Supplemental Table 1. Bivariate Spearman Correlations Between the Pittsburgh Sleep Quality Index Component Scores and NSSI Engagement (*n*=324)

	1	2	3	4	5	6	7	8
1. NSSI	1.0							
2.Sleep Quality	0.15*	1.0						
3.Sleep Latency	0.27*	0.46*	1.0					
4.Sleep Duration	0.07	0.34*	0.24*	1.0				
5.Sleep Efficiency	0.09	0.21*	0.26*	0.48*	1.0			
6.Sleep Disturbances	0.20*	0.39*	0.40*	0.19*	0.21*	1.0		
7.Sleep Medications	0.21*	0.21*	0.26*	0.09	0.10	0.19*	1.0	
8.Daytime Dysfunction	0.18*	0.43*	0.37*	0.24*	0.16*	0.37*	0.16*	1.0

* *p* < .01