

Supplementary Table SII Sensitivity analyses for the largest RCT and the largest meta-analysis in each Cochrane Review.

	What LBR improvements are studies powered to detect?		What LBR improvements are actually estimated in the studies?	
	80% Power to detect	90% Power to detect	Estimated LBR improvement	Width of 95% CI
Largest RCT in review $N = 77$	14 (11–20)pp	17 (13–23)pp	1 (–2 to 5)pp	19 (13–27)pp
Largest meta-analysis in review $N = 77$	10 (7–15)pp	12 (8–18)pp	2 (–2 to 6)pp	13 (10–21)pp

Effect sizes that studies have 80 and 90% power to detect, effect sizes actually estimated by the studies, and precision of the estimates, as measured by width of 95% CI. Median (IQR).