

« ASSESMENT OF THE SELICK MANEUVER IN RAPID
SEQUENCE INDUCTION OF GENERAL ANESTHESIA»

PHRC IRIS

BIOMEDICAL RESEARCH PROTOCOL

Version 1.1 September 21, 2013

Project code : P120120

IDRCB : 2013-A00624-41

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Biomedical Research Code : P120120

IDRCB : 2013-A00624-41

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218 **1. GENERAL INFORMATION**

219 **1.1 Summary**

220 **Introduction:** Pulmonary aspiration occurs during general anesthesia because of the loss of
221 the reflexes protecting airways. Its incidence is low during elective surgery, when
222 preoperative fasting rules have been applied and in the absence of risk factors for
223 regurgitation of gastric contents. In emergency conditions, non-compliance with preoperative
224 fasting rules and delayed gastric emptying markedly increase the risk of pulmonary
225 aspiration.⁵ In this context, a rapid sequence induction of anesthesia is recommended to
226 minimize the risk of aspiration, combining the use of a short acting hypnotic and a muscle
227 relaxant associated with the application of a the Sellick maneuver). The goal of the Sellick
228 maneuver is to compress the esophagus between the cricoid cartilage and the fifth cervical
229 vertebra. This maneuver is recommended although its efficacy has been poorly documented,
230 and thus remains controversial.

231 **Hypothesis:** The aim of this study is to assess the Sellick maneuver during rapid sequence
232 induction in adults (pregnant women excluded) by comparing the incidence of pulmonary
233 aspiration whether the maneuver is applied or sham, in a noninferiority trial.

234 **Primary end point:** Incidence of pulmonary aspiration in the operating room, as detected
235 either at the glottis level during laryngoscopy or by tracheal aspiration just after tracheal
236 intubation.

237 **Secondary end points :** Cormack et Lehane grade to assess the laryngeal exposure, incidence
238 of difficult tracheal intubation, incidence of impossible tracheal intubation, effects of Sellick
239 maneuver interruption on these 3 criteria, incidence of pneumonia during the first 24 hours,
240 traumatic complications related to Sellick maneuver (esophageal and cricoid cartilage
241 ruptures), mortality at hospital discharge or 28 days.

242 **Methods:** Multicenter, randomized, double-blind study. The two groups only differ by the
243 application of the Sellick maneuver or a sham procedure.

244 **Number of patients:** Noninferiority trial. The number of patients to be included is estimated
245 at 1,750 per group, a total of 3,500.

246 **Inclusion criteria:** Any patient requiring a rapid sequence induction of general anesthesia.
247 Written informed consent obtained from the patient or a close relative/surrogate. In case of
248 emergency conditions and if such a person was absent, the patient was randomized according
249 to the specifications of emergency consent authorized by the ethical committee and the patient
250 was asked to give his/her consent for the continuation of the trial when his/her condition
251 allowed.

252 **Exclusion criteria :** Patients <18 years-old, pregnancy, contraindication of the Sellick
253 maneuver or succinylcholine administration, clinical signs of pneumonia during the pre-

254 anesthesia visit, severe pulmonary contusion, upper respiratory tract abnormalities, patients
255 requiring an alternative technique for tracheal intubation, consciousness abnormalities,
256 decision to use a plastic blade for laryngoscopy, decision to use rocuronium for rapid
257 induction sequence, inclusion in another randomized trial, lack of national health care
258 insurance.

259 **Conclusion:** The application of the Sellick manoeuver during rapid sequence induction of
260 anesthesia is aimed to reduce the risk of pulmonary aspiration of gastric content. If, when the
261 Sellick maneuver is not performed, the risk of pulmonary aspiration is not increased, it would
262 be possible to avoid it and thus to not expose patients to its related adverse effects and known
263 complications.

264
265

266 **2. SCIENTIFIC RATIONALE AND GENERAL DESCRIPTION OF THE**
267 **RESEARCH**

268

269 **2.1 State of knowledge**

270 Loss of consciousness induced by general anesthesia is associated with loss of reflexes
271 that protect the airway and thus is associated with an increased risk of gastric content
272 regurgitation and pulmonary aspiration. Therefore, anesthesia of a patient with a full stomach
273 presents a risk of pulmonary aspiration.

274 The incidence of anesthesia-induced pulmonary aspiration is variable. It is absent in
275 case of loco-regional anesthesia. The incidence is very low in elective surgery when
276 preoperative fasting rules have been followed and in the absence of risk factors for
277 regurgitation of gastric contents (esophageal reflux, hiatus hernia, gastroparesia, previous
278 gastric surgery, pregnancy etc....)¹ and markedly increases in emergency surgery performed
279 under general anesthesia.^{2,3} In emergency conditions, delayed gastric emptying associated
280 with conditions cited above (ileus), non-compliance with preoperative fasting rules, pain,
281 anxiety, and use of opioids are considered as risk factors that markedly increase the risk of
282 pulmonary aspiration.¹ To limit this risk, loco-regional anesthesia should be preferred if
283 feasible.² In the other cases, the anesthesia technique should reduce the delay between the loss
284 of consciousness and the cuff inflation of the tracheal tube to limit the risk of pulmonary
285 aspiration. To fulfill this objective, induction of anesthesia should be performed using a rapid
286 sequence induction using short acting anesthetic drugs.⁴

287 To reduce the risk of pulmonary aspiration the rapid sequence induction of anesthesia
288 comprises the application of the Sellick maneuver.⁴ During this maneuver, the esophagus is
289 manually compressed and thus occluded between the cricoid cartilage and the fifth cervical
290 vertebra.^{5,6} However, the Sellick maneuver described more than 40 years ago, remains
291 controversial.^{7,8} It has not been demonstrated that the esophageal occlusion is complete in all
292 cases and even that it is an efficacious measure to protect against regurgitation.⁹⁻¹¹ In addition,
293 this maneuver may even facilitate regurgitation if inappropriately applied,^{12,13} and may induce
294 difficulties in intubating the trachea or compromise mask ventilation.¹⁴⁻¹⁸

295 Thus, the aim of the study is to assess the interest of the Sellick maneuver during rapid
296 sequence induction of anesthesia in adults (pregnancy excluded) by comparing the incidence
297 of pulmonary aspiration whether this maneuver is real or sham.

298

299 **2.2 Literature review and prerequisites**

300 **2.2.1 Pulmonary aspiration and anesthesia**

301 The incidence of anesthesia-induced pulmonary aspiration has been poorly
302 documented, as well as that of aspiration-induced pneumonia, some of them being not
303 appropriately diagnosed.¹⁹ Pulmonary aspiration is absent during loco-regional anesthesia
304 without sedation,² but occurs during general anesthesia because of the loss of airway
305 protective reflexes as consciousness is impaired due to anesthetic agents used. Pulmonary
306 aspiration occurs mainly during induction of anesthesia but may also occur during anesthesia
307 recovery. Their incidence and consequences are variables. In a study conducted in 172,334
308 patients who underwent 215,488 general anesthetics, the incidence was estimated 1/3886
309 (0.03%) during elective surgery. In emergency surgery, the incidence was reported as 1/885
310 (0.1%) with a higher incidence in the most severe patients (ASA 4: 1/343; 0.3%).² In another
311 study including 185,385 anesthesia, the incidence of aspiration-related pneumonia was 1/2131
312 (0.1%) and an emergency condition was noted in half the cases.³ Moreover, the incidence of
313 pulmonary aspiration is increased in case of difficult tracheal intubation.²⁰ The consequences
314 of pulmonary aspiration are also highly variable.¹⁹ In the Warner et al. study,² 2/3 of the
315 patients had no clinical signs, and 1/3 required prolonged mechanical ventilation. In the
316 Olsson et al. study,³ a radiological diagnosis of the pneumonia was performed in 47% of cases
317 and 17% of patients required prolonged mechanical ventilation. However, several very severe
318 cases have been reported and the severity of the disease depends on the volume and
319 characteristic of inhaled gastric content.¹⁹ In a more recent study assessing the complications
320 observed after 3,423 tracheal intubations performed in emergency conditions in an academic
321 hospital, the incidence of pulmonary aspiration was 2,8%.²¹

