

Multimedia Appendix 3. Intervention planning: information sources used to identify the key behavioral issues, needs, and challenges that the planned intervention was intended to address

Trial/ Country (refs)	Information sources
TEXT ME/ Australia [9, 19, 32]	<ul style="list-style-type: none"> • Literature review • Examination of relevant behavior change theories • Stakeholder consultation with key peak organizations • Consumer surveys
Text4Heart/ New Zealand [21, 29]	<ul style="list-style-type: none"> • Systematic literature review • Examination of relevant theory and behavior change techniques • Stakeholder consultation with cardiac rehabilitation nurses and cardiologists • Observation of a centre-based cardiac rehabilitation program • Examination of current cardiac rehabilitation guidelines
Islam/ Bangladesh [22, 33]	<ul style="list-style-type: none"> • Literature review • Consultation with experts and other stakeholders • Group-meetings
Heart/ New Zealand [24-26, 30]	<ul style="list-style-type: none"> • Primary qualitative research to elicit user views of the planned behavior changes • Consultation with experts, members of user groups, other stakeholders • Examination of relevant theory
StAR/ South Africa [8, 18]	<ul style="list-style-type: none"> • Systematic literature review of qualitative studies • Primary qualitative research • Consultation with experts and other stakeholders