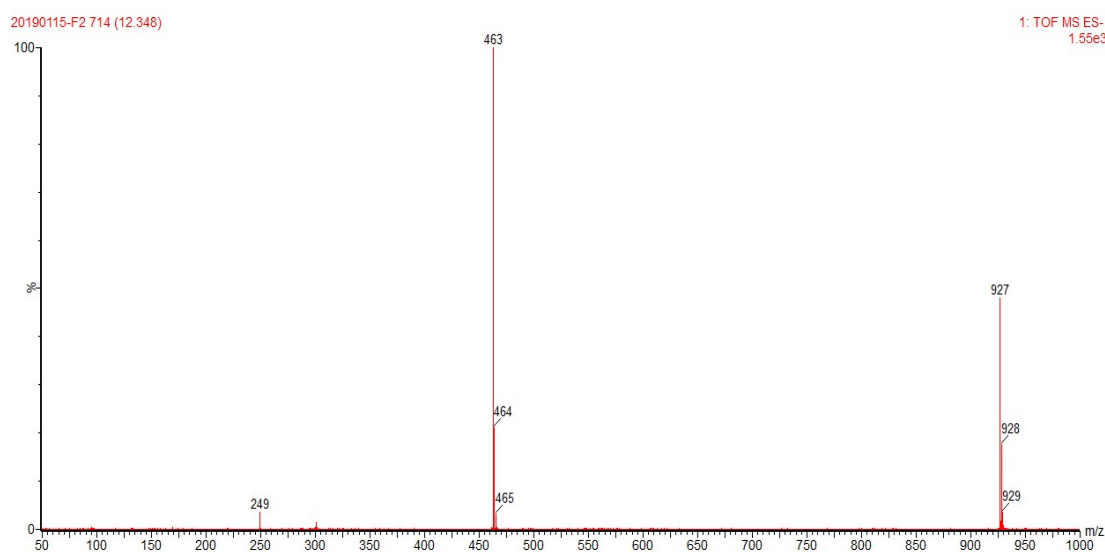


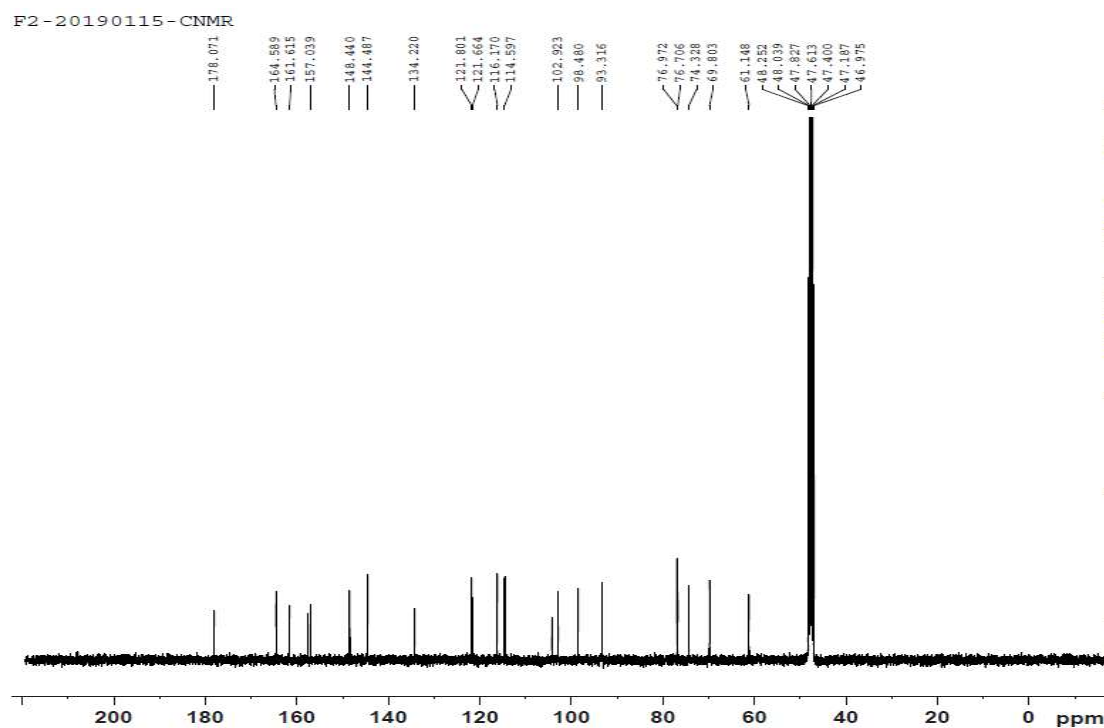
1 Supplementary Materials

2 1. Identification of metabolites (F2, F3 and F4)

