

**Supplemental Table S1:****Descriptive statistics for parent-reported mental health characteristics and concerns about child's risk  
(N = 355)**

|   | <i>N</i> | %    |
|---|----------|------|
| <b>Parent history of mental health problem</b>  |          |      |
| No  | 123      | 34.6 |
| Yes, past only  | 169      | 47.6 |
| Yes, current for at least 2 weeks   | 21       | 5.9  |
| Yes, past and current   | 42       | 11.8 |
| <b>Parent history of mental health diagnosis, past or current<sup>a</sup></b>                                     |          |      |
| Depression  | 66       | 18.6 |
| Anxiety   | 111      | 31.3 |
| Others (e.g. attention, relationship problems)  | 116      | 32.7 |
| None  | 123      | 34.6 |
| <b>Parental concerns about child's risk of developing depression</b>  |          |      |
| Not at all  | 54       | 15.2 |
| A little  | 175      | 49.3 |
| Yes   | 73       | 20.6 |
| Very much so  | 53       | 14.9 |
| <b>Parental concerns about child's risk of developing anxiety</b>   |          |      |
| Not at all  | 41       | 11.5 |
| A little  | 143      | 40.3 |
| Yes   | 92       | 25.9 |
| Very much so  | 79       | 22.3 |
| <b>Child history of mental health or behavioural diagnosis<sup>a</sup></b>  |          |      |
| Depression  | 2        | 0.6  |
| Any anxiety disorder  | 31       | 8.7  |
| Autism  | 14       | 3.9  |
| Asperger's disorder   | 9        | 2.5  |
| Attention-deficit/hyperactivity disorder  | 22       | 6.2  |
| Intellectual disability   | 2        | 0.6  |
| Oppositional defiant disorder   | 5        | 1.4  |
| Conduct disorder  | 1        | 0.3  |
| Other (e.g. learning disorder, anger)   | 116      | 32.7 |
| Child has never been diagnosed, however I believe my child has experienced some emotional or behavioural problems | 211      | 59.4 |
| <b>Child current mental health or behavioural problem<sup>a</sup></b>   |          |      |
| Depression  | 5        | 1.4  |
| Any anxiety disorder  | 33       | 9.3  |
| Autism  | 13       | 3.7  |
| Asperger's disorder   | 9        | 2.5  |
| Attention-deficit/hyperactivity disorder  | 24       | 6.8  |
| Intellectual disability   | 2        | 0.6  |
| Oppositional defiant disorder   | 4        | 1.1  |
| Conduct disorder  | 1        | 0.3  |
| Other (e.g. learning disorder, Tic disorder, anger, stress, etc.)   | 83       | 23.4 |
| No formal diagnosis, however I believe [he/she] is experiencing some emotional or behavioural problems            | 36       | 10.1 |
| No current mental health or behavioural problems  | 195      | 54.9 |

*Note.* Percentages are based on parents' report, regardless of their child's participation in the study.

<sup>a</sup>Percentages exceed 100% as multiple responses were allowed.