# THE LANCET Psychiatry

## Supplementary appendix

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to: Mars B, Heron J, Klonsky ED, et al. Predictors of future suicide attempt among adolescents with suicidal thoughts or non-suicidal self-harm: a population-based birth cohort study. *Lancet Psychiatry* 2019; published online March 14. http://dx.doi.org/10.1016/S2215-0366(19)30030-6.

eTable 1: Comparison of those with complete and incomplete data on suicide attempts at 21 years (Comparison amongst those with suicidal thoughts at baseline, N=456)

eTable 2: Comparison of those with complete and incomplete data on suicide attempts at 21 years (Comparison amongst those with non-suicidal self-harm at baseline, N=569)

eTable 3 Comparison of responders and non-responders to the self-harm questionnaire at 16 years by key demographic variables (Comparison amongst those invited to participate in the age 16 year questionnaire, N=9,370)

eTable 4: Predictors of incident suicide attempts amongst those with suicidal thoughts at baseline: Comparison of complete case and imputed data

eTable 5: Predictors of incident suicide attempts amongst those with non-suicidal self-harm at baseline: Comparison of complete case and imputed data

eTable 6: Description of risk factors in the subsample with no suicidal thoughts or attempts at age 16 years

eTable 7: Predictors of incident suicide attempts amongst those with non-suicidal self-harm at baseline: Sensitivity analysis removing those who reported having self-poisoned on the most recent self-harm occasion

eTable 1: Comparison of those with complete and incomplete data on suicide attempts at 21 years
(Comparison amongst those with suicidal thoughts at baseline, N=456)

Variable	Description	Ν	Complete data on suicide attempts n=310	Incomplete data on suicide attempts n=146	P value <sup>a</sup>
Child sex	Male	123	80 (25.8%)	43 (29.5%)	0.413
	Female	333	230 (74.2%)	103 (70.6%)	
Parity	First born	199	131 (43.0%)	68(48.9%)	0.384
•	Second born	171	119 (39.0%)	52 (37.4%)	
	Third born plus	74	55 (18.0%)	19 (13.7%)	
Home overcrowding	≤1 person/room	424	293 (97.7%)	131(94.9%)	0.130
-	>1 person/room	14	7 (2.3%)	7 (5.1%)	
Maternal education	Degree	94	69 (22.3%)	25 (18.5%)	0.377
	A level	121	89 (28.8%)	32 (23.7%)	
	O level	150	100 (32.4%)	50 (37.0%)	
	< O level	79	51 (16.5%)	28 (20.7%)	
Equivalised					
household income	1 <sup>st</sup> quintile	104	71 (25.0%)	33 (25.0%)	0.114
	2 <sup>nd</sup> quintile	94	72 (25.4%)	22 (16.7%)	
	3 <sup>rd</sup> quintile	89	62 (21.8%)	27 (20.5%)	
	4 <sup>th</sup> quintile	70	46 (16.2%)	24 (18.2%)	
	5 <sup>th</sup> quintile	59	33 (11.6%)	26 (19.7%)	
Parental social class	Professional/managerial	278	197 (66.3%)	81 (61.8%)	0.369
	other	150	100 (33.7%)	50 (38.2%)	

<sup>a</sup> Chi-Square test of the association between missing data and categorical exposures Numbers vary due to missing data

eTable 2: Comparison of those with complete and incomplete data on suicide attempts at 21 years
(Comparison amongst those with non-suicidal self-harm at baseline, N=569)