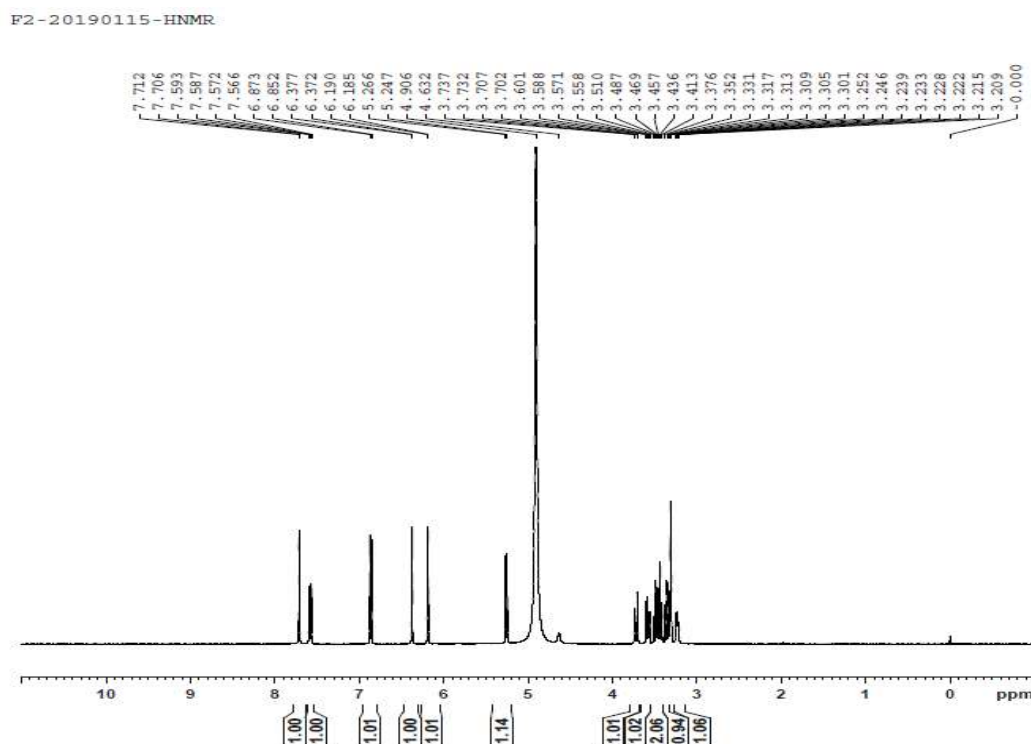
3 **Compound F2** was the yellow powder with a molecular ion $[M-H]^-$ at m/z 463. The structure of
 4 F2 was further confirmed by the following NMR spectra data: 1H NMR (400 MHz, MeOD) δ 7.71 (d,
 5 $J=2.1$ Hz, 1H, 2'-H), 7.58 (dd, $J=8.5, 2.1$ Hz, 1H, 6'-H), 6.86 (d, $J=8.5$ Hz, 1H, 5'-H), 6.38 (d, $J=2.0$ Hz,
 6 1H, 8-H), 6.19 (d, $J=2.0$ Hz, 1H, 6-H), 5.26 (d, $J=7.4$ Hz, 1H, 1''-H), 3.72 – 3.23 (m, 6H, sugar
 7 protons). ^{13}C NMR (101 MHz, MeOD) δ 179.46 (C-4), 165.98 (C-7), 163.00 (C-5), 158.99 (C-9), 158.43 (C-
 8 2), 149.83 (C-4'), 145.87 (C-3'), 135.61 (C-3), 123.19 (C-1'), 123.05 (C-6'), 117.56 (C-5'), 115.98 (C-2'),
 9 105.66 (C-10), 104.31 (C-1''), 99.87 (C-6), 94.70 (C-8), 78.36 (C-5''), 78.09 (C-3''), 75.71 (C-2''), 71.19 (C-
 10 4''), 62.54 (C-6''). By a comparison of its NMR data with those reported previously, F2 was determined
 11 as quercetin 3-O-glucoside.



12 **Figure S1.** MS chromatograms of F2.



15

Figure S2. ¹³CNMR Spectra of F2.

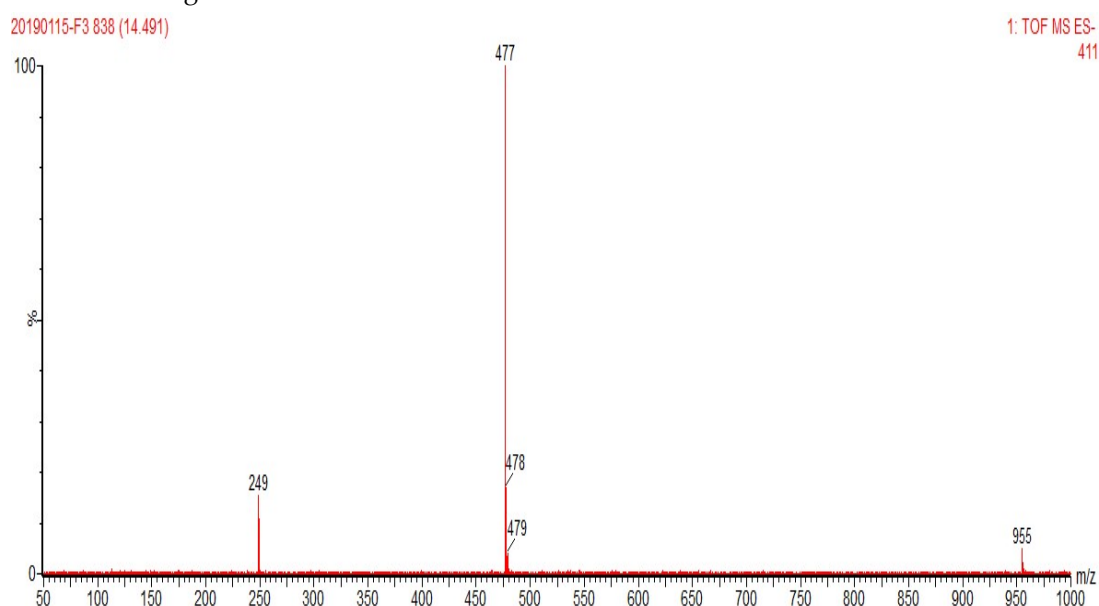
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Figure S3. ¹H NMR Spectra of F2.

