

Change in HbA1c	
	Completes
Health Lessons	-0.180 (0.373)
Glucose Logs	0.416 (0.503)
Weight Logs	-0.995** (0.356)
Meal Logs	-0.988 (0.555)
Health Coach Messages	-0.108 (0.473)
Baseline HbA1c	-0.822*** (0.105)
Age	-0.017 (0.017)
Male	-0.035 (0.310)
Chinese	-0.378 (0.561)
Malay	-0.372 (0.613)
Indian	0.014 (0.648)
Constant	8.135*** (1.664)
Observations	83
Adjusted R <sup>2</sup>	0.536

*Note:* \* p<0.05; \*\* p<0.01; \*\*\* p<0.001