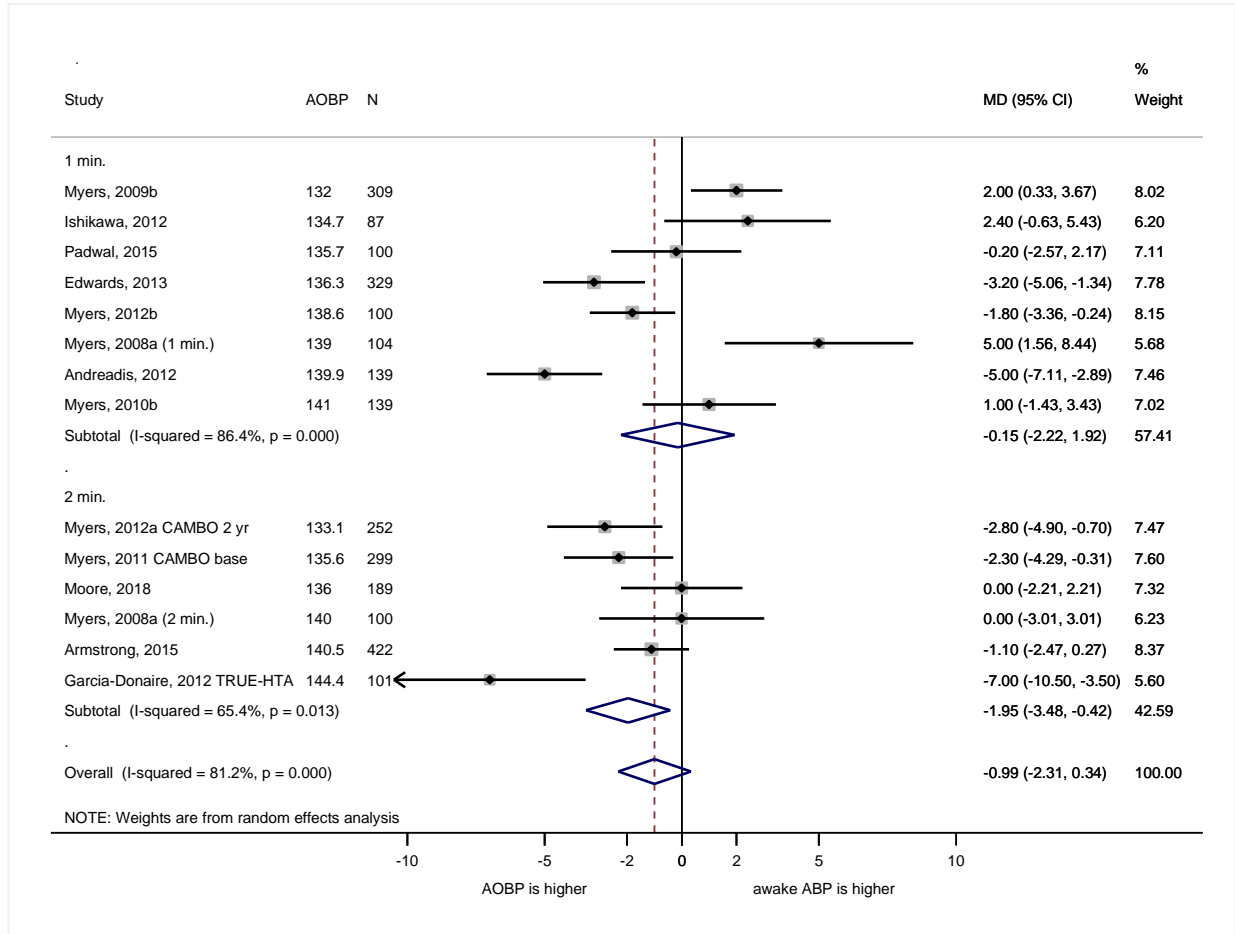


eFigure 6. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Added Rest Period



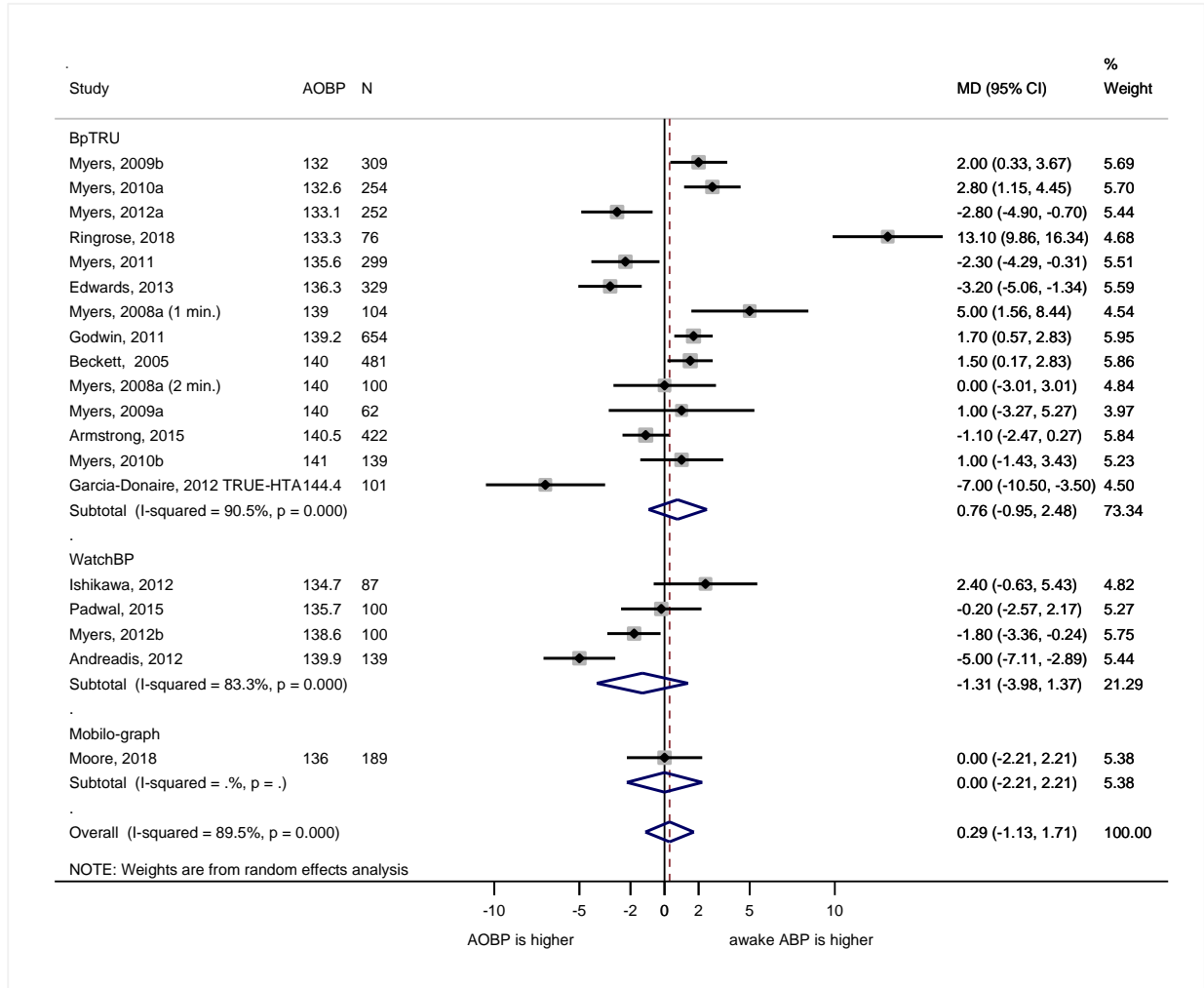
Difference between subgroups: -2.41 mmHg, 95% CI -7.28 to 2.45, p=.31.

eFigure 7. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Interval Between AOBP Readings