Variable	Description	Ν	Complete data on suicide attempts n=380	Incomplete data on suicide attempts n=189	P value <sup>a</sup>
Child sex	Male	116	69 (18·2%)	47 (24.9%)	0.061
Child sex	Female	453	× /	. ,	0.001
D. I.			311 (81.8%)	142 (75.1%)	0.570
Parity	First born	265	182 (49.4%)	83(44.9%)	0.579
	Second born	214	139 (37.8%)	75 (40.5%)	
	Third born plus	74	47 (12.8%)	27 (36.5%)	
Home overcrowding	$\leq 1$ person/room	533	360 (97.8%)	173(96.1%)	0.248
, , , , , , , , , , , , , , , , , , ,	>1 person/room	15	8 (2.2%)	7 (3.9%)	
Maternal education	Degree	133	91 (24.3%)	42 (23.3%)	0.898
	A level	131	91 (24.3%)	40 (22.2%)	
	O level	204	134 (35.7%)	70 (38.9%)	
	< O level	87	59 (15.7%)	28 (15.6%)	
Equivalised					
household income	1 <sup>st</sup> quintile	130	86 (24.8%)	44 (25.4%)	0.449
	2 <sup>nd</sup> quintile	117	85 (24.5%)	32 (18.5%)	
	3 <sup>rd</sup> quintile	113	70 (20.2%)	43 (24.9%)	
	4 <sup>th</sup> quintile	90	62 (17.9%)	28 (16.2%)	
	5 <sup>th</sup> quintile	70	44 (12.7%)	26 (15.0%)	
Parental social class	Professional/managerial	349	239 (65.8%)	110(64.7%)	0.797
	other	184	124 (34.2%)	60 (35.3%)	

<sup>a</sup> Chi-Square test of the association between missing data and categorical exposures Numbers vary due to missing data

eTable 3: Comparison of responders and non-responders to the self-harm questionnaire at 16 years by key demographic variables (Comparison amongst those invited to participate in the age 16 year questionnaire, N=9,370)

Variable	Description	N	No data on suicidal thoughts and attempts <sup>a</sup>	Data on suicidal thoughts and attempts	P value <sup>b</sup>
Child sex	Male	4,628	2,672 (58.1%)	1,956 (41.0%)	<0.001
	Female	4,742	1,956 (41.9%)	2,816 (59.0%)	
Parity	First born	4,060	1,789 (41.5%)	2,271 (48.8%)	<0.001
	Second born	3,199	1,571 (36.5%)	1,628 (35.0%)	
	Third born plus	1,700	948 (22.0%)	752 (16.2%)	
Home overcrowding	≤1 person/room	8,434	3,994 (93.1%)	4,440 (96.6%)	<0.001
U	>1 person/room	453	296 (6.9%)	157 (3.4%)	
Maternal education	Degree	1,306	365 (8.7%)	941 (20.2%)	<0.001
	A level	2,206	906 (21.5%)	1,300 (28.0%)	
	O level	3,106	1,561 (37.0%)	1,545 (33.2%)	
	< O level	2,246	1,383 (32.8%)	863 (18.6%)	
Equivalised household income	1 <sup>st</sup> quintile	1,724	599 (16.7%)	1,125 (25.9%)	<0.001
	2 <sup>nd</sup> quintile	1,657	651 (18.2%)	1,006 (23.1%)	
	3 <sup>rd</sup> quintile	1,612	753 (21.0%)	859 (19.8%)	
	4 <sup>th</sup> quintile	1,519	762 (21.3%)	757 (17.4%)	
	5 <sup>th</sup> quintile	1,417	818 (22.8%)	599 (13.8%)	
Parental social class	Professional/managerial	4,870	1,979 (50.6%)	2,891 (64.9%)	<0.001
	other	3,499	1,933 (49.4%)	1,566 (35.1%)	

<sup>a</sup> Includes those who were sent but did not return the self-harm questionnaire, and those who returned the questionnaire but did not respond to the suicidal thoughts or attempts items

<sup>b</sup> Chi-Square test of the association between missing data and categorical exposures

Numbers vary due to missing data

### eTable 4: Predictors of incident suicide attempts amongst those with suicidal thoughts at baseline: Comparison of complete case and imputed data

