

SUPPLEMENTAL MATERIAL

Table S1. Characteristics of the MASALA study and MESA participants at Exam 1, age 45-84 years.*

	South Asians n=623	White n=2,280	African American n=1,558	Latino n=1,235	Chinese American n=686
Age, years	56.7 ± 8.3	62.4 ± 10.2	61.7 ± 10.0	61.0 ± 10.3	61.8 ± 10.2
Male sex	353 (57)	1103 (48)	696 (45)	599 (48)	342 (50)
Current smoker	20 (3)	241 (11)	271 (18)	163 (13)	38 (6)
Alcohol use ≥1 drink/day	223 (36%)	1459 (65)	776 (51)	576 (47)	144 (21)
Exercise, MET-min/week	960 (330 - 1890)	1890 (909 - 3412)	1682 (690 - 3600)	1238 (435 - 2835)	1260 (630 - 2438)
BMI, kg/m ²	25.8 ± 3.9	27.6 ± 5.0	30.1 ± 5.8	29.5 ± 5.1	24.1 ± 3.3
Waist circumference, cm	92.7 ± 10.1	97.7 ± 14.4	101.0 ± 14.6	100.7 ± 13.1	87.2 ± 9.9
Systolic blood pressure, mmHg	125 ± 16	123 ± 20	131 ± 21	126 ± 21	124 ± 21
Diastolic blood pressure, mmHg	73 ± 10	70 ± 10	74 ± 10	72 ± 10	72 ± 10
Hypertension**	253 (41)	855 (38)	901 (58)	514 (42)	250 (36)
Diabetes†	155 (25)	133 (6)	262 (17)	207 (17)	84 (12)
LDL-cholesterol, mmol/L	2.86 ± 0.84	3.03 ± 0.78	3.02 ± 0.84	3.09 ± 0.83	2.97 ± 0.73
HDL-cholesterol, mmol/L	1.24 (1.03 - 1.47)	1.29 (1.06 - 1.58)	1.29 (1.06 - 1.58)	1.16 (1.01 - 1.40)	1.24 (1.03 - 1.45)
Triglycerides, mmol/L	1.34 (0.99 - 1.79)	1.28 (0.88 - 1.84)	1.01 (0.75 - 1.38)	1.51 (1.07 - 2.16)	1.44 (0.98 - 1.98)
Fasting glucose, mmol/L	5.75 ± 1.35	5.04 ± 1.14	5.50 ± 1.67	5.70 ± 2.03	5.48 ± 1.57
Cholesterol medication use‡	172 (28)	410 (18)	249 (16)	182 (15)	105 (15)
CAC score					
zero	346 (56)	1002 (44)	908 (58)	671 (54)	345 (50)
1-100	150 (24)	570 (25)	372 (24)	313 (25)	196 (29)
101-400	75 (12)	374 (16)	146 (9)	148 (12)	100 (15)
>400	52 (8)	314 (14)	117 (8)	95 (8)	43 (6)

*values are presented as n (%), or mean ± SD, or median (interquartile range), as appropriate

**hypertension was defined as systolic blood pressure ≥140 and/or diastolic blood pressure ≥90 and/or use of any anti-hypertension medication

†diabetes was defined as fasting glucose ≥126 mg/dl and/or use of an anti-diabetes medication