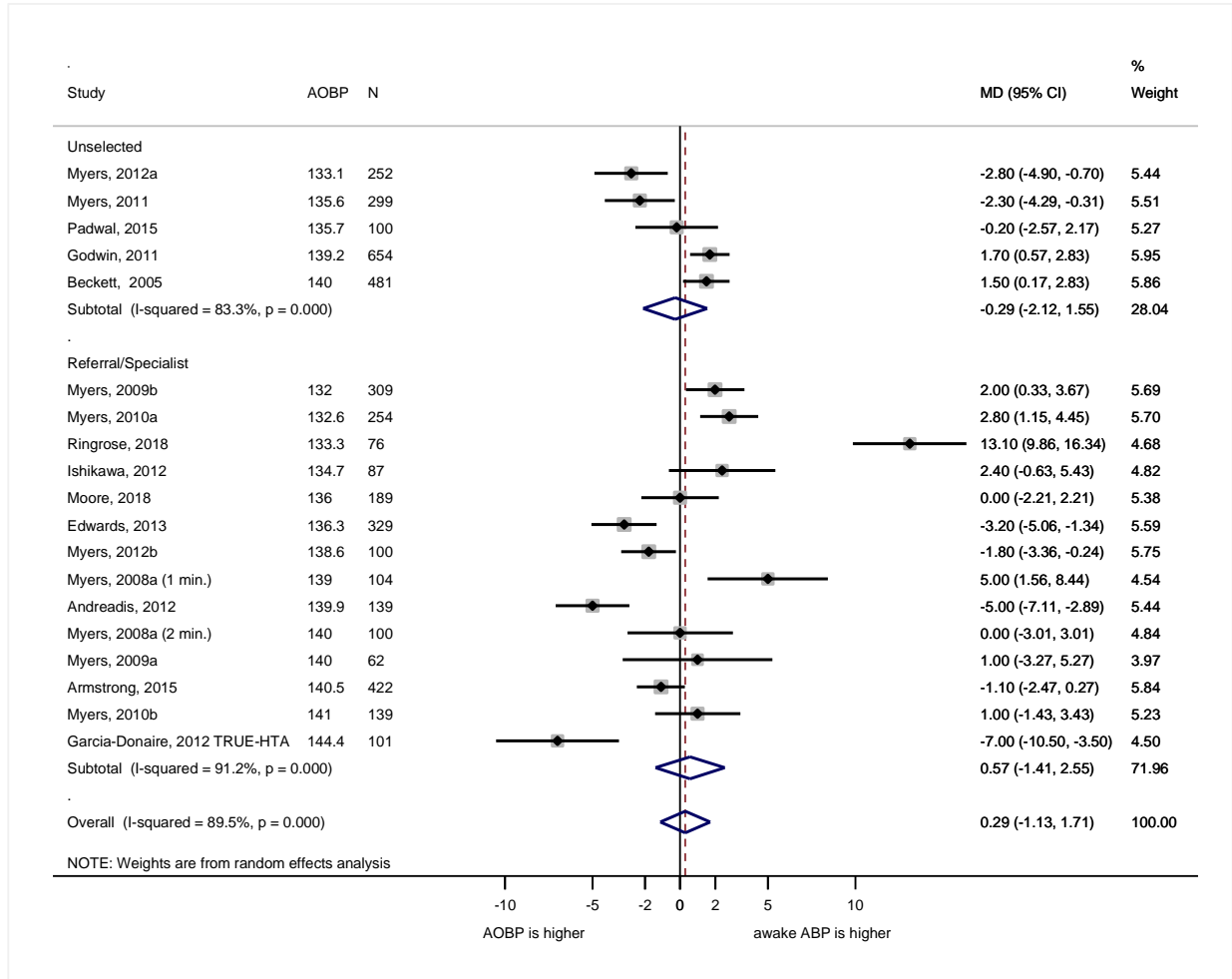


Difference between subgroups: -1.90 mmHg, 95% CI -5.32 to 1.53, p=.25.