	Complete c n=310	ase	Imputed sample n=456		
Exposure	Adjusted for sex and SES OR (95% CI)	P value	Adjusted for sex and SES OR (95% CI)	P value	
Female sex	0.85 (0.37, 1.96)	0.698	1.01 (0.47, 2.18)	0.975	
Psychosocial variables					
IQ	0.91 (0.58, 1.42)	0.678	0.92 (0.60, 1.42)	0.716	
Executive function					
Updating	0.89(0.57, 1.39)	0.616	0.94 (0.64, 1.37)	0.742	
Attentional-switching	1.08 (0.74, 1.58)	0.700	0.99 (0.68, 1.45)	0.968	
Attentional-control	1.36 (0.85, 2.18)	0.203	1.11 (0.81, 1.51)	0.528	
Impulsivity	0.88 (0.60, 1.31)	0.537	0.80 (0.56, 1.15)	0.228	
Sensation-seeking					
Arnett intensity subscale	1.12 (0.76, 1.66)	0.555	1.20 (0.85, 1.70)	0.290	
Arnett novelty subscale	1.13 (0.77, 1.66)	0.539	1.27 (0.88, 1.82)	0.201	
Big-5 personality dimensions					
Extraversion	0.84 (0.53, 1.32)	0.981	1.00 (0.68, 1.47)	0.992	
Agreeableness	1.08 (0.65, 1.78)	0.776	1.08 (0.73, 1.59)	0.693	
Conscientiousness	1.01 (0.64, 1.58)	0.981	0.90 (0.59, 1.38)	0.639	
Emotional stability	0.96 (0.60, 1.54)	0.874	0.91 (0.60, 1.38)	0.657	
Intellect/openness	1.56 (0.95, 2.54)	0.076	1.62 (1.06, 2.46)	0.025	
Family self-harm	2.46 (1.02, 5.93)	0.045	2.03 (0.93, 4.44)	0.076	
Friend self-harm	1.77 (0.79, 3.98)	0.166	1.85 (0.93, 3.69)	0.081	
Life events	0.80(0.55, 1.19)	0.271	0.90 (0.65, 1.24)	0.511	
Early adversity	0.81(0.32, 2.09)	0.668	0.75(0.31, 1.81)	0.513	
Body dissatisfaction	0.94 (0.41, 2.15)	0.880	0.95 (0.45, 1.98)	0.883	
Sleep problems					
Waking in the night	1.14(0.47, 2.73)	0.776	1.05(0.51, 2.18)	0.895	
Insufficient sleep	0.47(0.19, 1.12)	0.088	0.59(0.25, 1.39)	0.224	
Psychiatric/mental health variables					
Any DAWBA diagnosis	1.07(0.28, 4.10)	0.927	$1 \cdot 12 \ (0 \cdot 35, \ 3 \cdot 63)$	0.844	
Hopelessness	$2 \cdot 20 \ (0 \cdot 99, 4 \cdot 87)$	0.052	1.65 (0.85, 3.18)	0.137	
Depressive symptoms	1.11 (0.74, 1.65)	0.612	1.06 (0.74, 1.51)	0.754	
Substance use					
Alcohol, heavy drinking	1.37(0.49, 3.81)	0.543	$1 \cdot 11 \ (0 \cdot 43, 2 \cdot 83)$	0.830	
Cannabis, at least occasional use	2.99(1.01, 8.81)	0.047	2.61(1.11, 6.14)	0.029	
Smoking, at least weekly	1.85 (0.54, 6.42)	0.330	1.70(0.58, 4.97)	0.333	
Illicit drug use (post year)	3.45 (1.29, 9.24)	0.014	2.47 (1.02, 5.96)	0.045	
Suicidal plans	1.58 (0.49, 5.11)	0.448	1.15 (0.39, 3.41)	0.800	
NSSH	3.73 (1.71, 8.12)	0.001	2.78 (1.35, 5.74)	0.006	
NOCH					
NSSH frequency					
Not in the last year	(reference)	0.561	(reference)	0.517	
1-5 times	0.59 (0.16, 2.14)		0.53 (0.18, 1.58)		
6+ times	$1 \cdot 26 \ (0 \cdot 32, \ 5 \cdot 00)$		0.92 (0.26, 3.26)		
NSSH method used during most recent self-harm episode <i>Cutting</i>					
0	(reference)	0.040	(reference)	0 107	
Other Multiple mode de	(reference)	0.049	(reference)	0.107	
Multiple methods	$\begin{array}{c} 0.29 \ (0.05, 1.59) \\ 0.14 \ (0.02, 1.25) \end{array}$		$0.44 (0.11, 1.83) \\ 0.15 (0.02, 1.16)$	1	