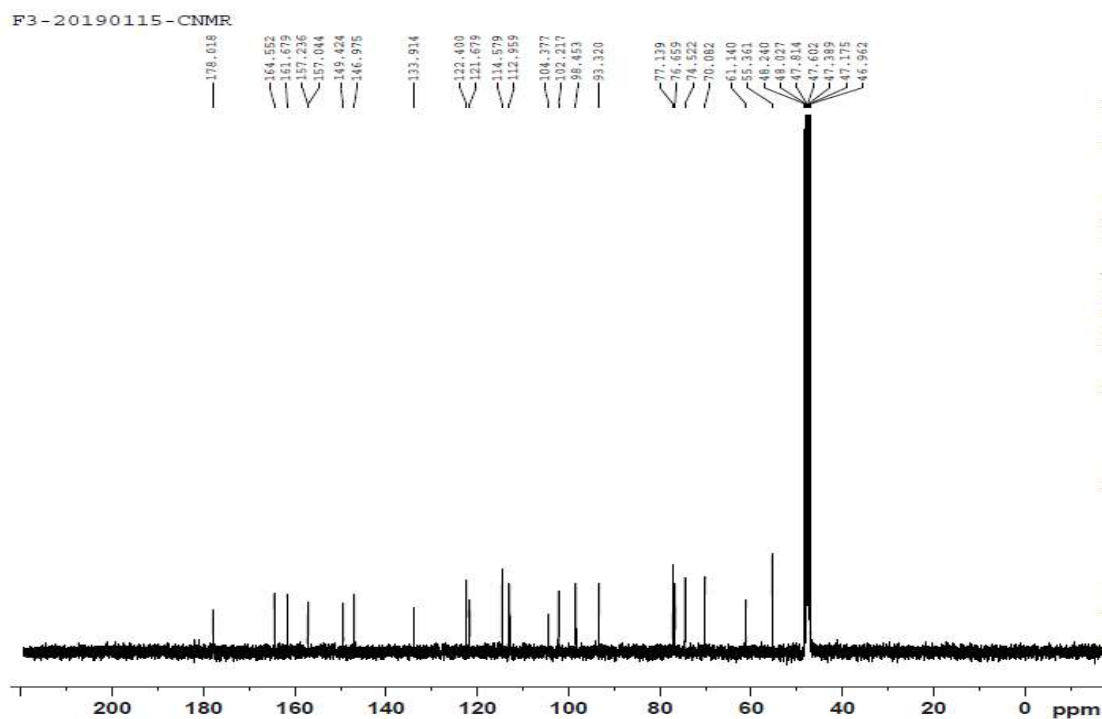
18 **Compound F3** was the yellow powder with a molecular ion $[M-H]^-$ at m/z 477. The data of
 19 NMR spectra were shown as follow: ¹H NMR (400 MHz, MeOD) δ 7.93 (d, $J = 2.0$ Hz, 1H, 2'-H), 7.58
 20 (dd, $J = 8.5, 2.0$ Hz, 1H, 6'-H), 6.90 (d, $J = 8.5$ Hz, 1H, 5'-H), 6.38 (d, $J = 2.1$ Hz, 1H, 8-H), 6.19 (d, $J = 2.1$
 21 Hz, 1H, 6-H), 5.42 (d, $J = 8.0$ Hz, 1H, 1''-H), 3.94 (s, 3H, 4'-OCH₃), 3.74 – 3.25 (m, 6H, sugar protons). ¹³C
 22 NMR (101 MHz, MeOD) δ 179.42 (C-4), 165.95 (C-7), 163.08 (C-5), 158.63 (C-9), 158.44, 150.82 (C-4'),
 23 148.37 (C-3'), 135.31 (C-3), 123.80 (C-6'), 123.08 (C-1'), 115.98 (C-5'), 114.36 (C-2'), 105.78 (C-10), 103.62
 24 (C-1''), 99.85 (C-6), 94.72 (C-8), 78.54 (C-5''), 78.06 (C-3''), 75.92 (C-2''), 71.48 (C-4''), 62.54 (C-6''), 56.76
 25 (4'-OCH₃). By a comparison of its NMR data with those reported previously, F2 was determined as
 26 isorhamnetin-3-O-glucoside.