322

323 **2.2.2 Prevention of the risk of aspiration**

324 In a patient with a full stomach or having some regurgitation risk factors, several
325 techniques are possible to prevent the occurrence of pulmonary aspiration and aspiration-
326 induced pneumonia:

- 327 - to administer an anti-acid oral drug to diminished the acidity of the gastric content ;
- 328 - to promote gastric emptying either by administering drugs which accelerate gastric
329 emptying or by aspiration of the gastric content using a nasogastric tube;
- 330 - induction of anesthesia should be performed using a rapid induction sequence which
331 comprise a careful preoxygenation procedure, the administration of a short-acting
332 anesthetic drug and a short-acting muscular relaxant, and the Sellick maneuver .⁴

333

334 **2.2.3 The Sellick maneuver**

335 Described more than 40 years ago, the maneuver aims to occlude the esophagus by
336 manually compressing it between the cricoid cartilage and the 5th cervical vertebra.⁵ The
337 initial description was performed in human cadavers and the efficacy of the maneuver was
338 reported in a short series of 26 patients at high risk of pulmonary aspiration: in 23 patients no
339 regurgitation of the gastric contents was observed whereas in the remaining 3 patients this
340 occurred after the release of the cricoid pressure. Although its efficacy has been poorly
341 documented, the Sellick maneuver has become a recommended procedure. Later, the
342 maneuver has been described in more details. A pressure between 20 and 40 Newtons should
343 be applied on the cricoid cartilage, downward,²² as soon as the consciousness is lost, until
344 inflation of the cuff of the tracheal tube.⁴ The pressure should be released in case of active
345 vomiting to avoid esophageal rupture.²²⁻²⁴ The Sellick maneuver is contraindicated in case of
346 cervical spine trauma,²⁵ laryngeal trauma, and foreign bodies in the trachea or the
347 esophagus.²⁶ Although widely recommended, the Sellick maneuver remains controversial.⁸
348 Several reasons can explain this controversy:

- 349 - Anatomical studies have shown that the esophagus is not centrally placed between the
350 cricoid cartilage and the vertebra and thus a complete occlusion cannot be obtained in all
351 cases during the Sellick maneuver.⁹⁻¹¹
- 352 - The Sellick maneuver seems to be easy to apply but the pressure level to be used is
353 difficult to verify and thus this maneuver is not always appropriately performed.²⁷⁻³¹
- 354 - A too low pressure may facilitate regurgitation because it could induce a release of the
355 lower esophageal sphincter.^{12,13,32,33}
- 356 - Some cases of regurgitation and pulmonary aspiration have been reported despite the
357 application of the Sellick maneuver.³⁴⁻³⁶
- 358 - The Sellick maneuver may compromise tracheal intubation,^{17,18,37-39} insertion of a
359 laryngeal mask,^{14,15,40} and mask ventilation.⁴¹
- 360 - Lastly, the Sellick maneuver may induce severe complications such as esophageal rupture
361 or fracture of the cricoid cartilage.^{22-24,42-44}

362

363 **2.3 Summary of the known risks and foreseeable risks to the research subjects**

364

365 **2.3.1 Risks associated to anesthesia with rapid sequence induction**

- 366 - Risk of pulmonary aspiration because of fasting noncompliance and/or emergency
367 conditions in a patient with a full stomach and/or risk of regurgitation as described above.
368 The pulmonary aspiration risk is estimated between 0.5 and 3 % according to previous
369 studies. The hypothesis is that the risk of pulmonary aspiration is not increased when the

370 Sellick maneuver is not performed. However, the aim of this study is to demonstrate that
371 the risk of pulmonary aspiration when the Sellick maneuver is not performed, is not
372 greater.

373

374 **2.3.2 Risk associated with the Sellick maneuver**

375 Risks related to the Sellick maneuver:

- 376 - increased risk of pulmonary aspiration ;
- 377 - difficult laryngeal exposure during tracheal intubation;
- 378 - difficult mask ventilation if required ;
- 379 - risk of cricoid cartilage fracture ;
- 380 - risk of esophageal rupture;

381

382 Risk associated to the sham procedure:

- 383 - Increased risk of pulmonary aspiration ;

384

385

386 **3. RESEARCH OBJECTIVES**

387 **3.1. Tested hypothesis :**

388 We test the noninferiority hypothesis that the incidence of pulmonary aspiration in
389 adult patients requiring a rapid induction sequence is not increased when the Sellick maneuver
390 is not performed (Sham group) as compared to its application (Sellick group).

391

392 **3.2. Primary objective :**

393 The primary end point is to demonstrate that the incidence of pulmonary aspiration is
394 not increased when the Sellick maneuver is not performed during a rapid induction sequence.
395 Pulmonary aspiration is detected in the operating room just after tracheal intubation either at
396 the glottis level during laryngoscopy or by tracheal aspiration just after tracheal intubation.

397

398 **3.3. Secondary objectives :**

- 399 - Laryngeal exposure during tracheal intubation assessed using Cormack and Lehane
400 grade.⁴⁵
- 401 - Difficult tracheal intubation as defined by the SFAR Consensus : tracheal intubation
402 requiring more than 2 attempts and/or requiring an alternative technique (despite
403 optimization of the head position and external laryngeal manipulation).⁴⁶

- 404 - Impossible tracheal intubation impossible defined par intubation failure requiring
405 awakening of the patients after use of alternative techniques and/or requiring
406 cricothyroidomy or tracheotomy.
- 407 - Mask ventilation requirement.
- 408 - Interruption of the Sellick maneuver as requested by the tracheal intubation operator ;
- 409 - Consequences of Sellick maneuver interruption assessed by the Cormack and Lehane
410 grade.
- 411 - Traumatic complications related to the Sellick maneuver : esophageal rupture and cricoid
412 cartilage fracture. Because these complications are rare and highly symptomatic, no
413 specific examination is required.
- 414 - Incidence of aspiration pneumonia within the first 24h. The diagnosis is retained when
415 pulmonary aspiration is observed in the operating room and new radiological infiltrates is
416 observed.² A chest X-ray is performed in the recovery room only in case of : 1)
417 pulmonary aspiration observed in the operating room (cf. above), 2) any clinical sign
418 enabling to suspect aspiration pneumonia. A new Chest-X ray should be performed at 24
419 hours in the previous cited cases even if the initial chest X ray is normal. Aspiration
420 pneumonia is considered as severe when at least one of the following item is present : 1)
421 decrease in oxygen saturation when breathing room air greater than 10% compared to the
422 value before anesthesia; 2) PaO₂/FiO₂ less than 300;² 3) requirement of mechanical
423 ventilation (invasive or not) and 4) prolonged hospital duration.
- 424 - Mortality at Day 28 or at hospital discharge if it occurs before Day 28. It seems
425 reasonable to capture all mortality events when pulmonary aspiration occurs (primary end
426 point).
- 427

428 **4. RESEARCH DESIGN**

429 **4.1. Type of the study**

430 This is a multicenter, randomized, double-blind, noninferiority study comparing a
431 group of patients requiring anesthesia and a rapid induction sequence without the Sellick
432 maneuver (Sham group) with a group of patients requiring anesthesia and a rapid induction
433 sequence with a Sellick maneuver (Sellick group).

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4.2. Precise statement of the primary end point and, where applicable, secondary end points.

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4.2.1. Primary end point

The primary end point is the presence or absence of bronchial inhalation diagnosed in the operating room with the presence of gastric fluid in the vocal cords or in the tracheal aspiration immediately after intubation.

