

### **Additional file 3.** Some characteristics of participants

	Mean	Std. Deviation
Age (n=132)	39.27	12.12
Daily cigarette consumption (n=132)	22.58	10.07
Number of quit attempts (n=109)	2.60	1.78
Addiction score (n=132)	5.69	2.24
Depression score (n=130)	5.89	3.67
CO (n=132)	20.87	11.33