### NSSH: non-suicidal self-harm

The number of individuals with missing data was 0 for gender; 58 for IQ; 60 for updating; 69 for attentional switching; 52 for attentional control; 66 for impulsivity; 5 for sensation seeking; 74 for extraversion; 77 for agreeableness; 81 for conscientiousness; 84 for emotional stability; 78 for intellect/openness; 37 for family self-harm; 0 for friend self-harm; 0 for life events; 115 for adversity; 74 for body dissatisfaction; 110 for waking in

the night; 90 for insufficient sleep; 74 for psychiatric disorder; 15 for hopelessness; 4 for depressive symptoms; 81 for alcohol; 77 for cannabis; 106 for smoking; 84 for illicit drug use; 29 for suicidal plans; 0 for NSSH

### eTable 5: Predictors of incident suicide attempts amongst those with non-suicidal self-harm at baseline: Comparison of complete case and imputed data

	Complete ca n=380	Imputed sample n=569		
Exposure	Adjusted for sex and SES OR (95% CI)	P value	Adjusted for sex and SES OR (95% CI)	P value
Female sex	0.68 (0.30, 1.54)	0.354	0.82 (0.39, 1.72)	0.596
Psychosocial variables				
IQ	1.03 (0.69, 1.53)	0.892	0.99 (0.67, 1.46)	0.944
Executive function				
Updating	0.90 (0.61, 1.32)	0.583	0.90 (0.64, 1.27)	0.552
Attentional-switching	0.96 (0.66, 1.40)	0.836	0.98 (0.65, 1.48)	0.931
Attentional-control	0.94 (0.66, 1.33)	0.715	1.02(0.74, 1.42)	0.886
Impulsivity	1.04 (0.71, 1.52)	0.836	0.92 (0.64, 1.34)	0.670
Sensation-seeking				
Arnett intensity subscale	0.92 (0.65, 1.31)	0.652	0.97 (0.72, 1.31)	0.848
Arnett novelty subscale	0.97 (0.70, 1.36)	0.862	1.06 (0.79, 1.40)	0.711
Big-5 personality dimensions				1
Extraversion	0.58 (0.39, 0.87)	0.008	0.71 (0.49, 1.03)	0.068
Agreeableness	1.01 (0.69, 1.49)	0.943	1.04 (0.73, 1.47)	0.837
Conscientiousness	1.01 (0.69, 1.48)	0.970	0.95 (0.70, 1.31)	0.773
Emotional stability	0.84 (0.57, 1.25)	0.397	0.79 (0.53, 1.17)	0.237
Intellect/openness	1.12 (0.77, 1.63)	0.545	1.25 (0.87, 1.81)	0.221
Family self-harm	1.68 (0.75, 3.76)	0.206	1.42 (0.66, 3.05)	0.364
Friend self-harm	0.96 (0.45, 2.06)	0.924	0.97 (0.50, 1.89)	0.936
Life events	0.98 (0.70, 1.36)	0.887	1.09 (0.80, 1.49)	0.573
Early adversity	0.92 (0.38, 2.21)	0.853	1.14 (0.56, 2.35)	0.712
Body dissatisfaction	0.66 (0.32, 1.36)	0.257	0.63 (0.33, 1.23)	0.176
Sleep problems				
Waking in the night	2.06(0.92, 4.58)	0.077	1.91 (0.95, 3.84)	0.069
Insufficient sleep	1.87 (0.90, 3.89)	0.094	1.97 (1.02, 3.81)	0.043
Psychiatric/mental health variables	0 (0 (0 10 0 00)	0.547	0.54 (0.10.0.00)	0.402
Any DAWBA diagnosis	0.62 (0.13, 2.89)	0.547	0.54 (0.13, 2.30)	0.403
Hopelessness	1.27 (0.61, 2.66)	0.525	$1 \cdot 20 \ (0 \cdot 60, 2 \cdot 40)$	0.603
Depressive symptoms	0.98 (0.71, 1.37)	0.923	1.00(0.73, 1.38)	0.996
Substance use		0.501		0.150
Alcohol, heavy drinking	0.80 (0.35, 1.82)	0.591	0.77 (0.38, 1.54)	0.452
Cannabis, at least occasional use	$2 \cdot 30 (1 \cdot 01, 5 \cdot 23)$	0.047	$2 \cdot 14 (1 \cdot 04, 4 \cdot 41)$	0.038
Smoking, at least weekly illicit drug use (post year)	$   \begin{array}{r}     1 \cdot 98 & (0 \cdot 73, 5 \cdot 38) \\     2 \cdot 39 & (1 \cdot 11, 5 \cdot 18)   \end{array} $	0·178 0·026	2.07 (0.83, 5.13) 2.17 (1.10, 4.27)	0·116 0·025
Suicidal plans	2.18 (0.56, 8.56)	0.263	2.25 (0.62, 8.12)	0.215
NSSH frequency	(	0.711	(	0.500
Not in the last year	(reference)	0.711	(reference)	0.599
1-5 times	1.03 (0.49, 2.16)		0.83 (0.44, 1.58)	1
6+ times	1.46 (0.59, 3.64)		1.29 (0.57, 2.92)	
NSSH method used during most recent self-harm episode		0 101		0.554
Cutting	(reference)	0.191	(reference)	0.554
Other	0.47 (0.16, 1.42)		0.67 (0.27, 1.65)	1
More than one	0.42 (0.10, 1.85)		0.66 (0.22, 1.99)	