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4.2.2. Secondary end point

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- Cormack and Lehane grade (Appendix 1)
- Number of difficult tracheal intubations
- Number of impossible tracheal intubations
- Number of oxygen desaturations (< 92%)
- Number of face mask ventilations required
- The need to interrupt the Sellick maneuver in both arms of the study and the reasons for the interruption.*
- Effects of the Sellick maneuver release on tracheal intubation conditions assessed by the Cormack and Lehane grade
- Morbidity related to the application of the Sellick maneuver in the Sellick group. This is evaluated by looking for known complications of the maneuver such as an esophageal rupture occurring during vomiting efforts or a fracture of the cricoid cartilage.
- Incidence of inhalation pneumonia within H24.
- Mortality on Day 28 or on discharge from hospital if prior to Day 28.

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460

4.3. Description of the research methodology, including a schematic presentation specifying the planned visits and examinations.

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4.3.1. Patient follow-up

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4.3.1.1. Checking inclusion and non-inclusion criteria

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During the pre-anesthetic evaluation of patients, the anesthetic strategy is decided. Also, inclusion and non-inclusion criteria are verified at this stage. This pre-anesthetic evaluation will be carried out as part of the emergency department on the day of surgery. In other situations, verification of inclusion criteria will be done during the anesthesia consultation at least 48 hours prior to surgery.

470

471

4.3.1.2. Information and informed consent of the patients

472

Information and informed consent is collected before inclusion.

473

474

Within the framework of scheduled surgery, in the presence of a regurgitation risk factor, recognized during an anesthesia consultation (at least 48 hours before the surgery), the information is delivered and written informed consent is obtained during this same consultation or during the pre-anesthetic visit carried out the day before the operation.

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As part of an emergency procedure, information is provided and informed consent is obtained during the pre-anesthetic evaluation on the day of surgery. If the patient is unable to sign the consent, the explanation of the study and collection of the consent of a relative, family member or designated trustworthy person is done. In this case, consent is obtained from the patient, after being informed as soon as the patient's state of health permits. An emergency inclusion procedure may be performed by the investigating physician in charge of the patient, after consultation with an independent physician. In this case, as soon as a family member, relative or designated trusted person has been contacted, the information is issued and consent is requested. As soon as possible, the patient is informed and his/her written informed consent is obtained for the eventual continuation of the research.

488

4.3.1.3. Follow -up

489

Any randomized patient is evaluated up to Day 28 or until discharge from the hospital if prior to Day 28.

491

492

4.4 Description of the measures taken to reduce and avoid bias, including in particular :

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4.4.1. Recruitment

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This study is aimed to include as much as possible all eligible patients to guaranty that the included population actually reflects the population requiring rapid induction sequence. The inclusion criteria are simple and the exclusion criteria only comprised rare contraindications of the Sellick maneuver or the rapid induction sequence (cf above) and preexisting pneumonia of consciousness abnormalities which may make the primary end point difficult to assess. Patients will be recruited in 10 academic centers (Department of anesthesiology and critical care, Groupe Hospitalier Pitié - Salpêtrière – Paris, Department of anesthesiology and critical care, Hôpital Beaujon – Clichy, Department of anesthesiology and critical care, hôpital Bicêtre – Le Kremlin Bicêtre, Department of anesthesiology, hôpital Avicenne – Bobigny, Department of anesthesiology and critical care, Hôpital Bichat - Paris, Department of anesthesiology, CHU de Rouen – Rouen, Department of anesthesiology and

506 critical care, CHU d' Amiens – Amiens, Department of anesthesiology and critical care, CHU
507 de Bordeaux – Bordeaux, Department of anesthesiology and critical care, CHRU de Lille –
508 Lille, Department of anesthesiology and critical care, CHU de Nîmes – Nîmes, all in France)
509 and each center will participate according to its inclusion capabilities reported in table 1.

510
511

4.4.2. Randomization

512 It will be a centralized randomization (Randoweb®) managed by the URC Pitié-
513 Salpêtrière. Each investigator will be able to access the randomization site using a personal
514 password. The randomization arms are the following: effective application (Sellick group) or
515 feinting of the Sellick maneuver (Sham group). This randomization is carried out on the day
516 of surgery before entering the operating room. The randomization list will be generated by
517 blocks in a 1:1 ratio and will be stratified by center. Within each block, the number of patients
518 in Sham group will be equal to the number of patients in the Sellick group. The size of the
519 blocks will be defined by the person in charge of randomization, and will only be
520 communicated to the DRCD Quality Assurance department.

521
522
523

4.4.3. Blinding methods

524 In order to carry out this double-blind study, in the experimental group, the Sellick
525 maneuver is simulated so that the person performing the orotracheal intubation does not know
526 which arm the patient is in.

527

4.5. Research participation and total expected research time

529 Each patient's participation period is a maximum of 28 days. The inclusion period is
530 24 months, so the study is planned to last 25 months.

531

532

533

4.6. Summary table of the chronology of the research and examinations

534

conducted

535

In case of scheduled surgery:

536

	Pre-anesthesia consultation At least 48h before	Pre-anesthesia visit day of surgery	Day 0 = Day of surgery	Day 1	Day 2 to Day 28
Protocol presentation	X	X			
Submission of the information note and consent form	X	X			
Inclusion and exclusion criteria verification	X				
Signature of consent form	X	X			
Past medical history	X				
Clinical examination	X				
Randomization			X		
Rapid sequence induction			X		
Bacteriological sampling			(x)	(x)	
Chest X-ray			(x)	(x)	
Adverse and serious adverse events recording			X	x	x

537

538 *X : performed according to routine care*

539 *(x) : if necessary*

540

541

542

543 In case of emergency surgery :
544

	Day 0 = Pre-anesthesia visit = Day of surgery	Day 1	Day 2 to Day 28
Protocol presentation	X		
Submission of the information note and consent form	X		
Inclusion and exclusion criteria verification	X		
Signature of consent form	X		
Past medical history	X		
Clinical examination	X		
Randomization	X		
Rapid sequence induction	X		
Bacteriological sampling	(x)	(x)	
Chest X-ray	(x)	(x)	
Adverse and serious adverse events recording	X	x	x

545
546 *X : performed according to routine care*
547 *(x) : if necessary*
548

549 **4.7. Description of final or temporary stop rules**

550 The decision to discontinue the study will be taken by the Independent Monitoring
551 Committee. The convening of an extraordinary meeting may take place at the request of the
552 principal investigator or methodologist, in the event of serious adverse events or results that
553 might call into question the existence of the protocol.

554 The following will also be considered grounds for discontinuing the study:
555

556 **4.7.1. In case of insufficient recruitment:**

557 a) if one year after the official research start date, no inclusion has been made, the DRCD will
558 decide on the premature termination of the research.

559 b) if at 30% of the time allowed for inclusion of subjects in the study, fixed from the date of
560 the first inclusion, less than 15% of the subjects have been included, an analysis of the causes
561 will be carried out and corrective actions taken (motivation of the centers, addition of
562 additional centers, modification of the criteria on the population to be included).

563 c) lastly, if less than 30% of the patients have been included, at 50% of the expected duration
564 of the inclusions defined as above, the DRCD is likely to decide, after obtaining the assent of

565 the independent Supervisory Committee, whether the inclusions should be definitively
566 discontinued, or even whether the research should be terminated prematurely.

567

568 **4.7.2. In the event of serious adverse events in excess.**

569 The study will be interrupted if the serious adverse events (SAE) are doubled.

570

571 **4.7.3. Other specifically monitored events**

572 The study may be interrupted in the event of a doubling of these specific events. The
573 increase in the number of severe pneumonia, *i. e.* requiring mechanical ventilation or
574 lengthening the length of hospitalization, increased incidence of impossible intubation and
575 excess mortality at Day 28 or upon discharge from hospital, will be criteria for premature
576 discontinuation of the study.

577

578

579 **5. INCLUSION AND EXCLUSION OF PATIENTS**

580 **5.1. Criteria for inclusion of patients**

581 1. All adult patients requiring emergency general anesthesia or presenting regurgitation
582 risk factors, for whom a rapid sequence induction should be performed.