eFigure 8. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Device

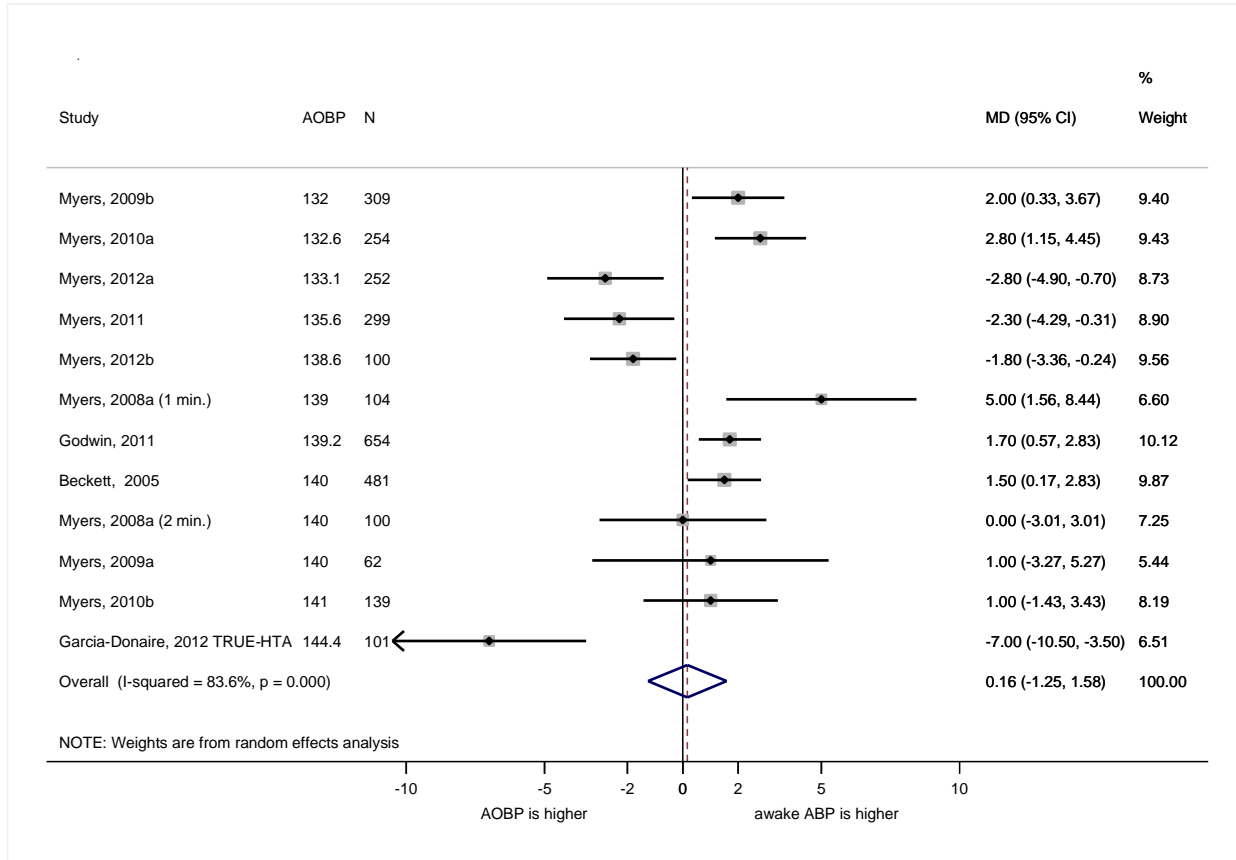


eFigure 9. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, by Source of the Sample