NSSH: non-suicidal self-harm

The number of individuals with missing data was 0 for gender; 56 for IQ; 59 for updating; 75 for attentional switching; 64 for attentional control; 72 for impulsivity; 4 for intensity seeking; 9 for novelty seeking; 82 for extraversion; 83 for agreeableness; 84 for conscientiousness; 89 for emotional stability; 87 for intellect/openness; 37 for family self-harm; 3 for friend self-harm; 0 for life events; 136 for adversity; 50 for body dissatisfaction; 113 for waking in the night; 103 for insufficient sleep; 74 for psychiatric disorder; 17 for hopelessness; 2 for depressive symptoms; 80 for alcohol; 75 for cannabis; 121 for smoking; 86 for illicit drug use; 2 for suicidal plans; 5 for NSSH frequency; 4 for NSSH method-

eTable 6: Description of risk factors in the subsample with no suicidal thoughts or attempts at age 16 years: complete case sample

	Number (%) or Mean (SD)
Exposure (age of assessment)	
Female sex, (%)	n=2283 57.16%
Psychosocial variables	57.10%
Total IQ (age 8, mean (SD)	109.3 (15.86)
Executive function, mean (SD)	
Updating	13.4 (2.94)
Attentional-switching	11.1 (15.10)
Attentional-control	16.9 (5.28)
Impulsivity, mean (SD)	13.7 (2.54)
Sensation-seeking, mean (SD)	
Arnett intensity subscale	25.5 (4.43)
Arnett novelty subscale	25.7 (4.28)
Big-5 personality dimensions, mean (SD)	
Extraversion	34.8 (6.97)
Agreeableness	38.5 (4.97)
Conscientiousness	33.1 (5.77)
Emotional stability	33.0 (6.27)
Intellect/openness	36.4 (5.47)
Family self-harm, (%)	5.76%
Friend self-harm, (%)	30.5%
Life events, mean (SD)	2.6 (1.89)
Early adversity, (%)	24.4%
Body dissatisfaction, (%)	28.5%
Sleep problems, (%)	
Waking in the night	38.5%
Insufficient sleep	31.8%
Psychiatric/mental health variables	
Any DAWBA diagnosis, (%)	2.6%
Hopelessness, (%)	9.2%
Depressive symptoms, mean (SD)	4.3 (4.13)
Substance use, (%)	
Alcohol, heavy drinking	15.2%
Cannabis, at least occasional use	5.3%
Smoking, at least weekly	5.1%
illicit drug use (post year)	7.5%
Suicidal plans, (%)	0%