27



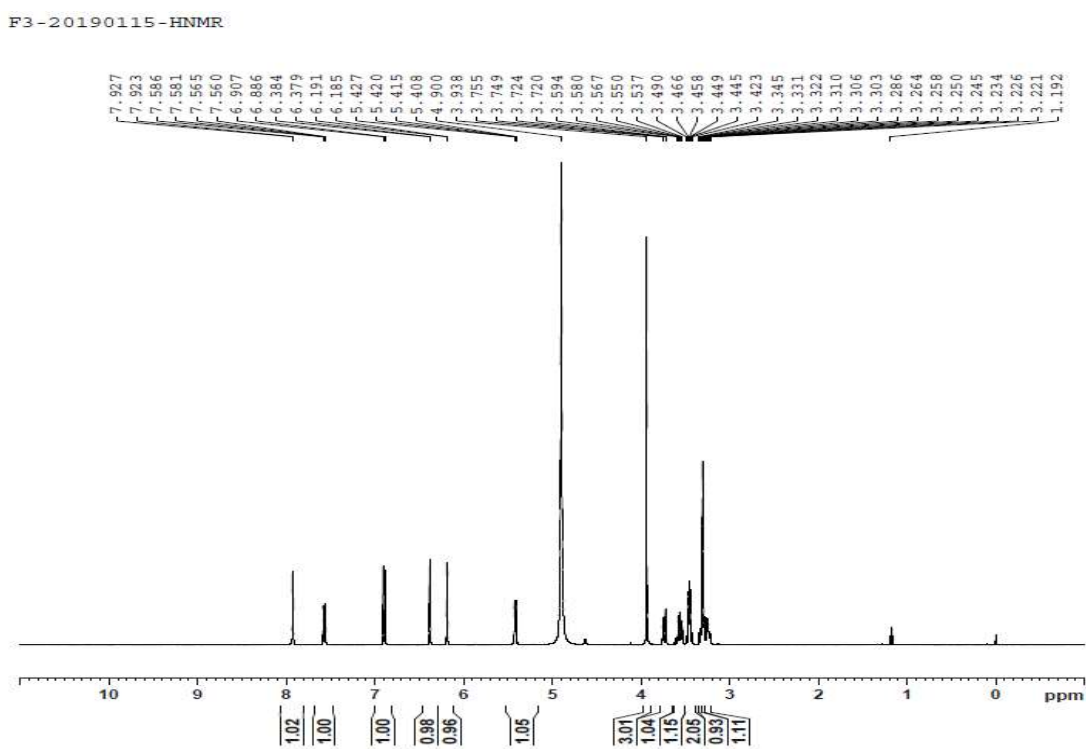
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Figure S4. MS chromatograms of F3.



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Figure S5. ¹³C NMR Spectra of F3.

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Figure S6. ¹H NMR Spectra of F3.

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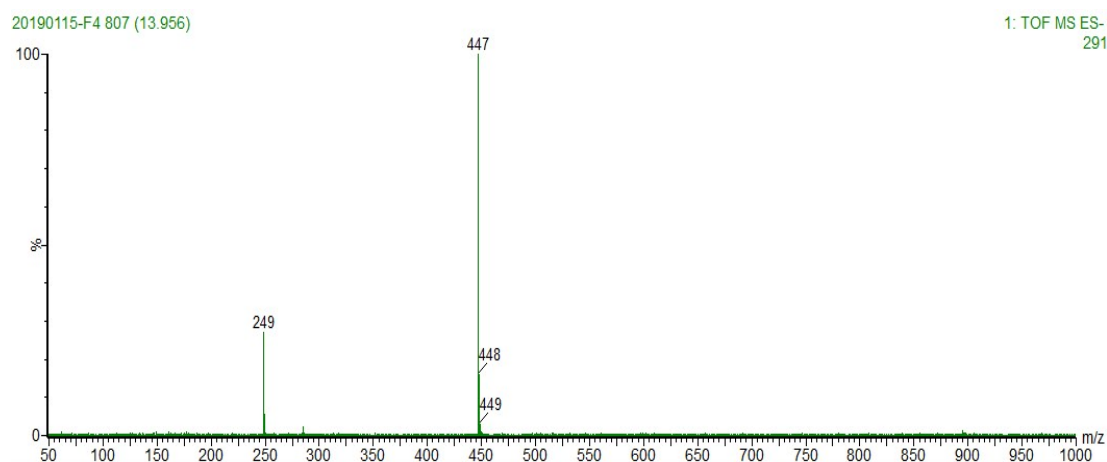
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The molecular weight of **Compound F4** was deduced to be 448 from the quasimolecular ion peak $[M-H]^-$ at m/z 447. The data of NMR spectra were shown as follow: ¹H NMR (400 MHz, MeOD) δ 8.06 (d, $J = 8.9$ Hz, 2H, 2', 6'-H), 6.89 (d, $J = 8.9$ Hz, 2H, 3', 5'-H), 6.41 (d, $J = 2.1$ Hz, 1H, 8-H), 6.21 (d, $J = 2.1$ Hz, 1H, 6-H), 5.27 (d, $J = 7.3$ Hz, 1H, 1''-H), 3.70 – 3.21 (m, 6H, sugar protons). ¹³C NMR (101