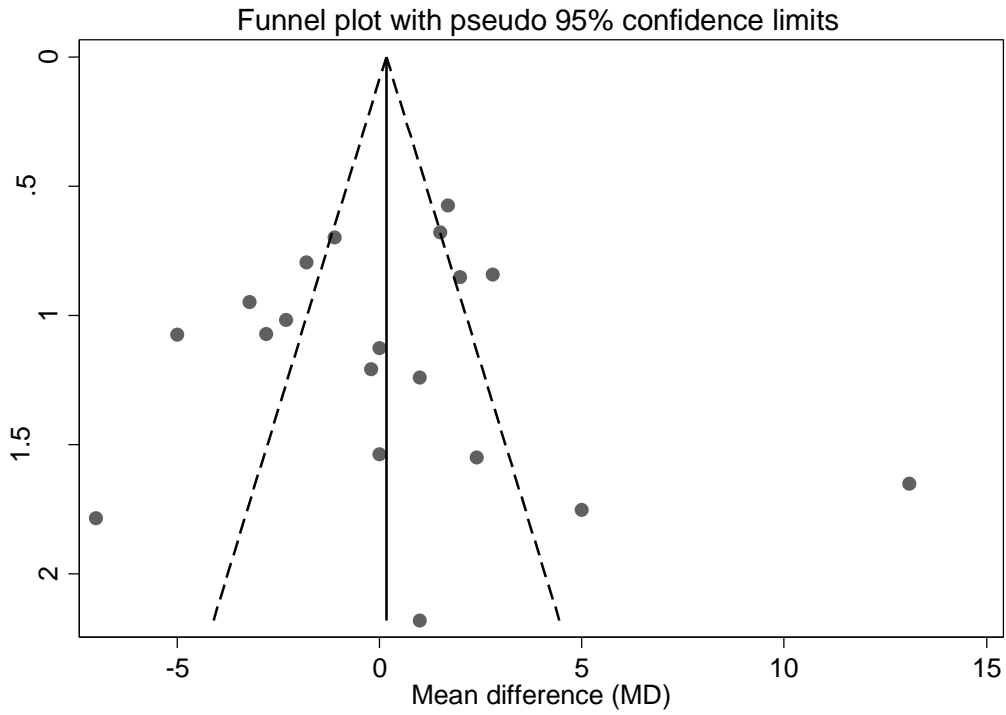
Difference between subgroups: -0.97 mmHg, 95% CI -3.60 to 5.55, p=.66.

eFigure 10. Forest Plot of the Mean Difference Between AOBP (Reference) and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, High Quality Studies



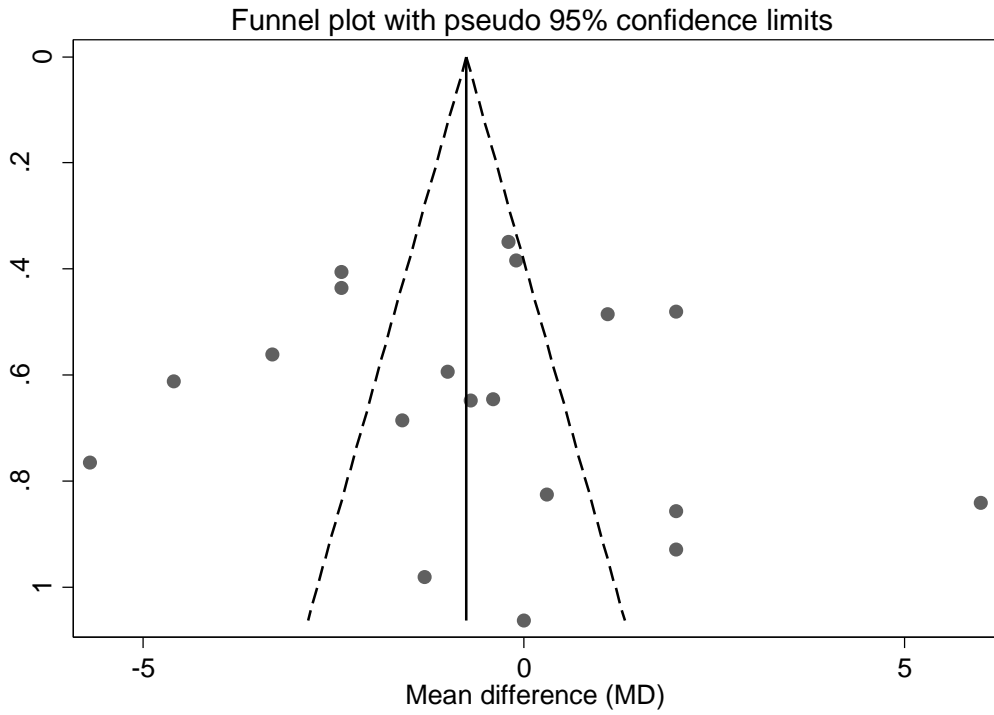
High quality was defined as: no added rest, patient completely alone, not based on chart review, at least 3 readings for AOBP.

