

Lubben Social Network Scale – 6 item (LSNS-6)
English Version

FAMILY: *Considering the people to whom you are related, either by birth or marriage . . .*

1. How many relatives do you see or hear from at least once a month?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5

2. How many relatives do you feel at ease with that you can talk about private matters?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5

3. How many relatives do you feel close to such that you could call on them for help?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5

FRIENDSHIPS: *Considering all of your friends, including those who live in your neighborhood . . .*

4. How many of your friends do you see or hear from at least once a month?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5

5. How many friends do you feel at ease with that you can talk about private matters?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5

6. How many friends do you feel close to such that you could call on them for help?

None	One	Two	3 or 4	5-8	9 or more
0	1	2	3	4	5