Supplementary Online Content

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eTable 1. Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day – Sensitivity analysis #1: excluding the first year of follow-up and women with prevalent cardiovascular disease, cancer or diabetes **eTable 2.** Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day – Sensitivity analysis #2: excluding women who self-reported their health as less than excellent/good **eTable 3.** Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day – Sensitivity analysis #3: excluding women with body mass index <18.5 kg/m²

This supplementary material has been provided by the authors to give readers additional information about their work.

1 Supplemental Tables

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14 eTable 1.

16 Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day –

17 Sensitivity analysis #1: excluding the first year of follow-up and women with prevalent cardiovascular disease, cancer or diabetes

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	No. of Cases / No. of Women	Hazard Ratio (95% Confidence Interval)*		
		Model 1	Model 2	Model 3
Mean steps/d				
Q1 (lowest)	129 / 2,855	Reference	Reference	Reference
Q2	59 / 3,233	0.60 (0.44, 0.83)	0.69 (0.50, 0.95)	0.65 (0.47, 0.90)
Q3	48 / 3,468	0.55 (0.39, 0.79)	0.66 (0.45, 0.94)	0.58 (0.40, 0.84)
Q4 (highest)	30 / 3,541	0.40 (0.26, 0.61)	0.50 (0.32, 0.78)	0.41 (0.26, 0.65)
p, trend		< 0.01	< 0.01	< 0.01
Per 1,000 steps/d		0.85 (0.79, 0.90)	0.89 (0.83, 0.95)	0.86 (0.80, 0.92)

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* Model 1 is adjusted for age and wear time. Model 2 is adjusted for Model 1 variables plus smoking; alcohol; intakes of saturated

fat, fiber, fruits and vegetables; hormone therapy; parental history of myocardial infarction; family history of cancer; general health;

cancer screening. Model 3 is adjusted for Model 2 variables plus body mass index; history of hypertension, high cholesterol.

25 **eTable 2.**

27 Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day –

28 Sensitivity analysis #2: excluding women who self-reported their health as less than excellent/good

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	No. of Cases / No. of Women	Hazard Ratio (95% Confidence Interval)*		
		Model 1	Model 2	Model 3
Mean steps/d				
Q1 (lowest)	228 / 3,903	Reference	Reference	Reference
Q2	101 / 4,082	0.58 (0.46, 0.74)	0.65 (0.51, 0.83)	0.60 (0.47, 0.77)
Q3	74 / 4,125	0.50 (0.37, 0.66)	0.56 (0.42, 0.75)	0.50 (0.37, 0.67)
Q4 (highest)	47 / 4,137	0.37 (0.26, 0.52)	0.44 (0.31, 0.62)	0.36 (0.25, 0.52)
p, trend		< 0.01	< 0.01	< 0.01
Per 1,000 steps/d		0.82 (0.78, 0.87)	0.85 (0.81, 0.90)	0.83 (0.78, 0.87)

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32 * Model 1 is adjusted for age and wear time. Model 2 is adjusted for Model 1 variables plus smoking; alcohol; intakes of saturated

fat, fiber, fruits and vegetables; hormone therapy; parental history of myocardial infarction; family history of cancer; general health;
history of cardiovascular disease; history of cancer; cancer screening. Model 3 is adjusted for Model 2 variables plus body mass

35 index; history of hypertension, high cholesterol, diabetes.

eTable 3.

39 Hazard Ratios and 95% Confidence Intervals for All-Cause Mortality by Mean Steps per Day –

40 Sensitivity analysis #3: excluding women with body mass index $<18.5 \text{ kg/m}^2$

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	No. of Cases / No. of Women	Hazard Ratio (95% Confidence Interval)*		
		Model 1	Model 2	Model 3
Mean steps/d				
Q1 (lowest)	254 / 4,077	Reference	Reference	Reference
Q2	97 / 4,106	0.50 (0.40, 0.64)	0.59 (0.46, 0.76)	0.55 (0.43, 0.71)
Q3	74 / 4,111	0.44 (0.34, 0.58)	0.55 (0.41, 0.73)	0.48 (0.36, 0.65)
Q4 (highest)	47 / 4,047	0.33 (0.24, 0.46)	0.43 (0.30, 0.60)	0.35 (0.25, 0.50)
p, trend		<0.01	<0.01	< 0.01
Per 1,000 steps/d		0.80 (0.76, 0.85)	0.85 (0.81, 0.90)	0.83 (0.78, 0.87)

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Model 1 is adjusted for age and wear time. Model 2 is adjusted for Model 1 variables plus smoking; alcohol; intakes of saturated
fat, fiber, fruits and vegetables; hormone therapy; parental history of myocardial infarction; family history of cancer; general health;
history of cardiovascular disease; history of cancer; cancer screening. Model 3 is adjusted for Model 2 variables plus body mass
index; history of hypertension, high cholesterol, diabetes.

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