583 2. Obtaining the consent of the patient or a trusted person/family member. In an
584 emergency situation and in the absence of a close relative/trustworthy person, the patient
585 may be randomized on the advice of an independent physician. Consent to continue the
586 research will be sought as soon as the patient's condition permits.

587 **5.2 Criteria for non inclusion of patients**

588 1. Patients under 18 years of age

589 2. Pregnant women (interrogation diagnosis)

590 3. Patients with contraindications to the Sellick maneuver:

591 - spinal cord injury - cervical spinal cord injury;

592 - laryngeal trauma ;

593 - intra-tracheal foreign body ;

594 - esophageal foreign body ;

- 595 4. Patients with contraindications to succinylcholine:
- 596 - hyperkalemia or risk of hyperkalemia;
- 597 - allergy;
- 598 -previous history of malignant hyperthermia;
- 599 - myopathy;
- 600 - extensive burns > 24 hours;
- 601 - paraplegia/tetraplegia/denervation > 24h;
- 602 - plasma pseudocholinesterase deficiency;
- 603 - injury to the eye.
- 604 5. Patients with signs suggestive of pneumonia during preanesthetic evaluation
- 605 6. Patients with severe pulmonary contusion
- 606 7. Patients with upper airway morphological abnormalities
- 607 8. Patients requiring an alternative technique to direct laryngoscopy.
- 608 9. Patient with consciousness disorders
- 609 10. Decision to use a disposable plastic laryngoscope blade
- 610 11. Decision to use rocuronium
- 611 12. Patient not affiliated the national health care insurance (beneficiary or entitled).
- 612

613 **6. TREATMENT OF PATIENTS INCLUDED IN THE STUDY**

614 Patients requiring general anesthesia in the emergency room –except those with
615 expected difficult tracheal intubation- benefit from an anesthesia protocol that meets the
616 recommendations for Good Clinical Practice.⁴ Neutralization of gastric acidity can be
617 achieved by taking effervescent cimetidine 20 minutes prior to induction, left to the discretion
618 of the anesthesiologist. After careful pre-oxygenation (4 vital capacities in case of emergency
619 conditions or until an expired oxygen fraction (FeO₂) > 90% is obtained), induction of
620 anesthesia is achieved by intravenous administration of a fast-acting hypnotic adapted to the

621 patient's hemodynamic state (propofol (1.5 to 2.5 mg/kg), thiopental (3 to 5 mg/kg), etomidate
622 (0.2 to 0.4 mg/kg), ketamine (2 to 3 mg/kg) and a muscle relaxant with short duration of
623 action: succinylcholine at the dosage of 1 mg/kg. Tracheal intubation is then performed using
624 a MacIntosh laryngoscope with metallic blade.⁴⁷ The correct position of the tracheal tube is
625 confirmed by the presence of a capnogram (3 cycles). The Sellick maneuver is maintained
626 from loss of consciousness until the balloon of the tracheal tube is inflated and the correct
627 intratracheal position has been verified. The efficacy of the Sellick maneuver to prevent
628 pulmonary aspiration being the primary end point, patient groups differ only in the actual or
629 feigned performance of the maneuver.

630

631 **6.1. Control group : the Sellick maneuver**

632 Thus, in the Sellick arm of the study, the Sellick maneuver is applied, as initially described
633 by Sellick et al.⁵ To do so, after having identified the cricoid cartilage, the operator exerts a
634 pressure equivalent to 30 Newtons (~3 kg) with the first 3 fingers of his dominant hand. The
635 pressure is applied using the thumb and middle finger, positioned at 10 and 2 o' clock
636 respectively. The index finger is positioned on the cricoid cartilage to control the direction of
637 compression. The Sellick maneuver is taught to all anesthesiologists in training and performed
638 daily. However, specific training to carry out the Sellick maneuver is planned before the
639 inclusion of the first patient in each center. This training will include a manikin to clarify the
640 position of the operator's fingers and a pressure training session according to an ergonomic,
641 reproducible model: the obstructed syringe model described by Flucker et al.⁴⁸ This model
642 reproduces the 10 and 30 Newton pressures recommended in the Sellick maneuver by
643 reducing the piston of a 50 ml syringe filled with air and blocked to 40 and 33 ml
644 respectively. This training will be repeated on a monthly basis throughout the study.

645

646 **6.2. Experimental group : The feigned Sellick maneuver**

647 In the experimental arm, the Sellick maneuver is feigned; the operator who has to perform
648 it is the only one who knows which arm of the study the patient is in. Thus, he/she positions
649 his/her fingers as described in the Sellick arm (see above) without exerting pressure on the
650 cricoid cartilage.

651 In both arms, the Sellick maneuver, whether actual or feigned, can be released at the request
652 of the person performing tracheal intubation, particularly to improve intubation conditions or
653 in case of active vomiting. On the other hand, it must be maintained if ventilation with the
654 face mask is required.

655

656 **6.3. Induction of anesthesia**

657 The induction of anesthesia is carried out by at least two individuals, one of them
658 performing the Sellick maneuver, whether actual or feigned. In order to maintain the blind
659 person regardless of intubation conditions, the person performing the Sellick maneuver,
660 whether feigned or actual, will not be able to replace the operator in case of difficult tracheal
661 intubation, so it is not possible to interchange the functions of the person who intubates and
662 the person performing the Sellick maneuver.

663 In order to optimize the tracheal intubation conditions of patients, student anesthesia
664 nurses and anesthesia fellow with less than one year of seniority will not be able to intubate
665 patients participating in the study. However, they will be able to perform the Sellick
666 manoeuver after training, as described above.

667 Sellick's manoeuver can only be carried out by medical or paramedical personnel
668 trained in anesthesia (nurse anesthetist, student nurse anesthetist, senior anesthesiologist,
669 junior anesthesiologist).

670 If the patient is carrying a nasogastric tube, after suctioning the stomach contents, the
671 nasogastric tube is removed or left in place during induction, depending on the choice of the
672 operator.

673 The methods of induction of anesthesia meet the requirements of induction in rapid
674 sequence. The choice of hypnotic agent is left to the anesthesiologist. The muscle relaxant
675 used for induction is succinylcholine at the dosage of 1 mg/kg. Anesthesia is induced after
676 pre-oxygenation using a facial mask, using a fraction inhaled in 100% oxygen to obtain an
677 exhaled oxygen fraction greater than 90%. The Sellick maneuver, whether effective or
678 feigned, is released in the event of active vomiting or difficulty in exposing the glottis.

679 The Sellick maneuver, whether effective or feigned, is maintained in case of the need
680 for facial mask ventilation unless ventilation is also difficult and potentially hampered by
681 cricoid compression.

682

683 **6.4. Data collection**

684 All data of patients meeting the inclusion criteria and hospitalized during the study, are
685 collected anonymously. For eligible patients not included in the study, the reason for non-
686 inclusion is recorded.

687 Data on patients included in the study are collected by investigators and clinical research
688 technicians under the supervision of a clinical research associate on paper observation
689 books. Each notebook contains the center number, the inclusion number and the patient's
690 initials.

691 Any randomized patient is evaluated up to Day 28 or until discharge from the hospital if
692 prior to Day 28. Data are collected anonymously.

693 Demographic data (sex, age and type of surgery), as well as morphological data (size,
694 weight), the duration of the preoperative fasting period, elements that increase the risk of
695 regurgitation (gastroparesis, gastroesophageal reflux disease, hiatal hernia, previous gastric
696 surgery, functional or organic ileus, nausea, vomiting, obesity, pain), variables relevant to
697 airway management (Mallampati score (see Appendix 3), mouth opening and thyromental
698 distances, dentition, macroglossia, prior difficult tracheal intubation, cervical spine
699 mobility, retrognathia) are indicated from the preanesthetic consultation file. The other data
700 are reported in the operating room, recovery room and hospital ward.

