# Immunologic markers in the progression of Parkinson disease

Questionnaire for the survey of demographic data, medical history, disease status and other factors of Parkinson and non-Parkinson individuals in the Colombo District, Sri Lanka.

> This survey is carried out for an academic research by an undergraduate of University of Colombo.

➤ Confidentiality of all information is carefully guaranteed, and no information by which you can be identified will be released, presented or published. The data will never be used in such a way that you could be identified in any way.

Patient ID no: .....

Date: .....

## 1. Subject Group

Parkinson Disease (PD) Other neurological disorders Normal healthy individuals

## **Demographic data**

- **2.** Age: .....years
- 3. Sex : Male / Female
- 4. Residential address and Contact details

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## 5. Highest educational level

GCE Ordinary Level
GCE Advanced Level

Graduate..... Other (Specify).....

# 6. Occupation (past / present)

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### 7. Past medical history

#### Chronic diseases and duration

Diabetes mellitus...... Hypertension...... HD..... Malignancies..... Neurological diseases (specify)..... Neurological diseases (specify)..... Other (specify)..... Tobacco smoking – pack years (current or past)..... Alcohol intake – units per week x years (current or past).....

## 8. Drug history

Name of drug Start date

9. Family history of PD

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# 10. Parkinson disease

Date of onset of symptoms:
Duration since onset of symptoms:
Date of diagnosis:
Duration since diagnosis:
Diagnosed by Physician / Neurologist / other (specify):

# **11. Motor symptoms**

Motor symptoms	Right	Left	Bilateral
Tremor			
Rigidity			
Bradykinesia			
Postural instability			
Reduced arm swing			
Micrographia			
Mask face			
Freezing of gait			
Dyskinesia			

# 12. H-Y scale of disease

Hoehr	Hoehn and Yahr stage			
Stage	Description			
0	No signs of disease			
1	Unilateral disease			
1.5	Unilateral plus axial involvement			
2	Bilateral disease without impairment of balance			
2.5	Mild bilateral disease with recovery on pull test			
3	Mild to moderate bilateral disease; some postural instability; physically independent			
4	Severe disability; still able to walk or stand unassisted			
5	Wheelchair bound or bedridden unless aided			

# 13. Non-motor complications

Non-motor complications	
Memory impairment	
Hallucinations	
Depression	
Sleep disturbances	
Postural dizziness	
Constipation	
Loss of smell	