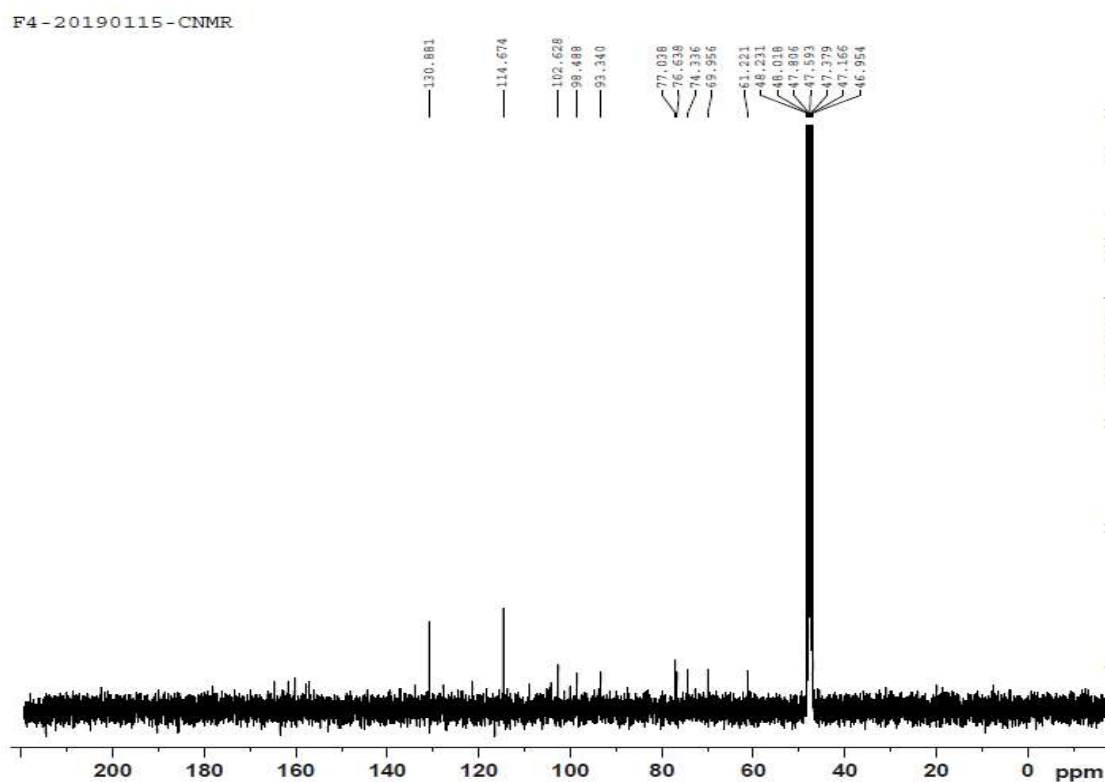
37 MHz, MeOD) δ 179.55 (C-4), 166.06 (C-7), 163.11 (C-5), 161.58 (C-4'), 159.11 (C-9), 158.54 (C-2), 135.47
38 (C-3), 132.28 (2 \times C, C-2', 6'), 122.82 (C-1'), 116.09 (2 \times C, C-3', 5'), 105.75 (C-10), 104.07 (C-1''), 99.91 (C-
39 6), 94.76 (C-8), 78.44 (C-5''), 78.05 (C-3''), 75.75 (C-2''), 71.38 (C-4''), 62.64 (C-6''). Based on a comparison
40 of its NMR data with previous report, compound F4 was identified as kaempferol-3-O-glucoside.



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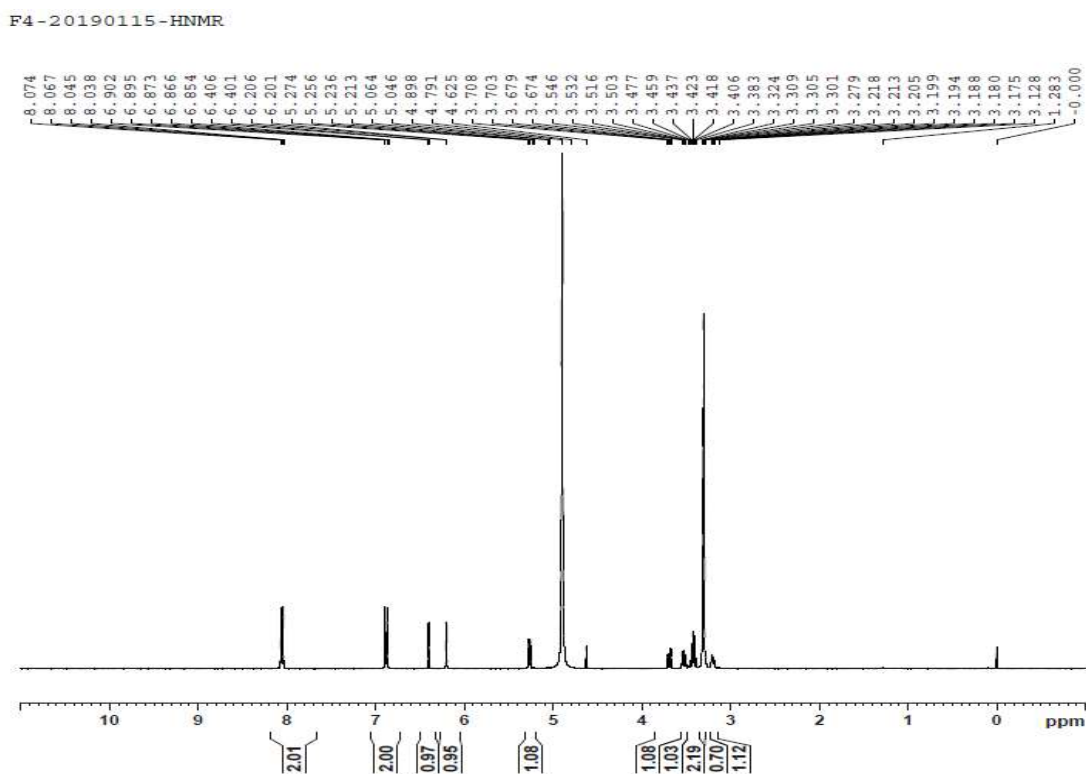
Figure S7. MS chromatograms of F4.