701 Pulmonary aspiration as well as procedural complications are listed in the operating
702 room, aspiration pneumonias are collected up to the 24th hour. Overall mortality (all
703 causes combined) is estimated at Day 28 or on discharge from the hospital if prior to
704 Day28.

705 **In the operating room:**

706 Data concerning the conduct of anesthesia:

707 - drug used for anesthetic induction (hypnotic, opioid, curare): type, dosage, mode of
708 administration.

709 Data concerning possible inhalation;

710 - observation during the procedure of regurgitation with gastric content in the vocal cords;

711 - detection of gastric content in the tracheal aspiration immediately after intubation of the
712 trachea;

713 - data concerning the realization of Sellick maneuver, whether actual or feigned;

714 - quality of the operator performing the Sellick manoeuvre;

- 715 - the need to interrupt the Sellick maneuver due to active vomiting;
- 716 - the need to interrupt Sellick maneuver because of difficulties in exposing the glottis;
- 717 - effect of Sellick maneuver release on tracheal intubation conditions (Cormack and
718 Lehane grade);
- 719 - upper airway management data ;
- 720 - quality of the tracheal intubation operator;
- 721 - duration of the procedure to intubate the trachea (delay between the insertion of the
722 laryngoscope blade and verified intubation of the trachea, i. e. inflation of the balloon of
723 the tracheal tube and presence of 3 capnograms).
- 724 - Cormack and Lehane grade;
- 725 - oxygen desaturation (SpO2 < 92%) ;
- 726 - duration of oxygen desaturation ;
- 727 - necessity of face mask ventilation;
- 728 - traumatic complications (dental damage, bleeding).

729

730 **In the recovery room:**

- 731 - traumatic complications related to the execution of the Sellick maneuver
- 732 - Chest X-ray in case of suspected pulmonary aspiration

733

734 **In the hospital ward:**

- 735 - search for early pneumonia up to 24 hours.
- 736 - chest X-ray in case of suspected pulmonary aspiration bronchial inhalation if the X-ray
737 performed in the recovery room is normal.

738

739 **Status at Day 28 or at discharge from hospital if prior to Day 28**

- 740 - Status: living or deceased: the date of death will be collected if applicable

741

742

743 **7. SAFETY EVALUATION**

744 **7.1. Description of safety evaluation parameters**

- 745 • **Adverse event**

746 Any harmful manifestation occurring in a person who is suitable for biomedical research,
747 whether or not this manifestation is related to any experimental element of the research and
748 whether or not it is related to the acts performed or the products used.

749

750 • **Adverse effect**

751 Any harmful and unwanted reaction to any experimental element of the research and what is
752 being done or products used.

753

754 • **Serious adverse event or effect**

755 Any adverse event or effect that results in death, endangers the life of the person being
756 searched for, requires hospitalization or prolonged hospitalization, results in significant or
757 lasting disability or incapacity, or results in birth defects or birth defects.

758

759 • **Unexpected adverse effect**

760 Any undesirable effect whose nature, severity or evolution does not agree with the
761 information contained in the standards recognized by the authorities.

762

763

764 • **New Facts**

765 Any new safety data, which may lead to a reassessment of the report on the benefits and
766 risks of the research or which may be sufficient to consider changes in the documents
767 relating to the research, the conduct of the research and, where appropriate, in the use of the
768 product.

769

770 **7.2. Methods and timetables for measuring, collecting and analysing safety evaluation**
771 **parameters**

772 **7.2.1. Steering committee**

773 **Role:**

774 It will be composed of the principal investigators of the project, the biostatistician in charge of
775 the project, representatives of the promoter and the URC nominated for this research. It will
776 define the general organization and conduct of the research and coordinate the information. It
777 will initially determine the methodology and decide during the course of research on what to
778 do in unforeseen cases, monitor the progress of the research, particularly with regard to
779 tolerance and adverse events

780

781 **Composition:**

782 It will be made up of the main investigators of the project (Aurélié Birenbaum, François
783 Lenfant, Olivier Langeron, Bruno Riou), the methodologist in charge of the project
784 representing the URC (Marie Laure Tanguy), and a member of the Ile de France Clinical
785 Research Delegation (DRCD) nominated for this trial.

786

787 **7.2.2 Independent oversight committee**

788 Nil

789

790 **7.2.3 Independent Committee for the Evaluation of Critical Events**

791 **Roles**

792 The committee will:

- 793 - validate, independently of the investigators and in a homogeneous manner, without
794 knowing the treatments administered or the procedure followed, the clinical, biological,
795 endoscopic, ultrasound, anatomopathological, etc... evaluation criteria necessary to
796 validate the primary end point and

797

798 - have an advisory and decision-making function when the sponsor engages the sponsor on
799 medical issues such as tolerance and adverse events. It may decide to discontinue the
800 study if a serious adverse event occurs.

801

802 **Composition**

803 This committee will be composed of external experts, including at least one methodologist
804 or biostatistician. We propose Prof. Paul Landais (biostatistician, CHU Carrémeau, Nîmes,
805 France), Prof. Alexandre Duguet (pulmonologist and intensivist, Hôpital Pitié Salpêtrière,
806 Paris, France), Dr. Bernard Vigué (anesthesiologist, Hôpital Bicêtre, Kremlin Bicêtre,
807 France).

808

809 **7.3. Procedures for registration and reporting adverse events**

810 **7.3.1. Non severe adverse events (AE):**

811 Any undesirable events - not serious as defined above - observed during the research and
812 its aftermath should be reported in the observation book in the section provided for this
813 purpose.

814 Only one event must be reported per item. The event may correspond to a symptom,
815 diagnosis or additional test result deemed significant. All clinical or para-clinical elements
816 that best describe the corresponding event must be reported.

817

818 **7.3.2. Serious adverse events (SAE) :**

819 The research-validated SAE reporting form is included in the annexed protocol. The
820 same applies to the classification grid for serious and non-severe AE. This grid has been
821 developed to assist the investigator in managing AE (*i. e.*, to help the investigator differentiate
822 between events according to their severity and expected nature). The grid is elaborated and
823 validated by all the actors involved in the research (*i. e.*: the Head of the Clinical Research
824 Unit, the Principal Investigator of the research, the Project Manager of the study, the Medical
825 Coordinator of the DRCD and the Head of Pharmacovigilance of the DRCD). It may evolve
826 as the research progresses, depending on the statements received by the sponsor.

827 The investigator is required to immediately notify the sponsor AP-HP (Assistance
828 Publique-Hôpitaux de Paris) of all serious adverse events except those identified in the
829 schedule as not requiring immediate notification.

830 The investigator completes the SAE report form (from the research observation book)
831 and sends it to the DRCD by fax to 01 44 84 17 99 within 48 hours (after an immediate
832 telephone call to 01 44 84 17 23 in the event of death or life-threatening threats, if possible).

833 For each SAE, the investigator will have to give an opinion on the causal link between
834 the event and any experimental element of the research, whether the acts performed or the
835 products used.

836 Obtaining information relating to the description and assessment of an AE may not be
837 possible within the time limit for initial reporting.

838 Also, the clinical progress as well as the results of any clinical assessments, diagnostic
839 and/or laboratory examinations, or any other information allowing an adequate analysis of the
840 causal link will be reported:

- 841 - on the initial SAE declaration if they are immediately available ;
- 842 - at a later date and as soon as possible, by faxing a new completed SAE declaration (and
843 indicating that it is a declared SAE tracking and the tracking number).

844 All statements made by investigators must identify each subject participating in the
845 research by a unique code number assigned to each subject.

846 In the event of a notified death of a subject participating in the research, the
847 investigator will provide the sponsor with all additional information requested (hospitalization
848 report, autopsy results, etc.).

849 Any new developments in the research or in the context of the research, arising from
850 literature data or ongoing research, should be notified to the sponsor.