Sample includes 2283 with data on suicidal thoughts and non-suicidal self-harm at 16 years, and suicidal attempts at age 21 years

The number of individuals with missing data was 0 for gender; 372 for IQ; 411 for updating; 438 for attentional switching; 416 for attentional control; 447 for impulsivity; 58 for intensity seeking; 55 for novelty seeking; 483 for extraversion; 521 for agreeableness; 573 for conscientiousness; 532 for emotional stability; 515 for intellect/openness; 199 for family self-harm; 10 for friend self-harm; 2 for life events; 852 for adversity; 292 for body dissatisfaction; 670 for waking in the night; 606 for insufficient sleep; 481 for psychiatric disorder; 81 for hopelessness; 43 for depressive symptoms; 547 for alcohol; 502 for cannabis; 746 for smoking; 580 for illicit drug use; 0 for suicidal plans

eTable 7: Predictors of incident suicide attempts amongst those with non-suicidal self-harm at baseline: Sensitivity analysis removing those who reported having self-poisoned on the most recent self-harm occasion

	Complete case				
Exposure	n=380				
•	Adjusted for sex and	D I			
	SES OR (95% CI)	P value			
Female sex	0.67 (0.29, 1.53)	0.338			
Psychosocial variables	0.07 (0.2), 1.55)	0.330			
IQ	1.07 (0.71, 1.62)	0.736			
- (	( , )				
Executive function					
Updating	0.95 (0.65, 1.38)	0.779			
Attentional-switching	0.93(0.62, 1.41)	0.746			
Attentional-control	0.96 (0.67, 1.37)	0.816			
Impulsivity	1.00 (0.69, 1.46)	0.995			
Sensation-seeking					
Arnett intensity subscale	0.91 (0.64, 1.29)	0.593			
Arnett novelty subscale	1.02 (0.72, 1.43)	0.919			
Big-5 personality dimensions					
Extraversion	0.60(0.40, 0.89)	0.012			
Agreeableness	1.01 (0.68, 1.50)	0.951			
Conscientiousness	0.97 (0.66, 1.42)	0.861			
Emotional stability	0.88(0.60, 1.32)	0.550			
Intellect/openness	1.17 (0.80, 1.71)	0.428			
Family self-harm	1.80 (0.80, 4.05)	0.157			
Friend self-harm	1.08 (0.49, 2.39)	0.835			
Life events	1.00 (0.72, 1.40)	0.999			
Early adversity	1.01 (0.42, 2.46)	0.982			
Body dissatisfaction	0.59 (0.28, 1.25)	0.172			
Sleep problems					
Waking in the night	1.93 (0.86, 4.31)	0.109			
Insufficient sleep	2.09 (0.99, 4.41)	0.001			
Psychiatric/mental health variables					
Any DAWBA diagnosis	0.63 (0.13, 2.92)	0.553			
Hopelessness	1.19(0.65, 2.91)	0.401			
Depressive symptoms	0.99 (0.71, 1.38)	0.937			
Substance use					
Alcohol, heavy drinking	0.83 (0.37, 1.92)	0.668			
Cannabis, at least occasional use	2.58 (1.12, 5.92)	0.026			
Smoking, at least weekly	2.13 (0.78, 5.77)	0.139			
illicit drug use (post year)	2.52 (1.15, 5.50)	0.020			
Suicidal plans	2.15 (0.55, 8.46)	0.273			
NSSH frequency					
Not in the last year	(reference)	0.718			
1-5 times	1.06 (0.50, 2.24)				
6+ times	1.47 (0.58, 3.69)				
NSSH method used during most recent self-harm episode					
Cutting	(reference)	0.207			
Other	0.39 (0.11, 1.38)				
More than one	0.53(0.12, 2.37)				

NSSH: non-suicidal self-harm