Table S1 - Media recipes

Three versions of N2B27 are provided. The first recipe, uses in-house N2 with added insulin (as in original N2 recipe – Ying et al. 2013) to give a final concentration of 12.5μ g/ml. In the alternative versions insulin is added separately, either at 20μ g/ml (which might aid neural differentiation of ES cells from certain strains, e.g. pure BL6) or at 12.5μ g/ml (routine ES cell culture and differentiation). In-house preparation of N2 is recommended as commercial products vary.

Media	Shelf-life and storage	Reagent	Supplier	Volume	Final concentration
N2B27 – recipe for 1000ml.	<3 weeks at 4°C, can be made up to 1L, aliquoted and stored at - 80°C. Avoid re-freezing. L-Glutamine will degrade easily, avoid leaving at 37°C for long time.	DMEM/F12	Sigma Aldrich - D6421	487ml	
		Neurobasal	Thermo Fisher - 21103049	487ml	
Can be prepared,		B27 (50X)	Invitrogen, cat. no 17504044	10m1	0.5X
aliquoted and stored at - $80{ m C}$		N2 (with insulin* – 200X)	Made in house – aliquots at - 80°C	5ml	1X
	Open bottles of Neurobasal should be used within a month	β-mercaptoethanol (50mM stock)	Thermo Fisher - 31350-010	1ml	50μΜ
		L-glutamine (200mM stock)	Thermo Fisher - 25030081	10ml	2mM
Neural	<3 weeks at 4°C, can be made up to 1L, aliquoted and stored at - 80°C. Avoid re-freezing. L-Glutamine will degrade easily, avoid leaving at 37°C for long time.	DMEM/F12	Sigma Aldrich - D6421	47.5ml	
specific N2B27 – high insulin. Recipe for 100ml		Neurobasal	Thermo Fisher - 21103049	47.5ml	
		B27 (50X)	Invitrogen, cat. no 17504044	1ml	0.5X
		N2.BV (200X)	Made in house – aliquots at - 80°C	0.5ml	1X
	Open bottles of Neurobasal should be used within a month	β-mercaptoethanol (50mM stock)	Thermo Fisher - 31350-010	0.1ml	50µM
		L-glutamine (200mM stock)	Thermo Fisher - 25030081	1ml	2mM
		Sodium bicarbonate (7.5% stock)	Thermo Fisher - 25080094	1.33ml	0.1%
		Optional: bovine serum albumin fraction V. (7.5% stock).	Thermo Fisher - 15260037	1.5ml	0.11%
		Insulin, human recombinant, zinc solution (4mg/ml stock)	Thermo Fisher- 12585014	0.5ml	20µg/ml*

Alternative N2B27 – Recipe for 100ml. Allows using a single version of N2 (N2.BV), and adjusting the insulin concentration separately.	<3 weeks at 4°C, can be made up to 1L, aliquoted and stored at - 80°C. Avoid re-freezing. L-Glutamine will degrade easily, avoid leaving at 37°C for long time. Open bottles of Neurobasal should be used within a month	DMEM/F12	Sigma Aldrich - D6421	47.5ml	
		Neurobasal	Thermo Fisher - 21103049	47.5ml	
		B27 (50X)	Invitrogen, cat. no 17504044	1ml	0.5X
		N2.BV (200X)	Made in house – aliquots at -80°C	0.5ml	1X
		β-mercaptoethanol (50mM stock)	Thermo Fisher - 31350-010	0.1ml	50μΜ
		L-glutamine (200mM stock)	Thermo Fisher - 25030081	1ml	2mM
		Sodium bicarbonate (7.5% stock)	Thermo Fisher - 25080094	1.33ml	0.1%
		Optional: bovine serum albumin fraction V. (7.5% stock).	Thermo Fisher - 15260037	1.5ml	0.11%
		Insulin, human recombinant, zinc solution (4mg/ml stock)	Thermo Fisher- 12585014	0.3125 ml	12.5µg/ml*
Wash medium (serum-free, for accutase cultures)	~1 month at 4°C	DMEM/F12	Sigma Aldrich - D6421	500ml	
		bovine serum albumin fraction V (7.5% stock).	Thermo Fisher - 15260037	8ml	0.11%
Wash medium for trypsin dissociated	~1 month at 4°C	DMEM/F12	Sigma Aldrich - D6421	500ml	
		FCS		25ml	4.7%
2i/LIF	1 week at 4°C max. Storage at ~6- 10°C will result in deterioration	N2B27	See above		
		PD0325901 (10mM stock in DMSO)	Various		1µM
		CHIR99021 (10mM stock in DMSO)	Various		3μΜ
		LIF (stock concentration depends on supplier)	Sigma-Aldrich L5158 or Millipore ESG1106		100U/mL
Gelatine			Sigma-Aldrich G1890		0.1-0.2% in PBS
Accutase	~2 weeks. Accutase will get deactivated if left at 37°C for a long time (~1-2hrs)		Millipore SCR005		

* Note that the original B27 recipe contained $2\mu g/ml$ insulin. The composition of commercial B27 is not available.