851

852 **Reporting of serious adverse events to health authorities**

853 This will be carried out by the DRCD's Pharmacovigilance Centre, after evaluation of
854 the seriousness of the AE, the causal link with the experimental element of the research,
855 whether the acts performed or the products used, and the unexpected nature of the adverse
856 effects. All suspected serious unexpected SAE will be reported by the sponsor to the
857 competent authorities within the legal timeframe.

858 Any safety data or new developments which could significantly modify the assessment
859 of the benefits and risks of the experimental element of the research (and whether they
860 concern acts performed or products used) or the research, or which could lead to changes in
861 the conduct of the research, will be transmitted by the sponsor to the competent authorities,
862 the Committee for the Protection of Individuals and the investigators of the research.

863 Like, for example:

864 (a) any clinically significant increase in the frequency of onset of an expected serious
865 adverse reaction;

866 b) suspected unexpected SAE in participants who have completed the trial and are
867 reported by the investigator to the sponsor, as well as any follow-up reports;

868 (c) any new developments concerning the conduct of the clinical trial, where such
869 developments are likely to affect the safety of the participants. For example: a SAE that is
870 likely to be related to the investigation and diagnostic procedures of the trial and that could
871 affect the conduct of the trial, a significant risk for the trial population, such as a lack of
872 efficacy of the experimental element used to treat a life-threatening disease, significant safety
873 results from a recently completed animal study (such as a carcinogenicity study), early
874 stopping or temporary interruption for safety reasons.

875

876 **7.4. Modalities and duration of follow-up of individuals patients following the** 877 **occurrence of an adverse event**

878 Any patient with an AE should be monitored until it is resolved or stabilized. If the event is
879 not serious, the evolution will be noted on the corresponding page of the observation book
880 in the section provided for this purpose. If the event is serious, a follow-up SAE will be
881 sent to the DRCD.

882

883 **8. STATISTICAL ANALYSIS**

884 The statistical analyses will be carried out under the responsibility of the biostatistics and data
885 management division of the URC Pitié-Salpêtrière-Charles-Foix using SAS 9.2 software
886 (SAS Institute, Cary, NC).

887

888 **8.1. Description of statistical methods envisaged, comprising timetable of planned** 889 **interim analysis.**

890 **8.1.1. Descriptive analyses**

891 Patient characteristics will be described in each of the two groups. Quantitative
892 variables will be described by their mean, standard deviation, median and interquartile range.
893 Qualitative variables will be described by frequency and percentage.

894

895 **8.1.2. Analysis of the primary end point**

896 The objective is to demonstrate the noninferiority of the group in which the Sellick
897 maneuver is feigned (sham) on the incidence of pulmonary aspiration. We will take a
898 noninferiority margin equal to 50% of the incidence observed in the group with effective
899 Sellick maneuver (Sellick group).

900 The Wald method will estimate a 95% one-sided confidence interval for the excess
901 risk induced by the absence of Sellick maneuver (Sham group). If the limit of the interval is

902 less than 50% of the incidence of pulmonary aspiration in the Sellick group, then the
903 noninferiority of the Sham group will be validated.

904

905 **8.1.3. Analysis of secondary end points**

906 The conditions of tracheal intubation, characterized by the Cormack and Lehane
907 grade, will be compared between the Sham group and the Sellick group by Student's t test.
908 The rate of face mask ventilation will be compared using the Chi-square test.

909 A Chi-square test will also be used to compare morbidity, defined by the occurrence of
910 the following complications: esophageal rupture occurring during vomiting efforts or a
911 fracture of the cricoid cartilage. Similarly, the incidence of H24 pneumonia, the number of
912 difficult tracheal intubations, the number of impossible tracheal intubations and mortality at
913 Day 28 or at hospital discharge occurs prior to Day 28, will be compared.

914 Multivariate models (mixed linear models or mixed logistic models depending on the
915 type of variable) will be implemented in order to adjust the effect of the treatment group on
916 clinical characteristics to inclusion (age, sex, etc.) and the center. Characteristics at inclusion
917 will be analyzed as fixed effects, while the center will be considered a random effect.
918

919 **8.2. Sample size estimation**

920 The objective of the study is to demonstrate that if the Sellick maneuver is not performed
921 (Sham group), the number of pulmonary aspirations will not be increased by 50%. It is
922 estimated that the rate of pulmonary aspiration will be 2.8% in each of the two groups.
923 Therefore, the objective will be to have a 95% unilateral confidence interval for excess risk
924 (*i.e.* the difference between pulmonary aspiration rates) of which the limit will not exceed
925 +0.014. With this assumption, and to obtain a power of 80%, then 1717 patients per group
926 should be included (nQuery Advisor 7.0). This corresponds to a total of 3434 patients; for
927 convenience, it was decided to recruit 3500 patients. The choice of $t = 50\%$ is based on the
928 low incidence of pulmonary aspiration and on the acceptability of increasing the incidence of
929 pulmonary aspiration to 4.2% in the Sham group if at the same time, tracheal intubation
930 conditions are improved in the absence of effective Sellick maneuver. Difficult intubation in
931 emergency situations is itself a risk of pulmonary aspiration, due to the prolongation of the
932 procedure (increased time for airway protection) and the need for ventilation in the event of
933 desaturation in patients with a full stomach. In addition, difficult tracheal intubation in
934 emergency conditions may be associated with a risk of difficult ventilation in patients in
935 whom facial mask ventilation could not be tested prior to injection of curare, due to the risk of
936 pulmonary aspiration, with a major hypoxemic risk.

937

938 **8.3. Expected number of patients in each research location with statistical**
939 **justification.**

940 The incidence of pulmonary aspiration during emergency intubation varies between 0.5%
941 and 3% depending on the studies. A sample size of 3500 patients over 25 months is needed
942 and therefore justifies this study being carried out in several centers. The recruitment
943 capacities of the 10 investigative centers are sufficient to answer the question asked. (Table 1)
944 In fact, considering that only 25% of eligible patients will actually be included, over a period
945 of 2 years in the 10 research centers, the expected number of 3500 patients is largely reached.

946

947 **Table 1:** Estimated number of eligible patients and number of patients included expected.

INVESTIGATION CENTERS	NUMBER OF ELIGIBLE PATIENTS/ YEAR	EXPECTED NUMBER OF INCLUDED PATIENTS (25%) /YEAR	EXPECTED NUMBER OF INCLUDED PATIENTS OVER 2 YEARS
Amiens	1800	450	900
Avicenne	1440	360	720
Bichat	1200	300	600
Beaujon	1800	450	900
Bicêtre	1200	300	600
Bordeaux	400	100	200
Lille	1000	250	500
Nîmes	1500	375	750
Pitié-Salpêtrière	1600	400	800
Rouen	750	187	374
TOTAL	12690	3172	6344

948

949 **8.4. Level of statistical significance expected**

950 The noninferiority tests will be unilateral at the 5% level, the comparison tests will be
951 bilateral at the 5% level.

952

953 **8.5. Statistical criteria for stopping the research (to be described according to the**
954 **medical context of the research).**

955
956 Not applicable, no interim analysis is scheduled.

957

958 **8.6. Method of accounting for missing, unused or invalid data.**

959 For the primary end point, missing values for the primary end point should be rare given
960 the short duration of follow-up. Nevertheless, the most unfavorable value is expected to be
961 attributed to the noninferiority of the Sham group (*i.e.* pulmonary aspiration in the Sham
962 group, absence of inhalation in the Sellick group, maximum bias hypothesis).

963 For categorical secondary end points, the missing data will be imputed by the most
964 unfavorable value to the effect of the Sham group (maximum bias). For the quantitative
965 secondary end points, the missing data will be imputed to the mean value of the opposite
966 group, in order to reduce the alpha risk.

