

Supplementary Table. General Characteristics of Participants

Characteristics	Participants (n = 2053)
Sex	
Females	731 (35.6)
Males	1322 (64.4)
Age (yr)	18.17 ± 0.92
BMI (kg/m ²)	21.03 ± 3.11
Education	
Engineering	1320 (64.3)
Liberal arts	154 (7.5)
Medicine	579 (28.2)
Residence	
City	954 (46.4)
Rural area	646 (31.5)
Town	453 (22.1)
Only child	
Yes	1216 (59.3)
No	837 (40.7)
Single parent	
No	1932 (94.1)
Yes	121 (5.9)
Anxiety	
No	1998 (97.3)
Yes	55 (2.7)
Depression	
No	1968 (95.8)
Yes	85 (4.2)
Experience of abuse	
No	2016 (98.2)
Yes	37 (1.8)
Suicidal intention	
No	1989 (96.8)
Yes	64 (3.2)

BMI, body mass index.

Values were expressed as n (%) or mean ± standard deviation.