eFigure 11. Funnel Plot of Mean Differences Between AOBP and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg, SBP



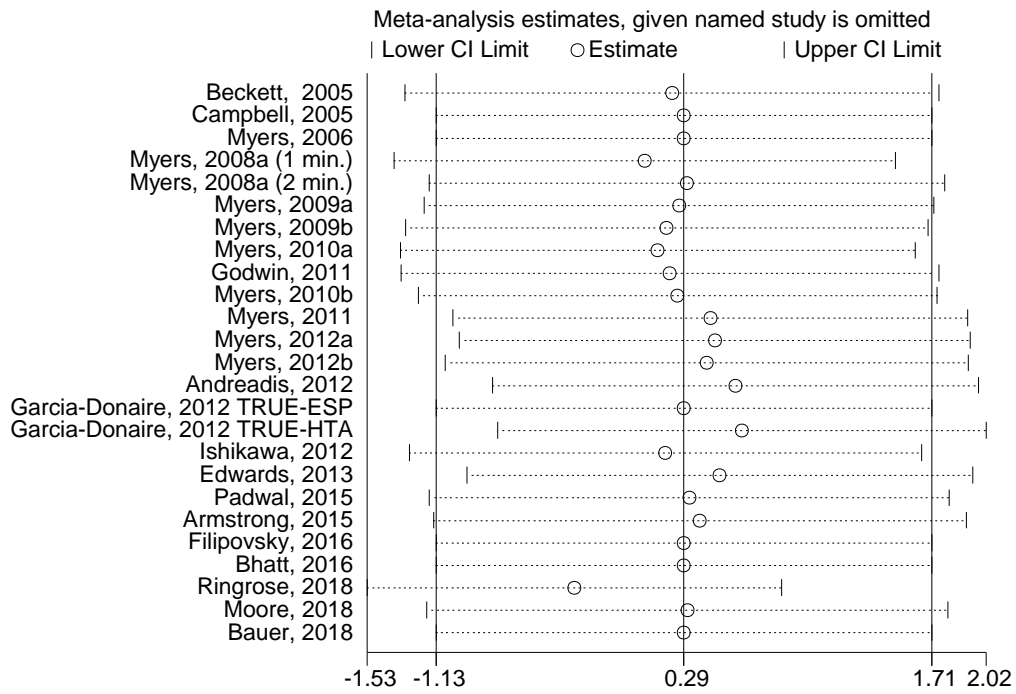
P-value for small-study bias: .93

eFigure 12. Funnel Plot of Mean Differences Between Diastolic AOBP and Awake ABP in Samples With Systolic AOBP ≥ 130 mmHg