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Figure S8. ^{13}C NMR Spectra of F4.



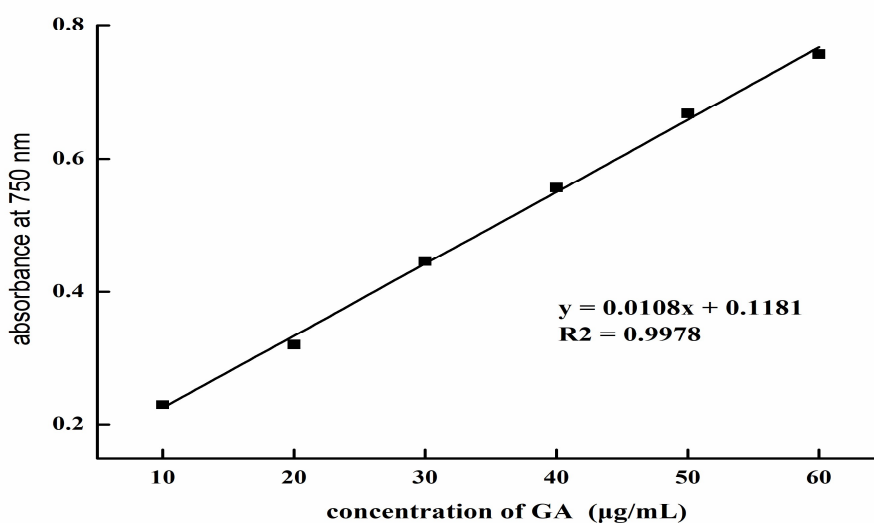
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Figure S9. 1HNMR Spectra of F4.

47 **2. Validation of calibration**

48 *2.1. Measurements of the total phenolics and flavonoids*

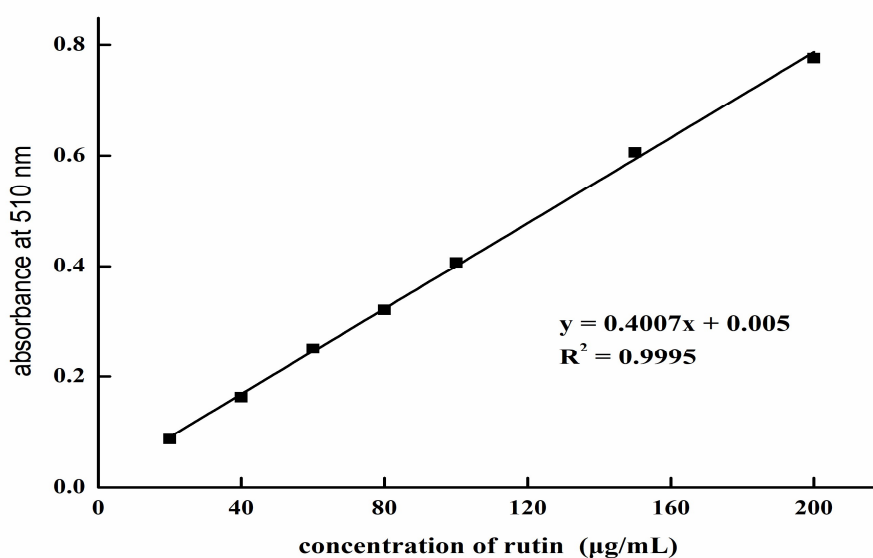
49 Absorbance at 760 nm was test by using the UV-3802 UV/Vis Spectrophotometer (Uico Shanghai
50 Instrument Co. Ltd., China). The content of total phenolics was calculated as mg of gallic acid
51 equivalent (GAE) on the basis of dry weight (DW) (mg GAE/g DW) from the calibration curve of the
52 standard gallic acid. Gallic acid showed good linearity in the range of 10-60 µg/mL, the regression
53 equation was $y=0.0108x+0.11181$ ($R^2=0.9978$).



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55

Figure S10. Standard curves of gallic acid.

56 Absorbance of the mixture was measured at 510 nm. Total content of flavonoids was calculated
57 as milligrams of rutin equivalent (RTE) based on dry weight (mg RTE/g DW) from the calibration
58 curve of the standard rutin. Rutin showed good linearity in the range of 20-200 $\mu\text{g/mL}$, the regression
59 equation was $y=0.4007x+0.005$ ($R^2=0.9995$).