967

968 **8.7. Management of changes to the original strategy analysis plan.**

969 Any changes in the analytical strategy will be amended.

970

971 **8.8. Choice of patients included in the analyses**

972 The noninferiority analysis will be performed with the intention of treating for the Sham
973 group and per protocol in the Sellick group, to ensure that the Sellick maneuver was correctly
974 performed in this group. Comparison of the secondary end points will be performed in an
975 intention-to-treat analysis.

976

977 **9. RIGHT OF ACCESS TO SOURCE DATA AND DOCUMENTS**

978

979 Persons having direct access, in accordance with the laws and regulations, in particular
980 articles L. 1121-3 and R. 5121-13 of the French public health code (e. g. investigators, quality
981 control officers, monitors, clinical research assistants, auditors and any persons involved in
982 trials) shall take all necessary precautions to ensure the confidentiality of information relating
983 to investigational medicinal products, trials, persons who are suitable for testing and, in
984 particular, their identity and the results obtained. The data collected by these persons during
985 quality controls or audits are then made anonymous.

986

987 **10. QUALITY CONTROL**

988 The research will be supervised according to the standard operating procedures of the
989 sponsor. The conduct of the research in the investigation centers and the handling of the
990 subjects will be carried out in accordance with the Helsinki Declaration and Good Clinical
991 Practices.

992

993 **10.1 Monitoring procedures**

994 This research presents a C risk with a high level of monitoring. Clinical research assistant
995 (CRA) representing the sponsor will conduct visits to the investigative centers at the timing
996 that corresponds to the patient monitoring scheme, the inclusions in the various centers and
997 the level of risk assigned to the research.

998 - Opening visit of each center: before inclusion, for a protocol implementation and
999 acquaintance with the various biomedical research stakeholders.

1000 - During subsequent visits, the notebooks will be reviewed as the research progresses by
1001 the CRA. The lead investigator at each center, as well as other investigators who include
1002 or track individuals involved in the research, are committed to receiving CRA at regular
1003 intervals.

1004 During these site visits and in accordance with Good Clinical Practice, the following
1005 elements will be reviewed:

1006 - adherence to the research protocol and procedures,

1007 - verification of informed patient consent

1008 - examination of the source documents and comparison with the data reported in the
1009 observation book as to accuracy, missing data, consistency of the data according to the
1010 rules laid down by the DRCD procedures.

1011

1012 - Closing visit: retrieval of observation books, balance sheet at the pharmacy, biomedical
1013 research documents, archiving.

1014

1015 **10.2 Transcription of data into the case report form (CRF)**

1016 All information required by the protocol should be provided in the CRF and an
1017 explanation given by the investigator for each missing data. The data will have to be
1018 transferred to the CRF as they are obtained, whether clinical or paraclinical data. The data
1019 must be copied clearly and legibly in black ink into these CRF (this will facilitate duplication
1020 and computer input). The erroneous data detected on the CRF will be clearly crossed out and
1021 the new data will be copied to the CRF with the initials and date by the investigator's team
1022 member who made the correction.

1023 The anonymity of the subjects will be ensured by a code number and initials of the person
1024 who is willing to search on all documents necessary for the search, or by deleting by
1025 appropriate means personal data on copies of source documents for research documentation.

1026 The computerized data on a file will be declared to the CNIL according to the procedure
1027 adapted to the case.

1028

1029 **11. LEGAL AND ETHICAL CONSIDERATIONS**

1030 The promoter is defined by Act 2004-806 of 9 August 2004. In this research, AP-HP is
1031 the sponsor and the Department of Clinical Research and Development (DRCD) carries out its
1032 regulatory missions.

1033

1034 **11.1 Application to the ANSM authorization**

1035 In order to start the search, the AP-HP as sponsor must submit an application for
1036 ANSM authorization. The competent authority, as defined in Article L. 1123-12, pronounces
1037 itself with regard to the safety of persons who lend themselves to biomedical research, taking
1038 into account in particular the safety and quality of products used during research in
1039 accordance, where applicable, with the applicable standards, their condition of use and the
1040 safety of persons with regard to acts performed and methods used, as well as the procedures
1041 laid down for monitoring persons.

1042

1043 **11.2 Request for the Ethical Committee decision**

1044 In accordance with article L. 1123-6 of the French Public Health Code, the research
1045 protocol must be submitted by the sponsor to an ethical committee (Comité de Protection des
1046 Personnes, CPP). The opinion of this committee shall be notified to the competent authority
1047 by the promoter before the start of the research.

1048

1049 **11.3 Amendment**

1050 DRCD should be informed of any proposed protocol changes by the coordinating
1051 investigator. The amendments will have to be qualified as substantial or not. A substantial
1052 change is a change that can, in one way or another, modify the guarantees given to those who
1053 lend themselves to biomedical research (amendment of an inclusion criterion, extension of an
1054 inclusion period, participation of new centers, etc.).

1055 After the start of the research, any substantial modification of the research at the
1056 initiative of the sponsor must obtain, prior to its implementation, a favorable opinion from the
1057 CPP and an authorization from the competent authority. In this case, if necessary, the CPP
1058 ensures that a new consent of the research participants is obtained.

1059 In addition, any extension of research (deeply modifying the therapeutic regimen or
1060 the populations included, extending treatments and/or therapeutic acts not initially provided
1061 for in the protocol) must be considered as new research.

1062 Substantial changes will require the sponsor to submit an application for authorization
1063 to the ANSM and/or a request for an opinion from the PPC.

1064

1065 **11.4 CNIL declaration**

1066 The law provides that the declaration of the computerized file of personal data
1067 collected for research must be made before the actual start of the research.

1068 A reference methodology specific to the processing of personal data carried out within
1069 the framework of biomedical research defined by law 2004-806 of August 9, 2004, as it falls
1070 within the scope of articles L. 1121-1 and following of the French Public Health Code was
1071 established by the CNIL in January 2006. This methodology allows for a simplified reporting
1072 procedure when the nature of the data collected in the research is compatible with the list
1073 provided by the CNIL in its reference document.

1074 When the protocol benefits from data quality control by a CRA representing the
1075 promoter and falls within the scope of the simplified CNIL procedure, the DRCD as promoter
1076 will ask the promoter to make a written commitment to comply with the simplified MR001
1077 reference methodology.

1078

1079 **11.5 Information note and informed consent**

1080 Written consent must be obtained from any person who is suitable for research prior to
1081 any act required for biomedical research.

1082 Failing this, an emergency inclusion procedure may be carried out by the investigating
1083 physician in charge of the patient. As soon as possible, the relative and the patient will be
1084 informed and the patient's written consent will be obtained for the eventual continuation of the
1085 research.

1086 There will be 3 types of consents:

- 1087 - one for the patient if he/she is able to sign it at the time of inclusion
- 1088 - one for the parent or close relative if present when the patient is unable to sign consent
- 1089 - one for the patient when he wakes up to authorize further research

1090

1091 **11.6 Final research report**

1092 The final research report will be written collaboratively by the coordinator and
1093 biostatistician for this research. This report will be submitted to each investigator for
1094 comment. Once a consensus has been reached, the final version should be endorsed by each
1095 investigator's signature and sent to the sponsor as soon as possible after the actual completion
1096 of the research. A report prepared in accordance with the Competent Authority's reference
1097 plan shall be forwarded to the Competent Authority and the PPC within one year of the
1098 completion of the research,

1099

1100 **12. DATA PROCESSING AND STORAGE OF RESEARCH DOCUMENTS AND**
1101 **DATA**

1102 Research documents within the scope of the Biomedical Research Act must be archived
1103 by all parties for a period of 15 years after the end of the research. (See BPCs, Chapter 8:
1104 Essential documents). This indexed archive includes:

- 1105 - copies of the ANSM authorization letter and the mandatory notice from the CPP;
- 1106 - successive versions of the protocol (identified by version number and version date);
- 1107 - correspondence letters with the promoter;
- 1108 - signed consents of the subjects under sealed cover with the inclusion list or register in
1109 correspondence;
- 1110 - the completed and validated observation book of each subject included;
- 1111 - all specific annexes to the study;
- 1112 - the final report of the study from the statistical analysis and quality control of the study
1113 (double sent to the sponsor);

1114 - any audit certificates that may have been issued during the course of the research.