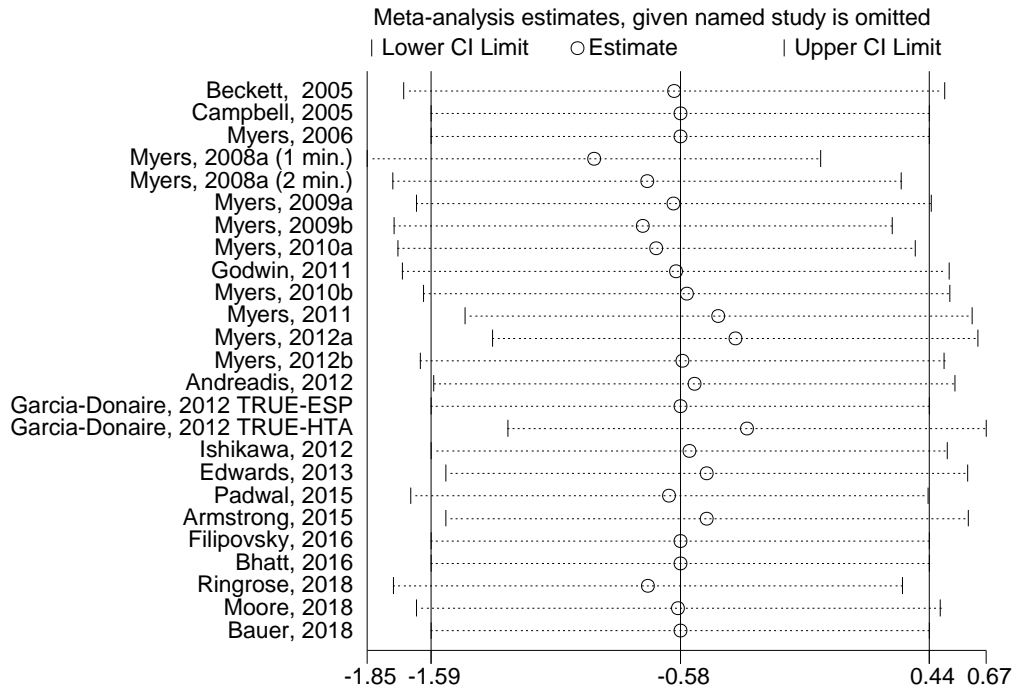


P-value for small-study bias: .67

eFigure 13. Pooled Estimates of Mean Differences in Systolic BP Leaving Out One Study at a Time in Samples With Systolic AOBP ≥ 130 mmHg



eFigure 14. Pooled Estimates of Mean Differences in Diastolic BP Leaving Out One Study at a Time in Samples With Systolic AOBP ≥ 130 mmHg



eReferences

1. Agarwal R. Implications of blood pressure measurement technique for implementation of Systolic Blood Pressure Intervention Trial. *J Am Heart Assoc.* 2017;6:e004536.
2. Andreadis EA, Angelopoulos ET, Tsakanikas P, Agaliotis GD, Kravariti SD, Mousoulis P. Automated office versus home measurement of blood pressure in the assessment of morning hypertension. *Blood Press Monit.* 2012;17(1):24-34.
3. Andreadis EA, Geladari CV, Angelopoulos ET, Savva FS, Georgantoni AI, Papademetrou V. Attended and unattended automated office blood pressure measurements have a better agreement with blood pressure monitoring than conventional office readings. *J Am Heart Assoc.* 2018;7:e008994.
4. Armstrong D, Matangi M, Brouillard D, Myers MG. Automated office blood pressure – being alone and not location is what matters most. *Blood Press Monit.* 2015;20(4):204-208.
5. Bauer F, Seibert FS, Rohn B, et al. Attended versus unattended blood pressure measurement in a real life setting. *Hypertension.* 2018;71(2):243-249.
6. Beckett L, Godwin M. The BpTRU automatic blood pressure monitor compared to 24-h ambulatory blood pressure monitoring in the assessment of blood pressure in patients with hypertension. *BMC Cardiovasc Disord.* 2005;5:18.
7. Bhatt H, Siddiqui M, Judd E, Oparil S, Calhoun D. Prevalence of pseudoresistant hypertension due to inaccurate blood pressure measurement. *J Am Soc Hypertens.* 2016;10(6):493-499.
8. Campbell NRC, Conradson HE, Kang J, Brant R, Anderson T. Automated assessment of blood pressure using BpTRU compared with assessments by a trained technician and a clinic nurse. *Blood Press Monit.* 2005;10(5):257-262.
9. Edwards C, Hiremath S, Gupta G, McCormack B B, Ruzicka M. BpTRUth: Do automated blood pressure monitors outperform mercury? *J Am Soc Hypertens.* 2013;7(6):448-453.
10. Filipovsky J, Seidlerova J, Kratochvil Z, Karnosova P, Hronova M, Mayer Jr O. Automated compared to manual blood pressure and to home blood pressure in hypertensive patients. *Blood Press.* 2016;25(4):228-234.
11. Filipovsky J, Seidlerova J, Ceral J, et al. A multicentre study on unattended automated office blood pressure measurement in treated hypertensive patients. *Blood Press.* 2018;. doi: 10.1080/08037051.2018.1425606. [Epub ahead of print]
12. Garcia-Donaire JA, Baque AD, Sanclemente A, et al. Medida de la presión arterial en consulta y automatizada (BpTRU) para evaluar el efecto de bata blanca. *Med Clin (Barc).* 2012;138(14):597-601.
13. Godwin M, Birtwhistle R, Delva D, et al. Manual and automated office measurements in relation to