60

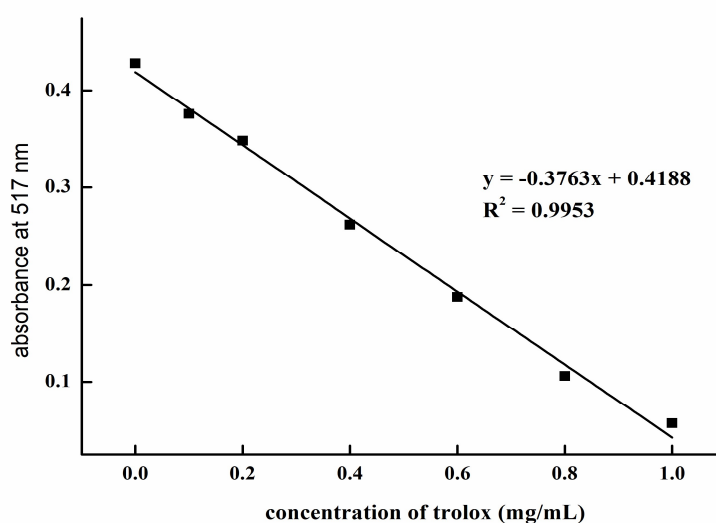
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Figure S11. Standard curves of rutin.

62 2.2. Determination of antioxidant activities

63 2.2.1. DPPH assay

64 Decolourisation of purple free radical DPPH solution was measured at 517 nm. A trolox
65 calibration curve was done from 0.1 to 1 mg/mL. Trolox showed good linearity in the range of 0.1-1
66 mg/mL, the regression equation was $y=-0.3763x+0.4188$ ($R^2=0.9953$).



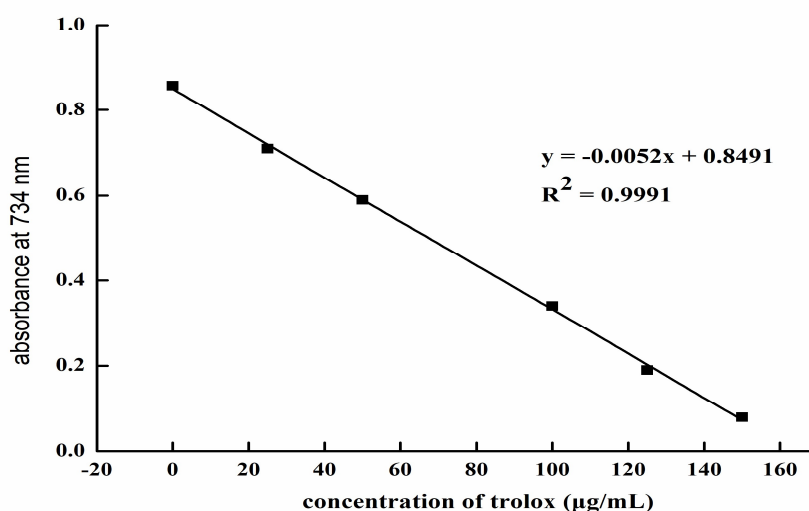
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Figure S12. Standard curves of trolox.

69 2.2.2. ABTS assay

70 Decolourisation of free radical ABTS⁺ solution was measured at 734 nm. The standard curve was
 71 linear when the concentration of trolox ranged from 25 to 150 µg/L. The regression equation was $y = -$
 72 $0.0052x + 0.8491$ ($R^2 = 0.9991$).



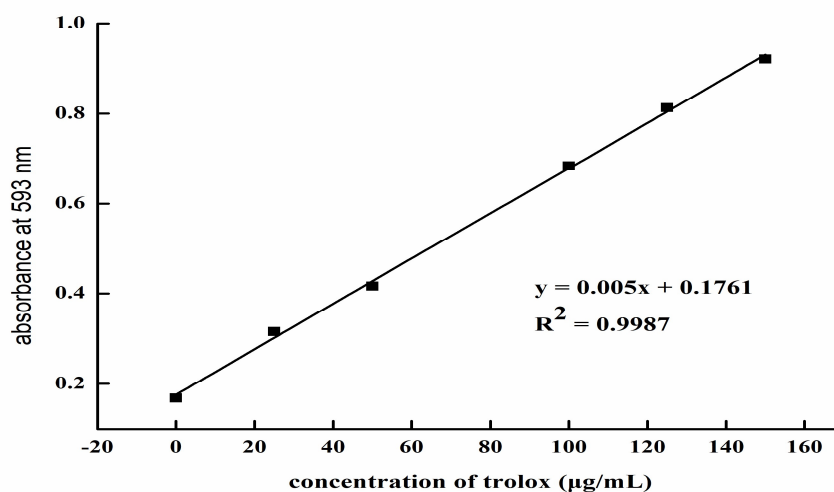
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Figure S13. Standard curves of trolox.

75 2.2.3. FRAP assay

76 Absorbance of the colored product (ferrous tripyridyltriazine complex) was measured at 593
 77 nm. The standard curve was linear when the concentration of trolox ranged from 25 to 150 µg/L. The
 78 regression equation was $y = 0.005x + 0.1761$ ($R^2 = 0.9987$).



