

Supplementary-1



Supplementary-2

Questionnaire

Personal Information

Location :

Divisional Secretary's Division:

Age (Years) : 30-45 46-60 61-75 above 75

Gender : Male Female

Education : Not attended school 1-11 years of school education

 12 years of school education Diploma/ Degree and above

Medicinal plant usage

Que.1. Are you normally using any medicinal plant/plant preparation for any disease condition?

Yes Please answer Que.2

No Please answer Que.3

Que.2. (If you answered "Yes" to Que.1)

(2.1) **Why do you use herbal therapeutics ?**

I feel that these are safe/ have less side effects.

I had previous success with these.

Plant materials are readily available.

I could not bear the cost of other treatment methods.

Modern health care facilities are not available in my area.

I feel that other treatment methods could not cure my disease

Other reasons (please specify).....

(2.2) **At what stage/s of the disease you go for these treatments?**

Initial stage before going for any other medication

Simultaneously with other medications

In convalescence period

At the last stage, when other treatment methods fail

(2.3) **Since how many years you are using herbal therapeutics ?**

(2.4) Please provide information to fill the following table:

Disease condition	Name of the plant	Plant part/s used	Preparation method	Administration route	Are you using any other additives ? Eg. Honey, sugar,salt, ghee etc.	How do you obtain the plant material ? Eg. Grown in the garden, purchase, collect from wild etc

(2.5) **How did you acquire the knowledge on herbal therapeutics?**

- From ancestors From neighbors/friends
- From traditional physicians From my own experiences
- From audio/visual sources Others (please specify).....

Que.3. (If you answered “No” to Que.1)

(3.1) **Have you ever used any kind of herbal therapeutics for the above mentioned disease conditions at any time of your life ?** Yes No

(3.2) **Why you are not using herbal therapeutics ?**

- It takes more time to get cured
- It didn't work well when I used them earlier
- It's difficult to find the plant materials
- It's difficult to prepare
- I don't like the taste/smell
- I don't have any faith on these because scientifically not proven
- Other reasons (please specify)

(3.3) **Do you think that you would go for herbal therapeutics, if proper scientific investigations are done on them to prove the safety and efficacy?**

- Yes No Not sure