- awake ambulatory blood pressure monitoring. *Fam Pract.* 2011;28(1):110-117.
14. Goldberg EM, Wilson T, Saucier C, et al. Achieving the BpTRUth emergency department hypertension screening and the Centers for Medicare and Medicaid Services quality measure. *J Am Soc Hypertens.* 2017;11(5):290-294.
 15. Ishikawa J, Nasothimiou G, Karpettas N, et al. Automatic blood pressure measured without doctors or nurses present. *Blood Press Monit.* 2012;17(3):96-102.
 16. Lamarre-Cliché M, Cheong N N G, Laroche P. Comparative assessment of four blood pressure measurement methods in hypertensives. *Can J Cardiol.* 2011;27(4):455-460.
 17. Moore MN, Schultz MG, Nelson MR, et al. Identification of the optimal protocol for automated office blood pressure measurement among patients with treated hypertension. *Am J Hypertens.* 2018;31(3):299-304.
 18. Myers MG. Automated blood pressure measurement in routine clinical practice. *Blood Press Monit.* 2006;11(2):59-62.
 19. Myers MG, Valdivieso M, Kiss A. Optimum frequency of automated blood pressure measurements using an automated sphygmomanometer. *Blood Press Monit.* 2008;13(6):333-338.
 20. Myers MG, McInnis NH, Fodor GJ, Leenen. Comparison between an automated and manual sphygmomanometer in a population survey. *Am J Hypertens.* 2008;21(3):280-283.
 21. Myers MG, Valdivieso M, Kiss A. Consistent relationship between automated office blood pressure recorded in different settings. *Blood Press Monit.* 2009;14(3):108-111.
 22. Myers MG, Valdivieso M, Kiss A. Use of automated office blood pressure measurement to reduce the white coat response. *J Hypertens.* 2009;27(2):280-286.
 23. Myers MG. A proposed algorithm for diagnosing hypertension using automated office blood pressure measurement. *J Hypertens.* 2010;28(4):703-708.
 24. Myers MG, Valdivieso M, Chessman M, Kiss A. Can sphygmomanometers designed for self-measurement of blood pressure in the home be used in office practice? *Blood Press Monit.* 2010;15(6):300-304.
 25. Myers MG, Godwin M, Dawes M, et al. Conventional versus automated measurement of blood pressure in primary care patients with systolic hypertension: randomized parallel design controlled trial. *BMJ.* 2011;342:d286.
 26. Myers MG, Godwin M, Dawes M, Kiss A, Tobe SW, Kaczorowski J. Conventional versus automated measurement of blood pressure in the office (CAMBO) trial. *Fam Pract.* 2012;29(4):376-382.
 27. Myers MG, Valdivieso M. Evaluation of an automated sphygmomanometer for use in the office

setting. *Blood Press Monit.* 2012;17(3):116-119.

28. O'Shaughnessy MM, Newman CA, Kinsella SM, Reddan DN, Lappin DW. In-office blood pressure assessment in chronic kidney disease: usual measurement versus automated BpTRU measurement. *Blood Press Monit.* 2011;16(3):124-128.
29. Padwal RS, Townsend RR, Trudeau L, Hamilton PG, Gelfer M. Comparison of an in-pharmacy automated blood pressure kiosk to ambulatory blood pressure in hypertensive patients. *J Am Soc Hypertens.* 2015;9(2):123-129.
30. Ringrose JS, Cena J, Ip S, Morales F, Hamilton P, Padwal R. Comparability of automated office blood pressure to daytime 24-hour ambulatory blood pressure. *Can J Cardiol.* 2018;34(1):61-65.
31. Wohlfahrt P, Cifkova R, Movsisyan N, et al. Thresholds for diagnosing hypertension by automated office blood pressure using random sample population data. *J Hypertens.* 2016;34(11):2180-2186.