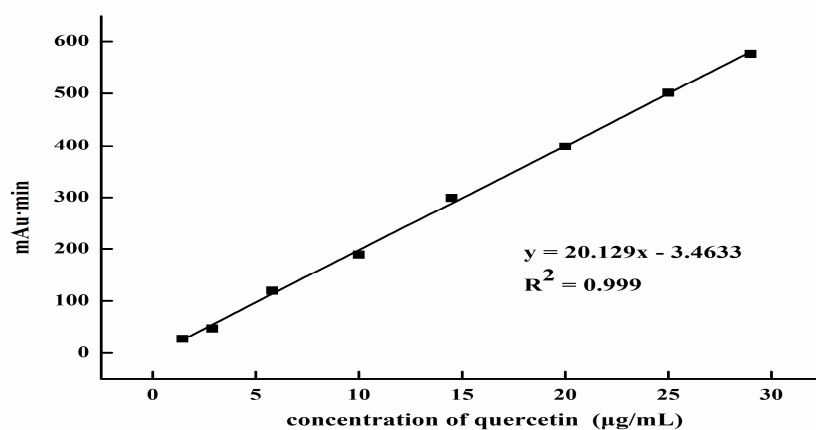
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Figure S14. Standard curves of trolox.

81 2.3. Quantitative HPLC analysis of flavonoid aglycones

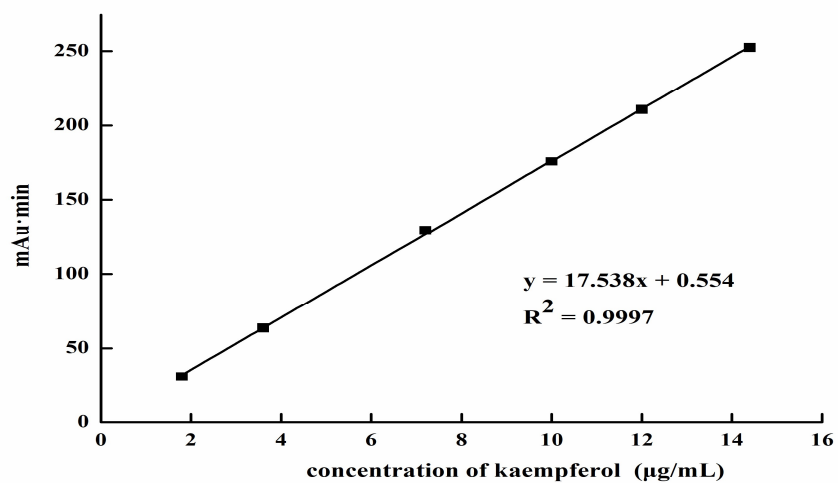
82 Quercetin showed good linearity in the range of 1.5-29.6 µg/mL, the regression equation was
 83 $y = 20.129x - 3.4633$ ($R^2 = 0.9990$), kaempferol showed good linearity in the range of 1.8-14.4 µg/mL, the
 84 regression equation was $y = 17.538x + 0.554$ ($R^2 = 0.9997$), isorhamnetin showed good linearity in the
 85 range of 2.4-19.1 µg/mL, and the regression equation was $y = 289.08x - 76.883$ ($R^2 = 0.9998$). The LODs of
 86 quercetin, kaempferol and isorhamnetin were 0.12 µg/mL, 0.15 µg/mL, 0.04 µg/mL. The LOQ of
 87 quercetin, kaempferol and isorhamnetin were 0.38 µg/mL, 0.94 µg/mL and 0.11 µg/mL, respectively.



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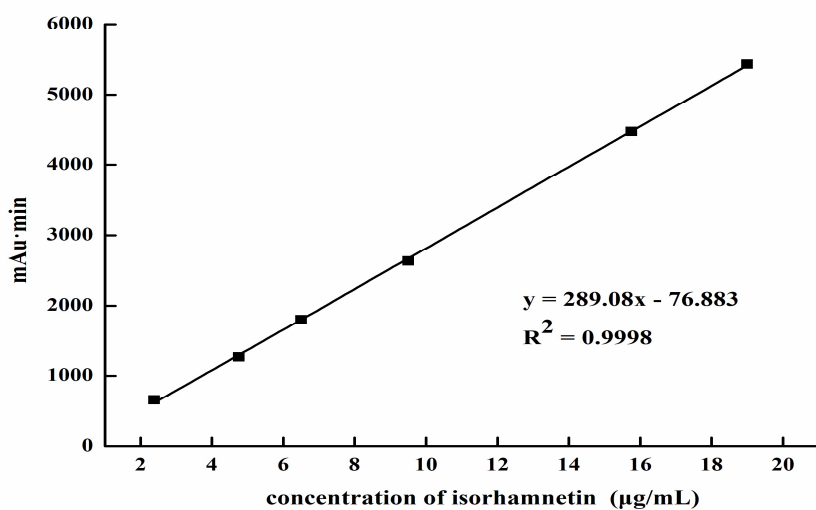
Figure S15. Standard curves of quercetin.



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Figure S16. Standard curves of kaempferol.



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93 **Figure S17.** Standard curves of isorhamnetin.

94 2.4. Comparison of antioxidant activities between rutin and flavonoid aglycones

95 **Table S1.** Antioxidant activities of rutin and flavonoid aglycones.

Flavonoids	DPPH (mg trolox equivalents/mg)	ABTS ⁺ (mg trolox equivalents/mg)	FRAP (mg trolox equivalents/mg)
rutin	2.13±0.04	1.69±0.05	1.87±0.04
quercetin	5.18±0.11	2.95±0.14	3.24±0.12
kaempferol	2.69±0.09	1.98±0.06	2.15±0.08
isorhamnetin	2.51±0.05	2.11±0.09	2.07±0.05

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