1115 The database that gave rise to the statistical analysis must also be archived by the person in
1116 charge of the analysis (paper or computer support).

1117

1118 **13. INSURANCE AND SCIENTIFIC COMMITMENT**

1119 **13.1. Insurance**

1120 Assistance Publique - Hôpitaux de Paris is the promoter of this research. In accordance
1121 with the law on biomedical research, it has taken out insurance with HDI-GERLING for the
1122 entire duration of the research, guaranteeing its own civil liability as well as that of any
1123 intervener (physician or personnel involved in the research) (law n°2004-806, Art L. 1121-10
1124 of the CSP).

1125 Assistance Publique - Hôpitaux de Paris reserves the right to interrupt the research at any
1126 time for medical or administrative reasons. In this case, a notification will be given to the
1127 investigator.

1128

1129 **13.2. Scientific commitment**

1130 Each investigator will undertake to respect the obligations of the law and to conduct the
1131 research in accordance with the Good Clinical Practice, respecting the terms of the Helsinki
1132 Declaration. To this end, a copy of the scientific commitment (DCDD-type document) dated
1133 and signed by each investigator in each clinical department of a participating center will be
1134 given to the sponsor's representative.

1135

1136 **14. PUBLISHING RULES**

1137 Assistance Publique - Hopitaux de Paris owns the data and no use or transmission to a
1138 third party may be made without its prior consent.

1139 Only one publication in an international journal is envisaged. Investigators will be
1140 divided into a short list (authors) and an exhaustive list of investigators listed in the appendix
1141 to the article. For authors, the following rules will apply. The first signatory of the publication
1142 will be Dr. Birenbaum, the second last signatory will be Dr. François Lenfant, and the last
1143 signatory will be Pr. Riou. The additional authors (1 per center) will be designated by each
1144 center, and the order will be determined by the number of patients included by each center.
1145 Only centers with more than 100 patients can claim to have an author on this list. An annex
1146 list of investigators will be drawn up, with each center being able to propose a maximum of 2

1147 investigators in this list. Writing of the initial draft will be performed by Dr. Birenbaum. All
1148 selected authors will participate in the reading of the final manuscript. A scientific editorial
1149 steering committee is responsible for compliance with these rules and will resolve any
1150 disputes (Dr. Aurélie Birenbaum, Dr. François Lenfant, Pr. Bruno Riou).

1151 Assistance Publique - Hôpitaux de Paris must be mentioned as the promoter of
1152 biomedical research and as financial support where appropriate. The words "Assistance
1153 Publique - Hôpitaux de Paris" must appear in the authors' addresses.

1154

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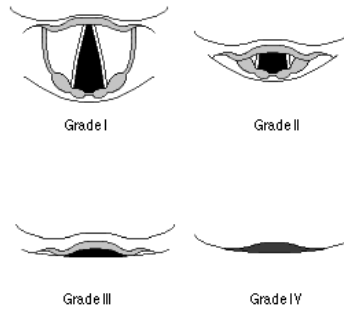
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1268 13. APPENDIX :

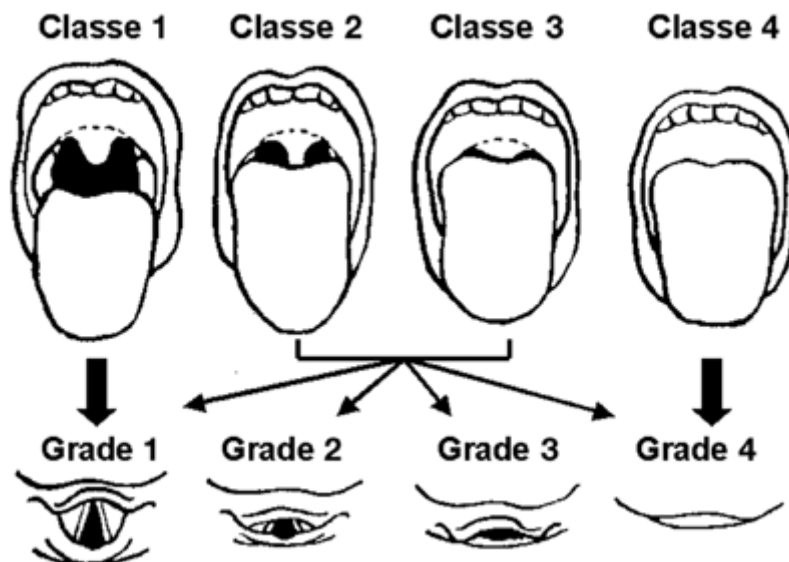
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APPENDIX 1 : Cormack and Lehane grade



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APPENDIX 2 : Mallampati score



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APPENDIX 3 : Grid for Serious Adverse Events (SAE)

Undesirable Events Notification Grid for Biomedical Research Not Related to a Health Product
(Art. R. 1123-54 of French Public Health Code)



IRIS Project Code : P120120 Research Risk : **C** CSI / DSMB : YES NO
IDRCB 2013-A00624-41

« IRIS, Assesment of the Sellick maneuver in rapid sequence induction of general anesthesia. Noninferiority trial »

TO NOT BE NOTIFIED TO THE PROMOTER Events listed in the protocol as not to be notified but which can be collected in the observation book (CRF)		TO BE NOTIFIED TO PROMOTER WITHOUT DELAY Send the SAE notification form by fax (01 44 84 17 99) and fulfill the CRF	
EVENTS THAT MAY BE SERIOUS BUT NOT RELATED TPO ACTS AND PROCEDURES ADDED BY THE RESEARCH	EXPECTED NON SERIOUS ADVERSE EVENTS	EXPECTED SERIOUS ADVERSE EVENTS (SAE)	UNEXPECTED SERIOUS ADVERSE EEVENTS (USAE)
<p><u>Description:</u> -Anything related to the natural and habitual evolution of the pathology:</p> <ul style="list-style-type: none"> hospitalisation programmed or not to monitor the pathology; aggravation of the disease; ARDS not related to aspiration pneumonia; Severe sepsis not related to aspiration pneumonia; Septic shock not related to aspiration pneumonia; Reintubation not related to aspiration pneumonia; Post-operative non-invasive ventilation not related to aspiration pneumonia; <p>-Any SAE that may be related to the treatments prescribed as part of the care during the follow-up of the research.</p>	<p><u>Description</u> Adverse reactions related to rapid sequence induction</p> <ul style="list-style-type: none"> dental breakage vocal cord lesions 	<p><u>Description</u> - SAE related to rapid induction sequence</p> <ul style="list-style-type: none"> Pulmonary aspiration Aspiration pneumonia ARDS related to aspiration pneumonia Severe sepsis related to aspiration pneumonia Septic shock related to aspiration pneumonia <p>- SAE related to Sellick Maneuver</p> <ul style="list-style-type: none"> Cricoid cartilage fracture Esophageal rupture <p>- Other SAE</p> <ul style="list-style-type: none"> Reintubation related to pulmonary aspiration Postoperative noninvasive ventilation related to pulmonary aspiration 	<p>Notify all events with one of the severity criteria noted below, except those identified in the protocol as not requiring notification:</p> <ol style="list-style-type: none"> Death Life-threatening Requires or prolongs hospitalization Sustainable sequelae Congenital abnormality or malformation Event considered serious by the investigator (reason to be specified) <p>WARNING: any discovery of PREGNANCY during biomedical research must be reported immediately to the sponsor and will be followed up until delivery.</p>

1293

Name, surname and signature of principal investigator :	Name, surname and signature of URC chief:	Name, surname and signature of project referent:	Name, surname and signature of safety chief :	Name, surname and signature of medical chief :
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