

Table S1. Adjusted Odds of UWCBS among adults in the Harvard Chan Physical Activity Study (N=1,726)*

| | OR (95% CI) | | | | | |
|-----------------------|------------------------------|-----------------------------|-----------------------------|-----------------------------|---|-------------------------------|
| | Vomiting | Laxative Use | Fasting | Diet Pill Use | Muscle Building Supplement Use ^a | Anabolic Steroid Use |
| Dating App Use | | | | | | |
| User | 7.652 (5.302, 11.044) | 6.331 (4.551, 8.808) | 2.546 (1.992, 3.255) | 6.824 (4.904, 9.495) | 4.227 (3.128, 5.713) | 13.003 (8.237, 20.529) |
| Non-user (ref) | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 |

Note: *Models adjusted for sex, race/ethnicity, sexual orientation, income, age, marital status, and body mass index. Boldface indicates statistical significance ($p < 0.05$). CIs = confidence interval.

^aIncludes products such as creatine, amino acids, DHEA, hydroxyl methylbutyrate [HMB], or growth hormone.