

Supplementary Table 1. Results of Simple Mediation Models	
	Direct Effects
Model	Estimate
SES -> Active in the world	0.41 ***
SES -> Resilience	0.14 *
Active in the world -> Resilience	0.19 ***
Indirect effect	0.08 ***
SES -> Games	0.05
SES -> Resilience	0.20 ***
Games -> Resilience	-0.06
Indirect effect	0.00
SES -> Outdoor	0.20 ***
SES -> Resilience	0.16 ***
Outdoor -> Resilience	0.20 ***
Indirect effect	0.04 **
SES -> Creative	0.11
SES -> Resilience	0.19 ***
Creative -> Resilience	0.05
Indirect effect	0.01
SES -> Religious / Spiritual	0.04
SES -> Resilience	0.19 ***
Religious / Spiritual -> Resilience	0.07
Indirect effect	0.00
SES -> Exercise	0.29 ***
SES -> Resilience	0.15 **
Exercise -> Resilience	0.24 ***
Indirect effect	0.07 *
SES -> Passive Media Consumption	-0.17 ***
SES -> Resilience	0.18 ***
Passive Media Consumption -> Resilience	-0.06
Indirect effect	0.01
SES -> Shopping / Cooking	-0.06
SES -> Resilience	0.20 ***
Shopping / Cooking -> Resilience	0.14 ***
Indirect effect	-0.01
SES -> Inner life	0.23 ***
SES -> Resilience	0.20 ***
Inner life -> Resilience	-0.01
Indirect effect	0.00

† p < 0.10; * p < 0.05; ** p < 0.01; *** p < 0.001

Supplementary Table 2. Penultimate SEM Mediation Model Without Including Finance as a Predictor					
Model		beta	se	t	P value
Predicting reserve building	SES -> Active in the world	0.40	0.05	7.66	<0.001
	SES -> Outdoor activities	0.20	0.06	3.42	0.001
	SES -> Exercise	0.27	0.05	4.93	<0.001
Predicting resilience: Direct effects	SES -> Resilience	0.05	0.06	0.86	0.389
	Active in the world -> Resilience	0.12	0.05	2.41	0.016
	Outdoor activities -> Resilience	0.10	0.05	2.25	0.024
	Exercise -> Resilience	0.13	0.05	2.77	0.006
	Comorbid Conditions -> Resilience	-0.31	0.04	-7.11	<0.001
Predicting resilience: Total indirect effects	SES -> Resilience	0.11	0.03	3.79	<0.001
Predicting resilience: Specific Indirect effects	SES-> Active in the world-> Resilience	0.05	0.02	2.25	0.025
	SES-> Outdoor activities-> Resilience	0.02	0.01	1.87	0.061
	SES-> Exercise-> Resilience	0.035	0.015	2.308	0.021
R square		R²	se	t	P value
	Education	0.60	0.08	7.81	<0.001
	Father Education	0.58	0.04	13.92	<0.001
	Mother Education	0.55	0.04	13.17	<0.001
	ONET	0.50	0.07	7.05	<0.001
	INCOME	0.59	0.05	12.57	<0.001
	Difficulty paying bills	0.51	0.05	10.34	<0.001
	Active in the world	0.16	0.04	3.83	<0.001
	Outdoor activities	0.04	0.02	1.71	0.087
	Exercise	0.07	0.03	2.46	0.014
Resilience	0.19	0.04	5.29	<0.001	

Model Fit Statistics: $\chi^2=229.1$, $df=36$, $p<.01$; $RMSEA=.110$, $CFI=0.796$, $TLI=0.689$

Path coefficients are reflected by " -> "